

2016-17 Mississippi Valley Conference - Sports Summary –



Randy Krejci, Commissioner

Mississippi Division

Cedar Rapids Jefferson
Cedar Rapids Xavier
Dubuque Wahlert
Iowa City West
Linn-Mar
Waterloo East
Waterloo West

Valley Division

Cedar Falls
Cedar Rapids Kennedy
Cedar Rapids Prairie
Cedar Rapids Washington
Dubuque Hempstead
Dubuque Senior
Iowa City High

2016-17

Mississippi Valley Conference

- Sports Summary –

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2016 Fall Sports



(includes)

- Varsity & Sophomore Football**
- Varsity, JV & Sophomore Volleyball**
- Varsity Boys Cross Country**
- Varsity Girls Cross Country**
- Varsity Girls Swimming**
- Varsity Boys Golf**

2016 Football



2016 MVC Varsity Football District Standings (FINAL)**4A - District #5**

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Cedar Rapids Washington	4	1	10	2	11.80
Waterloo West	4	1	8	2	8.40
Cedar Falls	4	1	6	3	6.80
Cedar Rapids Jefferson	2	3	2	7	-1.20
Mason City	1	4	3	6	-8.80
Waterloo East	0	5	0	9	-17.00

4A - District #6

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Western Dubuque	4	1	7	3	9.20
North Scott	4	1	5	5	7.60
Pleasant Valley	2	3	3	6	8.60
Dubuque Senior	2	3	3	6	-2.80
Dubuque Hempstead	3	2	5	4	-5.60
Davenport West	0	5	0	9	-17.00

4A - District #7

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Bettendorf	5	0	7	3	17.00
Iowa City High	4	1	8	3	8.40
Clinton	3	2	6	3	1.20
Muscatine	2	3	5	4	0.60
Davenport Central	1	4	3	6	-10.20
Davenport North	0	5	1	8	-17.00

4A - District #8

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Cedar Rapids Prairie	5	0	9	2	16.00
Iowa City West	4	1	10	3	9.60
Cedar Rapids Kennedy	3	2	5	4	5.00
Linn-Mar	2	3	3	6	-3.40
Burlington	1	4	3	6	-11.40
Ottumwa	0	5	0	9	-15.80

3A - District #3

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Cedar Rapids Xavier	7	0	11	1	17.00
Benton Community	6	1	7	3	4.14
Waverly-Shell Rock	5	2	7	4	9.43
Decorah	4	3	5	4	1.00
Charles City	3	4	3	6	-5.00
South Tama	2	5	3	6	-1.57
Vinton-Shellsburg	1	6	2	7	-8.00
Independence	0	7	0	9	-17.00

3A - District #4

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
West Delaware	6	1	8	2	11.86
Davenport Assumption	6	1	7	2	11.29
Clear Creek-Amana	5	2	7	2	9.00
Marion	4	3	5	4	0.29
Dubuque Wahlert	4	3	5	4	-1.00
Center Point-Urbana	1	6	2	7	-8.57
Central DeWitt	1	6	2	7	-9.29
Maquoketa	1	6	1	8	-13.57

2016 MVC 10th Football District Standings (FINAL)**NOTE: Records for non-MVC Schools listed may be incomplete****4A - District #5**

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Cedar Falls	4	0	6	2	0.00
Cedar Rapids Washington	3	1	4	4	0.00
Waterloo West	2	2	3	5	0.00
Cedar Rapids Jefferson	1	3	1	6	0.00
Mason City	0	4	0	4	0.00
Waterloo East	<i>No Sophomore Team</i>				

4A - District #6

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
North Scott	2	0	2	0	0.00
Pleasant Valley	2	0	3	1	0.00
Western Dubuque	1	1	3	2	0.00
Dubuque Hempstead	2	3	4	5	0.00
Dubuque Senior	2	3	6	3	0.00
Davenport West	1	2	1	5	0.00

4A - District #7

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Davenport Central	1	0	0	1	0.00
Clinton	3	1	0	2	0.00
Bettendorf	3	2	3	2	0.00
Iowa City High	3	2	3	6	0.00
Davenport North	0	1	0	3	0.00
Muscatine	0	1	0	3	0.00

4A - District #8

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Cedar Rapids Kennedy	5	0	9	0	0.00
Iowa City West	3	2	7	2	0.00
Cedar Rapids Prairie	3	2	6	3	0.00
Linn-Mar	3	2	6	3	0.00
Ottumwa	0	4	0	4	0.00
Burlington	0	4	0	4	0.00

3A - District #3

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Cedar Rapids Xavier	3	0	7	0	0.00
Benton Community	1	0	7	2	0.00
Charles City	0	0	0	0	0.00
Decorah	0	0	0	0	0.00
South Tama	0	0	0	0	0.00
Vinton-Shellsburg	0	0	0	0	0.00
Waverly-Shell Rock	0	1	0	1	0.00
Independence	0	1	4	4	0.00

3A - District #4

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Central DeWitt	1	0	1	0	0.00
West Delaware	1	0	1	0	0.00
Clear Creek-Amana	1	0	1	0	0.00
Marion	1	0	1	0	0.00
Davenport Assumption	1	0	1	0	0.00
Center Point-Urbana	1	0	1	0	0.00
Maquoketa	0	0	0	0	0.00
Dubuque Wahlert	1	6	1	8	0.00

2016 Football MVC All-District Selections

4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #3		3A - District #4	
COACHING STAFF OF THE YEAR											
Lonnie Moore & Staff	WW					Mark Bliss & Staff	CRP	Duane Schulte & Staff	CRX		
OFFENSIVE PLAYER OF THE YEAR											
Devon Moore	WW					Oliver Martin	ICW	Bryce Schulte Maliki Wilson	CRX CRX		
DEFENSIVE PLAYER OF THE YEAR											
O'Rien Vance	CRW					Johnson Mator	CRK				
SPECIALIST (PUNTER/KICKER OF THE YEAR)											
not designated								Maliki Wilson	CRX	not designated	

1ST TEAM OFFENSE

4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #3		3A - District #4	
Hayden Clausen	CF	Jack Roussel	DH	Nate Wieland	ICH	Joe Meyer	CRP	Sam Meyers	CRX	Drew Lenz	DW
Austin Smiley	CF	Marshon Crowder	DH	Gabe Nkumu	ICH	Zach Ganske	CRP	Max Johnson	CRX	Blake Bradley	DW
Drew Dostal	CRW	Tay Collins	DH	Zach Jones	ICH	Calvin Hynek	CRP	Quinn Schulte	CRX	Joe Friend	DW
Andrew Todd	CRW	Sam Schnee	DS			Chance Halfhill	CRP	Maliki Wilson	CRX	Dino Oneyukwu	DW
Gerry Alt	CRW	Jonny Massman	DS			Preston LaGrange	CRP	Bryce Schulte	CRX	Noah Sigwarth	DW
Devon Moore	WW	Rory Larsen	DS			Levi Usher	CRP			Kelan Dickson	DW
Carlton Todd	WW					Oliver Martin	ICW				
Tayshaun Cooper	WW					Devontae Lane	ICW				
Alex Schneider	WW					Josh Van Roekel	ICW				
Tavian Rashed	CRJ					Johnson Mator	CRK				
Blake Owens	CRJ					Jackson Coker	CRK				
Tyrell Gordon	WE					Nick Duehr	CRK				
						Alex Stone	CRK				
						Josh Gassmann	LM				
						Reese Phillips	LM				

1ST TEAM DEFENSE

4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #3		3A - District #4	
Bryce Pilcher	CF	Info did not designate 1st Team Defense		Naeem Smith	ICH	Cam La Grange	CRP	Devin Lansing	CRX	Info did not designate 1st Team Defense	
Nick Hanson	CF			Brock Hunger	ICH	Max Brown	ICW	John Rocca	CRX		
Seb Gearhart	CF					Dillon Doyle	ICW	Josh Gerke	CRX		
Dalton Godfrey	CF					Johnson Mator	CRK	Nolan Butkowski	CRX		
Colin Klatt	CF					Jace Myers	LM				
O'Rien Vance	CRW										
Rane Weiland	CRW										
Ben Nassif	CRW										
Conner Malcolm	CRW										
Sam Gerst	WW										
Brendon Claussen	WW										
Kalen Burt	WW										
Kennen Stewart	CRJ										

2016 Football MVC All-District Selections

2ND TEAM OFFENSE

4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #3		3A - District #4	
Luke Loecher	CF	Jesse Hilby	DH	Jordain Buckland	ICH	Evan Lins	CRP	Lucas Miller	CRX	Zach Kemp	DW
Daniel Martinson	CF	Jonny Miller	DH	Joey Schnoebelen	ICH	Stuart Boston	CRP	Ryan Jasper	CRX	Spencer Goerd	DW
Tristin Weltruski	CF	Nate Vanderheyden	DH			Mitch Nisley	CRP	Jack Lemke	CRX	Brock Osthoff	DW
Bryan Kunde	CRW	Kentarion Johnson	DS			Blake Ealy	ICW	Zach Barish	CRX	Kolton Bartow	DW
Nolan Potter	CRW	Jake Hudson	DS			Nick Kean	ICW				
Jared Scherrman	CRW	Mitch Demmer	DS			Jonathan Gannon	ICW				
Nick Joens	WW					Dillon Shepard	ICW				
Harrison Eighmey	WW					BJ White	CRK				
Levi Lenius	WW					Riley Higgins	LM				
Joshua Furrow	CRJ					Kirby Kerr	LM				
Colton Kuehl	CRJ					Neme Siaway	LM				
Jacee Clark	WE										

2ND TEAM DEFENSE

4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #3		3A - District #4	
Gabe Penrith	CF	<i>Info did not designate 2nd Team Defense</i>		Scooter Hickman	ICH	Eric Kelly	CRP	<i>Info did not designate 2nd Team Defense</i>		<i>Info did not designate 2nd Team Defense</i>	
Jack Campbell	CF			Dillon Africa	ICH	Brody Bohr	CRP				
Billy Faulkner	CRW					Sam Pape	CRK				
Ty Johnson	CRW					Jesse Price	CRK				
Dylan Meyer	WW					Mike Kaiser	CRK				
Caleb Dodd	WW					Isaiah Garman	LM				
TJ Kuennen	CRJ										
Matt Moore	CRJ										
Tyus Phillips	WE										

2016 Football MVC All-District Selections

HONORABLE MENTION									
4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #3	
Ben Gerdes	CF	<i>Info did not provide Honorable Mention</i>		Bryce Frantz	ICH	Hunter Ealy-O	CRP	<i>Info did not provide Honorable Mention</i>	
Keegan Larson	CF			Vance Dillon	ICH	Martavian Borseth-D	CRP		
Jackson Leistikow	CF			Dylan Deshler	ICH	Jayden Goos-D	CRP		
Sam Cirksema	CF			Charles Johnson	ICH	Joel Collett-K	CRP		
Rudy Eckhardt	CRW					Alex Kleinow	ICW		
Ian Thomas	CRW					Cole Mabry	ICW		
Parks McBride	CRW					Caden Fedeler	ICW		
Travis Metzger	CRW					Coy Blair	ICW		
Colton Hersey	WW					Garrett Kubovec-D	CRK		
Preston Miller	WW					Rizaiha Maide-O	CRK		
Mario Wright	WW					Mekhia Jenkins-O	CRK		
Adijian Muhamedagic	WW					Payton McCarty-O	CRK		
Tyler Hefflefinger	CRJ					Brennan McGaffee-O	LM		
Kyler Bell	CRJ					Alex Streicher-D	LM		
Montel Daniels	CRJ					Josh Strauss-D	LM		
David Bonner	CRJ					Daylen Canty-O	LM		
Carter Thill	WE								
Kadar Harrington	WE								
Alijah Muhammad	WE								
Omar Begic	WE								

2016 Football MVC All-District Selections

ALL ACADEMIC - FOOTBALL

4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #3		3A - District #4	
Daniel Martinson	CF	Max Unmacht	DH	Dillon Africa	ICH	Calvin Hynek	CRP	Cole Goerd	CRX	Tony Ward	DW
Seb Gearhart	CF	Mick Stephenson	DH	Joseph Schnoebelen	ICH	Erik Kelly	CRP	Joseph Alessio	CRX	Denver Link	DW
Ben Nassif	CRW	Will Woodward	DS			Will Peterson	ICW	Erik Rodriguez	CRX	Blake Bradley	DW
Peter Greubel	CRW	Erik Edminster	DS			Coy Blair	ICW	Chase Wertzberger	CRX	Chris Ripley	DW
Alex Capelle	WW					Austin Enderson-Ohrt	CRK	Collin Yanga	CRX	Spencer Goerd	DW
Dane Hurst	WW					Peyton McGuire	CRK	Jared Brown	CRX	Eli Berthel	DW
Matthew Culver	CRJ					Josh Gassmann	LM	Ian Walther	CRX	Will Hutchinson	DW
Brandon Burnett	CRJ					Matt Condon	LM	Bryce Schulte	CRX	Joe Friend	DW
Christian Banks	WE							Brett Biermann	CRX	Grant Oberfoell	DW
Landen Clemmensen	WE							Nick Koechner	CRX	Joey Callahan	DW
								Jake Guckenberger	CRX	Jack Wilgenbusch	DW
								Brant Charipar	CRX	Caleb Blair	DW
								Jack Lemke	CRX	Zach Kemp	DW
								Peter Westlund	CRX	Drew Lenz	DW
								Max Johnson	CRX	Matt Bandy	DW
								Nick Hentges	CRX		
								Gabe Lux	CRX		
								Jacob Hines	CRX		
								Tim Globokar	CRX		
								Devin Lansing	CRX		
								Spencer Dempewolf	CRX		
								John Rocca	CRX		
								Brandon Serovy	CRX		
								Ryan Jasper	CRX		
								Brian Lang	CRX		
								Ty Corrigan	CRX		
								Sam Meyers	CRX		
								Brett Burns	CRX		

ALL ACADEMIC - CHEERLEADING

4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #3		3A - District #4	
Caitlyn O'Conner	CF	Maya George	DH	---	ICH	Ashton Bries	LM	Gwen Cataldo	CRX	Anna Sulentic	DW
Sophie Poe	CF	Annika Hogstrom	DH	---	ICH	Elli Hartzler	LM	Allie Morrow	CRX	Betsy Till	DW
Rylan Poldberg	CRJ	Liz Soer	DS			Natalie Trout	ICW				
Kaitlyn Stallman	CRJ	Emily Wiezorek	DS			Isabella Gibson	ICW				
Ali Haefke	CRW										
---	CRW										
M'Lin Proctor	WW										
Chloe Stegge	WW										
Claudea Mohorne	WE										
Kyla Reyes	WE										

2016 IHSA State Football Playoff Results**Class 4A****November 18th, 2016 - Championship**

West Des Moines Dowling	23	-	Iowa City West	10
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November 11th, 2016 - Semi-Finals

West Des Moines Dowling	41	-	Ankeny Centennial	17
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Iowa City West	35	-	Cedar Rapids Washington	7
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November 4th, 2016 - Quarter-Finals

Ankeny Centennial	14	-	West Des Moines Valley	10
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Cedar Rapids Washington	30	-	Iowa City High	14
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West Des Moines Dowling	36	-	Waukee	14
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Iowa City West	38	-	Cedar Rapids Prairie	21
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October 28th, 2016 - 1st Round

Ankeny Centennial	34	-	Ankeny	24
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Cedar Rapids Washington	35	-	Western Dubuque	21
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West Des Moines Dowling	41	-	Johnston	6
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Iowa City High	26	-	North Scott	14
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Iowa City West	35	-	Bettendorf	17
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Cedar Rapids Prairie	66	-	Waterloo West	35
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West Des Moines Valley	45	-	Lewis Central	7
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Waukee	52	-	Southeast Polk	21
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2016 IHSAA State Football Playoff Results**Class 3A****November 17th 2016 - Championship**

Pella	28	- Webster City	18
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November 10th, 2016 - Semi-Finals

Pella	34	- Cedar Rapids Xavier	30
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Webster City	6	- Glenwood	3
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November 4th, 2016 - Quarter-Finals

Glenwood	30	- Carroll	27
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Pella	28	- Solon	14
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Webster City	21	- Boone	19
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Cedar Rapids Xavier	38	- Waverly-Shell Rock	14
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October 28th, 2016 - 1st Round

Boone	22	- Creston/O-M	21
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Carroll	34	- Sergeant Bluff-Luton	14
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Glenwood	44	- Storm Lake	22
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Pella	34	- Oskaloosa	14
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Solon	49	- Benton Community	14
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Waverly-Shell Rock	28	- West Delaware	14
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Webster City	33	- Norwalk	14
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Cedar Rapids Xavier	52	- Davenport Assumption	20
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MVC Football - **TEAM Records** (1969-present)

<u>TEAM (SEASON)</u>	<u>Date</u>	<u>Record</u>	<u>Athlete/School</u>
Yards Rushing:	2000	2994	Cedar Falls
Yards Passing:	2007	2907	CR Kennedy
Total Yards:	2012	4267	Iowa City West
Total Points:	2012	484	Iowa City West

<u>TEAM (SINGLE GAME)</u>	<u>Date</u>	<u>Record</u>	<u>School</u>
Yards Rushing:	9/12/2003	595	IC West vs Linn-Mar
Yards Passing:	9/28/2007	472	CR Kennedy vs CR Prairie
Total Yards:	9/12/2003	662	IC West vs Linn-Mar
Total Points:	2004	111 (56-55 OT)	Linn-Mar vs CR Washington

MVC Football - **TEAM Records** (1969-present)

<u>INDIVIDUAL (SEASON)</u>	<u>Date</u>	<u>Record</u>	<u>School</u>
Yards Rushing:	2000	2263	Terrance Freeney - Cedar Falls
Rushing Average:	1993	12.5	Tim Dwight - IC City High
Yards Passing:	2007	2873	Guy Martino - CR Kennedy
Passes Attempted:	2007	267	Guy Martino - CR Kennedy
Passes Completed:	2007	182	Guy Martino - CR Kennedy
Touchdown Passes:	2007	29	Guy Martino - CR Kennedy
Passes Caught:	2006	57	Teddy Shonka - CR Kennedy
Yds. Gained by Receptions:	2012	962	Jarred Edmonds - CR Prairie
TD Passes Caught:	2011	17	Andy Henry - Linn-Mar
Total Points:	2009	180	Jer Garman - Linn-Mar
Most Touchdowns:	2009	30	Jer Garman - Linn-Mar

<u>INDIVIDUAL (SINGLE GAME)</u>	<u>Date</u>	<u>Record</u>	<u>School</u>
Yards Rushing:	10/15/2004	381	Jayme Murphy - DBQ Senior vs CR Xavier
Yards Passing:	9/28/2007	472	Guy Martino - CR Kennedy vs CR Prairie
Passes Attempted:	10/6/1983	48	Scott Flynn - IC City High vs. Dbq. Wahlert
	10/30/1998	48	Sean LaCoste - Waterloo West vs DBQ Senior
Passes Completed:	9/21/2007	31	Guy Martino - CR Kennedy vs CR Xavier
Passes Caught:	9/9/2011	21	Flynn Heald - CR Washington vs CR Kennedy

<u>INDIVIDUAL (SINGLE GAME)</u>	<u>Date</u>	<u>Record</u>	<u>School</u>
Yards Gained by Reception:	9/9/2011	294	Flynn Heald - CR Washington vs CR Kennedy
TD Passes Caught:	1983	4	Greg Hidder - CR Washington vs. IC West
	1994	4	Aaron Burrell - CR Washington vs. CR Jefferson
	10/2/1998	4	J. Mullesch - Waterloo West vs DBQ Wahlert
Total Points:	10/15/2004	44	Jayme Murphy - DBQ Senior vs CR Xavier

MVC Football - **TEAM Records** (1969-present)

EXTRA POINTS	<u>Date</u>	<u>Record</u>	<u>School</u>
Most Extra Points (kicks) in a single game:	9/24/1999	9	Nate Kaeding - IC West vs DBQ Senior
	9/12/2003	9	Bryan Watkins - IC West vs Linn-Mar
Most Extra Points (kicks) in a season:	1999	49	Nate Kaeding - IC West
Most Extra Points (2) in a single game:	10/27/1995	2	Jerry Moses Jr. - Waterloo East vs CR Kennedy
	9/14/2001	2	Justin Peck - CR Xavier vs CR Prairie
	10/15/2004	2	Jon Geppert - CR Xavier vs DBQ Senior
Highest Percentage of Extra Point Kicker:	1999	49/49	Nate Kaeding - IC West
	2003	29/29	Adam Valenta - CR Xavier
	2009	33/33	Charlie Bales - CR Xavier
	2009	23/23	Alex Troester - IC West
	2010	38/38	Chad Gilmer - CR Xavier
	2010	21/21	Ben Burgmeier - DBQ Wahlert
	2013	12/12	Nick Rocha - CR Jefferson
FIELD GOALS:	<u>Date</u>	<u>Record</u>	<u>School</u>
Most Field Goals in a single game:	9/18/2009	4	Mike Meyer - Dub Wahlert vs Dub Senior
Most Field Goals in a Season:	2011	10	Drew Cornwell - IC High
Longest Field Goal:	9/18/2009	56 yds	Mike Meyer - Dub Wahlert vs Dub Senior
Highest Percentage of Field Goal Kicker:	2005	6/7 86%	Danny Bauer - CR Xavier
KICKOFF RETURN:	<u>Date</u>	<u>Record</u>	<u>School</u>
Highest Kickoff Return Average: (Min. of 6 attempts)	2004	44.81 yds	Jayme Murphy - DBQ Senior
Longest Kickoff Return:	1993	99 yds	Mike Nielsen - Cedar Falls vs IC City
	1996	99 yds	Jesse Holland - IC City vs CR Washington
	1999	99 yds	Mike Smothers - DBQ Wahlert vs Cedar Falls
	2009	99 yds	Tanner Unkel - CR Jefferson vs DBQ Senior
	2009	99 yds	Ellis Jordan - IC City vs CR Xavier
Most TD's off Kickoff Returns:	2004	4	Jayme Murphy - DBQ Senior
PUNT:	<u>Date</u>	<u>Record</u>	<u>School</u>
Highest Average Yards per Punt: (Min. of 6 attempts)	1999	45.8 yds	Nate Kaeding - IC West
Highest Net Yards per Punt:	1999	42.1 yds	Nate Kaeding - IC West
Longest Punt:	1996	76 yds	Rory Howell - Linn-Mar
PUNT RETURN:		<u>Record</u>	
Highest Punt Return Average:	2010	26.9 yds	Riley McCarron - DBQ Wahlert
Longest Return:	1983	87 yds	Greg Cone - CR Kennedy vs DBQ Senior
	1988	87 yds	Mike Fitzgerald - DBQ Wahlert
Most TD's off Punt Return:	1996	4	Kahlil Hill - IC City 4

2016 Volleyball



2016 FINAL MVC Volleyball Standings**2016 MVC Varsity Volleyball Standings (FINAL)****Mississippi Division**

Team	Division		Overall	
	W	L	W	L
Linn-Mar	6	0	33	9
Dubuque Wahlert	5	1	28	6
Iowa City West	4	2	23	15
Cedar Rapids Xavier	4	3	32	10
Cedar Rapids Jefferson	2	4	18	18
Waterloo East	1	5	11	26
Waterloo West	0	6	5	27

Valley Division

Team	Division		Overall	
	W	L	W	L
Cedar Falls	6	0	40	4
Cedar Rapids Kennedy	5	1	27	11
Dubuque Hempstead	4	2	23	11
Iowa City High	3	3	20	15
Cedar Rapids Prairie	2	4	22	15
Cedar Rapids Washington	1	5	5	30
Dubuque Senior	0	6	5	29

2016 FINAL MVC Volleyball Standings**2016 MVC 10th Volleyball Standings (FINAL)****Mississippi Division**

Team	Division		Overall		
	W	L	W	L	T
Iowa City West	6	0	32	0	0
Waterloo West	5	1	14	9	1
Cedar Rapids Jefferson	3	3	20	11	0
Linn-Mar	3	3	20	8	0
Dubuque Wahlert	2	4	6	10	0
Cedar Rapids Xavier	2	4	9	18	0
Waterloo East	0	6	0	21	0

Valley Division

Team	Division		Overall		
	W	L	W	L	T
Cedar Falls	6	0	29	1	0
Iowa City High	4	2	16	10	0
Cedar Rapids Kennedy	4	2	18	14	0
Cedar Rapids Prairie	4	2	14	13	0
Dubuque Hempstead	2	4	5	10	0
Cedar Rapids Washington	1	5	3	23	0
Dubuque Senior	0	6	5	11	0

2016 MVC JV Volleyball Standings (FINAL)**Mississippi Division**

Team	Division		Overall	
	W	L	W	L
Iowa City West	4	1	11	3
Linn-Mar	4	1	22	3
Cedar Rapids Jefferson	4	1	9	6
Waterloo West	2	3	8	8
Cedar Rapids Xavier	1	4	1	11
Waterloo East	0	5	0	8
Dubuque Wahlert	0	0	2	1

Valley Division

Team	Division		Overall	
	W	L	W	L
Iowa City High	5	1	11	5
Dubuque Hempstead	4	2	6	2
Cedar Rapids Kennedy	4	2	9	19
Cedar Rapids Prairie	3	3	13	7
Cedar Rapids Washington	3	3	7	14
Cedar Falls	2	4	17	4
Dubuque Senior	0	6	2	8

MVC VOLLEYBALL TOURNAMENT**Xavier****OCTOBER 15, 2016****POOL A**

IOWA CITY HIGH	21, 21	CEDAR RAPIDS JEFFERSON	17, 17
Linn-Mar	21, 21	Dubuque Senior	6, 7
IOWA CITY HIGH	21, 21	Dubuque Senior	9, 9
Linn-Mar	17, 21, 15	CEDAR RAPIDS JEFFERSON	21, 16, 11
CEDAR RAPIDS JEFFERSON	21, 21	Dubuque Senior	11, 17
Linn-Mar	21, 21	IOWA CITY HIGH	18, 17

POOL B

CEDAR RAPIDS XAVIER	11, 22, 8	CEDAR RAPIDS PRAIRIE	21, 20, 15
CEDAR FALLS	21, 21	WATERLOO WATERLOO EAST	5, 17
CEDAR RAPIDS XAVIER	21, 15, 15	WATERLOO WATERLOO EAST	9, 21, 5
CEDAR FALLS	21, 21	CEDAR RAPIDS PRAIRIE	16, 17
CEDAR RAPIDS PRAIRIE	21, 21	WATERLOO WATERLOO EAST	7, 15
CEDAR FALLS	21, 20, 15	CEDAR RAPIDS XAVIER	11, 22, 8

POOL C

DUBUQUE WAHLERT	21, 21	WATERLOO EAST	9, 12
DUBUQUE HEMPSTEAD	21, 21	WATERLOO EAST	15, 11
DUBUQUE WAHLERT	21, 21	DUBUQUE HEMPSTEAD	14, 10
*DUBUQUE WAHLERT	21, 21	*CEDAR RAPIDS WASHINGTON	6, 18
*DUBUQUE HEMPSTEAD	21, 25	*IOWA CITY HIGH	18, 23

- *Crossover Game

POOL D

CEDAR RAPIDS KENNEDY	21, 21	CEDAR RAPIDS WASHINGTON	17, 6
IOWA CITY HIGH	21, 21	CEDAR RAPIDS WASHINGTON	8, 12
CEDAR RAPIDS KENNEDY	22, 21	IOWA CITY HIGH	20, 19
*CEDAR RAPIDS KENNEDY	21, 21	*WATERLOO EAST	18, 14

- *Crossover Game

CONSOLATION BRACKET

CEDAR RAPIDS WASHINGTON	25, 25	WATERLOO EAST	22, 22
WATERLOO EAST	27, 18, 15	Dubuque Senior	25, 25, 12
CEDAR RAPIDS JEFFERSON	25, 25	CEDAR RAPIDS WASHINGTON	22, 22
CEDAR RAPIDS XAVIER	25, 25	WATERLOO EAST	18, 17
CEDAR RAPIDS XAVIER	25, 25	CEDAR RAPIDS JEFFERSON	16, 23

CHAMPIONSHIP BRACKET

Quarter Finals			
Linn-mar	25, 25	Dubuque Hempstead	20, 20
Cedar Rapids Kennedy	20, 27, 19	Cedar Rapids Prairie	25, 25, 17
Cedar Falls	25, 26, 9	Iowa City High	21, 28, 15
Dubuque Wahlert	25, 25	Iowa City High	16, 20
Semi-finals			
Linn-mar	25, 18, 15	Cedar Rapids Kennedy	22, 25, 6
Dubuque Wahlert	21, 25, 15	Iowa City High	25, 17, 13
Championship			
Linn-mar	25, 26	Dubuque Wahlert	15, 24

2016 MVC All Division Volleyball Selections

Mississippi Division			Valley Division		
Mackenzie May	DW	12	Athlete of the Year Coach of the Year Team Champion	Tayah Mahi	CF 11
Teresa Bair & Staff	LM			Matt Johnson & Staff	CF
Linn-Mar				Cedar Falls	

FIRST TEAM

Mississippi Division			Valley Division		
Athlete	Sch	Gr	Athlete	Sch	Gr
* Mackenzie May	DW	12	* Tayah Mahi	CF	11
* Ellie Anderson	LM	12	* Taylor Lynch	CF	11
* Charlotte Richards	CRX	11	* Paige Franck	CRK	12
* Emma Norris	ICW	12	* Alexa Aldrich-Ingram	ICH	12
Emilee McGowan	LM	12	* Megan Oldenburger	CRP	12
Megan Renner	LM	10	Grace Burken	CF	11
Maddie Slagle	CRJ	11	Hope Splinter	DH	12
Madi Ford	ICW	12	Kendal Meier	CRK	12

*** Unanimous Selection****SECOND TEAM**

Mississippi Division			Valley Division		
Athlete	Sch	Gr	Athlete	Sch	Gr
Carly Spies	LM	11	Aliyah Carter	DH	9
Colby Greene	ICW	11	Shannon Stamp	ICH	12
Jenna Gremmel	DW	11	Taylor Fisher	CRP	12
Lexi Noonan	CRX	12	Jayla Johnson	CRW	11
Ellie McDermott	CRX	11	Claire Gerdes	CF	11
Indya Beaman	WE	11	Kayla Joyner	CRK	12
Kaylissa Arndorfer	WW	10	Morgan Kluesner	DH	12
Maddie Fay	ICW	12	Shannon James	ICH	12

HONORABLE MENTION

Mississippi Division			Valley Division		
Athlete	Sch	Gr	Athlete	Sch	Gr
Maddy Baxter	CRJ	10	Abby Hendrickson	CF	11
Kaylee Donner	CRJ	10	Cynthia Wolf	CF	11
Jessica Callahan	CRX	12	Madison Palmer	CRK	12
Akeela Jefferson	CRX	10	Emma Boote	CRK	12
Krystal Tranel	DW	11	Maddie Bell	CRP	12
Liz Fleckenstein	DW	12	Haley Stecklein	CRP	12
Ali Tauchen	ICW	12	Brittany Hoeger	CRW	12
Emily Halverson	ICW	12	Kobie Dills	CRW	10
Isabel Schminke	LM	11	Alana Cooksley	DH	11
Ellie Von Lehmden	LM	10	Jada Wills	DH	9
Madison Hyke	WE	12	Alli Tigges	DS	11
Brianna Netty	WE	11	Sadie Mai	DS	12
Sydney McFarland	WW	12	Grace Brown	ICH	12
Allison Trenkamp	WW	12	Ellie Evans	ICH	10

2016 MVC All Division Volleyball Selections**ALL-ACADEMIC**

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Kristen Naber	CRJ	12	Taylor Sernett	CF	12
Avery Guy	CRJ	12	Elizabeth Relph	CF	12
Jessica Callahan	CRX	12	Paige Franck	CRK	12
Lexi Noonan	CRX	12	Kayla Joyner	CRK	12
Liz Fleckenstein	DW	12	Karleigh Schilling	CRP	12
Gretchen Swift	DW	12	Taylor Fisher	CRP	12
Gabrielle Klemme	ICW	12	Hannah Stebral	CRP	12
Ali Tauchen	ICW	12	Chloe Hatfield	CRW	12
Ellie Anderson	LM	12	Grace Carey	CRW	12
Emilee McGowan	LM	12	Morgan Kluesner	DH	12
Brianna Netty	WE	11	Tori Cose	DH	12
Indya Beaman	WE	11	Rebecca Schueller	DS	12
Sydney McFarland	WW	12	Maddie Hawkins	DS	12
Aviance Jones	WW	12	Grace Brown	ICH	12
			Shannon James	ICH	12

2016 FINAL MVC Volleyball Stats- TEAM Kills/Serves
(Division Games only)

Mississippi Division

<u>Team</u>	<u>Record</u>	<u>Sets</u>	<u>Kills</u>	<u>Kill Err</u>	<u>Attack Attempts</u>	<u>Kill Eff</u>	<u>Kills per Set</u>	<u>Serve Success</u>	<u>Serves</u>	<u>Serve Eff</u>	<u>Aces</u>	<u>Ace per Set</u>
Xavier, Cedar Rapids	3-3	21	274	122	658	0.231	13.05	428	484	0.884	65	3.10
Linn-Mar, Marion	6-0	21	242	52	556	0.342	11.52	417	456	0.914	50	2.38
Cedar Rapids, Jefferson	2-4	21	217	106	614	0.181	10.33	373	419	0.890	34	1.62
Iowa City, West	4-2	20	215	101	627	0.182	10.75	392	438	0.895	29	1.45
Wahlert, Dubuque	5-1	18	206	63	528	0.271	11.44	371	410	0.905	38	2.11
Waterloo, East	1-5	19	152	129	607	0.038	8.00	267	311	0.859	28	1.47
Waterloo, West	0-6	20	99	57	280	0.150	4.95	207	236	0.877	14	0.70

Valley Division

<u>Team</u>	<u>Record</u>	<u>Sets</u>	<u>Kills</u>	<u>Kill Err</u>	<u>Attack Attempts</u>	<u>Kill Eff</u>	<u>Kills per Set</u>	<u>Serve Success</u>	<u>Serves</u>	<u>Serve Eff</u>	<u>Aces</u>	<u>Ace per Set</u>
Cedar Falls	6-0	19	265	65	611	0.327	13.95	412	451	0.914	38	2.00
Cedar Rapids, Kennedy	5-1	20	228	88	629	0.223	11.40	369	421	0.876	45	2.25
Prairie, Cedar Rapids	2-4	20	225	102	623	0.197	11.25	391	423	0.924	30	1.50
Dubuque, Hempstead	4-2	21	214	64	615	0.244	10.19	361	410	0.88	26	1.24
Iowa City, City High	3-3	20	202	90	580	0.193	10.10	352	380	0.926	20	1.00
Dubuque, Senior	0-6	19	124	120	517	0.008	6.53	249	289	0.862	21	1.11
Cedar Rapids, Washington	1-5	19	115	79	504	0.071	6.05	251	293	0.857	20	1.05

2016 FINAL MVC Volleyball Stats- Team Digs/Blocks/Assists
(Division Games only)

Mississippi Division

<u>Team</u>	<u>Record</u>	<u>Sets</u>	<u>Assists</u>	<u>Assists per Set</u>	<u>Digs</u>	<u>Digs per Set</u>	<u>Block Assists</u>	<u>Blocks Solo</u>	<u>Blocks Total</u>	<u>Blocks per Set</u>
Xavier, Cedar Rapids	3-3	21	244	11.62	315	15.00	36	4	40	1.90
Linn-Mar, Marion	6-0	21	233	11.10	280	13.33	82	7	89	4.24
Iowa City, West	4-2	20	200	10.00	365	18.25	38	13	51	2.55
Cedar Rapids, Jefferson	2-4	21	197	9.38	322	15.33	30	18	48	2.29
Wahlert, Dubuque	5-1	18	195	10.83	239	13.28	36	12	48	2.67
Waterloo, East	1-5	19	144	7.58	274	14.42	18	6	24	1.26
Waterloo, West	0-6	20	72	3.60	68	3.40	9	28	37	1.85

Valley Division

<u>Team</u>	<u>Record</u>	<u>Sets</u>	<u>Assists</u>	<u>Assists per Set</u>	<u>Digs</u>	<u>Digs per Set</u>	<u>Block Assists</u>	<u>Blocks Solo</u>	<u>Blocks Total</u>	<u>Blocks per Set</u>
Cedar Falls	6-0	19	243	12.79	290	15.26	64	12	76	4.00
Cedar Rapids, Kennedy	5-1	20	219	10.95	222	11.10	41	9	50	2.50
Dubuque, Hempstead	4-2	21	199	9.48	434	20.67	58	14	72	3.43
Prairie, Cedar Rapids	2-4	20	190	9.50	340	17.00	41	6	47	2.35
Iowa City, City High	3-3	20	187	9.35	269	13.45	22	22	44	2.20
Cedar Rapids, Washington	1-5	19	107	5.63	208	10.95	25	7	32	1.68
Dubuque, Senior	0-6	19	99	5.21	330	17.37	25	5	30	1.58

2016 State Volleyball Tournament - Class 5A
U.S. Cellular Center Cedar Rapids, IA (November 8h-11th, 2016)

Tuesday, November 8, 2016

<u>Game</u>	<u>Time</u>	<u>Location</u>	<u>Team</u>	<u>Score</u>	<u>Team</u>
B1	12:00 PM	U.S. Cellular Center Court 1	Cedar Falls 25-12, 25-17, 25-17	3 0	West Des Moines Dowling
B3	12:00 PM	U.S. Cellular Center Court 2	Ankeny Centennial 24-26, 25-16, 25-14, 25-23	3 1	Iowa City West
B2	2:00 PM	U.S. Cellular Center Court 1	Ankeny 16-25, 22-25, 25-17, 25-17, 15-7	3 2	Linn-Mar
B4	2:00 PM	U.S. Cellular Center Court 2	West Des Moines Valley 25-23, 25-15, 21-25, 25-15	3 1	Dubuque Hempstead

Thursday, November 10, 2016

<u>Game</u>	<u>Time</u>	<u>Location</u>	<u>Team</u>	<u>Score</u>	<u>Team</u>
B5	10:00 AM	U.S. Cellular Center Court 1	Cedar Falls 25-11, 25-16, 25-18	3 0	Ankeny
B6	10:00 AM	U.S. Cellular Center Court 2	Ankeny Centennial 25-15, 25-15, 25-27, 32-34, 19-17	3 2	West Des Moines Valley

Friday, November 11, 2016

<u>Game</u>	<u>Time</u>	<u>Location</u>	<u>Team</u>	<u>Score</u>	<u>Team</u>
B7	10:00 AM	U.S. Cellular Center Center Court	Ankeny Centennial 25-17, 25-20, 27-25	3 0	Cedar Falls

2015 State Volleyball Tournament - Class 4A
U.S. Cellular Center Cedar Rapids, IA (November 8h-11th, 2016)

Tuesday, November 8, 2016

<u>Game</u>	<u>Time</u>	<u>Location</u>	<u>Team</u>	<u>Score</u>	<u>Team</u>
B1	4:00 PM	U.S. Cellular Center Court 1	Pella-Christian 25-20, 25-23, 25-15	3 0	Nevada
B3	4:00 PM	U.S. Cellular Center Court 2	Dubuque Wahlert 25-11, 25-12, 25-17	3 0	Lewis Central
B2	6:00 PM	U.S. Cellular Center Court 1	Sioux City Bishop Heelan 25-23, 26-28, 25-12, 25-16	3 1	Charles City
B4	6:00 PM	U.S. Cellular Center Court 2	Cedar Rapids Xavier 27-25, 25-18, 22-25, 26-24	3 1	Marion

Thursday, November 10, 2016

<u>Game</u>	<u>Time</u>	<u>Location</u>	<u>Team</u>	<u>Score</u>	<u>Team</u>
B5	12:00 PM	U.S. Cellular Center Court 1	Pella-Christian 25-17 25-8 25-22	3 0	Sioux City Bishop Heelan
B6	12:00 PM	U.S. Cellular Center Court 2	Dubuque Wahlert 25-20, 25-21, 25-15	3 0	Cedar Rapids Xavier

Friday, November 11, 2016

<u>Game</u>	<u>Time</u>	<u>Location</u>	<u>Team</u>	<u>Score</u>	<u>Team</u>
B7	12:15 PM	U.S. Cellular Center Center Court	Dubuque Wahlert 25-18, 25-16, 25-13	3 0	Pella-Christian

2016 Boys' Cross Country



2016 MVC FINAL Boys' Cross Country Supermeet and Divisional Results**2016 Boys' Cross Country Super Meet Results**

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Dubuque Hempstead	70
2nd	Cedar Rapids Prairie	78
3rd	Cedar Falls	99
4th	Iowa City West	110
5th	Cedar Rapids Washington	112
6th	Iowa City High	131
7th	Linn-Mar	165
8th	Dubuque Senior	169
9th	Dubuque Wahlert	215
10th	Cedar Rapids Kennedy	226
11th	Cedar Rapids Xavier	340
12th	Waterloo West	345
13th	Cedar Rapids Jefferson	365
14th	Waterloo East	462

2016 Boys' Cross Country Divisional Meets Results

Mississippi Division			Valley Division		
<u>Place</u>	<u>Team Name</u>	<u>Pts</u>	<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Linn-Mar	28	1st	Dubuque Hempstead	54
2nd	Iowa City West	52	2nd	Cedar Rapids Prairie	65
3rd	Dubuque Wahlert	74	3rd	Cedar Falls	82
4th	Cedar Rapids Xavier	88	4th	Iowa City High	90
5th	Cedar Rapids Jefferson	129	5th	Cedar Rapids Washington	96
6th	Waterloo West	139	6th	Dubuque Senior	110
7th	Waterloo East	219	7th	Cedar Rapids Kennedy	179

2016 MVC Boys' Cross Country All Division Selections**Mississippi Division****Valley Division**

<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Dalton Gosch	LM	12
Kyle Hoffman	LM	

Athlete of the Year
Coach of the Year

<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Sam Schillinger	CF	12
Mark Ressler	DH	

FIRST TEAM**Mississippi Division****Valley Division**

<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Dalton Gosch	LM	12
Ryan Murphy	LM	12
Ali Ali	ICW	12
Kolby Greiner	ICW	10
Davis Flogel	DW	11
Andrew Murley	ICW	12
Colin Johnston	LM	11

<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Sam Schillinger	CF	12
Addison Kalb	DH	11
Matt Lorenz	CRP	12
Cam Steffens	CRP	12
Sam McDermott	CRW	12
Jalen Hildebrand	DS	11
David Holesinger	DH	10

SECOND TEAM**Mississippi Division****Valley Division**

<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Johnny Seitz	LM	11
Jacob Berning	DW	12
Sam Vezina	LM	9
John Pape	CRX	11
Sri Sheshashai	CRJ	11
Luke Hilby	DW	11
Robert Larson	CRJ	11

<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Matthew Dodge	ICH	12
Ben Hermiston	DH	10
Isaiah Schaetzle	DS	9
Robert Laue	CRP	11
Lewis Kleman	CRW	9
Brandon Conrad	CF	10
Adam Mueller	DH	12

HONORABLE MENTION**Mississippi Division****Valley Division**

<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Nolan Pithan	CRX	11
Jonathan Lansing	CRX	11
Joe Scieszinski	CRX	11
Clayton Streed	WW	11
Ethan Goers	ICW	11
Ethan Trepka	ICW	11
Cody Samuelson	WW	11

<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Michael Berg	ICH	12
Patrick Gorman	CRW	12
Maxwell Laue	CRP	11
Caleb Burjes	CF	11
Jackson Foley	CRK	12
Quenton Max	ICH	11
Josh Timm	CF	12

2016 MVC Boys' Cross Country All Division Selections**ALL-ACADEMIC**

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Kane Kramer	CRJ	12	Sam Schillinger	CF	12
Christopher Haring	CRJ	12	Ben Eastman	CF	12
Ryer Barnes	CRX	12	Tyler Dennis	CRK	12
Peter Deegan	CRX	12	Evan Bradley	CRK	12
Jacob Berning	DW	12	Dylan Mittauer	CRP	12
Nathan Tranel	DW	12	Benton Habel	CRP	12
Logan Stuart	ICW	12	Adam Mueller	DH	12
Robert Wise	ICW	12	Sam Wu	DH	12
Kyle Tupper	LM	12	Matthew Barton	DS	12
Carter Lorenz	LM	12	Collin Sindt	DS	12
Blake Boeckman	WE	11	Nathan Cremers	ICH	12
--	WE		Matthew Dodge	ICH	12
Isaiah Arndorfer	WW	12	Sam McDermott	CRW	12
Scyler Torrey	WW	12	Patrick Gorman	CRW	12

2016 Iowa HS Class 4A and 3A Boys' State Cross Country Meet Results*Lakeside Golf Course - Ft Dodge, Iowa (Oct. 29, 2016)***Class 4A Boys' Cross Country Results**

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	West Des Moines Dowling	100
2nd	Pleasant Valley	102
3rd	Cedar Rapids Prairie	140
4th	West Des Moines Valley Valley	147
5th	Iowa City West	163
6th	Johnston	190
7th	Cedar Rapids Washington	192
8th	Linn-Mar	209
9th	Iowa City High	211
10th	DBQ Hempstead	223
11th	Waukee	231
12th	Indianola	249
13th	Ankeny	259
14th	Dubuque Senior	307
15th	Cedar Falls	320

** Team Finish determined by tie-breaker***Class 3A Boys' Cross Country Results**

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Mount Vernon-Lisbon	86
2nd	Grinnell	88
3rd	Dallas Center-Grimes	142
4th	Gilbert	162
5th	Pella	173
6th	Marion	184
7th	Decorah	191
8th	Cedar Rapids Xavier	205
9th	Mount Pleasant	208
10th	Carlisle	228
11th	Humboldt	255
12th	Dubuque Wahlert	262
13th	Sergeant Bluff-Luton	266
14th	Clear Creek-Amana	282
15th	Sioux City Heelan	286

2016 Girls' Cross Country



2016 MVC FINAL Girls' Cross Country Supermeet and Divisional Results**2016 Girls' Cross Country Super Meet Results**

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Cedar Falls	59
2nd	Dubuque Hempstead	89
3rd	Iowa City High	94
4th	Iowa City West	104
5th	Dubuque Senior	119
6th	Cedar Rapids Kennedy	159
7th	Linn-Mar	166
8th	Dubuque Wahlert	194
9th	Cedar Rapids Prairie	228
10th	Cedar Rapids Washington	299
11th	Cedar Rapids Xavier	307
12th	Waterloo	351
13th	Cedar Rapids Jefferson	365

2016 Girls' Cross Country Divisional Meets Results

Mississippi Division			Valley Division		
<u>Place</u>	<u>Team Name</u>	<u>Pts</u>	<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Iowa City West	32	1st	Cedar Falls	49
2nd	Linn-Mar	41	2nd	Iowa City High	73
3rd	Dubuque Wahlert	57	3rd	Dubuque Hempstead	74
4th	Cedar Rapids Xavier	111	4th	Dubuque Senior	98
5th	Waterloo	144	5th	Cedar Rapids Kennedy	121
6th	Cedar Rapids Jefferson	149	6th	Cedar Rapids Prairie	139
7th	---		7th	Cedar Rapids Washington	176

2016 MVC Girls' Cross Country All Division Selections**Mississippi Division**

<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Gabby Skopec	ICW	12
Mike Parker	ICW	

Athlete of the Year
Coach of the Year

Valley Division

<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Hannah Frazee	CRP	12
Don Williams	CF	

FIRST TEAM**Mississippi Division**

<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Gabby Skopec	ICW	12
Bailey Nock	ICW	11
Maddie Mann	LM	12
Grace Herber	DW	10
Abby Van Rheenen	LM	11
Claire Ronnebaum	ICW	11
Aunna Huseman	DW	9

Valley Division

<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Hannah Frazee	CRP	12
Cassidy Christopher	CF	12
Reagan Gorman	CRW	10
Ella Popenhagen	CRK	9
Mackenzie Michael	CF	9
MacKenzie Gaherty	DS	11
Ashley Donovan	DS	10

SECOND TEAM**Mississippi Division**

<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Olivia Moore	ICW	12
Maddy Genskow	LM	12
Katie Tallett	CRX	12
Deanna Newhouse	LM	12
Kaylee Osterberger	DW	10
Jaclyn Simons	LM	12
Emma Earles	DW	10

Valley Division

<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Mary Arch	ICH	12
Anna Lindower	ICH	10
Hannah Brown	DH	9
Caroline Ross	CF	11
Emily Bywater	ICH	12
Kristan Brown	DH	12
Shaelyn Hostager	DH	9

HONORABLE MENTION**Mississippi Division**

<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Deniz Ince	ICW	10
Jessie Skopec	ICW	12
Autumn Anderson	CRJ	12
Emma Durian	ICW	10
Peyton Recker	CRX	12
Gracie Long	DW	9
Ellie Tanko	CRX	9

Valley Division

<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Paige Kvale	CF	11
Allison Zierke	CF	12
Hannah Fusselman	CRK	11
Kaylee Leicht	DH	9
Heather Hostager	DH	11
Bridget Brown	ICH	11
Alissa Neubauer	CRP	11

2016 MVC Girls' Cross Country All Division Selections**ALL-ACADEMIC**

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Autumn Anderson	CRJ	12	Miranda Simpson	CF	12
Hannah Bertram	CRJ	12	Allison Zierke	CF	12
Liz Hessman	CRX	12	Krisitin Sheyko	CRK	12
Annie Sigmon	CRX	12	Ali Meyer	CRK	12
Caroline Igo	DW	12	Victoria Enyart	CRP	12
Ellen Muir	DW	12	Ashley Grady	CRP	12
Olivia Moore	ICW	12	Cayla Renwick	CRP	12
Jessica Skopec	ICW	12	Heidi Welu	DH	12
Marion Cagnard	LM	12	Brenna Fransen	DH	12
Maddie Genskow	LM	12	Kailani Biehl	DS	12
Hannah Jacobs	WW	12	Maggie Burns	DS	12
Elizabeth Abarca	WW	12	Emily Bywater	ICH	12
Jessica Knebel	WE	12	Nova Meurice	ICH	12
Mallory Sage	WE	12	Natasha Nichols	CRW	12
			Mekela Spence	CRW	11

2016 Iowa HS Class 4A and 3A Girls' State Cross Country Meet Results*Lakeside Golf Course - Ft Dodge, Iowa (Oct. 29, 2016)***Class 4A Girls' Cross Country Results**

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Johnston	26
2nd	Dubuque Hempstead	91
3rd	Iowa City High	121
4th	Cedar Falls	137
5th	Iowa City West	166
6th	West Des Moines Dowling	199
7th	Waukee	211
8th	Ankeny Centennial	214
9th	Dubuque Senior	236
10th	Pleasant Valley	237
11th	North Scott	246
12th	Ames	267
13th	Linn-Mar	305
14th	Muscatine	306
15th	Ankeny	393

Class 3A Girls' Cross Country Results

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Decorah	102
2nd	Pella	106
3rd	Charles City	135
4th	Sioux City Heelan	144
5th	Dubuque Wahlert	147
6th	Mount Vernon-Lisbon	203
7th	Dallas Center-Grimes	209
8th	* North Polk	212
9th	* Humboldt	212
10th	Denison-Schleswig	222
11th	Gilbert	242
12th	Spencer	248
13th	Davenport Assumption	273
14th	Ballard	296
15th	Solon	327

** Team Finish determined by tie-breaker*

2016 Girls' Swimming & Diving



2016 MVC Varsity Girls' Swimming Standings (FINAL)

Mississippi Division					
<u>Team</u>	Conference		Overall		
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	<u>T</u>
Dubuque Wahlert	7	0	7	0	0
Iowa City West	5	3	7	4	0
Linn-Mar	4	4	5	4	0
Cedar Rapids Jefferson	2	5	4	5	0
Waterloo (East & West)	0	6	2	6	0
Cedar Rapids Xavier	*	*	*	*	*
* indicates no swim team competing					

Valley Division					
<u>Team</u>	Conference		Overall		
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	<u>T</u>
Cedar Falls	6	2	6	2	0
Cedar Rapids Kennedy	6	1	6	2	0
Iowa City High	4	4	4	4	0
Cedar Rapids Washington	3	4	4	4	0
Dubuque Senior	2	3	2	4	0
Dubuque Hempstead	0	7	1	8	0
Cedar Rapids Prairie	*	*	*	*	*
* indicates no swim team competing					

2016 MVC Girls' Swimming & Diving - SUPERMEET RESULTS

<u>Varsity Girls' Swimming</u>			<u>Sophomore Girls' Swimming</u>		
<u>Place</u>	<u>Team</u>	<u>Score</u>	<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Cedar Rapids Kennedy	325.5	1st	Dubuque Wahlert	427.0
2nd	Cedar Falls	324.0	2nd	Cedar Rapids Kennedy	295.0
3rd	Iowa City West	297.0	3rd	Cedar Rapids Washington	273.0
4th	Dubuque Wahlert	277.0	4th	Cedar Falls	195.0
5th	Cedar Rapids Washington	234.5	5th	Dubuque Senior	187.0
6th	Dubuque Senior	193.5	5th	Cedar Rapids Jefferson	187.0
7th	Linn-Mar	192.0	7th	Iowa City High	177.0
8th	Iowa City High	167.0	8th	Linn-Mar	170.0
9th	Cedar Rapids Jefferson	120.0	9th	Waterloo	109.0
10th	Waterloo	61.5	10th	Iowa City West	93.0
11th	Dubuque Hempstead	43.0	11th	Dubuque Hempstead	84.0

2016 MVC Varsity Girls' Swimming & Diving - DIVISIONAL RESULTS

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Place</u>	<u>Team</u>	<u>Score</u>	<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Iowa City West	464.0	1st	Cedar Falls	452.5
2nd	Dubuque Wahlert	451.0	2nd	Cedar Rapids Kennedy	422.5
3rd	Linn-Mar	417.0	3rd	Cedar Rapids Washington	373.5
4th	Cedar Rapids Jefferson	330.0	4th	Dubuque Senior	298.5
5th	Waterloo	197.0	5th	Iowa City High	273.0
			6th	Dubuque Hempstead	140.0

2016 MVC Girls Swimming All-Division Selections**Mississippi Division****Valley Division****Swimmer of the Year**

Kelsey Drake

LM

Jessica Williams

CRK

Coach of the Year

Emily Snyder & Staff

DW

John Ross & Staff

CRK

200 Medley Relay**1st Team****Dubuque Wahlert**

DW

Cedar Rapids Kennedy

CRK

Victoria Michel, Alaina Schmidt
Abbie Montag, Elly KalbJessica Williams, Raquel Green
Mackinzee Macho, Darby Manternach**2nd Team****Cedar Rapids Jefferson**

CRJ

Cedar Rapids Washington

CRW

Jacy Werning, Mika McChesney
Josie Thompson, Jaylee ChungEllie Bryant, Caitlin Sievers
Lauren Havertape, Alanna Adkins**Honorable
Mention****Linn-Mar**

LM

Dubuque Senior

DS

Emma Behrens, Shannon Kelley
Kelsey Drake, Katie DennisEmma Sass, Claire Wedewer
Anna Pfeiffer, Frances Inzenhofer**200 Free****1st Team**

Alleyna Thomas

ICW

Sammi Hall

CF

Karlie Welbes

DW

Carly Weigel

ICH

2nd Team

Natalia Verastegui

DW

Maddie Bagby

CRK

Jaylee Chung

CRJ

Grace Considine

CF

**Honorable
Mention**

Mae Grahs

ICW

Jenny Hughes

CRW

Christine Kalb

DW

Sarah Gannon

CRK

200 IM**1st Team**

Melanie Housenga

ICW

Jill Hughes

CRW

Lily Ernst

ICW

Ellie Shimp

CF

2nd Team

Victoria Michel

DW

Claire Wedewer

DS

Serena Brizard

LM

Mackinzee Macho

CRK

**Honorable
Mention**

Carlie Noel

DW

Emily Nelson

CRW

Jennifer Du

ICW

Maddie Gannon

CRK

50 Free**1st Team**

Elaina Martz

ICW

Olivia Clark

CF

Elly Kalb

DW

Anna Pfeiffer

DS

2nd Team

Hailee Grovo

WAT

Darby Manternach

CRK

Alaina Schmidt

DW

Emma Sass

DS

**Honorable
Mention**

Katie Dennis

LM

Lauren Havertape

CRW

Izabel Houselog

ICW

Frances Inzenhofer

DS

Diving**1st Team**

Brooklyn Corey

LM

Jayden Lovell

CRK

Skylar Meyers

CRJ

Andrea Adam

ICH

2nd Team

Lauren Fasnacht

LM

Ellie Shearer

DS

Katie Culver

LM

Ashton Syharath

CF

**Honorable
Mention**

Bridget Kircher

DW

Madison Schoppe

CF

Brielle Osthoff

DW

Amara Taylor

CRW

100 Fly**1st Team**

Kelsey Drake

LM

Jessica Williams

CRK

Lily Ernst

ICW

Mackinzee Macho

CRK

2nd Team

Abbie Montag

DW

Lauren Havertape

CRW

Jenny Pigge

ICW

Katherine Wikner

CF

**Honorable
Mention**

Josie Thompson

CRJ

Riley Murra

CF

Emma Behrens

LM

Emily Nelson

CRW

2016 MVC Girls Swimming All-Division Selections

<u>Mississippi Division</u>				<u>Valley Division</u>			
100 Free							
1st Team	Elaina Martz	ICW		Olivia Clark	CF		
	Natalia Verastegui	DW		Maddie Bagby	CRK		
2nd Team	Elly Kalb	DW		Anna Pfeiffer	DS		
	Hailee Grovo	WAT		Darby Manternach	CRK		
Honorable Mention	Serena Brizard	LM		Devan O'Rourke	ICH		
	Mae Grahs	ICW		Frances Inzenhofer	DS		
500 Free							
1st Team	Karlie Welbes	DW		Jill Hughes	CRW		
	Melanie Housenga	ICW		Grace Considine	CF		
2nd Team	Alleyna Thomas	ICW		Kassidy Lovig	CRK		
	Abbie Montag	DW		Jenny Hughes	CRW		
Honorable Mention	Jaylee Chung	CRJ		Renee Plassman	CF		
	Shannon Kelley	LM		Trinity Sadecky	ICH		
200 Free Relay							
1st Team	<u>Iowa City West</u>	ICW		<u>Cedar Falls</u>	CF		
	Lily Ernst, Elaina Martz			Olivia Clark, Ellie Shimp			
	Alleyna Thomas, Melanie Housenga			Grace Considine, Sammi Hall			
2nd Team	<u>Dubuque Wahlert</u>	DW		<u>Cedar Rapids Kennedy</u>	CRK		
	Alaina Schmidt, Natalia Verastegui			Darby Manternach, Maddie Bagby			
	Karlie Welbes, Elly Kalb			Kassidy Lovig, Mackinzee Macho			
Honorable Mention	<u>Linn-Mar</u>	LM		<u>Dubuque Senior</u>	DS		
	Katie Dennis, Serena Brizard			Emma Sass, Frances Inzenhofer			
	Emma Behrens, Kelsey Drake			Claire Wedewer, Anna Pfeiffer			
100 Back							
1st Team	Victoria Michel	DW		Jessica Williams	CRK		
	Carlie Noel	DW		Sammi Hall	CF		
2nd Team	Caitlyn Nuehring	LM		Carly Weigel	ICH		
	Jacy Werning	CRJ		Katherine Wikner	CF		
Honorable Mention	Mackenzie Voigt	ICW		Emma Sass	DS		
	Mallory Ahrens	LM		Reagan Linder	CRK		
100 Breast							
1st Team	Kelsey Drake	LM		Laura Lorenger	ICH		
	Rachel Ding	ICW		Claire Wedewer	DS		
2nd Team	Jennifer Du	ICW		Caitlin Sievers	CRW		
	Alaina Schmidt	DW		Ellie Shimp	CF		
Honorable Mention	Mika McChesney	CRJ		Raquel Green	CRK		
	Adrianna Schroeder	DW		Clara Froeschner	ICH		
400 Free Relay							
1st Team	<u>Iowa City West</u>	ICW		<u>Cedar Falls</u>	CF		
	Melanie Housenga, Alleyna Thomas			Olivia Clark, Grace Considine			
	Lily Ernst, Elaina Martz			Katherine Wikner, Sammi Hall			
2nd Team	<u>Dubuque Wahlert</u>	DW		<u>Cedar Rapids Kennedy</u>	CRK		
	Karlie Welbes, Victoria Michel			Sarah Gannon, Maddie Bagby			
	Abbie Montag, Natalia Verastegui			Jessica Williams, Kassidy Lovig			
Honorable Mention	<u>Cedar Rapids Jefferson</u>	CRJ		<u>Cedar Rapids Washington</u>	CRW		
	Josie Thompson, Taylor Langel			Emily Nelson, Jenny Hughes			
	Ramsey Tucker, Mika McChesney			Jill Hughes, Lauren Havertape			

2016 MVC Girls Swimming All-Division Selections**Mississippi Division****Valley Division****All-Academic Selections**

Taylor Langel	CRJ
Jaylee Chung	CRJ
Alicia Miltner	CRX
Kelsey Lempka	CRX
Carlie Noel	DW
Annie Hermann	DW
Megan Arps	ICW
Hana Jwaied	ICW
Jenny Pigge	ICW
Mackenzie Voigt	ICW
Amy Yan	ICW
Kelsey Drake	LM
Annmarie Abodeely	LM
Rachel Iliff	WW
Sawyer Burch	WW
Nermia Ogric	WE
---	WE

Abigail Dean	CF
Jenna Oldani	CF
Jessica Williams	CRK
Jayden Lovell	CRK
Amanda Feters	CRP
Hannah Eckley	CRP
Lucy Ernst	CRW
Kate Lawrence	CRW
Rachel Ryan	DH
Livi Schutz	DH
Grace Tsui	DS
Emma Sass	DS
Grace Gerdts	ICH
Andrea Adam	ICH

2016 Iowa High School State Girls' Swimming Results

(November 4th-5th, 2016 - YMCA, Marshalltown, IA)

<u>Place</u>	<u>Team</u>	<u>Score</u>	<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Ames	341.0	21st	Fairfield	23.0
2nd	Johnston	197.0	22nd	Spencer	21.0
3rd	Bettendorf	189.0	23rd Iowa City High		19.0
4th	Waukee	170.0	24th	Marshalltown	18.0
5th	Muscatine	131.0	25th	Des Moines Lincoln	15.0
6th	Ankeny	119.0	26th	Decorah	14.0
7th	West Des Moines Dowling	106.0	26th	Ncmp, Newton	14.0
8th	West Des Moines Valley	103.0	28th Iowa City West		12.0
9th	Lewis Central	98.0	29th	Davenport Central	11.0
10th Cedar Rapids Kennedy		92.0	30th	Boone	7.0
11th Dubuque Wahlert		91.0	31st	Des Moines Hoover	4.0
12th	Fort Dodge	86.0	32nd Cedar Rapids Jefferson		3.0
13th	Pleasant Valley	85.0			
14th Cedar Falls		82.0			
15th Linn-Mar		66.0			
16th	Southeast Polk	60.0			
17th Cedar Rapids Washington		52.0			
18th	Atlantic	36.0			
19th	Dubuque Senior	34.0			
20th	Des Moines East	26.0			

MVC Girls' Swimming and Diving Records

Varsity Records (Updated-10/15/16)

<u>Event</u>	<u>Year</u>	<u>Athlete(s)</u>	<u>School</u>	<u>Time</u>
Diving	2014	Jacintha Thomas (Jr)	Iowa City West	494.30
200 Medley Relay	2015	Cedar Falls Sammi Hall, Olivia Clark, Meghan Hackett, Grace Considine	Cedar Falls	1:50.65
200 Freestyle	2008	Bailey Pons	Cedar Falls	1:54.05
200 Individual Medley	2014	Kelsey Drake	Linn-Mar	2:07.35
50 Freestyle	2016	Olivia Clark	Cedar Falls	24.31
100 Butterfly	2014	Kelsey Drake	Linn-Mar	56.16
100 Freestyle	1997	Katie Galligan	Cedar Falls	52.38
500 Freestyle	2003	Ashley Lawler	Iowa City West	5:04.02
200 Freestyle Relay	2015	Cedar Falls Olivia Clark, Sammi Hall, Meghan Hackett, Madison Hall	Dubuque Senior	1:39.52
100 Backstroke	2011	Kelsey Abbas	Cedar Falls	58.65
100 Breaststroke	2003	Hayley Fry	Linn-Mar	1:05.87
400 Freestyle Relay	2016	Iowa City West Melanie Housenga, Alleyna Thomas, Lily Ernst, Elaina Martz	Iowa City West	3:37.61

Sophomore Records (Updated-11/06/16)

<u>Event</u>	<u>Year</u>	<u>Athlete(s)</u>	<u>School</u>	<u>Time</u>
Diving	2004	Veronica Rydze	Iowa City High	477.40
200 Medley Relay	2015	Cedar Falls Sammi Hall, Olivia Clark, Katherine Wikner, Grace Considine	Cedar Falls	1:54.77
200 Freestyle	2016	Anna Pfeiffer	Dubuque Senior	1:54.53
200 Individual Medley	2014	Kelsey Drake	Linn-Mar	2:08.16
50 Freestyle	2013	Jenn Jenks	Linn-Mar	24.60
100 Butterfly	2014	Kelsey Drake	Linn-Mar	56.45
100 Freestyle	2014	Jenn Jenks	Linn-Mar	53.00
500 Freestyle	2003	Ashley Lawler	Iowa City West	5:03.24
200 Freestyle Relay	2014	Linn-Mar Jenn Jenks, Madison Renz, Sophia Abodeely, Kelsey Drake	Linn-Mar	1:42.92
100 Backstroke	1993	Jocelyn Wright	Linn-Mar	59.07
100 Breaststroke	2010	Jackie Hughes	Cedar Rapids Washington	1:09.18
400 Freestyle Relay	2016	Dubuque Wahlert Karlie Welbes, Victoria Michel Abbie Montag, Natalia Verastegui	Dubuque Wahlert	3:45.28

2016 Boys Golf



2016 MVC Boys' Golf Super Divisional Meets Summary**2016 MVC Boys' Golf - Mississippi Division**

Team Name	Super Meet	1st Divisional	2nd Divisional	Total
Linn-Mar	307	318	331	956
Cedar Rapids Xavier	313	320	345	978
Dubuque Wahlert	319	335	362	1016
Iowa City West	347	348	341	1036
Cedar Rapids Jefferson	388	360	380	1128
Waterloo West	402	364	369	1135
Waterloo East	514	474	513	1501

2016 MVC Boys' Golf -Valley Division

Team Name	Super Meet	1st Divisional	2nd Divisional	Total
Cedar Rapids Washington	342	290	319	951
Cedar Falls	320	317	326	963
Dubuque Senior	323	322	327	972
Cedar Rapids Kennedy	330	319	341	990
Cedar Rapids Prairie	345	316	342	1003
Dubuque Hempstead	342	332	344	1018
Iowa City High	400	372	396	1168

2016 Mississippi Valley Conference Boys' Golf All-Division Selections

Mississippi Division

	<u>Sch</u>	<u>Gr</u>
Brad Karpick	CRX	11

Athlete of the Year**Valley Division**

	<u>Sch</u>	<u>Gr</u>
Connor Neighbors	CRW	10
Alex Slattery	CRW	11

Steve Koepke	CRJ
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Coach of the Year

Denny Goettel	CRW
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FIRST TEAM**Mississippi Division**

	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Brad Karpick	CRX	11	235
Drew Brandel	LM	11	236
Ben Greif	LM	11	238
Nile Happel	CRJ	12	240
Kyle Spence	ICW	10	241
Andrew Wood	LM	12	245
Jack Kamentz	DW	12	245

Valley Division

	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Connor Neighbors	CRW	10	226
Alex Slattery	CRW	11	226
Louis Psihoyos	DS	12	227
Ben Bermel	CF	10	229
Joey Kaesbauer	DH	10	232
Jack Vandermillen	DS	10	239

SECOND TEAM**Mississippi Division**

	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Jack Recker	LM	12	246
Ryan Keating	CRX	11	248
Nick Recker	CRX	10	249
Tyler Breitbach	CRX	12	251
Cole Yearling	LM	11	251

Valley Division

	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Ian Johnston	CRP	10	241
Brock Barnhart	CRK	9	241
Trever Heinen	CF	10	242
Jonah Beman	CRK	11	243
Joe Dean	CF	10	245
Sam Lockhart	CRP	11	246

HONORABLE MENTION**Mississippi Division**

	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Kyle Jenkins	ICW	12	255
Jon Becker	DW	12	256
Zach Armstrong	LM	11	262
Sam Martin	CRX	12	262
Craig Collins	DW	11	264
Riley Bohr	DW	12	269
Sam Ambrosy	DW	10	269

Valley Division

	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Jake Corkery	CRK	12	247
Carsen Bellis	DS	11	249
Matt Lorenz	CRP	12	254
Matt Engelken	DH	12	255
Alec Chandlee	DS	11	257
Tayler Tjaden	CF	12	261

**2016 Mississippi Valley Conference
Boys' Golf All-Division Selections**

ALL-ACADEMIC

Mississippi Division

	<u>Sch</u>	<u>Gr</u>
Nile Happel	CRJ	12
Austin Schmitz	CRJ	11
Tyler Breitbach	CRX	12
Sam Martin	CRX	12
Riley Bohr	DW	12
Jack Kamentz	DW	12
Charlie Code	ICW	12
Kyle Jenkins	ICW	12
Dylan Hand	LM	12
Jack Recker	LM	12
---	WE	
---	WE	
Riley Henry	WW	12
Patrick McIntee	WW	12

Valley Division

	<u>Sch</u>	<u>Gr</u>
Blake Coffee	CF	12
Tayler Tjaden	CF	12
Brant Barnhart	CRK	12
Connor Crippes	CRK	12
Ben Drysdale	CRP	12
Darren Kilpatrick	CRP	12
Frank Lindwall	CRW	12
Matt Andersland	CRW	12
Matt Engelken	DH	12
Mitchell Schemmel	DH	12
Caleb Marting	DS	12
Jack Kemp	DS	12
Alex Kooker	ICH	12
Will Pedersen	ICH	11

IOWA CLASS 4A STATE GOLF RESULTS

Tournament Club of Iowa, Polk City, IA - October 7-8,2016

TEAM SCORES

<u>Place</u>	<u>Team Scoring</u>	<u>1st Rnd Total</u>	<u>2nd Rnd Total</u>	<u>Final Total</u>
1	West Des Moines Valley	314	312	626
2	Waukee	313	316	629
3	Linn-Mar	315	321	636
4	West Des Moines Dowling	310	327	637
5	Cedar Rapids Washington	316	330	646
6	Indianola	327	326	653
7	Dubuque Senior	325	332	657
8	Johnston	327	330	657
9	Ottumwa	342	331	673
10	Cedar Falls	333	340	673
11	Davenport Assumption	343	332	675
12	Southeast Polk	339	343	682

IOWA CLASS 4A STATE GOLF RESULTS

Tournament Club of Iowa, Polk City, IA - October 7-8, 2016

INDIVIDUAL SCORES

<u>PL.</u>	<u>PLAYER</u>	<u>SCHOOL</u>	<u>R1</u>	<u>R2</u>	<u>TOTAL</u>
1	Willis Gaer (12)	Des Moines, Roosevelt	72	73	145
2	Brock Barnhart (9)	Cedar Rapids, Kennedy	76	71	147
3	Louis Psihoyos (12)	Dubuque, Senior	74	75	149
4	Carson Caylor (11)	Valley, West Des Moines	77	73	150
4	Jake Marvelli (11)	Indianola	74	76	150
6	Frank Lindwall (12)	Cedar Rapids, Washington	75	76	151
6	Nate Dennis (12)	Valley, West Des Moines	78	73	151
8	Andrew O'Brien (12)	Waukee	76	76	152
9	Hank Weresh (12)	Dowling, West Des Moines	78	75	153
10	Nick Pittman (10)	Johnston	81	74	155
10	Connor Neighbors (10)	Cedar Rapids, Washington	75	80	155
10	Griffin Parker (10)	Waukee	74	81	155
13	Ben Bermel (10)	Cedar Falls	77	79	156
14	Jordan Elliott (12)	Waukee	83	75	158
14	Ben Epperly (12)	Valley, West Des Moines	75	83	158
14	Cole Yearling (11)	Linn-Mar, Marion	77	81	158
17	Nick Wegman (11)	Dowling, West Des Moines	75	84	159
17	Ben Greif (11)	Linn-Mar, Marion	80	79	159
17	Andrew Wood (12)	Linn-Mar, Marion	78	81	159
17	Jack O'Hea (12)	Epworth, Western Dubuque	79	80	159
21	Jack Recker (12)	Linn-Mar, Marion	80	80	160
21	Alex Slattery (11)	Cedar Rapids, Washington	78	82	160
21	Bron Bjerke (11)	Ottumwa	80	80	160
24	Griffin Steer (11)	Assumption, Davenport	86	75	161
24	Jake Luett (12)	Clinton	76	85	161
24	Nate Vance (11)	Marshalltown	83	78	161
27	Nick Opsahl (10)	Sioux City, North	80	82	162
27	Tyler Piper (12)	Indianola	79	83	162
29	Caleb Peters (11)	Johnston	81	82	163
29	Nathan Petrak (10)	Johnston	79	84	163
29	Mitchell Rice (11)	Southeast Polk	79	84	163
32	Tyler Wierson (12)	Ames	83	81	164
32	Jack Hurley (11)	Dowling, West Des Moines	79	85	164
34	Jack Vandermillen (10)	Dubuque, Senior	80	85	165
34	Jordan Proehl (12)	Dowling, West Des Moines	82	83	165
34	Matt Cain (11)	Assumption, Davenport	84	81	165
37	J.J. Wickman (9)	Mason City	81	86	167
37	Carsen Bellis (11)	Dubuque, Senior	84	83	167
37	Matt Creighton (12)	Valley, West Des Moines	84	83	167
40	Ross Vasquez (12)	Waukee	81	87	168
41	Blake Hartung (12)	Dowling, West Des Moines	82	87	169
41	Joe Dean (10)	Cedar Falls	84	85	169
41	Wyatt Crosby (12)	Ottumwa	86	83	169
41	Benny Flanagan (11)	Bettendorf	86	83	169

IOWA CLASS 4A STATE GOLF RESULTS

Tournament Club of Iowa, Polk City, IA - October 7-8, 2016

INDIVIDUAL SCORES

PL.	PLAYER	SCHOOL	R1	R2	TOTAL
41	Michael Showers (12)	Pleasant Valley	83	86	169
46	Dawson Peters (12)	Valley, West Des Moines	84	86	170
46	Bennett Pedersen (10)	Waukee	82	88	170
48	Ben Krapfl (11)	Indianola	91	80	171
48	Brandon Russell (12)	Ankeny Centennial	85	86	171
48	Max Gogel (12)	Assumption, Davenport	87	84	171
48	Cole Koester (12)	Waukee	87	84	171
52	Landon Brown (12)	Southeast Polk	85	87	172
53	Hunter Hall (12)	Southeast Polk	88	85	173
53	Jonah Beman (11)	Cedar Rapids, Kennedy	85	88	173
53	Joe Boettcher (12)	Valley, West Des Moines	89	84	173
56	Tayler Tjaden (12)	Cedar Falls	84	90	174
56	Steven Langland (9)	Ottumwa	91	83	174
58	Drew Brandel (11)	Linn-Mar, Marion	83	92	175
58	Trey Thomas (12)	Ottumwa	87	88	175
60	Hunter Nelson (11)	Ottumwa	91	85	176
61	Zach Armstrong (11)	Linn-Mar, Marion	91	86	177
61	Jacob Mulcahy (11)	Ankeny	93	84	177
61	Grady Haynes (10)	Indianola	90	87	177
61	AJ Green (11)	Cedar Falls	90	87	177
65	Tom Schebler (12)	Assumption, Davenport	86	92	178
65	Andrew Braafhart (12)	Southeast Polk	87	91	178
65	Alec Chandlee (11)	Dubuque, Senior	87	91	178
68	Justin Budan (12)	Ottumwa	89	91	180
69	Quinn Miller (11)	Southeast Polk	89	92	181
69	Brandon Nelson (11)	Cedar Falls	92	89	181
71	Lincoln Gillotti (11)	Southeast Polk	96	87	183
71	Brady Green (11)	Johnston	93	90	183
73	Jacob McGinnis (11)	Indianola	90	94	184
73	Cody Udelhofen (12)	Dubuque, Senior	95	89	184
73	Ben Skogman (10)	Cedar Rapids, Washington	88	96	184
76	Niko Varvaris (12)	Cedar Rapids, Washington	94	92	186
77	Zach Obbink (11)	Dubuque, Senior	97	92	189
77	Colin Pranger (12)	Johnston	97	92	189
77	John Lystiuk (11)	Assumption, Davenport	92	97	189
80	Luke Castro (12)	Assumption, Davenport	99	92	191
81	Spencer Henningsen (12)	Cedar Rapids, Washington	98	97	195
-	Ben Freking (10)	Dowling, West Des Moines	78	DNP	DNP
-	Geoff Meek (12)	Dowling, West Des Moines	DNP	89	DNP
-	Jake Trembly (11)	Indianola	DNP	DNP	DNP
-	Michael Vicente (10)	Waukee	DNP	DNP	DNP
-	Aaron Smoldt (12)	Cedar Falls	DNP	DNP	DNP
-	Ryan Johnston (12)	Valley, West Des Moines	DNP	DNP	DNP
-	Whit Haefner (9)	Cedar Rapids, Washington	DNP	DNP	DNP

IOWA CLASS 4A STATE GOLF RESULTS

Tournament Club of Iowa, Polk City, IA - October 7-8,2016

INDIVIDUAL SCORES

<u>Pl.</u>	<u>PLAYER</u>	<u>SCHOOL</u>	<u>R1</u>	<u>R2</u>	<u>TOTAL</u>
-	Shane Rima (12)	Linn-Mar, Marion	DNP	DNP	DNP
-	Brady Little (12)	Southeast Polk	DNP	DNP	DNP
-	Jackson Bishop (11)	Indianola	84	DQ	DQ
-	Akansh Gupta (11)	Johnston	86	DQ	DQ
-	Trevor Heinen (10)	Cedar Falls	88	DQ	DQ

2016 FINAL MVC Boys' Golf Stats

Mississippi Division					
Team	9 Hole Matches	9 Hole Avg	18 Hole Matches	18 Hole Avg	Combined (9 & 18) Adjusted Avg
		Top 4 Players Total		Top 4 Players Total	Top 4 Players Total <i>Adjusted by Course Rating</i>
Linn-Mar, Marion	5	148.0	9	305.9	157.0
Xavier, Cedar Rapids	4	155.0	9	315.7	161.3
Wahlert, Dubuque	4	159.0	9	333.1	167.5
Iowa City, West	5	161.4	8	336.0	172.6
Waterloo, West	5	165.6	7	364.7	182.9
Cedar Rapids, Jefferson	5	178.0	8	366.1	184.5
Waterloo, East	4	237.8	5	490.6	246.0
<i>(Obtained from Quikstatsiowa.com - 10/21/2016)</i>					

Valley Division					
Team	9 Hole Matches	9 Hole Avg	18 Hole Matches	18 Hole Avg	Combined (9 & 18) Adjusted Avg
		Top 4 Players Total		Top 4 Players Total	Top 4 Players Total <i>Adjusted by Course Rating</i>
Cedar Rapids, Washington	5	154.0	10	306.0	156.3
Cedar Falls	5	149.4	9	321.8	160.0
Cedar Rapids, Kennedy	4	157.0	9	320.6	161.4
Prairie, Cedar Rapids	5	148.8	8	320.0	162.1
Dubuque, Senior	4	158.8	11	325.1	163.3
Dubuque, Hempstead	3	159.7	9	337.3	168.9
Iowa City, City High	4	172.5	8	376.4	189.5
<i>(Obtained from Quikstatsiowa.com - 10/17/2016)</i>					

2016-17 Winter Sports



(includes)

- Varsity & Sophomore Boys Basketball**
- Varsity & JV/Sophomore Girls Basketball**
- Varsity & JV Wrestling**
- Varsity Boys Bowling**
- Varsity Girls Bowling**
- Varsity Boys Swimming**

2016-17 Boys' Basketball



2016-17 FINAL MVC Varsity Boys' Basketball Standings

Mississippi Division				
<u>Team</u>	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Iowa City West	15	1	23	3
Cedar Rapids Xavier	8	8	16	11
Cedar Rapids Jeffersor	7	9	11	12
Linn-Mar	7	9	10	13
Waterloo West	6	10	10	12
Dubuque Wahlert	5	11	7	16
Waterloo East	2	14	6	16

Valley Division				
<u>Team</u>	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Dubuque Senior	13	3	19	4
Cedar Rapids Kennedy	12	4	19	6
Dubuque Hempstead	11	5	18	6
Cedar Rapids Prairie	11	5	14	8
Cedar Falls	10	6	16	8
Iowa City High	3	13	4	18
Cedar Rapids Washing	2	14	4	18

2016-17 FINAL MVC 10th Boys' Basketball Standings

Mississippi Division				
<u>Team</u>	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Iowa City West	13	3	15	5
Linn-Mar	11	5	16	5
Dubuque Wahlert	9	7	11	9
Cedar Rapids Xavier	8	8	11	8
Cedar Rapids Jeffersor	5	11	8	13
Waterloo West	2	14	4	16
Waterloo East	1	15	4	17

Valley Division				
<u>Team</u>	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Cedar Rapids Washing	12	4	17	4
Cedar Falls	12	4	16	4
Cedar Rapids Kennedy	10	6	11	10
Dubuque Hempstead	9	7	12	8
Dubuque Senior	8	8	10	11
Cedar Rapids Prairie	6	10	9	12

2016-2017 MVC Boys' Basketball All-Division Selections**Mississippi Division**

	<u>Gr</u>	<u>Sch</u>	
Connor McCaffery	12	ICW	Athlete of the Year
Steve Bergman & Staff		ICW	Coach of the Year

Valley Division

	<u>Gr</u>	<u>Sch</u>	
A. J. Green	11	CF	
Wendell Eimers & Staff		DS	

FIRST TEAM**Mississippi Division**

	<u>Athlete</u>	<u>Hgt</u>	<u>Gr</u>	<u>Sch</u>
*	Connor McCaffery	6'6"	12	ICW
*	Matt Mims	5'10"	11	CRX
	Devontae Lane	6'2"	12	ICW
	Patrick Mc Caffery	6'7"	10	ICW
	Royshawn Webb	6'1"	12	CRJ
	Tyrese Nickelson	6'2"	10	WE
	Carondis Harris-Anderson	6'3"	11	WW

Valley Division

	<u>Athlete</u>	<u>Hgt</u>	<u>Gr</u>	<u>Sch</u>
*	A. J. Green	6'3"	11	CF
*	Noah Carter	6'5"	10	DS
	Drake Brewster	6'6"	12	CRK
	Derrick Diggins	6'3"	11	CRK
	Max Smith Drahos	6'1"	12	CRP
	Griff Clark	5'10"	11	CRP
	Lucas Duax	6'2"	11	DH

*** - Unanimous Selection*****SECOND TEAM*****Mississippi Division**

	<u>Athlete</u>	<u>Hgt</u>	<u>Gr</u>	<u>Sch</u>
	Willie Guy	5'11"	10	CRJ
	Kane Kramer	6'3"	12	CRJ
	Jackson Joens	6'5"	11	CRX
	Max Techau	6'7"	12	CRX
	Trey Hutcheson	6'5"	10	LM
	Austin Savary	6'4"	12	DW
	Carlton Todd	6'0"	12	WW

Valley Division

	<u>Athlete</u>	<u>Hgt</u>	<u>Gr</u>	<u>Sch</u>
	Charles Johnson	6'4"	12	ICH
	Jake Eilers	6'4"	12	CRP
	Connor Duax	6'5"	12	DH
	Keith Johnson	6'4"	11	DH
	Carter Stevens	5'9"	11	DS
	Louis Psihoyos	6'3"	12	DS
	Isaiah Johnson	6'3"	12	CF

HONORABLE MENTION**Mississippi Division**

	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
	Kyler Bell	11	CRJ
	T. J. Kuennen	11	CRJ
	Nolan Butkowski	12	CRX
	Quinn Schulte	10	CRX
	Peter Timmerman	11	DW
	Will Leytem	11	DW
	Seybian Sims	11	ICW
	Izaya Ono-Fullard	12	ICW
	Tyler Voves	12	LM
	Reese Phillips	12	LM
	Raheem Nickelson	12	WE
	Jacee Clark	11	WE
	Devon Moore	12	WW
	Nick Pepin	9	WW

Valley Division

	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
	Ben Gerdes	11	CF
	Logan Wolf	10	CF
	Jackson Foley	11	CRK
	Matt Berst	12	CRK
	Keegan Murray	10	CRP
	Logan Serbousek	12	CRP
	Luke Jonasson	12	CRW
	Donovan Beard	12	CRW
	Marshon Crowder	12	DH
	Tyler Cooksley	12	DH
	Sam Link	10	DS
	Matt Hendricks	12	DS
	Antonio Turner	10	ICH
	Keshawn Christian	9	ICH

2016-2017 MVC Boys' Basketball All-Division Selections**ALL-ACADEMIC****Mississippi Division**

<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
Isaiah Smith	12	CRJ
Kane Kramer	12	CRJ
Max Johnson	12	CRX
Spencer Dempewolf	12	CRX
Sam Herrig	12	DW
Austin Savary	12	DW
Connor McCaffery	12	ICW
Nathan Disterhoft	12	ICW
Aaron Pistulka	12	LM
Kirby Kerr	12	LM
Joey Putman	11	WE
--		WE
Devon Moore	12	WW
Carondis Harris-Anderson	11	WW

Valley Division

<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
Daniel Martinson	12	CF
Aaron Smoldt	12	CF
Nick Duehr	12	CRK
Ryan King	12	CRK
Cade Chadima	12	CRP
Darren Kilpatrick	12	CRP
Jake Eilers	12	CRP
Tyler Cooksley	12	DH
Maclaine Roush	12	DH
Tatum Hallstoos	12	DS
Louis Psihoyos	12	DS
Jared Taylor	12	ICH
John Paul Rethwisch	11	ICH
Drew Christensen	11	CRW
Keenan Collins	12	CRW

2016-17 MVC-Varsity Boys' Basketball
Team Scoring (QuickStats-FINAL Conf. Only)

Mississippi Division

<u>Team</u>	<u>Record</u>	<u>FG</u> <u>Att</u>	<u>FG</u> <u>Made</u>	<u>FG %</u>	<u>3 pt</u> <u>Att</u>	<u>3 pt</u> <u>Made</u>	<u>3 pt %</u>	<u>FT</u> <u>Att</u>	<u>FT</u> <u>Made</u>	<u>FT %</u>	<u>Pts</u>	<u>Pts/G</u>
<u>Iowa City, West</u>	15-1	816	442	54.2	268	108	40.3	273	207	75.8	1199	74.9
<u>Xavier, Cedar Rapids</u>	8-8	674	322	47.8	260	97	37.3	263	175	66.5	916	57.3
<u>Cedar Rapids, Jefferson</u>	7-9	840	383	45.6	299	123	41.1	241	158	65.6	1047	65.4
<u>Linn-Mar, Marion</u>	7-9	794	372	46.9	249	84	33.7	205	150	73.2	978	61.1
<u>Waterloo, West</u>	6-10	842	359	42.6	349	112	32.1	241	158	65.6	988	61.8
<u>Wahlert, Dubuque</u>	5-11	739	298	40.3	304	108	35.5	283	190	67.1	894	55.9
<u>Waterloo, East</u>	2-14	839	329	39.2	279	94	33.7	243	175	72.0	927	57.9

Valley Division

<u>Team</u>	<u>Record</u>	<u>FG</u> <u>Att</u>	<u>FG</u> <u>Made</u>	<u>FG %</u>	<u>3 pt</u> <u>Att</u>	<u>3 pt</u> <u>Made</u>	<u>3 pt %</u>	<u>FT</u> <u>Att</u>	<u>FT</u> <u>Made</u>	<u>FT %</u>	<u>Pts</u>	<u>Pts/G</u>
<u>Dubuque, Senior</u>	13-3	697	340	48.8	233	90	38.6	331	230	69.5	1000	62.5
<u>Cedar Rapids, Kennedy</u>	12-4	832	364	43.8	333	109	32.7	267	180	67.4	1017	63.6
<u>Dubuque, Hempstead</u>	11-5	787	379	48.2	258	88	34.1	303	206	68.0	1052	65.8
<u>Prairie, Cedar Rapids</u>	11-5	773	377	48.8	357	152	42.6	231	186	80.5	1092	68.3
<u>Cedar Falls</u>	10-6	830	380	45.8	244	73	29.9	214	135	63.1	968	60.5
<u>Iowa City, City High</u>	3-13	722	299	41.4	283	90	31.8	212	121	57.1	809	50.6
<u>Cedar Rapids, Washington</u>	2-14	743	295	39.7	287	88	30.7	184	123	66.8	801	50.1

2016-17 MVC-Varsity Boys' Basketball***Team Assists/Steals/Blocks/Turn Overs (QuickStats-FINAL Conf. Only)******Mississippi Division***

<u>Team</u>	<u>Assists</u>	<u>Steals</u>	<u>Blocks</u>	<u>Turn Overs</u>
<u>Iowa City, West</u>	275	151	54	137
<u>Xavier, Cedar Rapids</u>	215	89	40	133
<u>Waterloo, East</u>	213	159	24	190
<u>Waterloo, West</u>	213	122	45	206
<u>Cedar Rapids, Jefferson</u>	190	126	30	177
<u>Wahlert, Dubuque</u>	182	93	28	235
<u>Linn-Mar, Marion</u>	175	117	48	185

Valley Division

<u>Team</u>	<u>Assists</u>	<u>Steals</u>	<u>Blocks</u>	<u>Turn Overs</u>
<u>Cedar Rapids, Kennedy</u>	233	154	23	186
<u>Dubuque, Senior</u>	233	73	40	170
<u>Dubuque, Hempstead</u>	219	163	36	198
<u>Prairie, Cedar Rapids</u>	219	111	49	131
<u>Cedar Rapids, Washington</u>	170	85	60	257
<u>Iowa City, City High</u>	145	75	35	275
<u>Cedar Falls</u>	140	129	45	194

2016-17 MVC-Varsity Boys' Basketball
Team Rebounds (QuickStats-FINAL Conf. Only)

Mississippi Division

<u>Team</u>	<u>Off Reb</u>	<u>Def Reb</u>	<u>Tot Reb</u>	<u>Reb/G</u>
<u>Iowa City, West</u>	155	310	465	29.1
<u>Waterloo, West</u>	158	300	458	28.6
<u>Xavier, Cedar Rapids</u>	133	318	451	28.2
<u>Wahlert, Dubuque</u>	142	269	411	25.7
<u>Waterloo, East</u>	151	254	405	25.3
<u>Linn-Mar, Marion</u>	108	296	404	25.3
<u>Cedar Rapids, Jefferson</u>	135	267	402	25.1

Valley Division

<u>Team</u>	<u>Off Reb</u>	<u>Def Reb</u>	<u>Tot Reb</u>	<u>Reb/G</u>
<u>Cedar Falls</u>	187	352	539	33.7
<u>Dubuque, Senior</u>	154	376	530	33.1
<u>Cedar Rapids, Kennedy</u>	190	321	511	31.9
<u>Dubuque, Hempstead</u>	169	302	471	29.4
<u>Cedar Rapids, Washington</u>	135	301	436	27.3
<u>Iowa City, City High</u>	136	297	433	27.1
<u>Prairie, Cedar Rapids</u>	84	284	368	23.0

2016-17 MVC-Varsity Boys' Basketball**Team Scoring by Quarter (QuickStats-FINAL Conf. Only)****Mississippi Division**

<u>Team</u>	<u>1st Qtr</u>	<u>2nd Qtr</u>	<u>3rd Qtr</u>	<u>4th Qtr</u>	<u>OT</u>	<u>Total</u>
<u>Iowa City, West</u>	299	311	304	285	0	1199
<u>Cedar Rapids, Jefferson</u>	226	231	273	306	5	1041
<u>Waterloo, West</u>	217	253	235	324	0	1029
<u>Linn-Mar, Marion</u>	223	257	246	252	0	978
<u>Xavier, Cedar Rapids</u>	220	211	216	269	0	916
<u>Wahlert, Dubuque</u>	0	0	0	765	129	894
<u>Waterloo, East</u>	66	78	64	145	4	357

Valley Division

<u>Team</u>	<u>1st Qtr</u>	<u>2nd Qtr</u>	<u>3rd Qtr</u>	<u>4th Qtr</u>	<u>OT</u>	<u>Total</u>
<u>Prairie, Cedar Rapids</u>	265	273	279	275	0	1092
<u>Dubuque, Hempstead</u>	234	255	282	278	6	1055
<u>Cedar Rapids, Kennedy</u>	250	240	272	249	6	1017
<u>Dubuque, Senior</u>	251	253	223	273	0	1000
<u>Cedar Falls</u>	228	257	244	239	0	968
<u>Iowa City, City High</u>	192	169	217	215	16	809
<u>Cedar Rapids, Washington</u>	163	217	186	222	5	793

2016-17 MVC-Varsity Boys' Basketball**Team Pts Scored vs Allowed (QuickStats-FINAL Conf. Only)****Mississippi Division**

<u>Team</u>	<u>Points Scored</u>	<u>Points Allowed</u>	<u>Difference</u>	<u>Diff/Game</u>
<u>Iowa City, West</u>	1199	858	341	21.3
<u>Xavier, Cedar Rapids</u>	916	904	12	0.8
<u>Cedar Rapids, Jefferson</u>	1041	1065	-24	-1.5
<u>Linn-Mar, Marion</u>	978	1006	-28	-1.8
<u>Waterloo, West</u>	1029	1119	-90	-5.6
<u>Waterloo, East</u>	357	453	-96	-6.0
<u>Wahlert, Dubuque</u>	894	1007	-113	-7.1

Valley Division

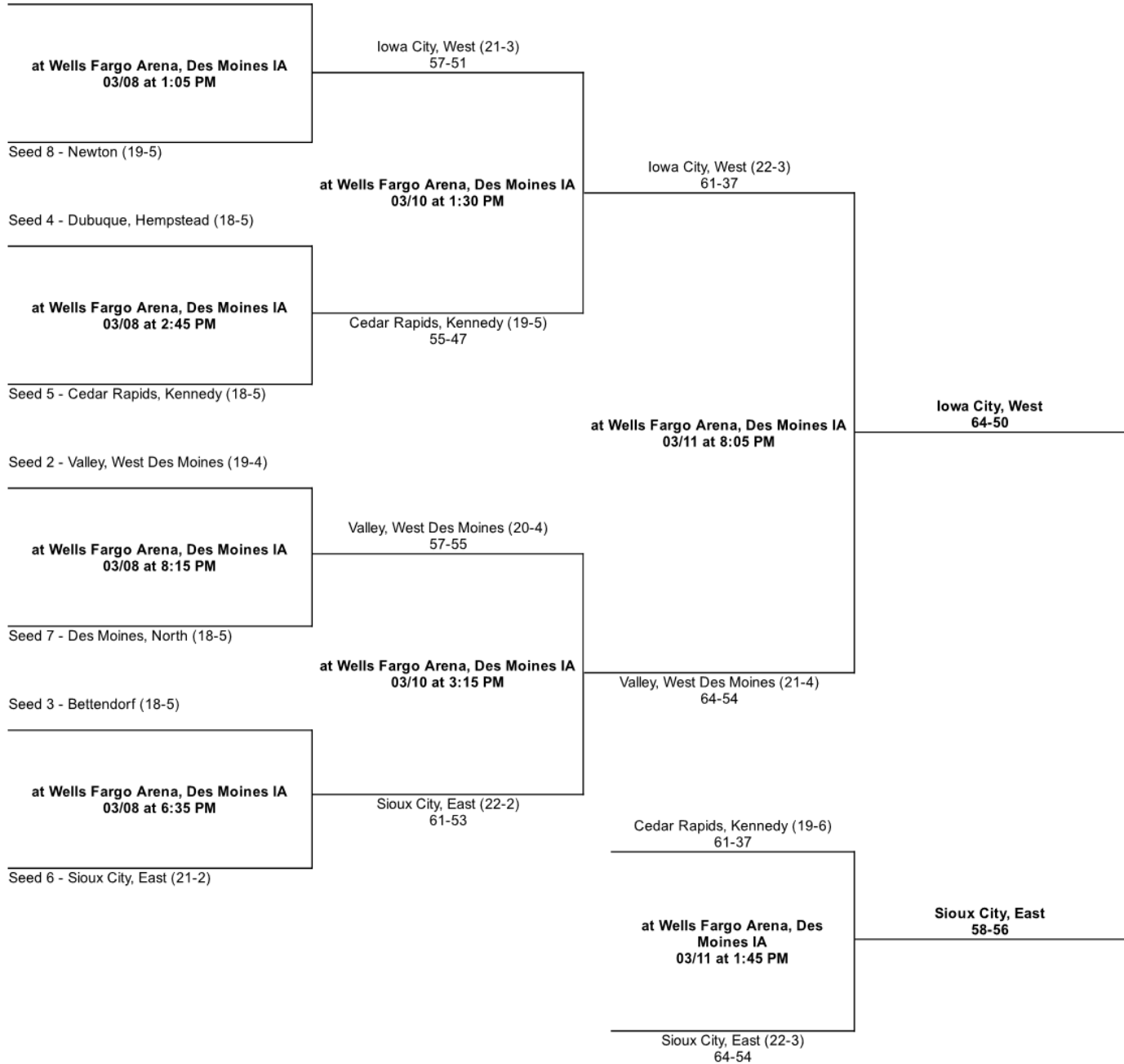
<u>Team</u>	<u>Points Scored</u>	<u>Points Allowed</u>	<u>Difference</u>	<u>Diff/Game</u>
<u>Dubuque, Senior</u>	1000	812	188	11.8
<u>Dubuque, Hempstead</u>	1055	889	166	10.4
<u>Cedar Rapids, Kennedy</u>	1017	886	131	8.2
<u>Cedar Falls</u>	968	873	95	5.9
<u>Prairie, Cedar Rapids</u>	1092	1018	74	4.6
<u>Iowa City, City High</u>	809	1078	-269	-16.8
<u>Cedar Rapids, Washington</u>	793	1120	-327	-20.4

2017 Iowa Boys High School State Basketball Tournament Results - CLASS 4A



2017 IHSAA Tournament CLASS 4A STATE BASKETBALL

Seed 1 - Iowa City, West (20-3)

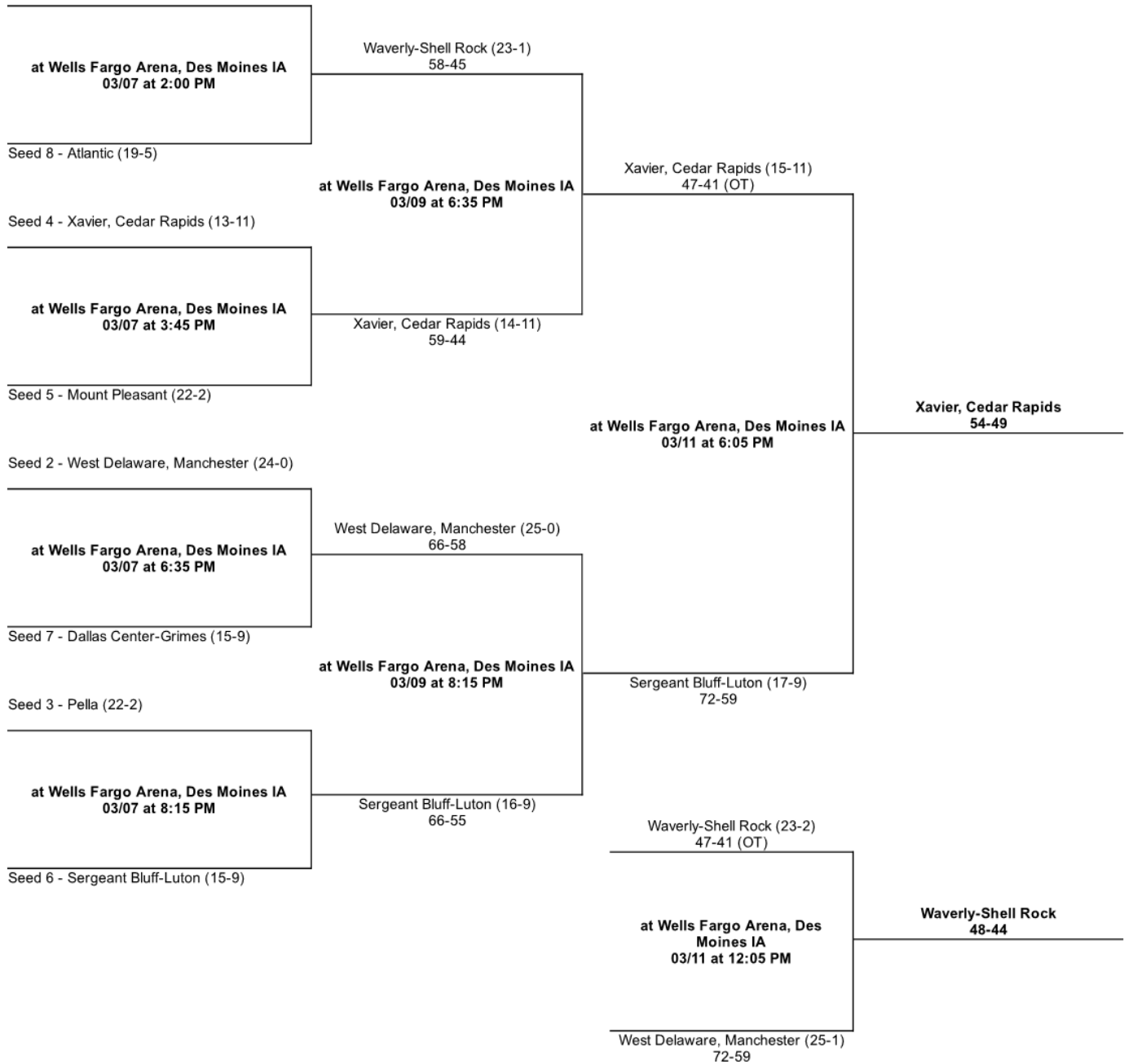


2017 Iowa Boys High School State Basketball Tournament Results - CLASS 3A



2017 IHSAA Tournament CLASS 3A STATE BASKETBALL

Seed 1 - Waverly-Shell Rock (22-1)



2016-17 Girls' Basketball



Mississippi Valley Conference**2016-17 MVC Varsity Girls' Basketball Standings (FINAL)**

<u>Team</u>	Mississippi Division			
	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Iowa City West	12	1	21	4
Cedar Rapids Xavier	10	3	18	7
Cedar Rapids Jefferson	7	6	11	11
Linn-Mar	7	6	12	11
Waterloo West	6	7	13	9
Dubuque Wahlert	2	11	4	17
Waterloo East	1	12	5	17

<u>Team</u>	Valley Division			
	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Iowa City High	12	1	22	2
Cedar Falls	12	1	23	3
Dubuque Hempstead	7	6	14	8
Cedar Rapids Prairie	7	6	9	13
Cedar Rapids Washington	4	9	8	15
Cedar Rapids Kennedy	3	10	6	17
Dubuque Senior	1	12	1	21

2016-17 MVC 10th/JV Girls' Basketball Standings (FINAL)

<u>Team</u>	Mississippi Division			
	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Cedar Rapids Xavier	9	4	12	9
Cedar Rapids Jefferson	8	5	11	9
Linn-Mar	8	5	10	10
Iowa City West	6	7	11	9
Waterloo West	2	11	5	16
Waterloo East	1	12	4	16
Dubuque Wahlert	0	13	1	19

<u>Team</u>	Valley Division			
	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Iowa City High	12	1	18	3
Dubuque Hempstead	11	2	19	2
Cedar Rapids Prairie	9	4	12	9
Cedar Rapids Kennedy	9	4	14	7
Cedar Rapids Washington	7	6	9	11
Dubuque Senior	5	8	7	10
Cedar Falls	4	9	11	10

2016-17 MVC Girls' Basketball All-Division Selections**Mississippi Division**

	<u>Gr</u>	<u>Sch</u>
Kennedy Dighton	12	CRJ
B. J. Mayer & Staff		ICW

Athlete of the Year**Coach of the Year****Valley Division**

	<u>Gr</u>	<u>Sch</u>
Ashley Joens	11	ICH
Bill McTaggart & Staff		ICH

FIRST TEAM**Mississippi Division**

	<u>Athlete</u>	<u>Hgt</u>	<u>Gr</u>	<u>Sch</u>
*	Logan Cook	6'1"	11	ICW
*	Kennedy Dighton	6'1"	12	CRJ
*	Kamryn Finley	5'9"	11	LM
	Rachael Saunders	5'8"	11	ICW
	Lexi Noonan	5'9"	12	CRX
	Tahya Campbell	5'9"	12	WW
	Kerris Roberts	5'5"	10	WE

Valley Division

	<u>Athlete</u>	<u>Hgt</u>	<u>Gr</u>	<u>Sch</u>
*	Ashley Joens	5'11"	11	ICH
*	Kiana Barney	6'1"	11	CF
*	Megan Gronau	6'4"	12	DH
*	Hailey Dolphin	5'7"	11	CRK
	Kenya Earl	5'11"	12	ICH
	Sarah Schmitt	5'7"	10	CRP
	Cynthia Wolf	6'3"	11	CF

*** - Unanimous Selection*****SECOND TEAM*****Mississippi Division**

	<u>Athlete</u>	<u>Hgt</u>	<u>Gr</u>	<u>Sch</u>
	Carly Spies	6'2"	11	LM
	Maddie Huinker	5'7"	12	ICW
	Kylie Brown	5'10"	12	CRX
	Erica Oler	6'1"	11	CRJ
	Aliyah Robinson	5'5"	12	WW
	Na'Tracia Ceasar	5'10"	10	WW
	Krystal Tranel	5'7"	11	DW

Valley Division

	<u>Athlete</u>	<u>Hgt</u>	<u>Gr</u>	<u>Sch</u>
	Rose Nkumu	5'7"	9	ICH
	Aubrey Joens	5'8"	9	ICH
	Ally Conrad	5'9"	12	CF
	Morgan Krug	5'8"	11	DH
	Sidney McCrea	5'9"	9	CRP
	Auddie Alepra	6'0"	10	CRK
	Jayla Johnson	5'9"	11	CRW

HONORABLE MENTION**Mississippi Division**

	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
	Avery Guy	12	CRJ
	Kylie Wise	12	CRJ
	Amelia Ivester	11	CRX
	Caitlynn Daniels	9	CRX
	Anna Herrig	11	DW
	Claire Ott	12	DW
	Emma Koch	10	ICW
	Lauren Zacharias	10	ICW
	Lexi Frese	12	LM
	Ally Johnson	11	LM
	Amanee Clark	10	WE
	Tamia Sisk	12	WE
	Lauren Conrey	9	WW
	Tae'Anna Phillips	12	WW

Valley Division

	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
	Emerson Green	9	CF
	Calli Johnson	12	CF
	Olivia Hellweg	11	CRK
	Ashley Vis	10	CRK
	Mallory McDermott	9	CRP
	Jenna Wagemester	11	CRP
	Sammy Mia	10	CRW
	Caitlin Riley	10	CRW
	Madison Fleckenstein	10	DH
	Morgan Kluesner	12	DH
	Sachi Biehl	11	DS
	Alli Udelhofen	10	DS
	Sydney Schroder	12	ICH
	Christina Hora	11	ICH

2016-17 MVC Girls' Basketball All-Division Selections**ALL-ACADEMIC****Mississippi Division**

<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
Emily Oler	12	CRJ
Kylie Wise	12	CRJ
Lexi Noonan	12	CRX
Jessica Callahan	12	CRX
Vanessa Hocking	12	DW
Claire Ott	12	DW
Maddie Huinker	12	ICW
Ali Tauchen	12	ICW
Lexi Frese	12	LM
Haley Chmelicek	12	LM
NA		WE
NA		WE
Tahya Campbell	12	WW
Mackenzie Wehr	12	WW

Valley Division

<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
Hannah Bermel	12	CF
Taylor Becker	12	CF
Margaret Gallagher	12	CRK
Hailey Dolphin	11	CRK
Lauren Kuch	12	CRP
Maggie Lampe	12	CRP
Grace Carey	12	CRW
Brittany Hoeger	12	CRW
Holly Bitter	12	DH
Morgan Kluesner	12	DH
Josie Mills	12	DS
Kailani Biehl	12	DS
Sydney Schroder	12	ICH
Mikayla Lacey	12	ICH

2016-17 MVC-Varsity Girls' Basketball
Team Scoring (QuickStats-FINAL Conf. Only)

Mississippi Division

<u>Team</u>	<u>Record</u>	<u>FG Att</u>	<u>FG</u> <u>Made</u>	<u>FG %</u>	<u>3 pt</u> <u>Att</u>	<u>3 pt</u> <u>Made</u>	<u>3 pt %</u>	<u>FT Att</u>	<u>FT</u> <u>Made</u>	<u>FT %</u>	<u>Pts</u>	<u>Pts/G</u>
Iowa City, West	12-1	710	314	44.2	215	69	32.1	192	146	76.0	843	64.8
Xavier, Cedar Rapids	10-3	586	273	46.6	128	44	34.4	129	76	58.9	666	51.2
Cedar Rapids, Jefferson	7-6	563	261	46.4	193	81	42.0	188	112	59.6	715	55.0
Linn-Mar, Marion	7-6	561	217	38.7	248	76	30.6	197	134	68.0	644	49.5
Waterloo, West	6-7	636	226	35.5	250	76	30.4	223	155	69.5	683	52.5
Wahlert, Dubuque	2-11	645	192	29.8	177	44	24.9	135	95	70.4	523	40.2
Waterloo, East	1-12	750	192	25.6	176	31	17.6	224	122	54.5	537	41.3

Valley Division

<u>Team</u>	<u>Record</u>	<u>FG Att</u>	<u>FG</u> <u>Made</u>	<u>FG %</u>	<u>3 pt</u> <u>Att</u>	<u>3 pt</u> <u>Made</u>	<u>3 pt %</u>	<u>FT Att</u>	<u>FT</u> <u>Made</u>	<u>FT %</u>	<u>Pts</u>	<u>Pts/G</u>
Cedar Falls	12-1	634	284	44.8	234	74	31.6	196	132	67.3	774	59.5
Iowa City, City High	12-1	711	324	45.6	243	79	32.5	244	184	75.4	911	70.1
Dubuque, Hempstead	7-6	597	263	44.1	219	77	35.2	200	144	72.0	747	57.5
Prairie, Cedar Rapids	7-6	712	258	36.2	157	48	30.6	250	163	65.2	727	55.9
Cedar Rapids, Washington	4-9	757	274	36.2	248	82	33.1	226	133	58.8	763	58.7
Cedar Rapids, Kennedy	3-10	599	223	37.2	204	68	33.3	182	112	61.5	626	48.2
Dubuque, Senior	1-12	575	181	31.5	162	36	22.2	211	104	49.3	502	38.6

2016-17 MVC-Varsity Girls' Basketball***Assists/Steals/Blocks/TurnOvers (QuickStats-FINAL Conf. Only)******Mississippi Division***

<u>Team</u>	<u>Assists</u>	<u>Steals</u>	<u>Blocks</u>	<u>Turn Overs</u>
<u>Iowa City, West</u>	182	156	44	196
<u>Cedar Rapids, Jefferson</u>	175	79	47	195
<u>Xavier, Cedar Rapids</u>	169	78	48	180
<u>Waterloo, West</u>	145	147	22	199
<u>Linn-Mar, Marion</u>	141	87	44	163
<u>Wahlert, Dubuque</u>	129	97	16	234
<u>Waterloo, East</u>	112	120	52	230

Valley Division

<u>Team</u>	<u>Assists</u>	<u>Steals</u>	<u>Blocks</u>	<u>Turn Overs</u>
<u>Cedar Falls</u>	215	102	85	184
<u>Dubuque, Hempstead</u>	183	100	36	205
<u>Iowa City, City High</u>	159	150	37	156
<u>Cedar Rapids, Washington</u>	151	225	41	235
<u>Cedar Rapids, Kennedy</u>	141	112	19	186
<u>Dubuque, Senior</u>	106	83	36	269
<u>Prairie, Cedar Rapids</u>	105	96	7	167

2016-17 MVC-Varsity Girls' Basketball
Rebounds (QuickStats-FINAL Conf. Only)

Mississippi Division

<u>Team</u>	<u>Off Reb</u>	<u>Def Reb</u>	<u>Tot Reb</u>	<u>Reb/G</u>
<u>Iowa City, West</u>	184	273	457	35.2
<u>Cedar Rapids, Jefferson</u>	86	291	377	29.0
<u>Xavier, Cedar Rapids</u>	85	277	362	27.8
<u>Waterloo, West</u>	133	214	347	26.7
<u>Waterloo, East</u>	134	200	334	25.7
<u>Linn-Mar, Marion</u>	89	241	330	25.4
<u>Wahlert, Dubuque</u>	95	210	305	23.5

Valley Division

<u>Team</u>	<u>Off Reb</u>	<u>Def Reb</u>	<u>Tot Reb</u>	<u>Reb/G</u>
<u>Cedar Falls</u>	143	321	464	35.7
<u>Iowa City, City High</u>	150	253	403	31.0
<u>Dubuque, Hempstead</u>	113	263	376	28.9
<u>Cedar Rapids, Washington</u>	124	241	365	28.1
<u>Dubuque, Senior</u>	118	230	348	26.8
<u>Prairie, Cedar Rapids</u>	117	222	339	26.1
<u>Cedar Rapids, Kennedy</u>	85	207	292	22.5

2016-17 MVC-Varsity Girls' Basketball
Scoring by Quarter (QuickStats-FINAL Conf. Only)

Mississippi Division

<u>Team</u>	<u>1st Qtr</u>	<u>2nd Qtr</u>	<u>3rd Qtr</u>	<u>4th Qtr</u>	<u>OT</u>	<u>Total</u>
<u>Iowa City, West</u>	227	219	193	204	0	843
<u>Cedar Rapids, Jefferson</u>	187	161	197	170	0	715
<u>Waterloo, West</u>	146	207	179	147	4	683
<u>Xavier, Cedar Rapids</u>	173	160	173	165	0	671
<u>Linn-Mar, Marion</u>	155	145	145	199	0	644
<u>Waterloo, East</u>	111	134	126	166	0	537
<u>Wahlert, Dubuque</u>	126	121	149	127	0	523

Valley Division

<u>Team</u>	<u>1st Qtr</u>	<u>2nd Qtr</u>	<u>3rd Qtr</u>	<u>4th Qtr</u>	<u>OT</u>	<u>Total</u>
<u>Iowa City, City High</u>	260	237	241	173	0	911
<u>Cedar Falls</u>	218	188	198	170	0	774
<u>Cedar Rapids, Washington</u>	165	231	186	181	0	763
<u>Dubuque, Hempstead</u>	213	178	175	170	11	747
<u>Prairie, Cedar Rapids</u>	162	188	196	181	0	727
<u>Cedar Rapids, Kennedy</u>	142	176	147	161	0	626
<u>Dubuque, Senior</u>	88	137	136	141	0	502

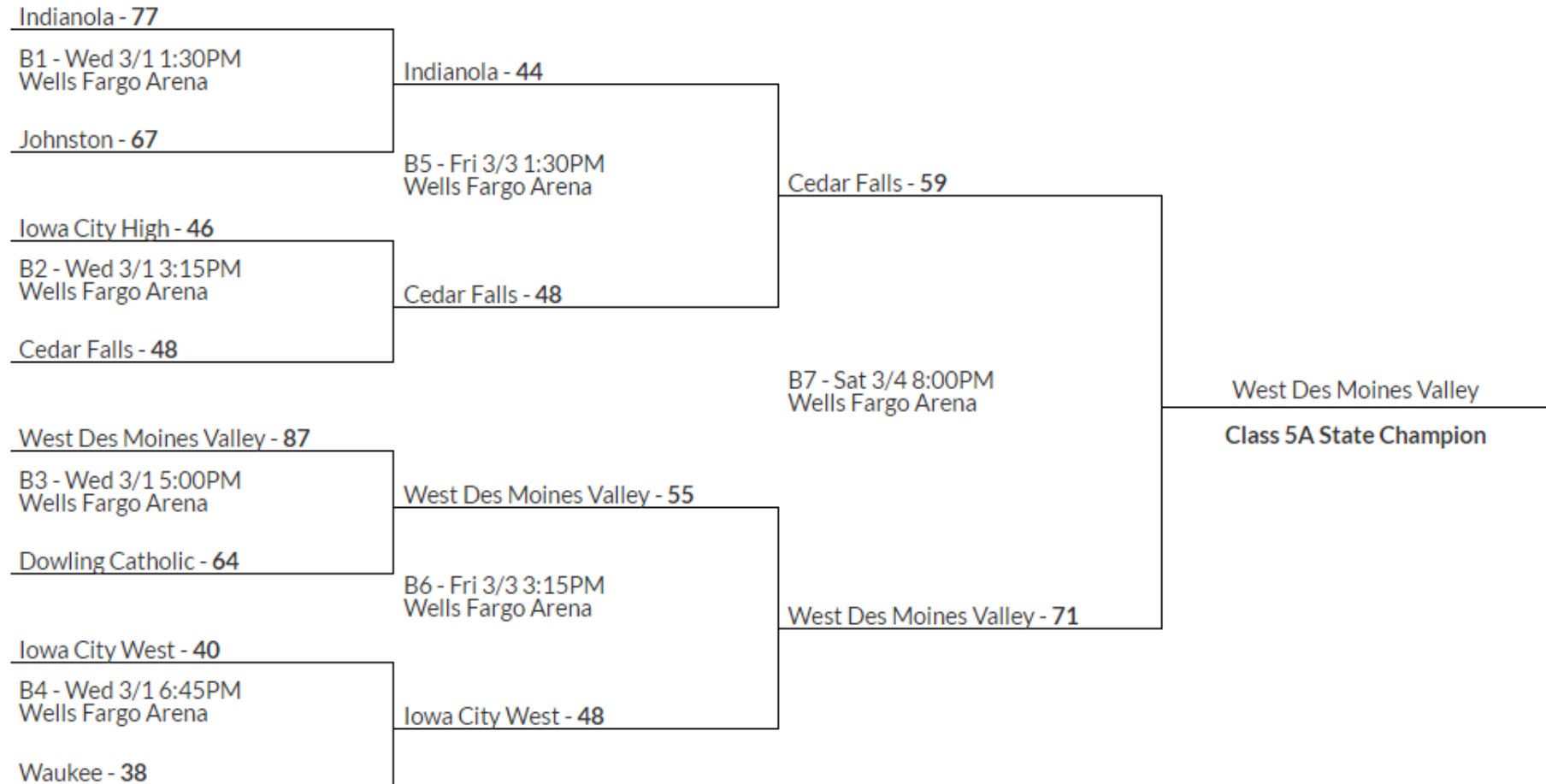
2016-17 MVC-Varsity Girls' Basketball***Pts Scored vs Allowed (QuickStats-FINAL Conf. Only)******Mississippi Division***

<u>Team</u>	<u>Points Scored</u>	<u>Points Allowed</u>	<u>Diff.</u>	<u>Diff/Game</u>
<u>Iowa City, West</u>	843	553	290	22.3
<u>Xavier, Cedar Rapids</u>	671	521	150	11.5
<u>Cedar Rapids, Jefferson</u>	715	623	92	7.1
<u>Linn-Mar, Marion</u>	644	631	13	1.0
<u>Waterloo, West</u>	683	691	-8	-0.6
<u>Wahlert, Dubuque</u>	523	842	-319	-24.5
<u>Waterloo, East</u>	537	872	-335	-25.8

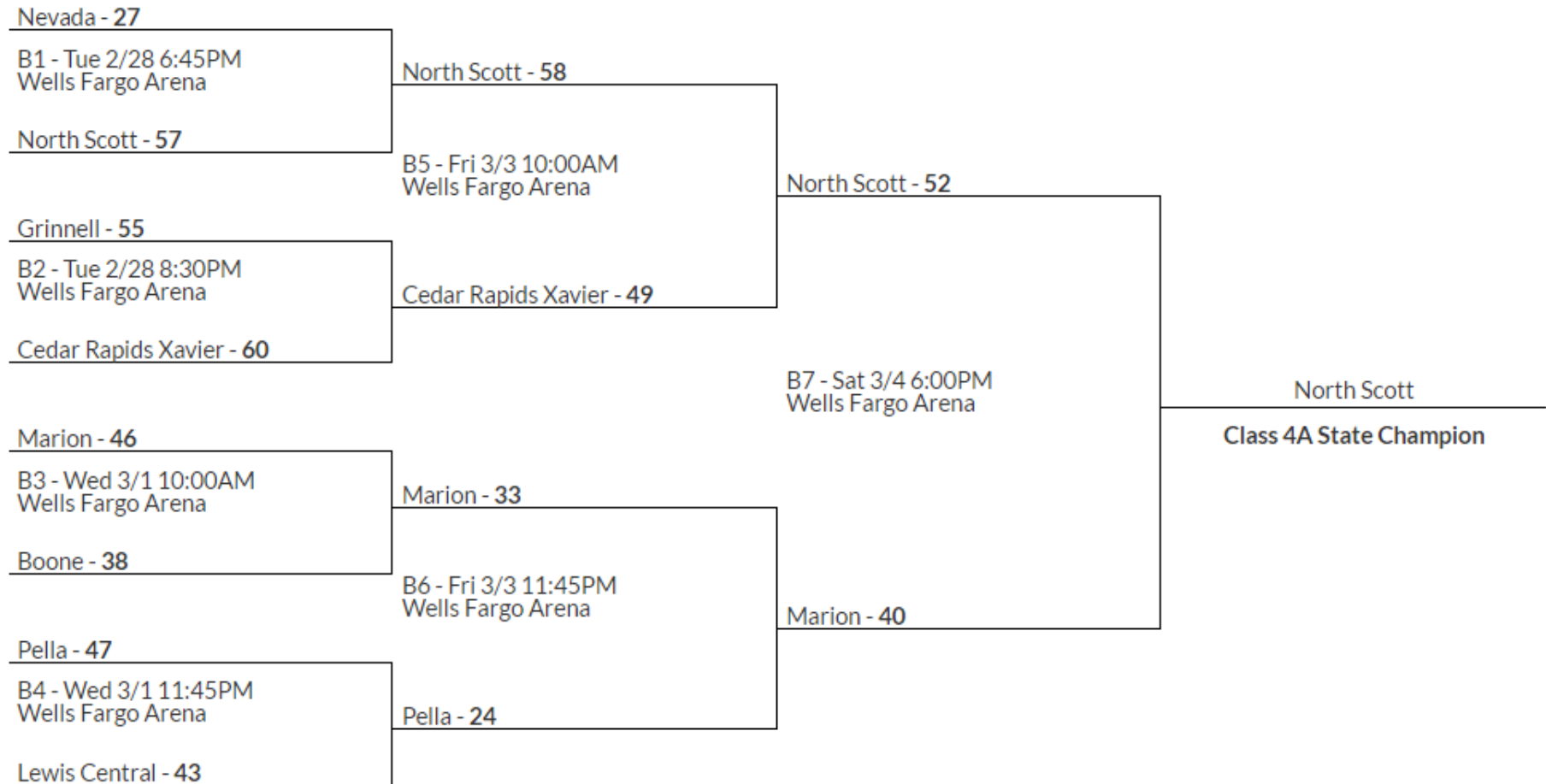
Valley Division

<u>Team</u>	<u>Points Scored</u>	<u>Points Allowed</u>	<u>Diff.</u>	<u>Diff/Game</u>
<u>Iowa City, City High</u>	911	588	323	24.8
<u>Cedar Falls</u>	774	587	187	14.4
<u>Prairie, Cedar Rapids</u>	727	647	80	6.2
<u>Dubuque, Hempstead</u>	747	690	57	4.4
<u>Cedar Rapids, Kennedy</u>	626	711	-85	-6.5
<u>Cedar Rapids, Washington</u>	763	858	-95	-7.3
<u>Dubuque, Senior</u>	502	852	-350	-26.9

2017 Iowa Girls High School State Basketball Tournament Results - **CLASS 5A**



2017 Iowa Girls High School State Basketball Tournament Results - **CLASS 4A**



2016-17 Wrestling



Mississippi Valley Conference**2016-17 MVC Varsity Wrestling Standings (FINAL)****Mississippi Division**

Team	Division		Overall	
	W	L	W	L
Linn-Mar	6	0	18	8
Iowa City West	5	1	12	10
Cedar Rapids Jefferson	4	2	6	4
Dubuque Wahlert	3	3	14	8
Waterloo East	2	4	11	12
Waterloo West	1	5	4	19
Cedar Rapids Xavier	0	6	2	22

Valley Division

Team	Division		Overall	
	W	L	W	L
Cedar Rapids Prairie	6	0	16	5
Dubuque Hempstead	5	1	20	5
Iowa City High	4	2	19	6
Cedar Rapids Kennedy	3	3	7	4
Cedar Falls	2	4	12	13
Cedar Rapids Washington	1	5	6	10
Dubuque Senior	0	6	1	9

2016-17 MVC JV Wrestling Standings (FINAL)**Mississippi Division**

Team	Division		Overall	
	W	L	W	L
Linn-Mar	6	0	8	2
Cedar Rapids Jefferson	5	1	17	3
Iowa City West	4	2	7	5
Dubuque Wahlert	3	3	3	8
Cedar Rapids Xavier	2	4	3	8
Waterloo West	1	5	1	9
Waterloo East	0	6	0	10

Valley Division

Team	Division		Overall	
	W	L	W	L
Dubuque Hempstead	5	1	9	2
Iowa City High	5	1	10	3
Cedar Rapids Prairie	4	2	11	5
Cedar Falls	4	2	7	3
Cedar Rapids Kennedy	2	4	5	10
Cedar Rapids Washington	1	5	3	7
Dubuque Senior	0	6	3	7

2017 MVC Wrestling Tournaments - Team Results -**2017 MVC Varsity Wrestling Tournament****- Waterloo West -**

<u>Place</u>	<u>School</u>	<u>Points</u>
1st	Cedar Rapids Prairie	224.5
2nd	Iowa City City High	188.0
3rd	Dubuque Hempstead	176.5
4th	Iowa City West	146.0
5th	Cedar Rapids Xavier	128.0
6th	Cedar Rapids Kennedy	123.0
7th	Linn-Mar	112.0
8th	Cedar Falls	110.0
9th	Dubuque Wahlert	102.0
10th	Waterloo East	101.5
11th	Cedar Rapids Jefferson	94.5
12th	Cedar Rapids Washington	71.0
12th	Waterloo West	71.0
14th	Dubuque Senior	70.0

2017 MVC 9th/10th Wrestling Tournament**- Linn-Mar -**

<u>Place</u>	<u>School</u>	<u>Points</u>
1st	Cedar Rapids Jefferson	165.0
2nd	Iowa City City	127.0
3rd	Linn-Mar	121.0
4th	Cedar Falls	117.0
5th	Dubuque Hempstead	89.0
6th	Cedar Rapids Kennedy	88.5
7th	Cedar Rapids Washington	72.0
8th	Cedar Rapids Prairie	59.0
9th	Iowa City West	57.0
10th	Cedar Rapids Xavier	49.0
11th	Dubuque Senior	40.0
12th	Waterloo East	38.5
13th	Waterloo West	31.0
14th	Dubuque Wahlert	29.0

2017 MVC Wrestling Tournaments - Individual Results -**2017 MVC Varsity Wrestling Tournament****- Waterloo West -****106 Results**

- 1st Place - Conrad Braswell of Prairie, Cedar Rapids
- 2nd Place - Dillon Gottschalk of Dubuque Hempstead
- 3rd Place - Hans Vonrabenu of Iowa City West
- 4th Place - Ethan Wood-finley of Iowa City City High
- 5th Place - Cole Kraklio of Linn-Mar
- 6th Place - Teme Larson of Waterloo West
- 7th Place - Dylan Digman of Wahlert, Dubuque

113 Results

- 1st Place - Jakey Penrith of Cedar Falls
- 2nd Place - Johnny Washburn of Prairie, Cedar Rapids
- 3rd Place - Hunter Foht of Dubuque Hempstead
- 4th Place - Brayden Good of Waterloo East
- 5th Place - Keaton Speicher of Iowa City West
- 6th Place - Isaac Cretsinger of Dubuque Senior
- 7th Place - Aden Abram of Cedar Rapids Washington
- 8th Place - Gabe Long of Cedar Rapids Kennedy

120 Results

- 1st Place - Joe Pins of Dubuque Hempstead
- 2nd Place - Cam Shaver of Cedar Rapids Kennedy
- 3rd Place - Keegan Schultschik of Xavier, Cedar Rapids
- 4th Place - Alex Aguirre of Iowa City West
- 5th Place - Christian Simpson of Cedar Falls
- 6th Place - Ted Zangerle of Prairie, Cedar Rapids
- 7th Place - Jack Nauman of Linn-Mar
- 8th Place - Ryan Ceynar of Iowa City City High

126 Results

- 1st Place - Will Foreman of Cedar Rapids Washington
- 2nd Place - Lance Bormann of Iowa City City High
- 3rd Place - Patrick Chambers of Xavier, Cedar Rapids
- 4th Place - Dylan Falck of Cedar Rapids Kennedy
- 5th Place - Lucas Harmening of Prairie, Cedar Rapids
- 6th Place - Zach Youngwirth of Linn-Mar
- 7th Place - Hunter Davis of Iowa City West
- 8th Place - Anthony Chiattello of Cedar Falls

2017 MVC Wrestling Tournaments - Individual Results -**2017 MVC Varsity Wrestling Tournament****- Waterloo West -****132 Results**

- 1st Place - Trenten Wennermark of Prairie, Cedar Rapids
- 2nd Place - Joey Harney of Iowa City City High
- 3rd Place - Zach Main of Cedar Rapids Jefferson
- 4th Place - Alex Richard of Dubuque Senior
- 5th Place - Gabe Penrith of Cedar Falls
- 6th Place - C.j. Lange of Wahlert, Dubuque
- 7th Place - Jacob Faber of Dubuque Hempstead
- 8th Place - Antonio Rodriguez of Waterloo East

138 Results

- 1st Place - Matt Connolly of Dubuque Senior
- 2nd Place - Brock Weidenbacher of Cedar Falls
- 3rd Place - Nathan Feldman of Dubuque Hempstead
- 4th Place - Cameron Happel of Waterloo West
- 5th Place - Casey Hogan of Prairie, Cedar Rapids
- 6th Place - Jack Anson of Iowa City City High
- 7th Place - Drury Clayton of Xavier, Cedar Rapids
- 8th Place - Logan Dulin of Linn-Mar

145 Results

- 1st Place - Josh Gerke of Xavier, Cedar Rapids
- 2nd Place - Chase St. John of Prairie, Cedar Rapids
- 3rd Place - Alex Kooker of Iowa City City High
- 4th Place - Joventay Burris of Waterloo West
- 5th Place - Logan Sears of Cedar Rapids Washington
- 6th Place - Shaedyn Lane of Wahlert, Dubuque
- 7th Place - Ryan Valenzuela of Waterloo East
- 8th Place - Tyreese Smith of Cedar Rapids Jefferson

152 Results

- 1st Place - Nelson Brands of Iowa City West
- 2nd Place - Alex Ward of Dubuque Hempstead
- 3rd Place - Jacob Wempen of Linn-Mar
- 4th Place - Mike Jasa of Prairie, Cedar Rapids
- 5th Place - Dustin Anderson of Cedar Rapids Jefferson
- 6th Place - Wilfred Kadohou of Iowa City City High
- 7th Place - Garrett Ries of Xavier, Cedar Rapids
- 8th Place - Nathan Nielson of Waterloo East

2017 MVC Wrestling Tournaments - Individual Results -**2017 MVC Varsity Wrestling Tournament****- Waterloo West -****160 Results**

- 1st Place - Matt Culver of Cedar Rapids Jefferson
- 2nd Place - Carter Rohweder of Iowa City West
- 3rd Place - Kolton Bartow of Wahlert, Dubuque
- 4th Place - Alex Streicher of Linn-Mar
- 5th Place - Tyger Whitters of Prairie, Cedar Rapids
- 6th Place - Kyle Hefley of Iowa City City High
- 7th Place - Tanner Doyle of Cedar Falls
- 8th Place - Jackson Rigdon of Dubuque Hempstead

170 Results

- 1st Place - Ben Sarasin of Cedar Rapids Kennedy
- 2nd Place - Tavian Rashed of Cedar Rapids Jefferson
- 3rd Place - Bryce Pilcher of Cedar Falls
- 4th Place - Ashton Stumpf of Iowa City West
- 5th Place - Tyonchi Johnson of Cedar Rapids Washington
- 6th Place - Kent Kragenbrink of Dubuque Hempstead
- 7th Place - Ashton Stoner-degroot of Prairie, Cedar Rapids
- 8th Place - Zach Kemp of Wahlert, Dubuque

182 Results

- 1st Place - Tyrell Gordon of Waterloo East
- 2nd Place - Garrett Kubovec of Cedar Rapids Kennedy
- 3rd Place - Brock Hunger of Iowa City City High
- 4th Place - Boone Mcdermott of Wahlert, Dubuque
- 5th Place - Preston Lagrange of Prairie, Cedar Rapids
- 6th Place - Tanner Schultz of Linn-Mar
- 7th Place - Tyler Yoerger of Iowa City West
- 8th Place - Braxton Bolden of Cedar Rapids Jefferson

195 Results

- 1st Place - Jacob Dykes of Iowa City City High
- 2nd Place - Brayden Schultz of Linn-Mar
- 3rd Place - Sam Pape of Cedar Rapids Kennedy
- 4th Place - Declan Duffy of Wahlert, Dubuque
- 5th Place - Erik Rodriguez of Xavier, Cedar Rapids
- 6th Place - Stuart Boston of Prairie, Cedar Rapids
- 7th Place - Eric Gleiter of Waterloo East
- 8th Place - Owen Dunne of Dubuque Hempstead

2017 MVC Wrestling Tournaments - Individual Results -
2017 MVC Varsity Wrestling Tournament
- Waterloo West -
220 Results

1st Place - Sam Gerst of Waterloo West

2nd Place - Jordain Buckland of Iowa City City High

3rd Place - Dylan Olson of Dubuque Hempstead

4th Place - Payne Johnson of Waterloo East

5th Place - Isaiah Garman of Linn-Mar

6th Place - Guy Snow of Iowa City West

7th Place - Alex Heisdorffer of Prairie, Cedar Rapids

8th Place - Alex Francois of Xavier, Cedar Rapids

285 Results

1st Place - Blake Bradley of Wahlert, Dubuque

2nd Place - Omar Begic of Waterloo East

3rd Place - Tommy Pudil of Xavier, Cedar Rapids

4th Place - Jack Roussel of Dubuque Hempstead

5th Place - Chance Halfhill of Prairie, Cedar Rapids

6th Place - Josh Vis of Cedar Rapids Kennedy

7th Place - Mitch Demmer of Dubuque Senior

8th Place - Jacob Murry of Iowa City City High

2016-17 MVC Wrestling All-Division Selections

Coach of the Year

Doug Streicher & Staff

LM

||

Kane Thompson & Staff

CRP

Matt Orton & Staff

CRJ

||

Athlete of the Year

Nelson Brands

11

ICW

||

Ben Sarasin

11

CRK

Matt Culver

12

CRJ

||

Mississippi Division

||

Valley DivisionFIRST TEAM

<u>Wgt</u>	<u>Name</u>	<u>Rec</u>	<u>Gr</u>	<u>Sch</u>		<u>Wgt</u>	<u>Name</u>	<u>Rec</u>	<u>Gr</u>	<u>Sch</u>
106	Hans VonRabenau	19-6	11	ICW		106	Conrad Braswell	22-5	10	CRP
113	Brayden Good	15-13	11	WE		113	Jakey Penrith	26-10	10	CF
120	Keegan Schultschik	27-16	11	CRX		120	Joe Pins	32-1	10	DH
126	Patrick Chambers	27-16	10	CRX		126	Will Foreman	28-1	11	CRW
132	Zach Main	16-8	12	CRJ		132	Trenten Wennermark	31-8	11	CRP
138	Cameren Happel	17-5	12	WW		138	Nathan Feldman	29-5	12	DH
						138	Matt Connolly	25-5	11	DS
						138	Brock Weidenbacher	13-11	12	CF
						138	Chris Karamitros	17-2	11	CRW
145	Josh Gerke	36-2	12	CRX		145	Chase St. John	22-10	12	CRP
152	Nelson Brands	47-1	11	ICW		152	Alex Ward	29-2	11	DH
160	Matt Culver	28-4	12	CRJ		160	Tyger Whitters	32-10	12	CRP
160	Carter Rohweder	39-7	12	ICW						
170	Ashton Stumpf	30-18	11	ICW		170	Ben Sarasin	27-1	11	CRK
182	Tavian Rashed	24-2	12	CRJ		182	Garrett Kubovec	28-4	12	CRK
195	Brayden Schultz	31-8	12	LM		195	Jacob Dykes	39-0	11	ICH
220	Sam Gerst	25-5	12	WW		220	Jordain Buckland	24-2	12	ICH
						220	Dylan Olson	30-3	11	DH
285	Blake Bradley	24-6	11	DW		285	Jack Roussel	25-9	12	DH
285	Omar Begic	35-3	12	WE						

Mississippi Division

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Valley DivisionSECOND TEAM

<u>Wgt</u>	<u>Name</u>	<u>Rec</u>	<u>Gr</u>	<u>Sch</u>		<u>Wgt</u>	<u>Name</u>	<u>Rec</u>	<u>Gr</u>	<u>Sch</u>
106	Cole Kraklio	26-18	11	LM		106	Dillon Gottschalk	30-3	11	DH
113	Keaton Speicher	25-20	10	ICW		113	Johnny Washburn	30-13	9	CRP
120	Alex Aguirre	21-16	12	ICW		120	Cam Shaver	27-11	11	CRK
126	Zach Youngwirth	24-19	12	LM		126	Lance Bormann	29-12	11	ICH
132	CJ Lange	22-16	11	DW		132	Alex Richard	23-5	11	DS
						132	Joey Harney	36-9	11	ICH
138	Antonio Pagel	10-10	10	CRJ		138				
145	Jovontay Burris	25-10	12	WW		145	Alex Kooker	27-14	12	ICH
152	Jacob Wempfen	38-5	10	LM		152	Mike Jasa	28-15	11	CRP
160						160	Kyle Hefley	31-12	10	ICH
170	Zach Kemp	22-13	11	DW		170	Bryce Pilcher	34-6	12	CF
182	Tyrell Gordon	38-3	11	WE		182	Brock Hunger	33-7	12	ICH
						182	Preston LaGrange	31-8	12	CRP
195	Declan Duffy	23-8	11	DW		195	Sam Pape	25-11	12	CRK
220	Payne Johnson	24-10	12	WE		220				
285						285	Mitch Demmer	18-9	12	DS

2016-17 MVC Wrestling All-Division Selections**Mississippi Division**

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Valley Division**HONORABLE MENTION**

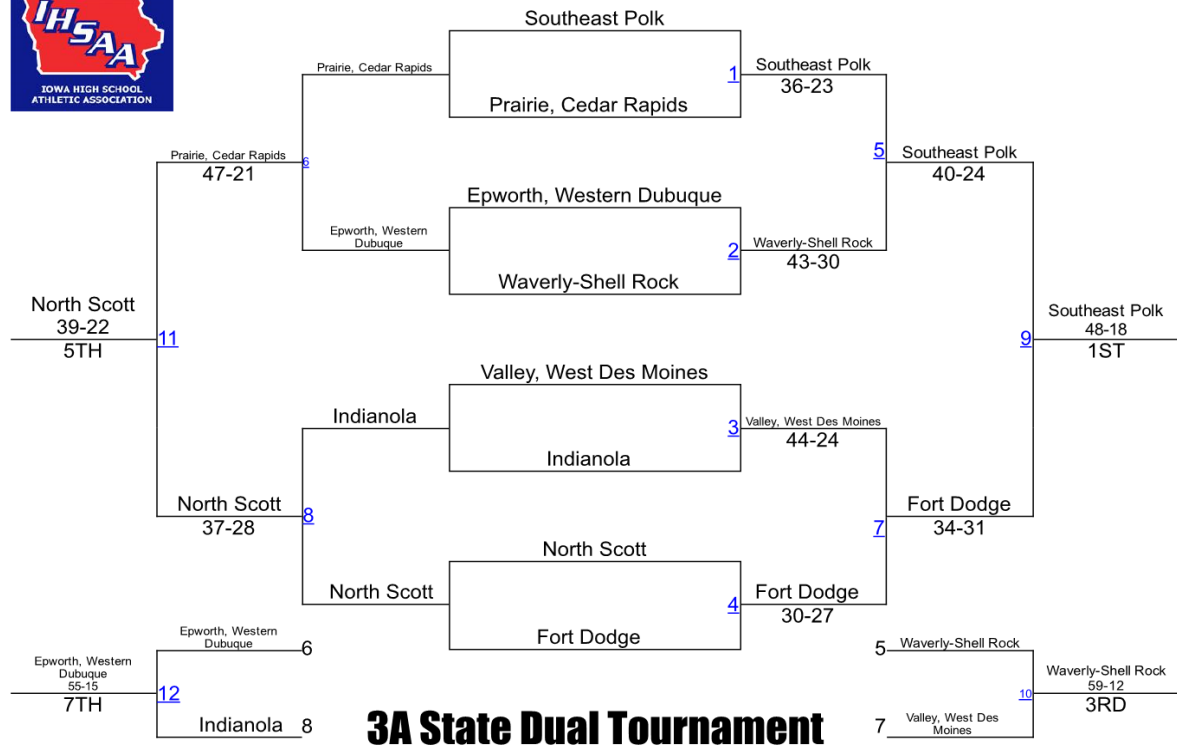
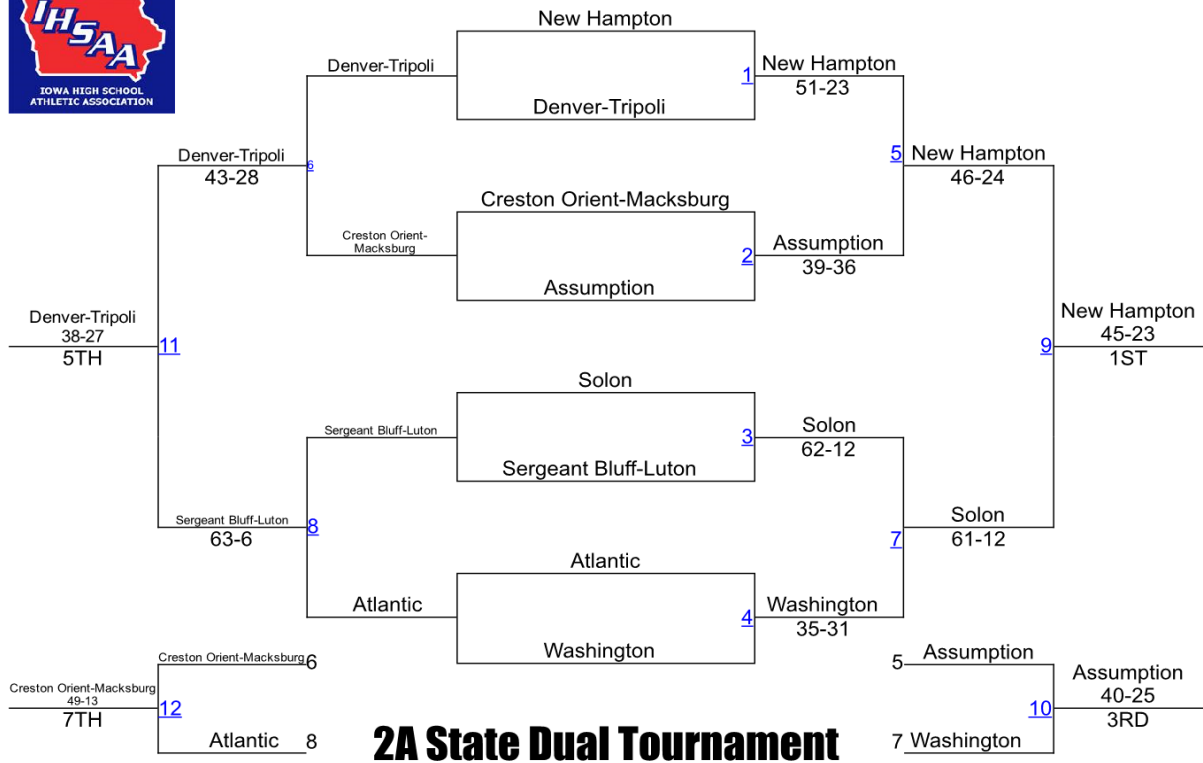
<u>Wgt</u>	<u>Name</u>	<u>Rec</u>	<u>Gr</u>	<u>Sch</u>		<u>Wgt</u>	<u>Name</u>	<u>Rec</u>	<u>Gr</u>	<u>Sch</u>
106	Chryshaun Taylor	17-15	10	WE		106	Ethan Wood-Finley	27-16	9	ICH
113	Dakota Tatro	7-Mar	9	CRJ		113	Hunter Foht	16-6	11	DH
120	Jack Nauman	30-15	11	LM		120	Christian Simpson	25-14	10	CF
126	Hunter Davis	18-27	11	ICW		126	Dylan Falck	16-11	9	CRK
132	Antonio Rodriguez	16-28	11	WE		132				
138	Bryce Anstoetter	10-18	9	DW		138				
145	Shaedyn Lane	8-8	10	DW		145	Logan Sears	20-20	12	CRW
152	Grant Oberfoell	13-4	12	DW		152	Dakota Southworth	14-16	10	CF
160	Kolton Bartow	24-8	11	DW		160	Tanner Doyle	28-14	11	CF
170	Jacob Sherzer	14-11	11	CRJ		170	Ashton Stoner-DeGroot	28-15	9	CRP
182	Boone McDermott	27-5	11	DW		182				
195	Eric Gleiter	29-9	12	WE		195	Stuart Boston	16-14	12	CRP
220	Isaiah Garman	29-12	11	LM		220				
285	Tommy Pudil	28-14	12	CRX		285	Chance Halfhill	14-10	12	CRP

Mississippi Division

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Valley Division**ALL-ACADEMIC**

<u>Name</u>	<u>Gr</u>	<u>Sch</u>		<u>Name</u>	<u>Gr</u>	<u>Sch</u>
Matt Culver	12	CRJ		Gabe Penrith	12	CF
Tavian Rashed	12	CRJ		Bryce Pilcher	12	CF
Erik Rodriguez	12	CRX		Colton Curfman	12	CRK
Alex Francois	12	CRX		Sam Pape	12	CRK
Alex Fischer	12	DW		Alex Heisdorffer	12	CRP
Grant Oberfoell	12	DW		Stuart Boston	12	CRP
Carter Rohweder	12	ICW		Jared Scherrman	11	CRW
Tyler Yoerger	12	ICW		Tyonchi Johnson	11	CRW
Alex Streicher	12	LM		Jack Roussel	12	DH
Zach Youngwirth	12	LM		Jacob Faber	12	DH
Eric Gleiter	12	WE		Will Wehrspann	12	DS
Brayden Good	11	WE		Matt Connolly	11	DS
Jacob Mc Knight	12	WW		Alex Kooker	12	ICH
Dylan Meyer	12	WW		Bryan Berg	12	ICH

2017 IHSAA State Wrestling - Duals**Class 3A****Class 2A**

2017 IHSA State Wrestling - Individuals

Class 3A

<u>Place</u>	<u>School</u>	<u>Pts</u>	<u>Place</u>	<u>School</u>	<u>Pts</u>
1	Southeast Polk	158.5	30	Marion	21.0
2	Fort Dodge	123.5	31	Clinton	20.0
3	West Des Moines Valley	112.0	32	Cedar Rapids Xavier	19.0
4	Epworth, Western Dubuque	97.0	32	Waterloo East	19.0
5	Indianola	72.0	34	Bettendorf	18.5
6	Glenwood	69.5	35	Boone	16.0
7	North Scott, Eldridge	63.5	35	Des Moines Lincoln	16.0
8	Waukee	63.0	37	Waterloo West	13.0
9	Waverly-Shell Rock	61.5	38	Cedar Rapids Washington	9.0
10	Mason City	49.5	39	Linn-Mar	8.0
11	Iowa City High	46.0	39	Norwalk	8.0
12	Iowa City West	45.0	39	Pella	8.0
13	Johnston	43.5	42	Des Moines North/Hoover	7.0
14	Lewis Central	37.0	42	Ottumwa	7.0
15	Council Bluffs, T. Jefferson	35.0	44	Ankeny	4.0
16	West Des Moines Dowling	34.5	44	Davenport Central	4.0
17	Cedar Rapids Kennedy	34.0	46	Denison-Schleswig	3.0
18	Ames	32.5	46	Sioux City East	3.0
19	Des Moines East	32.0	48	Sioux City North	2.0
20	Dubuque Hempstead	31.0	49	Carlisle	1.0
21	Ankeny Centennial	27.5	49	Dubuque Senior	1.0
22	Cedar Falls	27.0	49	Marshalltown	1.0
22	Cedar Rapids Prairie	27.0	52	Council Bluffs Abraham Lincoln	0.0
24	Fort Madison	26.5	52	Davenport West	0.0
25	Cedar Rapids Jefferson	25.0	52	Muscatine	0.0
25	Oskaloosa	25.0	52	Newton	0.0
27	Burlington	24.0	52	Sioux City West	0.0
28	Dallas Center-Grimes	23.0	52	Storm Lake	0.0
29	Pleasant Valley	22.0	52	Urbandale	0.0

Class 2A

<u>Place</u>	<u>School</u>	<u>Pts</u>	<u>Place</u>	<u>School</u>	<u>Pts</u>
1	Solon	96.5	7	Denver-Tripoli	53.0
2	New Hampton	96.0	8	Atlantic-CAM	52.0
3	Assumption-Davenport	83.0	9	Osage	50.0
4	Creston/O-M	79.5	10	Clear Lake	46.0
5	West Liberty	66.5	14	Dubuque Wahlert	37.5
6	Ballard	66.0			

HISTORY OF MVC WRESTLING CHAMPIONS**2017****Team Champion – C.R. Prairie**

106	Conrad Braswell	CRP
113	Jakey Penrith	CF
120	Joe Pins	DH
126	Will Foreman	CRW
132	Trenten Wennermark	CRP
138	Matt Connolly	DS
145	Josh Gerke	CRX
152	Nelson Brands	ICW
160	Matt Culver	CRJ
170	Ben Sarasin	CRK
182	Tyrell Gordon	WE
195	Jacob Dykes	ICH
220	Sam Gerst	WW
285	Blake Bradley	DW

2013**Team Champion – C.R. Prairie**

106	Chase Lynn	DS
113	Matt Wempen	LM
120	Alijah Jeffery	LM
126	Chris Walters	ICW
132	Dax Dills	CRW
138	Kegan Wakefield	ICW
145	Joel Northrup	LM
152	Jamie Day	CRP
160	Clark Doyle	CF
170	Cameron Rathje	CRP
182	Nick Hagedorn	CF
195	Marcus Harrington	WW
220	Micah Kelsay	ICW
285	Andrew Netolicky	CRP

2014**Team Champion – C.R. Prairie**

106	Brendan Baker	CRJ
113	Chase Lynn	DS
120	Alijah Jeffery	LM
126	Chris Walters	ICW
132	Matt Wempen	LM
138	Josh Wenger	CRP
145	Nick Drahozal	CRX
152	Trey Blaha	CRP
160	Skyler St. John	CRP
170	Sean Ickes	CRX
182	Josh Allen	CRJ
195	Marcus Harrington	WW
220	Gannon Gremmel	DH
285	Aydan Wynos	ICW

2015**Team Champion – C.R. Prairie**

106	Marcus England	CRP
113	Brenden Baker	CRJ
120	Tanner Rohweder	ICW
126	Nelson Brands	ICW
132	Clint Lembeck	CRX
138	Josh Wenger	CRP
145	Logen Rodriguez	CRK
152	Toby Northrup	LM
160	Shea Hartzler	LM
170	John Milani	ICW
182	Riley Hasken	DW
195	Donovan Doyle	ICW
220	Gannon Gremmel	DH
285	Dalton Kuehl	CRJ

2016**Team Champion – C.R. Prairie**

106	Conrad Braswell	CRP
113	Marcus England	CRP
120	Brenden Baker	CRJ
126	Nolan Hromidko	CRK
132	Sam Uthoff	CRP
138	Nelson Brands	ICW
145	Josh Gerke	CRX
152	Kyle Briggs	CRJ
160	Shea Hartzler	LM
170	Garrett Kubovec	CRK
182	Nick Dreckman	CRJ
195	Donovan Doyle	ICW
220	Alex Freiburger	DH
285	Gannon Gremmel	DH

HISTORY OF MVC WRESTLING CHAMPIONS**2009****Team Champion – I.C. West**

103	Jack Hathaway	ICW
112	Shane Williams	CRK
119	Nick Sand	WW
125	Gradey Gambrell	ICW
130	Jake Rizzio	CRP
135	Justin Koethe	ICW
140	Dylan Carew	ICW
145	Michael Kelly	CF
152	Nick Moore	ICW
160	Derek St. John	ICW
171	Kyven Gadson	WE
189	Jason Shupp	CRK
215	Onazi Agbese	WE
285	Trayvonious Pendleton	WE

2010**Team Champion – I.C. West**

103	Joel Northrup	LM
112	Jack Hathaway	ICW
119	Kirk Sallis	WE
125	Luke Kremer	CRK
130	Demetrious Taylor	WE
135	Josh Pederson	LM
140	Gradey Gambrell	ICW
145	Zach Witte	CRP
152	Justin Koethe	ICW
160	Nick Moore	ICW
171	David Solis	ICW
189	Kyven Gadson	WE
215	Josh Lambrecht	CRP
285	Conner Herman	CRJ

2011**Team Champion – I.C. West**

103	Phillip Laux	ICW
112	Troy Neagle	CRW
119	Kegan Wakefield	ICW
125	Jack Hathaway	ICW
130	Dakota Bauer	ICW
135	Luke Kremer	CRK
140	Elijah Sullivan	ICW
145	Zach Witte	CRP
152	Britt Thompson	ICW
160	Justin Koethe	ICW
171	Ryan Sheldon	CRK
189	Mark Atwater	LM
215	AJ Garcia	LM
285	Tyler Burrell	CRW

2012**Team Champion – I.C. West**

106	Matt Wempen	LM
113	Phillip Laux	ICW
120	Damon Griffin	LM
126	Jack Hathaway	ICW
132	Dakota Bauer	ICW
138	Shane Broderick	DW
145	Gradey Gambrell	ICW
152	Zach Witte	CRP
160	Justin Koethe	ICW
170	Cameron Rathje	CRP
182	Mark Atwater	LM
195	Mickey Pelfrey	ICW
220	Andrew Netolicky	CRP
285	Tyler Burrell	CRW

2005**Team Champion – I.C. West**

103	Nate Moore	ICW
112	Kody Pudil	ICW
119	Matt Kelly	DH
125	Kyle Anson	ICH
130	Joey Slaton	CRK
135	Mitch Mueller	ICW
140	Kalvin Hodge	ICW
145	Brent Kuennen	CRX
152	Drew Waschkat	WW
160	Ryan Lavin	CRK
171	Jay Borschel	LM
189	Greg Lalla	ICH
215	Zach Covington	CRP
275	Travis Meade	ICW

2006**Team Champion – I.C. West**

103	Dylan Carew	ICW
112	Matt McDonough	LM
119	Nate Moore	ICW
125	James Colwell	CRX
130	Derek St. John	ICW
135	Daniel Twito	CF
140	Brett Wetzal	CF
145	David Drahozal	CRX
152	Jason Nelson	LM
160	Jarion Beets	CRK
171	Andy Mohling	CRK
189	Robbie Kramer	CRP
215	Ben Schott	ICW
275	Tyler Parker	CF

2007**Team Champion – I.C. West**

103	Cruse Aarhus	CRK
112	Wesley Schoo	WW
119	Matt McDonough	LM
125	Nate Moore	ICW
130	Nick Moore	ICW
135	Derek St. John	ICW
140	Taylor Morris	CF
145	Daniel Twito	CF
152	Jason Nelson	LM
160	BJ Brooks	WW
171	Grant Gambrell	ICW
189	Alex Grafft	CRW
215	Mickey Sprague	CRP
285	Andy Jackman	LM

2008**Team Champion – I.C. West**

103	Kirk Sallis	WE
112	Nick Sand	WW
119	Craig Johnson	CRP
125	Nate Moore	ICW
130	Matt McDonough	LM
135	Jesse Froehner	CF
140	Nick Moore	ICW
145	Derek St. John	ICW
152	Keelan Moore	WE
160	Jeremy Garvin	ICW
171	Grant Gambrell	ICW
189	Kevin Harp	ICH
215	Mickey Sprague	CRP
285	James Ferentz	ICH

HISTORY OF MVC WRESTLING CHAMPIONS**2001****Team Champion–I.C. City High**

103	Jake Halvorsen	ICW
112	Nick Beuter	CF
119	Blake Edwards	ICW
125	Zach Paulson	CRK
130	Brad Stockton	ICW
135	Ryan Sallis	EW
140	Jacob Smith	ICH
145	Matt Davis	DS
152	Johnny Galloway	ICH
160	Justin Jordan	ICH
171	Akeem Carter	WW
189	Ashten Richardson	ICW
215	Adam Welbes	DH
275	Mike Shedek	CRX

2002**Team Champion–I.C. City High**

103	Joey Slaton	CRK
112	Mitch Mueller	CRK
119	Kyle Anson	ICH
125	Nick Bueter	CF
130	Brad Stockton	ICW
135	Scott Trueg	EW
140	Anthony Watson	ICH
145	Jacob Smith	ICH
152	Omar Maktabi	ICW
160	Johnny Galloway	ICH
171	Justin Jordan	ICH
189	Akeem Carter	WW
215	Chris McDonald	LM
275	Chad Barkalow	ICW

2003**Team Champion–Waterloo West**

103	Tim Lagow	WW
112	Adam Gottschalk	DH
119	Mitch Mueller	CRK
125	Jay Borschel	LM
130	Justin Hauge	CRK
135	Edgar Haynes	CRW
140	Brandon Kelsey	WW
145	Willie Leonard	DW
152	Rob Olson	CRJ
160	Omar Maktabi	ICW
171	Danny Dunning	WW
189	Greg Coleman	ICW
215	Alex Kanellis	ICW
275	Kevin Engelken	LM

2004**Team Champion – I.C. West**

103	Dan Klavitter	DS
112	Charles Arceneaux	WE
119	Joey Slaton	CRK
125	Kyle Anson	ICH
130	Mitch Mueller	ICW
135	Jason Kolar	LM
140	Mike Russell	CRK
145	Monroe Tillman	WE
152	Jay Borschel	LM
160	Ryan Lavin	CRK
171	Greg Lalla	ICH
189	Greg Coleman	ICW
215	Alex Kanellis	ICW
275	Travis Meade	ICW

1997**Team Champion – Cedar Falls**

103	Keith Edwards	ICW
112	Cliff Moore	DH
119	Adam Eichorn	CF
125	Jessie West	ICH
130	Eric Sinclair	CF
135	Eric Weber	DS
140	Amin Islami	WW
145	Ryan Helgeson	EW
152	Zac Gordon	DH
160	Paul Hynek	CRP
171	Chris Richardson	ICW
189	Ryan LaGrange	CRP
275	A.J. Novak	CRP

1998**Team Champion – Cedar Falls**

103	Cory Connell	ICH
112	Tony Brown	ICH
119	Cliff Moore	DH
125	Kentral Galloway	EW
130	Eric Sinclair	CF
135	Lonnis Jordan	EW
140	Austin Coufal	CRP
145	Eric Weber	DS
152	Dayton Ericson	CF
160	Tony Runyan	CF
171	Ted Prier	CF
189	Paul Hynek	CRP
275	Seth Scott	CRR

1999**Team Champion – I.C. City High**

103	Anthony Watson	EW
112	Craig Smith	DH
119	Ricky Pence	CRP
125	Cliff Moore	DH
130	Ryan Heim	DH
135	Johnny Galloway	EW
140	Dan Reisner	CRK
145	Eric Weber	DS
152	Zach Evans	ICH
160	Kenyatta Carter	WW
171	Chris Richardson	ICW
189	Justin Cook	DH
275	Mike Novak	CRP

2000**Team Champion – I.C. West**

103	Nick Beuter	CF
112	Ty Edwards	ICW
119	Anthony Watson	ICH
125	Sean Dunlay	WW
130	Cory Connell	ICH
135	Ryan Heim	DH
140	John Gabrielson	ICH
145	Johnny Galloway	EW
152	Justin Ryan	ICW
160	Kenyatta Carter	WW
171	Ben Blood	CRK
189	Chigozie Ejiasi	CRP
275	Walter Kelly	ICW

HISTORY OF MVC WRESTLING CHAMPIONS**1993****Team Champion – C. R. Jefferson**

103	Jon Vlasek	CRJ
112	Ray Ratliff	CRJ
119	Scott Naughton	ICH
125	Zach Geary	CF
130	Dan Bainbridge	DS
135	Mark Ironside	CRJ
140	Jeff McGinness	ICH
145	Jason Francois	DW
152	Travis Pike	CRJ
160	Darrel Wieland	CF
171	Matt Eldeen	ICH
189	Tony Wieland	CF
275	Trent Hynek	CRP

1994**Team Champion – C.R. Prairie**

103	Jeremy White	CRJ
112	Jon Vlasek	CRJ
119	Nick Dohrmann	ICW
125	Jamie Elliott	DS
130	Wil Kelly	DW
135	Jay Dickey	WW
140	Dusty Coufal	CRP
145	Brant LaGrange	CRP
152	Travis Pike	CRJ
160	Travis Evans	ICH
171	Darrell Wieland	CF
189	Tony Wieland	CF
275	Trent Hynek	CRP

1995**Team Champion – C.R. Prairie**

103	Dan Sample	CRW
112	A.J. Williams	CRJ
119	Dave Strub	ICH
125	Matt Pence	CRP
130	Marc Leonard	CRP
135	Wil Kelly	DW
140	Jake Smithart	CRJ
145	Phil Heim	CW
152	Ryan LaGrange	CRP
160	Cary Wieland	CF
171	Eric Chamberlin	EW
189	Tony Wieland	CF
275	Trent Hynek	CRP

1996**Team Champion – Cedar Falls**

103	Cliff Moore	DH
112	Josh Budke	CF
119	Kentral Galloway	EW
125	Lance Christensen	ICW
130	Matt Pence	CRP
135	Jacob Felderman	DW
140	Keith Weber	DS
145	Tony Busch	DH
152	Brian Newhard	CRJ
160	Ted Peier	CF
171	Ryan LaGrange	CRP
189	Luke Gansen	DH
275	Jeff Clark	CRK

MVC Wrestling Champions Honor Roll

4 Time Champions

Cliff Moore	DH	(96,97,98,99)
Johnny Galloway	EW/ICH	(99,00,01,02)
Mitch Mueller	CRK/ICW	(02,03,04,05)
Nate Moore	ICW	(05,06,07,08)
Derek St. John	ICW	(06,07,08,09)
Nick Moore	ICW	(07,08,09,10)
Jack Hathaway	ICW	(09,10,11,12)
Justin Koethe	ICW	(09,10,11,12)

3 Time Champions

Tony Wieland	CF	(93,94,95)
Trent Hynek	CRP	(93,94,95)
Ryan LaGrange	CRP	(95,96,97)
Eric Weber	DS	(97,98,99)
Nick Bueter	CF	(00,01,02)
Anthony Watson	EW/ICH	(99,00,02)
Kyle Anson	ICH	(02,04,05)
Joey Slaton	CRK	(02,04,05)
Jay Borschel	LM	(03,04,05)
Matt McDonough	LM	(06,07,08)
Gradey Gambrall	ICW	(09,10,12)
Zach Witte	CRP	(10,11,12)
Matt Wempen	LM	(12,13,14)
Brenden Baker	CRJ	(14,15,16)
Gannon Gremmel	DH	(14,15,16)
Nelson Brands	ICW	(15,16,17)

2 Time Champions

Jon Vlasek	CRJ	(93 & 94)
Travis Pike	CRJ	(93 & 94)
Darrell Wieland	CF	(93 & 94)
Wil Kelly	DW	(94 & 95)
Matt Pence	CRP	(95 & 96)
Kentral Galloway	EW	(96 & 98)
Ted Prier	CF	(96 & 98)
Eric Sinclair	CF	(97 & 98)
Paul Hynek	CRP	(97 & 98)
Chris Richardson	ICW	(97 & 99)
Cory Connell	ICH	(98 & 00)
Ryan Heim	DH	(99 & 00)
Kenyatta Carter	WW	(99 & 00)
Brad Stockton	ICW	(01 & 02)

2 Time Champions (cont.)

Jacob Smith	ICH	(01 & 02)
Justin Jordan	ICH	(01 & 02)
Akeem Carter	WW	(01 & 02)
Omar Maktabi	ICW	(02 & 03)
Greg Coleman	ICW	(03 & 04)
Alex Kanellis	ICW	(03 & 04)
Ryan Lavin	CRK	(04 & 05)
Greg Lalla	ICH	(04 & 05)
Travis Meade	ICW	(04 & 05)
Daniel Twito	CF	(06 & 07)
Jason Nelson	LM	(06 & 07)
Dylan Carew	ICW	(06 & 09)
Grant Gambrall	ICW	(07 & 08)
Mickey Sprague	CRP	(07 & 08)
Nick Sand	WW	(08 & 09)
Kirk Sallis	WE	(08 & 10)
Kyven Gadson	WE	(09 & 10)
Luke Kremer	CRK	(10 & 11)
Phillip Laux	ICW	(11 & 12)
Dakota Bauer	ICW	(11 & 12)
Mark Atwater	LM	(11 & 12)
Tyler Burrell	CRW	(11 & 12)
Cameron Rathje	CRP	(12 & 13)
Andrew Netolicky	CRP	(12 & 13)
Joel Northrup	LM	(10 & 13)
Kegan Wakefield	ICW	(11 & 13)
Chase Lynn	DS	(13 & 14)
Alijah Jeffery	LM	(13 & 14)
Chris Walters	ICW	(13 & 14)
Marcus Harrington	WW	(13 & 14)
Josh Wenger	CRP	(14 & 15)
Marcus England	CRP	(15 & 16)
Shea Hartzler	LM	(15 & 16)
Donovan Doyle	ICW	(15 & 16)
Conrad Braswell	CRP	(16 & 17)
Josh Gerke	CRX	(16 & 17)

2016-17 Boys' Bowling



2016-17 MVC Varsity Boys' Bowling Standings (FINAL)**Mississippi Division**

<u>Team</u>	<u>Conference</u>		<u>Overall</u>	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Cedar Rapids Xavier	8	3	8	3
Iowa City West	7	4	7	4
Waterloo West	7	4	7	5
Linn-Mar	5	6	5	6
Cedar Rapids Jefferson	3	8	3	8
Waterloo East	2	9	2	9
Dubuque Wahlert	2	9	2	10

Valley Division

<u>Team</u>	<u>Conference</u>		<u>Overall</u>	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Dubuque Hempstead	10	1	10	1
Cedar Rapids Prairie	9	2	9	2
Cedar Falls	8	3	8	3
Dubuque Senior	8	3	8	3
Iowa City High	4	7	4	7
Cedar Rapids Kennedy	3	8	3	8
Cedar Rapids Washington	1	10	1	10

2016-2017 MVC Boys Bowling All-Division Selections**Mississippi Division**

	<u>Gr</u>	<u>Sch</u>	
Alex Diercks	12	LM	<u>Athlete of the Year</u>
Russ Camacho		CRX	<u>Coach of the Year</u>

Valley Division

	<u>Gr</u>	<u>Sch</u>	
Justin Lanser	12	DH	
Roger Poling		DH	

FIRST TEAM**Mississippi Division**

	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
*	Alex Diercks	12	LM
*	Jacob Fulton	12	CRX
*	Hunter Holman	10	WW
*	Corey Roth	10	ICW
	Kalen Rios	12	ICW
	Blake Viers	10	LM

Valley Division

	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
*	Justin Lanser	12	DH
	Noah Cheever	12	DH
	Max Hiatt	11	CRK
	Josh Oertel	11	DS
	Nick Hanson	12	CF
	Lucas Galloro	12	CRP
	Austin Young	12	ICH

** - Unanimous Selection****SECOND TEAM*****Mississippi Division**

	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
	Alex Barnett	11	LM
	Will Conlon	12	DW
	Charlie Hart	11	CRX
	Jeremiah Richmond	10	WW
	Bryce Staver	12	WE
	Riley Walton	10	CRJ

Valley Division

	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
	Andrew Nickey	11	CF
	Avery Bauer	11	CF
	Shawn Wille	10	CRP
	Cody Beck	11	DH
	Johnathon Keiper	9	CRP
	Bert Goodwin	11	CRK

HONORABLE MENTION**Mississippi Division**

	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
	Tanner Bennett	12	CRJ
	Justen Dostal	9	CRJ
	Dale Weaver	9	CRX
	Jackson Schuster	12	CRX
	Dillon Watters	12	DW
	Jack Kamentz	12	DW
	Jacob Fisher	11	ICW
	Jordan Tiegs	12	ICW
	Josh Moser	11	LM
	Mason Soden	11	LM
	Tannis Morgan	12	WE
	Braden Schmidt	10	WE
	Dalton Draeger	11	WW
	Tristan Corcoran	9	WW

Valley Division

	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
	Matthew Venem	10	CF
	Dalton Swatek-Briggs	11	CF
	Dakota Dippel	11	CRK
	Nathan Lindo	12	CRK
	Noah Meader	9	CRP
	Paul Toczylowski	12	CRP
	Jack Rooney	12	CRW
	Andrew Hammer	11	CRW
	Camron Gienau	11	DH
	Zach Pregler	11	DH
	Brandon Birch	10	DS
	Jack Kemp	12	DS
	Andrew Franz	11	ICH
	Cameron Chavez	11	ICH

2016-2017 MVC Boys Bowling All-Division Selections**ALL-ACADEMIC****Mississippi Division**

<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
Logan Miller	12	CRJ
Andrew Moffatt	12	CRJ
Jackson Schuster	12	CRX
Michael Buenzow	12	CRX
Sanghyuk (James) Chae	12	DW
Will Conlon	12	DW
Jordan Tiegs	12	ICW
Brandon Berner	12	ICW
Brandon Gloeckner	12	LM
Nolan Velazquez	11	LM
Bryce Staver	12	WE
Noel Guzman	11	WE
Zachary Dukeshier	12	WW
Samuel King	12	WW

Valley Division

<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
Teryn Mueller	12	CF
Avery Bauer	11	CF
Dallas Dircks	12	CRK
Nathan Lindo	12	CRK
Paul Toczylowski	12	CRP
-----		CRP
Nolan Wagner	11	DH
Zach Pregler	11	DH
Tyler Schmit	12	DS
Jack Kemp	12	DS
Adam Fiagle	12	ICH
Austin Young	12	ICH
Brandon Cullen	12	CRW
Nolan Cavanaugh	12	CRW

2016-17 Boys' Bowling - MVC TEAM Stats

MVC - Mississippi Division

<u>Team</u>	<u>Record</u>	<u>Matches</u>	<u>Match Score</u> <u>Avg</u>	<u>Individual</u> <u>Game Average</u>	<u>Baker Game</u> <u>Average</u>
Xavier, Cedar Rapids	8-3	11	2,856.10	193.9	183.4
Waterloo, West	8-5	13	3,010.50	199.8	202.6
Iowa City, West	7-5	12	2,919.30	196	191.9
Linn-Mar, Marion	5-6	11	2,911.00	195.5	191.2
Cedar Rapids, Jefferson	3-8	11	2,674.70	178.5	177.9
Waterloo, East	2-9	11	2,500.80	167.4	165.5
Wahlert, Dubuque	2-10	12	2,727.20	183.7	178

MVC - Valley Division

<u>Team</u>	<u>Record</u>	<u>Matches</u>	<u>Match Score</u> <u>Avg</u>	<u>Individual</u> <u>Game Average</u>	<u>Baker Game</u> <u>Average</u>
Dubuque, Hempstead	10-1	11	3,096.80	208.2	203
Prairie, Cedar Rapids	9-2	11	2,915.50	199.1	184.9
Cedar Falls	8-3	11	3,024.30	202	200.9
Dubuque, Senior	8-3	11	2,915.10	196	191
Iowa City, City High	4-7	11	2,816.50	188.1	187.2
Cedar Rapids, Kennedy	3-8	11	2,820.40	190.2	183.7
Cedar Rapids, Washington	1-10	11	2,463.60	161.4	169.9

2016-17 MVC Boys Bowling Individual Stats

Bowler	Team	Games	Total Pins	Game Avg	High Game	Series Avg	High Series
Mississippi Division							
Kalen Rios SR	Iowa City, West	16	3477	217.3	267	434.6	523
Alex Diercks SR	Linn-Mar, Marion	22	4722	214.6	267	429.3	490
Corey Roth SO	Iowa City, West	24	5076	211.5	279	423.0	484
Jacob Fulton SR	Xavier, Cedar Rapids	22	4551	206.9	299	413.7	500
Blake Viers SO	Linn-Mar, Marion	22	4531	206.0	266	411.9	469
Hunter Holman SO	Waterloo, West	26	5225	201.0	256	401.9	500
Charlie Hart JR	Xavier, Cedar Rapids	22	4392	199.6	269	399.3	456
Riley Walton SO	Cedar Rapids, Jefferson	22	4377	199.0	279	397.9	527
Tristan Corcoran FR	Waterloo, West	24	4773	198.9	269	397.8	503
Dalton Draeger JR	Waterloo, West	26	5170	198.8	265	397.7	499
Alex Barnett JR	Linn-Mar, Marion	18	3571	198.4	256	396.8	475
Jeremiah(JP) Richmond SO	Waterloo, West	26	5145	197.9	257	395.8	502
Dale Weaver FR	Xavier, Cedar Rapids	22	4324	196.5	276	393.1	476
Bryce Staver SR	Waterloo, East	24	4692	195.5	232	391.0	446
Josh Moser JR	Linn-Mar, Marion	14	2730	195.0	278	390.0	464
Will Conlon SR	Wahlert, Dubuque	26	5024	193.2	224	386.5	413
Andrew Turner FR	Waterloo, West	26	4980	191.5	277	383.1	466
Chaise Donner SR	Cedar Rapids, Jefferson	14	2664	190.3	248	380.6	461
Jacob Fisher JR	Iowa City, West	24	4557	189.9	226	379.8	437
Tanner Bennett SR	Cedar Rapids, Jefferson	10	1870	187.0	227	374.0	448
Jordan Tiegs SR	Iowa City, West	24	4447	185.3	257	370.6	433
Jack Kamentz SR	Wahlert, Dubuque	26	4815	185.2	264	370.4	442
Michael Buenzow SR	Xavier, Cedar Rapids	22	4028	183.1	246	366.2	419
Michael Buehner JR	Waterloo, West	22	4000	181.8	254	363.6	427
Dillion Watters SR	Wahlert, Dubuque	26	4720	181.5	242	363.1	469
Tannis Morgan SR	Waterloo, East	24	4357	181.5	226	363.1	403
Justen Dostal FR	Cedar Rapids, Jefferson	22	3938	179.0	257	358.0	443
Drew Melcher JR	Waterloo, West	4	716	179.0	226	358.0	375
Kendall Stark JR	Iowa City, West	24	4268	177.8	245	355.7	474
Brandon Berner SR	Iowa City, West	24	4244	176.8	242	353.7	421
Mason Soden JR	Linn-Mar, Marion	18	3178	176.6	242	353.1	409
David Hughes SO	Wahlert, Dubuque	16	2825	176.6	246	353.1	421
Austin Burroughs JR	Linn-Mar, Marion	6	1051	175.2	242	350.3	370
Jackson Schuster SR	Xavier, Cedar Rapids	22	3831	174.1	223	348.3	391
Andrew Millsap JR	Xavier, Cedar Rapids	2	347	173.5	176	347.0	347
Sanghyuk Chae SR	Wahlert, Dubuque	24	4131	172.1	224	344.3	423
Braden Schmidt SO	Waterloo, East	24	4107	171.1	237	342.3	418
Matt Bahl SR	Wahlert, Dubuque	26	4431	170.4	222	340.8	412
Chase Breemeersch SO	Cedar Rapids, Jefferson	20	3382	169.1	213	338.2	424
Matt Scienzinski SO	Xavier, Cedar Rapids	4	674	168.5	218	337.0	395
David Weaver SO	Xavier, Cedar Rapids	12	1981	165.1	214	330.2	427
Nathan Bass SR	Waterloo, West	2	319	159.5	189	319.0	319
Colton Hoover SR	Wahlert, Dubuque	8	1273	159.1	177	318.3	341
Tyler Graeve FR	Cedar Rapids, Jefferson	2	317	158.5	185	317.0	317
George Bowser JR	Waterloo, East	8	1267	158.4	193	316.8	361
Brandon Gloeckner SR	Linn-Mar, Marion	18	2825	156.9	224	313.9	392
Chris Smith JR	Waterloo, East	2	310	155.0	158	310.0	310
Andrew Moffatt SR	Cedar Rapids, Jefferson	24	3711	154.6	216	309.3	405
Nolan Velazquez JR	Linn-Mar, Marion	12	1836	153.0	191	306.0	327
Nick Standefer JR	Cedar Rapids, Jefferson	20	2928	146.4	199	292.8	327
Trevor DeWiese JR	Waterloo, East	22	3118	141.7	212	283.5	332
Plu Reh FR	Waterloo, East	18	2549	141.6	182	283.2	319
Calvin Ford SR	Xavier, Cedar Rapids	2	283	141.5	154	283.0	283

2016-17 MVC Boys Bowling Individual Stats

Bowler	Team	Games	Total Pins	Game Avg	High Game	Series Avg	High Series
Matt Miller SR	Wahlert, Dubuque	2	278	139.0	167	278.0	278
Carter Hanson SO	Wahlert, Dubuque	2	277	138.5	152	277.0	277
Josh Pelland JR	Iowa City, West	8	1091	136.4	179	272.8	340
Logan Miller SR	Cedar Rapids, Jefferson	8	1061	132.6	163	265.3	305
Kyler Peyton SR	Waterloo, East	8	1021	127.6	145	255.3	283
Robert Weger FR	Xavier, Cedar Rapids	2	242	121.0	129	242.0	242
Charles Caricato SO	Waterloo, East	2	240	120.0	121	240.0	240
Noel Guzman FR	Waterloo, East	10	1199	119.9	151	239.8	285
Ethan Bentz SR	Waterloo, East	2	203	101.5	114	203.0	203
Valley Division							
Justin Lanser SR	Dubuque, Hempstead	26	6071	233.5	299	467.0	526
Andrew Nickey JR	Cedar Falls	16	3355	209.7	263	419.4	488
Maxwell Hiatt JR	Cedar Rapids, Kennedy	24	5026	209.4	255	418.8	491
Noah Cheever SR	Dubuque, Hempstead	26	5434	209.0	255	418.0	482
Nick Hanson SR	Cedar Falls	24	4932	205.5	278	411.0	499
Lucas Galloro SR	Prairie, Cedar Rapids	22	4500	204.5	263	409.1	496
Joshua Oertel JR	Dubuque, Senior	26	5272	202.8	270	405.5	515
Avery Bauer JR	Cedar Falls	24	4858	202.4	254	404.8	486
Austin Young SR	Iowa City, City High	22	4450	202.3	257	404.5	499
Shawn Wille SO	Prairie, Cedar Rapids	22	4444	202.0	248	404.0	473
Camron Gienau JR	Dubuque, Hempstead	14	2823	201.6	267	403.3	483
Brandon Birch SO	Dubuque, Senior	26	5240	201.5	248	403.1	474
Cody Beck JR	Dubuque, Hempstead	18	3595	199.7	277	399.4	492
Matt Venem SO	Cedar Falls	18	3573	198.5	243	397.0	456
Noah Meader FR	Prairie, Cedar Rapids	22	4362	198.3	243	396.5	470
Zach Pregler JR	Dubuque, Hempstead	26	5130	197.3	255	394.6	430
George(Bert) Goodwin JR	Cedar Rapids, Kennedy	22	4339	197.2	237	394.5	468
Johnathan Keiper FR	Prairie, Cedar Rapids	22	4329	196.8	230	393.5	454
Austin Roussel JR	Dubuque, Senior	10	1967	196.7	259	393.4	462
Joshua Bartels SR	Cedar Falls	6	1162	193.7	225	387.3	417
Dylan Swatek-briggs JR	Cedar Falls	20	3816	190.8	279	381.6	491
Dalton Swatek-briggs JR	Cedar Falls	20	3804	190.2	268	380.4	514
Jack Kemp SR	Dubuque, Senior	20	3783	189.2	255	378.3	468
Logan Oberfoell JR	Dubuque, Senior	26	4914	189.0	226	378.0	430
Dakota Dippel JR	Cedar Rapids, Kennedy	24	4534	188.9	259	377.8	472
Dylan Berwanger SR	Dubuque, Senior	14	2644	188.9	235	377.7	426
Andrew Franz JR	Iowa City, City High	22	4131	187.8	235	375.5	466
Ryan Petsche SO	Dubuque, Senior	14	2614	186.7	224	373.4	417
Paul Toczylowski SR	Prairie, Cedar Rapids	22	4067	184.9	227	369.7	450
Winston Lui JR	Iowa City, City High	20	3690	184.5	237	369.0	413
Andy Johll JR	Dubuque, Hempstead	18	3307	183.7	266	367.4	500
Bradley Brandt SR	Cedar Falls	4	733	183.3	258	366.5	417
Kordell Walker JR	Cedar Falls	6	1096	182.7	202	365.3	384
Aeron Stockwell SO	Cedar Rapids, Kennedy	24	4377	182.4	237	364.8	399
Patrick (PJ) Connolly JR	Dubuque, Hempstead	26	4713	181.3	246	362.5	459
Dathan Stolba SO	Prairie, Cedar Rapids	22	3943	179.2	243	358.5	447
Nathan Lindo SR	Cedar Rapids, Kennedy	22	3928	178.5	212	357.1	419
Jacob Bents JR	Cedar Rapids, Washington	14	2499	178.5	216	357.0	391
Cameron Chavez JR	Iowa City, City High	22	3901	177.3	234	354.6	445
Max Eaton SR	Iowa City, City High	12	2121	176.8	221	353.5	407
Adam Fiagle SR	Iowa City, City High	4	685	171.3	198	342.5	354
Noah Erickson SR	Iowa City, City High	2	342	171.0	183	342.0	342
Garrett Highly SR	Iowa City, City High	22	3740	170.0	222	340.0	410

2016-17 MVC Boys Bowling Individual Stats

<u>Bowler</u>	<u>Team</u>	<u>Games</u>	<u>Total Pins</u>	<u>Game Avg</u>	<u>High Game</u>	<u>Series Avg</u>	<u>High Series</u>
Jacob Bradley JR	Cedar Rapids, Washington	20	3395	169.8	202	339.5	388
Jared Lattner FR	Dubuque, Senior	2	335	167.5	173	335.0	335
Cody Peterson JR	Cedar Rapids, Washington	22	3648	165.8	290	331.6	432
Ryan Soldwisch SR	Cedar Falls	4	662	165.5	173	331.0	344
Sean Kerkenbush JR	Dubuque, Senior	8	1320	165.0	200	330.0	384
Dylan Pfab JR	Dubuque, Senior	6	978	163.0	212	326.0	384
Sam Fast SR	Iowa City, City High	6	951	158.5	206	317.0	370
Elijah Cordell JR	Cedar Rapids, Washington	20	3161	158.1	245	316.1	412
Elliot Kramer JR	Dubuque, Senior	4	598	149.5	185	299.0	308
Cade Koberg SO	Cedar Rapids, Kennedy	14	2054	146.7	211	293.4	342
Cameron Trimble SO	Cedar Rapids, Washington	22	3223	146.5	246	293.0	415
Dallas Dircks SR	Cedar Rapids, Kennedy	4	562	140.5	161	281.0	294
Jack Rooney SR	Cedar Rapids, Washington	8	1122	140.3	193	280.5	312
Corbin Burg SO	Cedar Rapids, Kennedy	6	815	135.8	144	271.7	283
Andrew Hammer JR	Cedar Rapids, Washington	12	1625	135.4	170	270.8	311
Cody Bartels SR	Dubuque, Hempstead	2	266	133.0	140	266.0	266
Brady Bunten JR	Cedar Rapids, Washington	14	1817	129.8	162	259.6	297
Brandon Puls FR	Cedar Rapids, Kennedy	4	479	119.8	133	239.5	252

2017 Iowa HS Bowling Tournament Results

Class 3A - Boys Team Results

Plaza Lanes, Des Moines, IA

Wednesday, February 22, 2017

<u>Place</u>	<u>School</u>	<u>Total Score</u>
1st	Dubuque Hempstead	3194
2nd	Marshalltown	3111
3rd	Davenport North	3072
4th	Waterloo West	3064
5th	Johnston	3022
6th	Cedar Falls	2984
7th	Cedar Rapids Prairie	2951
8th	Des Moines Roosevelt	2916

Class 2A - Boys Team Results

Plaza Lanes, Des Moines, IA

Tuesday, February 21, 2017

<u>Place</u>	<u>School</u>	<u>Total Score</u>
1st	Urbandale	3395
2nd	Thomas Jefferson-Council Bluffs	3073
3rd	Western Dubuque	3067
4th	Ottumwa	3056
5th	Pleasant Valley	2951
6th	Keokuk	2863
7th	Lewis Central	2854
8th	Fort Dodge	2780

Class 1A - Boys Team Results

Plaza Lanes, Des Moines, IA

Monday, February 20, 2017

<u>Place</u>	<u>School</u>	<u>Total Score</u>
1st	West Delaware	3143
2nd	Maquoketa	3091
3rd	Fairfield	3067
4th	LeMars	3009
5th	Charles City	2891
6th	Louisa-Muscataine	2866
7th	Shenandoah	2741
8th	Knoxville	2739

MVC Boys' Bowling Records *(thru 2016-2017 Season)*

<u>Record</u>	<u>Bowler</u>	<u>School</u>	<u>Year</u>	
Highest Individual Season Average	Drew Balta	Cedar Rapids Prairie	2009-10	243.6
Highest Single Game	Justin Lanser	Dubuque Hempstead	2015-16	300
	Alex Schmidt	Dubuque Senior	2014-15	300
	Brandon Schmitz	Waterloo West	2013-14	300
	Jeremy Cline	Cedar Rapids Prairie	2011-12	300
	Spencer Oberfoell	Dubuque Senior	2010-11	300
	Nathan Oertel	Dubuque Senior	2010-11	300
	Andrew Lugrain	Dubuque Hempstead	2009-10	300
	Andy Ehrlich	Dubuque Wahlert	2009-10	300
	Drew Balta	Cedar Rapids Prairie	2009-10	300
	Dan Saehler	Iowa City High	2008-09	300
	Nathan Wright	Waterloo East	2007-08	300
	Zach Messerschmidt	Cedar Falls	2006-07	300
	Eric Bolton	Cedar Rapids Prairie	2006-07	300
Highest Two-Game Series	Drew Balta	Cedar Rapids Prairie	2009-10	588
Highest Team Season Average		Cedar Rapids Jefferson	2013-14	3,205.1
Highest Team Single Match Total		Waterloo East	2010-11	3498
		Dubuque Hempstead	2007-08	3498
Highest Team Single Game Total		Cedar Rapids Jefferson	2014-15	1260
Highest Team Round One Total		Dubuque Hempstead	2012-13	2411
Highest Team Baker Game		Cedar Rapids Jefferson	2013-14	300
		Linn-Mar	2013-14	300
		Cedar Rapids Kennedy	2010-11	300
Highest Team Baker Round		Waterloo East	2010-11	1231

2016-17 Girls' Bowling



2016-17 MVC Varsity Girls' Bowling Standings (FINAL)**Mississippi Division**

<u>Team</u>	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Linn-Mar	9	2	9	2
Waterloo East	8	3	8	3
Iowa City West	7	4	7	4
Waterloo West	7	4	7	5
Cedar Rapids Jefferson	5	6	5	6
Cedar Rapids Xavier	3	8	3	8
Dubuque Wahlert	3	8	3	9

Valley Division

<u>Team</u>	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Cedar Rapids Prairie	10	1	10	1
Cedar Falls	9	2	9	2
Dubuque Hempstead	7	4	7	4
Cedar Rapids Kennedy	4	7	4	7
Dubuque Senior	4	7	4	7
Cedar Rapids Washington	1	10	1	10
Iowa City High	0	11	0	11

2016-2017 MVC Girls Bowling All-Division Selections

<u>Mississippi Division</u>			<u>Athlete of the Year</u>	<u>Valley Division</u>		
	<u>Gr</u>	<u>Sch</u>			<u>Gr</u>	<u>Sch</u>
Leah Frost	12	WE	<u>Coach of the Year</u>	Ashley Sundstrom	10	CRP
Mike Weber		WE		Don Willfong		CRP
Jeremy Moser		LM				

FIRST TEAM

<u>Mississippi Division</u>				<u>Valley Division</u>		
<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>		<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
* Alexis Tschantz	12	LM		* Ashley Sundstrom	10	CRP
* Leah Frost	12	WE		* Emily Barth	12	CF
* Mekena Diercks	11	LM		* Jayden Robe	12	CF
Abigail Fangman	12	WW		Kaitlyn Early	12	CRP
Marissa Gates	11	WW		Kassidy Gerken	10	DH
Abbie Williams	9	WE		Kobie Dills	10	CRW

* - Unanimous Selection

SECOND TEAM

<u>Mississippi Division</u>				<u>Valley Division</u>		
<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>		<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
Alicia Claassen	12	WE		Mikayla Hite	11	CRP
Megan Kitzmiller	10	CRJ		Riley Hansen	12	CRP
Brittnee Price	12	ICW		Jade Klinefelter	11	CRP
Katie Routhe	10	LM		Kerry Houlihan	12	DH
Sarah Velazquez	11	LM		Ashley Grady	12	CRP
Tanya Zaugg	12	CRX		Madison Standing	12	CF

HONORABLE MENTION

<u>Mississippi Division</u>				<u>Valley Division</u>		
<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>		<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
Madison Rasmussen	11	CRJ		Megan McDonell	11	CF
Alexis Schirmer	12	CRJ		Meredith Standing	12	CF
Cheyenne Crane	11	CRX		Alyssa Wiedemeier	12	CRK
Katie Langholz	11	CRX		Tristan Robinson	9	CRK
Mary Edwards	10	DW		Stephanie Thompson	9	CRP
Vanessa Wareham	10	DW		-----		CRP
Alexie Little	9	ICW		Jada McGinnis	11	CRW
Kalei Strabala	12	ICW		Kali Zahn	11	CRW
Ashlee Snapp	10	WE		Natalie Leach	10	DH
Madison Riley	12	WE		Brooke Tauber	12	DH
Tia Lawrence	11	LM		Sara Swift	10	DS
Brittni Krause	12	LM		Shanice Schmidt	12	DS
Kira Gilbert	11	WW		Cheyenne Cirillo	9	ICH
Brynn Bengston	12	WW		Emily Wilkins	11	ICH

2016-2017 MVC Girls Bowling All-Division Selections**ALL-ACADEMIC****Mississippi Division**

<u>Athlete</u>		<u>Sch</u>
Lauren Sheets	12	CRJ
-----		CRJ
Katie Langholz	12	CRX
Alex Eipert	12	CRX
Elizabeth Fleckenstein	12	DW
Sarah Wareham	12	DW
Ashley Bys	12	ICW
Allison Bys	12	ICW
Tia Lawrence	11	LM
Alexis Tschantz	12	LM
Madison Riley	12	WE
Alissa Claassen	12	WE
Emma Harnack	12	WW
Brynn Bengston	12	WW

Valley Division

<u>Athlete</u>		<u>Sch</u>
Michelle Swartley	12	CF
Meredith Standing	12	CF
Abigail Haller	12	CRK
Stephanie Walton	12	CRK
Ashley Grady	12	CRP
Jade Klinefelter	11	CRP
Kerry Houlihan	12	DH
Brooke Tauber	12	DH
Shanice Schmidt	12	DS
Jacy Paar	11	DS
Tara Hoffman	12	ICH
Kasey Wieland	12	ICH
Ashley Garrelts	12	CRW
Lila Osborn	12	CRW

2016-17 Girls' Bowling - MVC TEAM Stats**MVC - Mississippi Division**

<u>Team</u>	<u>Record</u>	<u>Matches</u>	<u>Match Score</u> <u>Avg</u>	<u>Individual</u> <u>Game Average</u>	<u>Baker Game</u> <u>Average</u>
Linn-Mar, Marion	9-2	11	2704.8	181.6	177.8
Waterloo, East	10-3	13	2702.2	183.7	173.0
Waterloo, West	8-5	13	2603.7	175.9	168.9
Iowa City, West	7-5	12	2484.3	166.4	164.1
Cedar Rapids, Jefferson	5-6	11	2434.4	162.8	161.3
Xavier, Cedar Rapids	3-8	11	2426.3	160.5	164.3
Wahlert, Dubuque	3-9	12	2217.4	148.7	146.1

MVC - Valley Division

<u>Team</u>	<u>Record</u>	<u>Matches</u>	<u>Match Score</u> <u>Avg</u>	<u>Individual</u> <u>Game Average</u>	<u>Baker Game</u> <u>Average</u>
Prairie, Cedar Rapids	10-1	11	2861.3	191.7	188.9
Cedar Falls	9-2	11	2654.4	178.0	175.0
Dubuque, Hempstead	7-4	11	2510.3	166.6	168.9
Cedar Rapids, Kennedy	4-7	11	2422.4	160.3	163.9
Dubuque, Senior	4-7	11	2421.5	160.6	163.1
Cedar Rapids, Washington	1-10	11	1934.8	130.7	125.6
Iowa City, City High	0-11	11	1805.8	120.3	120.6

2016-17 MVC Girls Bowling Individual Stats

Bowler	Team	Games	Total Pins	Game Avg	High Game	Series Avg	High Series
Mississippi Division							
Leah Frost SR	Waterloo, East	24	5045	210.2	300	420.4	513
Alexis Tschantz SR	Linn-Mar, Marion	22	4410	200.5	279	400.9	506
Mekena Diercks JR	Linn-Mar, Marion	20	3994	199.7	257	399.4	478
Abigail Williams FR	Waterloo, East	24	4698	195.8	257	391.5	480
Abbey Fangman SR	Waterloo, West	24	4657	194.0	269	388.1	469
Marissa Gates JR	Waterloo, West	26	4942	190.1	255	380.2	487
Tanya Zaugg SR	Xavier, Cedar Rapids	14	2554	182.4	235	364.9	437
Megan Kitzmiller SO	Cedar Rapids, Jefferson	24	4357	181.5	268	363.1	483
Alissa Claassen SR	Waterloo, East	24	4347	181.1	238	362.3	419
Brittnee Price SR	Iowa City, West	24	4299	179.1	245	358.3	437
Sarah Velazquez JR	Linn-Mar, Marion	8	1421	177.6	217	355.3	387
Alexie Little FR	Iowa City, West	24	4226	176.1	229	352.2	432
Katie Routhe SO	Linn-Mar, Marion	22	3773	171.5	210	343.0	386
Kira Gilbert JR	Waterloo, West	24	4086	170.3	215	340.5	390
Hannah Bates JR	Linn-Mar, Marion	12	2028	169.0	215	338.0	380
Ashlee Snapp SO	Waterloo, East	24	4021	167.5	238	335.1	456
Tia Lawrence JR	Linn-Mar, Marion	18	2988	166.0	221	332.0	378
Katie Langholz JR	Xavier, Cedar Rapids	22	3648	165.8	227	331.6	418
Madison Rasmussen JR	Cedar Rapids, Jefferson	24	3971	165.5	225	330.9	400
Cheyenne Crane JR	Xavier, Cedar Rapids	22	3624	164.7	209	329.5	398
Brynn Bengston SR	Waterloo, West	26	4251	163.5	223	327.0	415
Alexis Schirmer SR	Cedar Rapids, Jefferson	24	3918	163.3	199	326.5	376
Alysha Edler SO	Waterloo, East	18	2899	161.1	220	322.1	416
Laura Collins SO	Waterloo, West	24	3826	159.4	204	318.8	375
Soleil Morgan FR	Waterloo, East	6	956	159.3	199	318.7	375
Erica Roth SR	Iowa City, West	24	3793	158.0	233	316.1	379
Sylvia Thomas FR	Waterloo, East	2	315	157.5	167	315.0	315
Ashley Bys SR	Iowa City, West	22	3450	156.8	209	313.6	376
Kalei Strabala SR	Iowa City, West	24	3743	156.0	195	311.9	355
Savannah Petersen JR	Linn-Mar, Marion	8	1228	153.5	192	307.0	331
Brittini Krause SR	Linn-Mar, Marion	10	1521	152.1	194	304.2	340
Mary Edwards SO	Wahlert, Dubuque	24	3644	151.8	210	303.7	373
Liz Moser FR	Linn-Mar, Marion	6	906	151.0	209	302.0	385
Mackenzie Hackbarth JR	Waterloo, West	18	2717	150.9	192	301.9	341
Chloe Beckler SO	Iowa City, West	18	2695	149.7	192	299.4	343
Liz Fleckenstein SR	Wahlert, Dubuque	24	3584	149.3	218	298.7	370
Aryana Benesh FR	Cedar Rapids, Jefferson	12	1786	148.8	193	297.7	362
Kaitlyn Jackson FR	Cedar Rapids, Jefferson	22	3271	148.7	188	297.4	370
Sarah Wareham SR	Wahlert, Dubuque	22	3267	148.5	202	297.0	352
Abigail Smith SR	Linn-Mar, Marion	6	889	148.2	168	296.3	323
Vanessa Wareham SO	Wahlert, Dubuque	24	3547	147.8	205	295.6	337
Jamison Janson JR	Xavier, Cedar Rapids	20	2953	147.7	177	295.3	319
Ellie Marovets FR	Xavier, Cedar Rapids	8	1176	147.0	170	294.0	331
Rachel Bass FR	Waterloo, West	8	1166	145.8	190	291.5	334
Ally Eipert JR	Xavier, Cedar Rapids	16	2325	145.3	180	290.6	342
Ella Schrader SO	Xavier, Cedar Rapids	22	3191	145.0	191	290.1	338
Carrie Hagstrom SR	Cedar Rapids, Jefferson	22	3188	144.9	196	289.8	344
Katherine Krapfl SO	Wahlert, Dubuque	22	3159	143.6	192	287.2	383
Madison Riley SR	Waterloo, East	22	3087	140.3	171	280.6	340
Rachael Timmerman SO	Wahlert, Dubuque	8	1116	139.5	173	279.0	322
Abby Scott JR	Xavier, Cedar Rapids	4	545	136.3	143	272.5	275
Makayla Pooch FR	Cedar Rapids, Jefferson	6	817	136.2	162	272.3	294
Liv Erickson JR	Cedar Rapids, Jefferson	4	544	136.0	148	272.0	277
Kylie Rohm FR	Iowa City, West	2	271	135.5	151	271.0	271
Olivia Nolte FR	Xavier, Cedar Rapids	2	265	132.5	144	265.0	265
Karley Parker JR	Waterloo, West	6	777	129.5	149	259.0	282

2016-17 MVC Girls Bowling Individual Stats

Bowler	Team	Games	Total Pins	Game Avg	High Game	Series Avg	High Series
Magdalena Grap SO	Wahlert, Dubuque	14	1803	128.8	168	257.6	320
Jena Kluesner SO	Wahlert, Dubuque	16	2042	127.6	183	255.3	313
Maddie Kisling SR	Cedar Rapids, Jefferson	6	715	119.2	137	238.3	262
Skyler Dickerson SO	Iowa City, West	4	468	117.0	135	234.0	243
Rebecca Lahey SO	Wahlert, Dubuque	2	231	115.5	128	231.0	231
Kaitlyn Fultz SO	Iowa City, West	2	193	96.5	109	193.0	193
Valley Division							
Ashley Sundstrom SO	Prairie, Cedar Rapids	22	4518	205.4	237	410.7	452
Kaitlyn Early SR	Prairie, Cedar Rapids	22	4278	194.5	238	388.9	426
Emily Barth SR	Cedar Falls	24	4619	192.5	227	384.9	445
Mikayla Hite JR	Prairie, Cedar Rapids	16	3019	188.7	237	377.4	446
Riley Hansen SR	Prairie, Cedar Rapids	20	3658	182.9	278	365.8	439
Baileigh Allen SR	Cedar Rapids, Kennedy	2	365	182.5	199	365.0	365
Kassidy Gerken SO	Dubuque, Hempstead	26	4686	180.2	226	360.5	408
Jade Klinefelter JR	Prairie, Cedar Rapids	16	2870	179.4	247	358.8	432
Kerry Houlihan SR	Dubuque, Hempstead	24	4201	175.0	233	350.1	420
Ashley Grady SR	Prairie, Cedar Rapids	22	3851	175.0	223	350.1	402
Stephanie Thompson FR	Prairie, Cedar Rapids	12	2081	173.4	247	346.8	396
Madison Standing SR	Cedar Falls	24	4106	171.1	222	342.2	414
Natalie Leach SO	Dubuque, Hempstead	26	4442	170.8	223	341.7	439
Sara Swift SO	Dubuque, Senior	26	4410	169.6	214	339.2	383
Rachael Sears SR	Cedar Falls	6	1005	167.5	225	335.0	384
Megan McDonell JR	Cedar Falls	24	4014	167.3	246	334.5	380
Michelle Swartley SR	Cedar Falls	4	659	164.8	204	329.5	334
Alyssa Wiedemeier SR	Cedar Rapids, Kennedy	24	3953	164.7	230	329.4	409
Tristan Robinson FR	Cedar Rapids, Kennedy	24	3924	163.5	211	327.0	412
Kobie Dills SO	Cedar Rapids, Washington	22	3569	162.2	219	324.5	401
Meredith Standing SR	Cedar Falls	16	2590	161.9	210	323.8	396
Andrea Wilson SR	Cedar Falls	20	3226	161.3	216	322.6	390
Alexis Stotts FR	Dubuque, Senior	26	4194	161.3	222	322.6	399
Shanice Schmidt SR	Dubuque, Senior	26	4103	157.8	246	315.6	467
Abbie Haller SR	Cedar Rapids, Kennedy	24	3760	156.7	215	313.3	392
Natalie Leib SR	Dubuque, Senior	26	4065	156.3	230	312.7	406
Sam Eltze SR	Cedar Rapids, Kennedy	22	3379	153.6	191	307.2	350
Alli Marshall JR	Cedar Rapids, Kennedy	10	1535	153.5	192	307.0	356
Sydni Kirk SO	Dubuque, Senior	24	3646	151.9	213	303.8	393
Stephanie Walton SR	Cedar Rapids, Kennedy	18	2731	151.7	183	303.4	339
Brooke Tauber SR	Dubuque, Hempstead	26	3939	151.5	214	303.0	375
Sami Duwe FR	Dubuque, Hempstead	26	3920	150.8	202	301.5	349
Gracie Grey SR	Cedar Falls	2	301	150.5	152	301.0	301
Sydney Helms SR	Cedar Rapids, Kennedy	4	588	147.0	199	294.0	308
Kenzie Dills SO	Cedar Rapids, Washington	22	3167	144.0	201	287.9	362
Brittany Gail SR	Cedar Rapids, Kennedy	2	284	142.0	145	284.0	284
Jenna Wagner FR	Dubuque, Hempstead	26	3675	141.3	192	282.7	380
Jamie Milota SR	Cedar Rapids, Kennedy	2	281	140.5	162	281.0	281
Jacqueline Paar SO	Dubuque, Senior	20	2805	140.3	208	280.5	368
Lindsey Grady SR	Prairie, Cedar Rapids	2	276	138.0	172	276.0	276
Cate Oliphant SR	Cedar Rapids, Kennedy	10	1369	136.9	166	273.8	307
Emily Wilkins JR	Iowa City, City High	22	2963	134.7	181	269.4	319
Hannah Zapp JR	Dubuque, Hempstead	2	269	134.5	135	269.0	269
Jill Zaiser SR	Cedar Rapids, Kennedy	2	266	133.0	144	266.0	266
Autumn Steadman SR	Dubuque, Senior	8	1047	130.9	171	261.8	285
Jada McGinnis JR	Cedar Rapids, Washington	22	2702	122.8	181	245.6	316
Tara Hoffman SR	Iowa City, City High	20	2334	116.7	162	233.4	302
Cheyenne Cirillo FR	Iowa City, City High	22	2543	115.6	167	231.2	268
Kasey Wieland SR	Iowa City, City High	22	2527	114.9	157	229.7	275

2016-17 MVC Girls Bowling Individual Stats

<u>Bowler</u>	<u>Team</u>	<u>Games</u>	<u>Total Pins</u>	<u>Game Avg</u>	<u>High Game</u>	<u>Series Avg</u>	<u>High Series</u>
Michelle Jennings SR	Iowa City, City High	8	872	109.0	172	218.0	313
Tara Anderson FR	Iowa City, City High	18	1956	108.7	139	217.3	257
Kali Zahn JR	Cedar Rapids, Washington	20	2170	108.5	131	217.0	259
Lila Osborn SR	Cedar Rapids, Washington	22	2386	108.5	146	216.9	254
Kayti Schuler JR	Cedar Rapids, Washington	22	2372	107.8	137	215.6	259
Lindy Rublaitus SO	Iowa City, City High	20	2022	101.1	137	202.2	231
Caitlin Pechman SR	Cedar Rapids, Washington	2	160	80.0	83	160.0	160

2017 Iowa HS Bowling Tournament Results

Class 3A - Girls Team Results

Plaza Lanes, Des Moines, IA

Wednesday, February 22, 2017

<u>Place</u>	<u>School</u>	<u>Total Score</u>
1st	Johnston	3107
2nd	Cedar Rapids Prairie	3023
3rd	Muscatine	3005
4th	Waterloo West	2916
5th	Des Moines Lincoln	2794
6th	Davenport Central	2753
7th	Dubuque Hempstead	2499
8th	Waukee	2489

Class 2A - Girls Team Results

Plaza Lanes, Des Moines, IA

Tuesday, February 21, 2017

<u>Place</u>	<u>School</u>	<u>Total Score</u>
1st	Ottumwa	3010
2nd	Waterloo East	2989
3rd	Urbandale	2836
4th	Keokuk	2705
5th	Waverly-Shell Rock	2660
6th	Fort Dodge	2595
7th	Pleasant Valley	2525
8th	Thomas Jefferson-Council Bluffs	2238

Class 1A - Girls Team Results

Plaza Lanes, Des Moines, IA

Monday, February 20, 2017

<u>Place</u>	<u>School</u>	<u>Total Score</u>
1st	Louisa-Muscatine	2955
2nd	Camanche	2885
3rd	Charles City	2837
4th	LeMars	2629
5th	West Delaware	2550
6th	Vinton-Shellsburg	2518
7th	Creston	2225
8th	Shenandoah	2023

MVC Women's Bowling Records *(thru 2016-2017 Season)*

<u>Record</u>	<u>Bowler</u>	<u>School</u>	<u>Year</u>	
Highest Individual Season Average	Kelsey Gregory	Dubuque Wahlert	2010-11	223
Highest Single Game	Leah Frost	Waterloo East	2016-17	300
	Jordan Newman	Waterloo West	2013-14	300
	Kristina Hochrein	Dubuque Hempstead	2009-10	300
	Chalet Brown	Cedar Rapids Kennedy	2006-07	300
Highest Two-Game Series	Kristina Hochrein	Dubuque Wahlert	2010-11	545
Highest Team Season Average		Cedar Rapids Prairie	2015-16	2901.0
Highest Team Single Match Total		Waterloo West	2013-14	3326
Highest Team Single Game Total		Cedar Rapids Prairie	2015-16	1210
Highest Team Round One Total		Waterloo West	2013-14	2296
Highest Team Baker Game		Cedar Rapids Prairie	2009-10	278
Highest Team Baker Round		Cedar Rapids Prairie	2015-16	1106

2016-17 Boys' Swimming



Mississippi Valley Conference**2016-17 MVC Varsity Boys Swimming Standings (FINAL)**

Mississippi Division						
<u>Team</u>	Conference			Overall		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Iowa City West	5	0	0	6	0	0
Linn-Mar	5	1	0	5	1	0
Waterloo (<i>East & West</i>)	0	6	0	0	6	0
Cedar Rapids Jefferson	1	6	0	1	6	0
<i>Cedar Rapids Xavier</i>	-	-		-	-	
<i>Dubuque Wahlert</i>	-	-		-	-	

* indicates no swim team competing

Valley Division						
<u>Team</u>	Conference			Overall		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Cedar Rapids Washington	4	1	0	5	2	0
Dubuque Hempstead	4	2	0	5	2	0
Cedar Falls	4	2	0	4	2	0
Cedar Rapids Kennedy	3	4	0	3	4	0
Iowa City High	2	4	0	2	5	0
Dubuque Senior	2	4	0	3	4	0
<i>Cedar Rapids Prairie</i>	-	-		-	-	

* indicates no swim team competing

2016-17 MVC Boys' Varsity Swimming SuperMeet Results*Saturday, January 21st, 2017 - Linn-Mar Aquatic Center***Varsity Boys' Swimming**

<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Linn-Mar	346.0
2nd	Cedar Rapids Washington	276.5
3rd	Iowa City West	276.0
4th	Dubuque Senior	205.0
5th	Cedar Falls	194.5
6th	Iowa City High	183.0
6th	Dubuque Hempstead	181.0
8th	Cedar Rapids Kennedy	178.0
9th	Cedar Rapids Jefferson	127.0
10th	Waterloo	77.0

Mississippi Division Results

<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Linn-Mar	494.0
2nd	Iowa City West	455.0
3rd	Waterloo	308.0
4th	CR Jefferson	301.0

Valley Division Results

<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Cedar Rapids Washington	359.0
2nd	Cedar Rapids Kennedy	305.0
3rd	Dubuque Hempstead	301.0
4th	Dubuque Senior	296.0
5th	Cedar Falls	276.0
6th	Iowa City High	273.0

2016-17 MVC Boys' Sophomore Swimming SuperMeet Results*Saturday, January 28th, 2017 - Holmes Junior High***Sophomore Boys' Swimming**

<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Iowa City West	497.0
2nd	Linn-Mar	438.0
3rd	Cedar Rapids Washington	374.0
4th	Cedar Falls	326.0
5th	Cedar Rapids Kennedy	282.0
6th	Dubuque Hempstead	278.0
7th	Waterloo	266.0
8th	Dubuque Senior	247.0
9th	Iowa City High	217.0
10th	Cedar Rapids Jefferson	159.0

Mississippi Division Results

<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Iowa City West	497.0
2nd	Linn-Mar	438.0
3rd	Waterloo	266.0
4th	CR Jefferson	159.0

Valley Division Results

<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Cedar Rapids Washington	374.0
2nd	Cedar Falls	326.0
3rd	Cedar Rapids Kennedy	282.0
4th	Dubuque Hempstead	278.0
5th	Dubuque Senior	247.0
6th	Iowa City High	217.0

2017 MVC Boys Swimming All-Division Selections

<u>Mississippi Division</u>			<u>Valley Division</u>	
<u>Coach of the Year</u>				
Tom Belin & Staff		LM	Chirs Cruise & Staff	CRW
<u>Swimmer of the Year</u>				
Noah Bruns Landon Albro		ICW WAT	Cameron Kelley	CRW
<u>200 Medley Relay</u>				
1st Team	Iowa City West Izaak Hajek, Sam Deyak Brennon Keen, Ben Berhow	ICW	Iowa City High Forrest Frazier, Louis Stephan Eric Thomas, Mickale Sadecky	ICH
2nd Team	Linn-Mar Nick Cavanah, Ethan Schmidt Samuel Peng, Austin Cochrane	LM	Cedar Rapids Washington Kaleb Donels, George Durin Zach Kolker, James Breitbart	CRW
Honorable Mention	Cedar Rapids Jefferson Drew Simmons, Paul Hummell Noah Hoogestraat, Robert Larson	CRJ	Dubuque Senior Will Colin, Brandon Yuan Jacob Hansen, Drake Oswald	DS
<u>200 Free</u>				
1st Team	Brycen Snell Hogan Myers	LM LM	Cameron Kelley Dylan Moffatt	CRW CF
2nd Team	Carter Lorenz Tate Happel	LM ICW	Cade Schoenauer Chris Duehr	CRK DH
Honorable Mention	Ethan McAreavy Coleman Riss	ICW ICW	Eamonn McCullough Jeremy Thronson	CF CRW
<u>200 IM</u>				
1st Team	Izaak Hajek Ben Berhow	ICW ICW	Forrest Frazier Sam Reinart	ICH CF
2nd Team	Samuel Peng Noah Hoogestraat	LM CRJ	Eric Thomas Kaleb Donels	ICH CRW
Honorable Mention	Alex Cochrane Donald Fejfar	LM LM	Benson Redfern Brandon Yuan	CF DS
<u>50 Free</u>				
1st Team	Matt Peng Paul Hummell	LM CRJ	George Durin Carter Kramer	CRW CRK
2nd Team	Noah Bruns Matthew Mather	ICW LM	Collin Sindt Drake Oswald	DS DS
Honorable Mention	Brennon Keen Austin Cochrane	ICW LM	Dakota Clark Ethan Ford	CF CRW
<u>100 Fly</u>				
1st Team	Matt Peng Izaak Hajek	LM ICW	Cade Schoenauer Chris Duehr	CRK DH
2nd Team	Drew Simmons Samuel Peng	CRJ LM	Zach Kolker Jacob Hansen	CRW DS
Honorable Mention	Jake Kraemer Noah Hoogestraat	LM CRJ	Dalton Hammel Eamonn McCullough	DH CF
<u>100 Free</u>				
1st Team	Brycen Snell Matthew Mather	LM LM	George Durin Dylan Moffatt	CRW CF
2nd Team	Noah Bruns Brennon Keen	ICW ICW	Collin Sindt Tom Poggemiller	DS DH
Honorable Mention	Tate Hookham Zach Vana	WAT LM	Sean Casey Spencer Davis	CRK CRK

2017 MVC Boys Swimming All-Division Selections

<u>Mississippi Division</u>			<u>Valley Division</u>	
<u>500 Free</u>				
1st Team	Lane Griffis	ICW	Cameron Kelley	CRW
	Hogan Myers	LM	Zach Kolker	CRW
2nd Team	Nick Cavanah	LM	Will Colin	DS
	Drew Simmons	CRJ	Jeremy Thronson	CRW
Honorable Mention	Tate Happel	ICW	Sam Sutter	DH
	Carter Lorenz	LM	Mathias Chamberlain	DH
<u>200 Free Relay</u>				
1st Team	Linn-Mar	LM	Cedar Rapids Kennedy	CRK
	Matt Peng, Brycen Snell		Carter Kramer, Dawson Gibbons	
	Matthew Mather, Hogan Myers		Cade Schoenauer, Sean Casey	
2nd Team	Iowa City West	ICW	Cedar Rapids Washington	CRW
	Noah Bruns, Sam Deyak		Ethan Ford, James Breitbart	
	Ben Berhow, Ethan McAreavy		Jeremy Thronson, Cameron Kelley	
Honorable Mention	Cedar Rapids Jefferson	CRJ	Dubuque Hempstead	DH
	Paul Hummell, Robert Larson		Chris Duehr, Dalton Hammel	
	Noah Hoogestraat, Drew Simmons		Jakob Decker, Tom Poggemiller	
<u>100 Back</u>				
1st Team	Nick Cavanah	LM	Forrest Frazier	ICH
	Zach Vana	LM	Kaleb Donels	CRW
2nd Team	Austin Cochrane	LM	Sam Reinart	CF
	John Li	ICW	Will Colin	DS
Honorable Mention	Ben Schroeder	ICW	Eric Thomas	ICH
	Nasim Abu-Dagga	ICW	Benson Redfern	CF
<u>100 Breast</u>				
1st Team	Paul Hummell	CRJ	Brandon Yuan	DS
	Lane Griffis	ICW	Louis Stephan	ICH
2nd Team	Ben Berhow	ICW	Ethan Kueter	DH
	Sam Deyak	ICW	Carter Kramer	CRK
Honorable Mention	Ethan Schmidt	LM	Connor Sindt	DS
	Donald Fejfar	LM	Nathan Davis	CRK
<u>400 Free Relay</u>				
1st Team	Linn-Mar	LM	Cedar Rapids Washington	CRW
	Matt Peng, Matthew Mather		Jeremy Thronson, Cameron Kelley	
	Hogan Myers, Brycen Snell		George Durin, Kaleb Donels	
2nd Team	Iowa City West	ICW	Cedar Falls	CF
	Noah Bruns, Izaak Hajek		Sam Reinart, Eamonn McCullough	
	Brennon Keen, Lane Griffis		Benson Redfern, Dylan Moffatt	
Honorable Mention	Waterloo Swim Team	WAT	Dubuque Senior	DS
	Noah Richman, Tate Hookham		Collin Sindt, Jacob Hansen	
	Charlie Lorenz, Sam O'Brien		Drake Oswald, Will Colin	

2017 MVC Boys Swimming All-Division Selections**Mississippi Division****Valley Division**

<u>All-Academic Selections</u>			
Logan Kroeze	CRJ	Dakota Clark	CF
Robert Larson	CRJ	Tanner Holden	CF
Jack Frieden	CRX	Nathan Davis	CRK
Carter Kramer	CRX	Cade Schoenauer	CRK
---	DW	Noah Hoogestraat	CRP
---	DW		CRP
Reid Thoeny	ICW	Cameron Kelley	CRW
Orion Staskal	ICW	Nathaniel Burke	CRW
Donald Fejfar	LM	Mason Nebel	DH
Carter Lorenz	LM		DH
	WE	Collin Sindt	DS
	WE	Drake Oswald	DS
Landon Albro	WW	Donald Hill	ICH
Cole McNeal	WW	Ryan Van Daele	ICH

2017 Iowa High School State Boys' Swimming Results

<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Waukee	259.0
2nd	Johnston	191.0
3rd	Bettendorf	185.0
4th	Cedar Rapids Washington	165.5
5th	Dowling, West Des Moines	160.0
6th	Ames	153.0
7th	Ankeny	144.0
8th	Valley, West Des Moines	117.0
9th	Iowa City West	94.0
10th	Pleasant Valley	93.0
11th	Davenport Central	92.0
12th	Fort Dodge	72.0
13th	Sioux City	71.0
14th	Linn-Mar	65.0
15th	Cedar Falls	57.0
16th	Iowa City High	45.0
17th	Atlantic	33.0
17th	Council Bluffs AL/TJ	33.0
19th	Lewis Central, Council Bluffs	22.0
20th	DBQ Senior	21.0
21st	DBQ Hempstead	20.0
22nd	Des Moines Roosevelt	19.5
23rd	Cedar Rapids Jefferson	16.0
24th	Des Moines Lincoln	14.0
25th	Cedar Rapids Kennedy	9.0
26th	Decorah	7.0
27th	Mason City	5.0
27th	Muscatine	5.0
29th	Des Moines East	1.0
29th	Carroll	1.0

MVC Boys' Swimming Diving Records**Varsity Records (Updated-01/22/17)**

<u>Event</u>	<u>Year</u>	<u>Athlete(s)</u>	<u>School</u>	<u>Time</u>
200-Yard Medley Relay	2016	<u>Iowa City West</u> Aidan Keen, Oliver Martin, Mark McGlaughlin, Will Scott		1:35.06
200-Yard Freestyle	2016	Aidan Keen	Iowa City West	1:41.28
200-Yard Individual Medley	2015	Mark McGlaughlin	Iowa City West	1:51.75
50-Yard Freestyle	2016	Will Scott	Iowa City West	20.78
***Diving	1981	Kent Ferguson	CR Washington	551.21
100-Yard Butterfly	2017	Matt Peng	Linn-Mar	51.85
100-Yard Freestyle	2016	Mark McGlaughlin	Iowa City West	45.22
500-Yard Freestyle	2016	Cameron Kelley	CR Washington	4:37.19
200-Yard Freestyle Relay	2015	<u>Iowa City West</u> Oliver Martin, Will Scott, Aidan Keen, Mark McGlaughlin	Iowa City West	1:24.59
100-Yard Backstroke	2016	Mark McGlaughlin	Iowa City West	50.17
100-Yard Breaststroke	2003	Sean Osborne	Cedar Falls	57.22
400-Yard Freestyle Relay	2016	<u>Iowa City West</u> Mark McGlaughlin, Aidan Keen, Oliver Martin, Will Scott	Iowa City West	3:05.16

***No longer an IHSA Event*

Sophomore Records (Updated-01/30/17)

<u>Event</u>	<u>Year</u>	<u>Athlete(s)</u>	<u>School</u>	<u>Time</u>
200-Yard Medley Relay	2006	<u>Cedar Falls</u> Nick Cordes, Nathan Hohnstein, Seth Wessels, Alex Stone		1:39.88
200-Yard Freestyle	2015	Cameron Kelley	CR Washington	1:46.24
200-Yard Individual Medley	2017	Forrest Frazier	Iowa City High	1:57.08
50-Yard Freestyle	2005	Nick Cordes	Cedar Falls	21.18
***Diving	1987	Randy Ableman	CR Washington	428.25
100-Yard Butterfly	2005	Nick Cordes	Cedar Falls	52.01
100-Yard Freestyle	2014	Mark McGlaughlin	Iowa City West	46.10
500-Yard Freestyle	2017	Dylan Moffatt	Cedar Falls	4:37.63
200-Yard Freestyle Relay	2004	<u>Cedar Falls</u> Nick Cordes, Nathan Hohnstein, Tyler Verink, Jordan Wessels	Cedar Falls	1:29.84
100-Yard Backstroke	2014	Nick Saulnier	CR Washington	53.82
100-Yard Breaststroke	1996	Ben Litton	Cedar Falls	59.19
400-Yard Freestyle Relay	2012	<u>Iowa City West</u> Will Scott, Mark McGlaughlin, Aidan Keen, Matt Anderson	Iowa City West	3:18.79

****no longer an event*

2017 Spring Sports



(includes)

- **Varsity Boys Track**
- **Varsity Girls Track**
- **Varsity & Sophomore Boys Soccer**
- **Varsity & JV Girls Soccer**
- **Varsity Boys Tennis**
- **Varsity Girls Tennis**
- **Varsity Girls Golf**

2017 Boys' Track



2017 MVC Boys' Track & Field Divisional Meets Results

Mississippi Division

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Iowa City West	177.0
2nd	Linn-Mar	117.0
3rd	Dubuque Wahlert	100.0
4th	Waterloo West	72.0
5th	Cedar Rapids Xavier	49.0
6th	Cedar Rapids Jefferson	41.0
7th	Waterloo East	31.0

Valley Division

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Cedar Rapids Kennedy	150.0
2nd	Cedar Rapids Prairie	104.0
3rd	Cedar Falls	90.0
4th	Iowa City High	87.0
5th	Cedar Rapids Washington	73.0
6th	Dubuque Senior	44.0
7th	Dubuque Hempstead	41.0

Mississippi Division

TJ Craig & Staff Iowa City West	Coach of the Year	Curt Pakkebieer & Staff Cedar Rapids Kennedy
Austin West Iowa City West	Athlete of the Year	Joah Banks Cedar Rapids Prairie
Iowa City West	Team Champion	Cedar Rapids Kennedy

2017 MVC Boys Track All-Division Selections

Mississippi Division

Valley Division

		<u>Coach of the Year</u>			
Travis Craig		ICW		Curt Pakkebier	CRK
		<u>Athlete of the Year</u>			
Austin West		ICW		Joah Banks	CRP
		<u>Team Champion</u>			
Iowa City West		Cedar Rapids Kennedy			
<u>High Jump</u>					
1st Team	Jared Sams-Merriwether	ICW		Malik Haynes	CRK
	Matt Bandy	DW		Mason Abbas	CF
2nd Team	Jacee Clark	WE		Nathan Drahos	CRK
	Trey Hutcheson	LM		Marty Borseth	CRP
Honorable Mention	Dillon Doyle	ICW		Caleb Fuller	CRP
	Chase Pabst	WW		Luke Loecher	CF
<u>Long Jump</u>					
1st Team	Danny McDermott	DW		Marty Borseth	CRP
	Deyton Love	WW		Terrell Jordan Jr.	CRK
2nd Team	Joey Callahan	DW		Malik Haynes	CRK
	Levi Lenius	WW		Nick Kubitz	DS
Honorable Mention	Cole Mabry	ICW		Cole Milder	ICH
	Jaidyn Williams	LM		Mike Behnke	DH
<u>Discus</u>					
1st Team	Jonathan Gannon	ICW		Jackson Coker	CRK
	Riley Higgins	LM		Cam Jones	CRK
2nd Team	Blake Ealy	ICW		Gerry Alt	CRW
	Baylor Pree	LM		Keegan Larson	CF
Honorable Mention	Ethan Brown	CRX		Andrew Sandvold	CF
	Spencer Goerd	DW		Nolan Potter	CRW
<u>Shot Put</u>					
1st Team	Josh Volk	CRX		Jackson Coker	CRK
	Nick Joens	WW		Sam Pape	CRK
2nd Team	Keenan Stewart	CRJ		Jackson Leistikow	CF
	Alex Kleinow	ICW		Gerry Alt	CRW
Honorable Mention	Landon Green	ICW		Jack Roussel	DH
	Baylor Pree	LM		Andrew Sandvold	CF
<u>100 Meter</u>					
1st Team	Alden Kuntz	DW		Matt Timmer	CF
	Josue Bokoyo	CRJ		Dylan Kutsch	DH
2nd Team	Mitchell Hall	CRJ		Chase Baker	CRK
	Alex Hess	LM		Andrew Dostal	CRW
Honorable Mention	Trumell Roberts	ICW		Kennardo Rodney	ICH
	Harrison Eighmey	WW		Brady Bunten	CRW
<u>200 Meter</u>					
1st Team	Gabe Caruthers	ICW		Matt Timmer	CF
	Alden Kuntz	DW		Tay Collins	DH
2nd Team	Josue Bokoyo	CRJ		Marty Borseth	CRP
	Carlton Todd	WW		Tim Kelly	CRK
Honorable Mention	Jordan Evans	WE		Andrew Dostal	CRW
	Mitchell Hall	CRJ		Vance Dillon	ICH

2017 MVC Boys Track All-Division Selections

Mississippi Division

Valley Division

<u>400 Meter</u>				
1st Team	Sam Tudor	WW	Zach Jones	ICH
	Isaiah Arndorfer	WW	Jesse Price	CRK
2nd Team	Dalton Gosch	LM	Jack Roggeveen	ICH
	Nathan Tranel	DW	Angelo Romagna	DS
Honorable Mention	Chris Low	ICW	Keeler Dix	CRK
	Javonte Williams	ICW	Malik Vance	CRW
<u>800 Meter</u>				
1st Team	Derek Nugent	ICW	Seb Gearhart	CF
	Jeff Garbutt	ICW	James McMillan	ICH
2nd Team	Trent Long	LM	Robert Laue	CRP
	Josh Gerke	CRX	Jalen Hildebrand	DS
Honorable Mention	Luke Schaefer	DW	Max Laue	CRP
	Johnny Seitz	LM	Caleb Burjes	CF
<u>1600 Meter</u>				
1st Team	Ryan Murphy	LM	Sam Schillinger	CF
	Ali Ali	ICW	Max Locher	CRW
2nd Team	Kolby Greiner	ICW	Michael Berg	ICH
	Dylan Dolezal	LM	Cameron Steffens	CRP
Honorable Mention	Joe Scieszinski	CRX	Adam Mueller	DH
	George Barton	DW	Addison Kalb	DH
<u>3200 Meter</u>				
1st Team	Kolby Greiner	ICW	Cameron Steffens	CRP
	Ali Ali	ICW	Jalen Hildebrand	DS
2nd Team	Ryan Murphy	LM	Ry Threlkeld-Wiegand	ICH
	Davis Flogel	DW	Samuel McDermott	CRW
Honorable Mention	Brycen Snell	LM	Jack Pendergast	CRP
	John Pape	CRX	Joey Schultz	DH
<u>110 Meter Hurdles</u>				
1st Team	Zeal Baker	LM	Joah Banks	CRP
	Max Hill	ICW	Terrell Jordan Jr.	CRK
2nd Team	Trent Davis	LM	Reese Barton	CRW
	Ryan Rogers	DW	Ian Christ	DH
Honorable Mention	George Durin	CRX	Rex Thompson	ICH
	Deyton Love	WW	Dakota Brimmer	DS
<u>400 Meter Hurdles</u>				
1st Team	Austin West	ICW	Angelo Romagna	DS
	Nick House	LM	Mike Jasa	CRP
2nd Team	Max Hill	ICW	Dakota Brimmer	DS
	Joe Friend	DW	Matthew Knox	CRK
Honorable Mention	Braden Stovie	CRX	Rex Thompson	ICH
	Deyton Love	WW	Dominick Goecken	CF
<u>4x100 Meter Relay</u>				
1st Team	<u>Cedar Rapids Jefferson</u> Braxton Bolden, Kyran Ligon, Josue Bokoyo, Mitchell Hall		<u>Cedar Rapids Kennedy</u> Marco Shanklin, Chase Baker, Payton McCarty, Zak Packingham	
2nd Team	<u>Waterloo West</u> Sam Tudor, Harrison Eighmey, Levi Lenius, Carlton Todd		<u>Cedar Rapids Prairie</u> Joah Banks, Anthony Pearson, Gavin Haugen, Marty Borseth	
Honorable Mention	<u>Waterloo East</u> Deshon Ford, Jordan Evans, Tyre Reed, Jacee Clark		<u>Iowa Ctiy High</u> Zach Jones, Jack Roggeveen, Kennardo Rodney, Vance Dillon	

2017 MVC Boys Track All-Division Selections**Mississippi Division****Valley Division****4x200 Meter Relay**

1st Team	<u>Waterloo East</u> Jacee Clark, Jordan Evans, Deshon Ford, Kendall Robinson	<u>Cedar Rapids Kennedy</u> Chase Baker, Blake Jones, Tim Kelly, Marco Shanklin
2nd Team	<u>Cedar Rapids Xavier</u> Aaron Larson, Cole Goerd, John Rocca, Kaiden Cuevas	<u>Dubuque Hempstead</u> Dylan Kutsch, Logan Reavis, Thomas Hilkin, Tay Collins
Honorable Mention	<u>Linn-Mar</u> Tyler Hungate, Colin Johnston, Jaidyn Williams, Nick House	<u>Cedar Rapids Washington</u> Trey Leonard, Brady Bunten, Cade Saylor, Malik Sheets

4x400 Meter Relay

1st Team	<u>Iowa City West</u> Derek Nugent, Austin West, Jeff Garbutt, Gabe Caruthers	<u>Iowa City High</u> Daniel Brown, Zach Jones, John Paul Rethwisch, Jack Roggeveen
2nd Team	<u>Waterloo West</u> Sam Tudor, Clayton Streed, Connor Backens, Isaiah Arndorfer	<u>Cedar Rapids Kennedy</u> Blake Jones, Malik Haynes, Marco Shanklin, Jesse Price
Honorable Mention	<u>Dubuque Wahlert</u> Nathan Tranel, Coby Adams, Sam Herrig, Jace Kunkel	<u>Cedar Rapids Prairie</u> Mason Johnson, Tyrel Johnson, Matt Lorenz, Edwin Gehy

4x800 Meter Relay

1st Team	<u>Iowa City West</u> Derek Nugent, Jeff Garbutt, Ethan McAreavy, Ethan Goers	<u>Iowa City High</u> James McMillan, James Momberg, John Paul Rethwisch, Daniel Brown
2nd Team	<u>Cedar Rapids Xavier</u> Josh Gerke, Nathan Skala, Beau Van Berkum, Grayson Walther	<u>Cedar Falls</u> Quinlan O'Hair, Caleb Burjes, Jacob Ostrich, Sam Schillinger
Honorable Mention	<u>Linn-Mar</u> Trent Long, Dylan Dolezal, Grant Chlystun, Colin Johnston	<u>Cedar Rapids Washington</u> Max Locher, Lewis Kleman, Caleb Kleman, Samuel McDermott

4x110 Meter Shuttle Relay

1st Team	<u>Linn-Mar</u> Trent Davis, Nick House, Zeal Baker, Logan Clark	<u>Cedar Rapids Prairie</u> Kian Davis, Mike Jasa, Caleb Fuller, Joah Banks
2nd Team	<u>Iowa City West</u> Jared Sams-Merriwether, Cole Mabry, Caden Fedeler, Max Hill	<u>Cedar Rapids Washington</u> Jacob Bockenstedt, Trey Leonard, Nolan Cavanaugh, Reese Barton
Honorable Mention	<u>Dubuque Wahlert</u> Ryan Rogers, Zach Kemp, Sam Herrig, Joe Friend	<u>Cedar Rapids Kennedy</u> Will Stecker, Terrell Jordan Jr., BJ White, Nathan Drahos

1600 Sprint Medley

1st Team	<u>Iowa City West</u> Austin West, Dillon Doyle, Gabe Caruthers, Nate Jelinek	<u>Cedar Rapids Prairie</u> Gavin Haugen, Tyrel Johnson, Edwin Gehy, Matt Lorenz
2nd Team	<u>Dubuque Wahlert</u> Matt Riley, Coby Adams, Luke Schaefer, Luke Hilby	<u>Iowa City High</u> Rex Thompson, Max DePrenger, James Momberg, Lucas Firmstone
Honorable Mention	<u>Linn-Mar</u> Trent Roling, Trey Martin, Johnny Seitz, Ethan Schmidt	<u>Cedar Rapids Kennedy</u> KeyShawn Allers, Cade Parker, Michael Gallagher, Makhi Harris

800 Sprint Medley

1st Team	<u>Iowa City West</u> Kimball Henstrom, Trumell Roberts, Gabe Caruthers, Austin West	<u>Cedar Rapids Kennedy</u> Payton McCarty, Chase Baker, Marco Shanklin, Blake Jones
2nd Team	<u>Dubuque Wahlert</u> Ryan Rogers, Joe Friend, Alden Kuntz, Luke Hilby	<u>Cedar Rapids Washington</u> Nolan Cavanaugh, Brady Bunten, Trey Leonard, Andrew Dostal
Honorable Mention	<u>Waterloo East</u> Jacee Clark, Tyre Reed, Jordan Evans, Deshon Ford	<u>Iowa City High</u> Vance Dillon, Kennardo Rodney, Jack Roggeveen, Lucas Firmstone

2017 MVC Boys Track All-Division Selections**Mississippi Division****Valley Division****All-Academic Selections**

Blake Owens	CRJ
Daniel Everts	CRJ
John Rocca	CRX
Sam Martin	CRX
Sam Herrig	DW
Nathan Tranel	DW
Nathanial Jelinek	ICW
Andrew Murley	ICW
Scott Laubengayer	LM
Nick House	LM
Carter Thill	WE
Alejandro Medina-Valencia	WE
Isaiah Arndorfer	WW
Scyler Torrey	WW

Seb Gearhart	CF
Sam Schillinger	CF
Tyler Dennis	CRK
Samuel Pape	CRK
Luke Huedepohl	CRP
Brody Bohr	CRP
Adam Mueller	DH
McCormick Stephenson	DH
Jesse Hannan	DS
Wes Brimeyer	DS
Dillon Africa	ICH
Alexander Steele	ICH
Samual McDermott	CRW
Patrick Gorman	CRW

2017 MVC Boys' Track
- Top 5 All Events -
(from Quickstatslowa.com)

Mississippi Division**100 Meter Dash**

Alden Kuntz	10.96
Tayshaun Cooper	11.04
Josue' Bokoyo	11.05
Mitchell Hall	11.24
Alex Hess	11.28

110 Meter Hurdles

Zeal Baker	14.62
Trent Davis	14.95
Ryan Rogers	14.98
Max Hill	15.03
Deyton Love	15.88

200 Meter Dash

Tayshaun Cooper	21.72
Alden Kuntz	22.11
Gabe Caruthers	22.12
Carlton Todd	22.17
Josue' Bokoyo	22.67

400 Meter Dash

Sam Tudor	49.33
Dalton Gosch	49.79
Isaiah Arndorfer	50.24
Chris Low	51.15
Derek Nugent	51.50

400 Meter Hurdles

Austin West	54.50
Nick House	55.00
Joe Friend	55.02
Max Hill	56.49
Cole Mabry	56.90

800 Meter Run

Derek Nugent	01:56.99
Isaiah Arndorfer	01:59.23
Luke Hilby	01:59.41
Trent Long	01:59.80
Jeff Garbutt	02:00.29

1600 Meter Run

Ryan Murphy	04:15.36
Kolby Greiner	04:25.87
Ali Ali	04:31.56
Trent Long	04:34.90
Dylan Dolezal	04:35.53

Valley Division**100 Meter Dash**

Tay Collins	10.89
Matt Timmer	11.01
Andrew Dostal	11.01
Chase Baker	11.03
Zak Packingham	11.04

110 Meter Hurdles

Joah Banks	13.97
Terrell Jordan JR.	14.68
Reese Barton	15.01
Chavi Parks	15.09
Rex Thompson	15.24

200 Meter Dash

Matt Timmer	22.19
Chase Baker	22.54
Tay Collins	22.57
Tim Kelly	22.75
Marty Borseth	22.78

400 Meter Dash

Zach Jones	49.93
Jesse Price	50.61
Seb Gearhart	51.28
Jack Roggeveen	51.29
Angelo Romagna	51.83

400 Meter Hurdles

Nathan Hoy	52.57
Angelo Romagna	55.61
Mike Jasa	56.09
Dakota Brimmer	57.00
Matthew Knox	57.36

800 Meter Run

Seb Gearhart	01:55.87
Sam Schillinger	01:57.85
Matt Lorenz	01:58.07
Jim McMillan	01:58.14
John Paul Rethwisch	01:59.91

1600 Meter Run

Sam Schillinger	04:16.28
Samuel McDermott	04:27.60
Max Locher	04:29.95
Michael Berg	04:30.70
cam steffens	04:31.05

2017 MVC Boys' Track
- Top 5 All Events -
(from Quickstatslowa.com)

Mississippi Division**3200 Meter Run**

Ryan Murphy	09:09.28
Kolby Greiner	09:19.75
Ali Ali	09:20.90
Davis Fogel	10:08.12
Brycen Snell	10:12.16

Long Jump

Carlton Todd	22-06.25
Danny McDermott	21-09.50
Jacee Clark	21-06.50
Deshon Ford	20-11.50
Jaidyn Williams	20-10.00

High Jump

Jacee Clark	6-05.00
Matt Bandy	6-04.00
Jared Sams-Merriwether	6-04.00
Trey Hutcheson	6-00.25
Ryan Kadenge	6-00.00

Shot Put

Nick Joens	54-05.00
Alex Kleinow	53-04.00
Josh Volk	52-09.50
Baylor Pree	50-06.25
Landon Green	49-08.50

Discus

Jonathan Gannon	163-01.00
Riley Higgins	162-00.00
Blake Ealy	160-08.00
Landon Green	140-10.00
Brendon Claussen	140-05.00

4x100 Meter Relay

Waterloo, West	42.95
Cedar Rapids, Jefferson	43.88
Wahlert, Dubuque	44.11
Waterloo, East	44.18
Iowa City, West	44.28

4x110 Meter Shuttle Hurdle Relay

Linn-Mar, Marion	56.90
Iowa City, West	59.32
Wahlert, Dubuque	01:00.39
Xavier, Cedar Rapids	01:02.69
Waterloo, West	01:05.59

Valley Division**3200 Meter Run**

Sam Schillinger	09:06.04
Samuel McDermott	09:38.26
Michael Berg	09:38.84
cam steffens	09:39.16
Jalen Hildebrand	09:42.43

Long Jump

Marty Borseth	23-03.00
Jonny Miller	22-04.50
Malik Haynes	22-04.00
Terrell Jordan JR.	21-10.75
Nick Kubitz	21-06.00

High Jump

Malik Haynes	6-05.00
Marty Borseth	6-03.50
Nathan Drahos	6-02.00
Mason Abbas	6-00.00
Bryce Albaugh	5-10.50

Shot Put

Jackson Coker	63-09.50
Gerry Alt	51-11.00
Jackson Leistikow	50-04.00
Sam Pape	50-03.00
Andrew Sandvold	49-03.50

Discus

Jackson Coker	182-00.00
Rory Larsen	158-04.00
Cam Jones	154-11.00
Andrew Sandvold	153-08.00
Gerry Alt	143-08.00

4x100 Meter Relay

Cedar Rapids, Washington	42.13
Prairie, Cedar Rapids	42.95
Cedar Rapids, Kennedy	42.98
Iowa City, City High	43.31
Dubuque, Hempstead	43.37

4x110 Meter Shuttle Hurdle Relay

Cedar Rapids, Washington	57.50
Prairie, Cedar Rapids	57.82
Cedar Rapids, Kennedy	58.63
Cedar Falls	01:00.10
Iowa City, City High	01:00.36

2017 MVC Boys' Track
- Top 5 All Events -
(from Quickstatslowa.com)

Mississippi Division**4x200 Meter Relay**

Waterloo, West	01:27.48
Cedar Rapids, Jefferson	01:30.80
Linn-Mar, Marion	01:31.78
Waterloo, East	01:32.01
Iowa City, West	01:32.49

4x400 Meter Relay

Waterloo, West	03:18.70
Iowa City, West	03:22.57
Linn-Mar, Marion	03:26.65
Wahlert, Dubuque	03:26.79
Xavier, Cedar Rapids	03:32.79

4x800 Meter Relay

Linn-Mar, Marion	08:03.68
Iowa City, West	08:08.37
Wahlert, Dubuque	08:15.47
Xavier, Cedar Rapids	08:18.51
Waterloo, West	08:35.79

800 Medley Relay

Waterloo, West	01:32.68
Iowa City, West	01:34.24
Wahlert, Dubuque	01:35.77
Waterloo, East	01:36.29
Linn-Mar, Marion	01:36.45

1600 Medley Relay

Iowa City, West	03:32.44
Waterloo, West	03:35.03
Linn-Mar, Marion	03:35.66
Xavier, Cedar Rapids	03:42.46
Wahlert, Dubuque	03:44.54

Shot Put Wheel Chair**100 Meter Wheel Chair****200 Meter Wheel Chair****400 Meter Wheel Chair****Valley Division****4x200 Meter Relay**

Cedar Rapids, Kennedy	01:27.55
Dubuque, Hempstead	01:30.31
Cedar Rapids, Washington	01:30.36
Prairie, Cedar Rapids	01:32.04
Cedar Falls	01:33.27

4x400 Meter Relay

Cedar Falls	03:17.88
Cedar Rapids, Kennedy	03:22.49
Iowa City, City High	03:22.60
Prairie, Cedar Rapids	03:29.14
Dubuque, Senior	03:30.29

4x800 Meter Relay

Cedar Falls	07:50.63
Prairie, Cedar Rapids	08:02.41
Iowa City, City High	08:05.87
Cedar Rapids, Washington	08:10.34
Dubuque, Senior	08:15.29

800 Medley Relay

Cedar Rapids, Kennedy	01:33.16
Dubuque, Hempstead	01:35.00
Cedar Rapids, Washington	01:35.12
Iowa City, City High	01:35.39
Cedar Falls	01:36.19

1600 Medley Relay

Cedar Falls	03:32.41
Iowa City, City High	03:34.54
Prairie, Cedar Rapids	03:35.99
Cedar Rapids, Washington	03:39.08
Dubuque, Senior	03:40.38

Shot Put Wheel Chair**100 Meter Wheel Chair****200 Meter Wheel Chair****400 Meter Wheel Chair**

2017 Iowa High School State Boys' Track Results

<u>Class 4A</u>		
<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	West Des Moines Valley	73.00
2nd	Waukee	69.00
3rd	Western Dubuque	54.00
4th	Cedar Falls	48.00
5th	Waterloo West	42.00
6th	Ankeny Centennial	41.00
7th	Linn-Mar	38.00
7th	West Des Moines Dowling	38.00
9th	Iowa City West	35.00
10th	Cedar Rapids Kennedy	32.00
15th	Cedar Rapids Prairie	20.00
19th	Iowa City High	13.00
22nd	Cedar Rapids Washington	12.00
25th	Dubuque Hempstead	5.00
28th	Dubuque Senior	4.00

<u>Class 3A</u>		
<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Marion	69.00
2nd	Mount Vernon	58.00
3rd	Dallas Center-Grimes	45.00
4th	SB-Luton	40.00
5th	Carlisle	39.00
5th	Boone	39.00
7th	Mount Pleasant	38.00
8th	West Burlington/Notre Dame	36.00
9th	Glenwood	33.00
10th	Dubuque Wahlert	32.75
31st	Cedar Rapids Xavier	4.00

Mississippi Valley Conference Boys' Track Records
(MVC Meets Only)

<u>RUNNING EVENTS</u>	<u>ATHLETE(S)</u>	<u>SCHOOL</u>	<u>EFFORT</u>	<u>YEAR</u>
100 Meter Dash	Tim Dwight	Iowa City high	00:10.19	1994
200 Meter Dash	Calvin Davis	Iowa City high	00:21.31	2001
400 Meter Dash	Roger Colglazier	Davenport Central	00:47.60	1968
800 Meter Dash	Timauntay Jones	Cedar Rapids Jefferson	01:53.36	2013
1600 Meter Run	Josh Evans	Linn-Mar	04:12.69	2014
3200 Meter Run	Randy Jackson	Iowa City high	09:07.70	1976
110 High Hurdles	Joah Banks	Cedar Rapids Prairie	00:14.23	2017
400 Low Hurdles	Kyle Dunn	Linn-Mar	00:51.64	2010
4 x 100 Meter Relay	McMahon, Ringena, Fraga, Richards	Iowa City high	00:42.19	1996
4 x 200 Meter Relay	Hill, Holland, Dwight, Ringena	Iowa City high	01:26.40	1997
4 x 400 Meter Relay	Frahm, Richards, Honore, Dwight	Iowa City high	03:18.30	1994
4 x 800 Meter Relay	R.Brock, Wallace, Cayro, J.Brock	Dubuque Senior	07:52.50	1994
Medley Relay	Miller, Carew, Michel, Jackson	Iowa City high	03:34.30	1976
Shuttle Hurdle Relay	Greer, Duarte, Johnson, Roemerman	Iowa City high	00:56.38	2012

<u>FIELD EVENTS</u>	<u>ATHLETE(S)</u>	<u>SCHOOL</u>	<u>EFFORT</u>	<u>YEAR</u>
High Jump	Paul Marchael	Iowa City high	6'10"	1980
Long Jump	Jess Holland	Iowa City high	23'10.25"	1996
Pole Vault	Chuck Tomasek	Cedar Rapids Jefferson	14'07"	1981
Discus	Nick Brayton	Iowa City West	191'06"	2007
Shot Put	Doug Lane	Cedar Rapids Jefferson	70'02.50"	1968

<u>WHEELCHAIR EVENTS</u>	<u>ATHLETE(S)</u>	<u>SCHOOL</u>	<u>EFFORT</u>	<u>YEAR</u>
100	Jon Litzkow	Waterloo West	00:17.50	2013
200	Jon Litzkow	Waterloo West	00:31.44	2013
400	Jon Litzkow	Waterloo West	01:02.14	2013
Shot Put	Alex Gudenkauf	Dubuque Senior	35'2.75"	2012
Discus	Dan Klavitter	Dubuque Senior	56'06"	2001

2017 Girls' Track



2017 MVC Girls' Track & Field Divisional Meets Results

Mississippi Division

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Iowa City West	180.0
2nd	Linn-Mar	110.0
3rd	Dubuque Wahlert	93.0
4th	Waterloo East	63.0
5th	Waterloo West	57.0
6th	Cedar Rapids Jefferson	42.0
7th	Cedar Rapids Xavier	35.0

Valley Division

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Cedar Falls	126.0
2nd	Dubuque Senior	99.0
3rd	Cedar Rapids Prairie	86.0
4th	Dubuque Hempstead	76.0
5th	Cedar Rapids Kennedy	71.0
6th	Iowa City High	68.0
7th	Cedar Rapids Washington	63.0

Mississippi Division

Mike Parker & Staff Iowa City West	Coach of the Year	Kara Hulse & Staff Cedar Falls
Kerris Roberts Waterloo East	Athletes of the Year	Mackenzie Michael Cedar Falls
		Stevie Lambe Dubuque Senior
Iowa City West	Team Champion	Cedar Falls

2017 MVC Girls Track All-Division Selections

Mississippi Division

Valley Division

		<u>Coach of the Year</u>	
		Mike Parker & Staff	ICW
		Kara Hulse & Staff	CF
		<u>Athlete of the Year</u>	
		Kerris Roberts	WE
		Mackenzie Michael	CF
		Stevie Lambe	DS
		<u>Team Champion</u>	
		Iowa City West	ICW
		Cedar Falls	CF
		<u>High Jump</u>	
1st Team	Skyler Presler	LM	Katie Beer
	Megan Renner	LM	Auriona Kimbrough
2nd Team	Tarrel Manning	WE	Grace Gudenkauf
	Da'Naiza Sallis	WW	Jenna Wagemester
Honorable Mention	Arianna Hawkins	CRJ	Cyan Vanderhoef
			Amber Smothers
		<u>Long Jump</u>	
1st Team	Valerie Welch	ICW	Vanessa Eniola
	Kitra Bell	ICW	Grace Gudenkauf
2nd Team	Ariana Rolle	LM	Sarah Schmitt
	Dimia Burrell	LM	Katie Beer
Honorable Mention	Libby Wedewer	DW	Lily Becker
	Shamya Jenkins	WE	Janyla Hoskins
		<u>Discus</u>	
1st Team	Leah Dusterhoft	ICW	Luci Murphy
	Chandler Haight	ICW	Alicia Sill
2nd Team	Morgan Montgomery	DW	Murphy Bleymeyer
	Kendra Thompson	LM	Katie Halterman
Honorable Mention	Shavian Thurmond	CRJ	Madison Fleckenstein
	Audra McMahon	DW	Mallory Ruden
		<u>Shot Put</u>	
1st Team	Chandler Haight	ICW	Megan Gronau
	Haile Cook	CRJ	Luci Murphy
2nd Team	Mari Shavers	WW	Katie Halterman
	Leah Dusterhoft	ICW	Murphy Bleymeyer
Honorable Mention	Na'Tracia Ceasar	WW	Alicia Sill
	Grace Jellison	CRJ	Salima Omari
		<u>100 Meter</u>	
1st Team	Kerris Roberts	WE	Cheyenne Mitchell
	Jill Bennett	LM	Raenice Hilderbrand
2nd Team	Alanna Muhammed	WE	Morgan Sterrett
	Bailey Hasken	DW	Janyla Hoskins
Honorable Mention	TaJanik Williams	WW	Stevie Lambe
	Claresa Allison	WW	Emma Clark
		<u>200 Meter</u>	
1st Team	Kerris Roberts	WE	Stevie Lambe
	Alanna Muhammad	WE	Cheyenne Mitchell
2nd Team	Jackie Ganshirt	DW	Kirstin Skriver
	Kitra Bell	ICW	Auriona Kimbrough
Honorable Mention	Meghan Mather	LM	Emma Clark
	Katie Severt	ICW	Sophie Feahn

2017 MVC Girls Track All-Division Selections**Mississippi Division****Valley Division**

<u>400 Meter</u>				
1st Team	Payton Wensel	LM	Mackenzie Michael	CF
	Zoey Thune	WW	Emma Sass	DS
2nd Team	Jallea Dillard	WW	Kirstin Skriver	CRP
	Dimia Burrell	LM	McKenna Johnson	DH
Honorable Mention	Claire Ronnebaum	ICW	Sydney DePrenger	ICH
	Simone Willis	ICW	Emily Schmitt	DH
<u>800 Meter</u>				
1st Team	Bailey Nock	ICW	Mackenzie Michael	CF
	Deniz Ince	ICW	Mary Arch	ICH
2nd Team	Holly Hohmann	DW	Lauren Miller	DS
	Grace Lueken	DW	Kaylee Leicht	DH
Honorable Mention	Camryn Meyer	WW	Mia Rampton	DS
	Ellie Tanko	CRX	Gabriel McCormick	ICH
<u>1500 Meter</u>				
1st Team	Bailey Nock	ICW	Hannah Brown	DH
	Gabby Skopec	ICW	Reagan Gorman	CRW
2nd Team	Aunna Huseman	DW	Anna Lindower	ICH
	Emiko Coffey	CRX	Mackenzie Gaherty	DS
Honorable Mention	Emma Earles	DW	Caroline Ross	CF
	Katie Tallett	CRX	Emily Bywater	ICH
<u>3000 Meter</u>				
1st Team	Bailey Nock	ICW	Reagan Gorman	CRW
	Gabby Skopec	ICW	Mackenzie Gaherty	DS
2nd Team	Katie Tallett	CRX	Anna Hertz	CF
	Emma Earles	DW	Emma Holesinger	DH
Honorable Mention	Maddy Genskow	LM	Jessica VanDorn	CF
	Emma Kelley	LM	Hannah Frazee	CRP
<u>100 Meter Hurdles</u>				
1st Team	Valerie Welch	ICW	Amara Taylor	CRW
	MiAsia Bergmann	CRJ	Grace Burken	CF
2nd Team	Peyton Steva	ICW	Natalie McAllister	CRK
	Theresa Lampe	CRX	Alexis Peterson	CRK
Honorable Mention	Chana Northrup	LM	Anna Morris	DS
	Bailey Vance	DW	Anna Millard	CRP
<u>400 Meter Hurdles</u>				
1st Team	Peyton Wensel	LM	Sydney Davis	CF
	Valerie Welch	ICW	Amara Taylor	CRW
2nd Team	Micaela Gravelin	ICW	Merryl Green	ICH
	Jasmine Dunn	WE	McKenna Johnson	DH
Honorable Mention	Nina Marquardt	CRX	Meg Schmitz	CF
	Clare Broderick	DW	Sarah Schmitt	CRP
<u>4x100 Meter Relay</u>				
1st Team	<u>Waterloo East</u>	WE	<u>Dubuque Senior</u>	DS
	Shamya Jenkins, Kerris Roberts, Amanee Clark, Alanna Muhammad		Emma Sass, Marissa Boleyn, Hannah Cook, Stevie Lambe	
2nd Team	<u>Dubuque Wahlert</u>	DW	<u>Cedar Rapids Washington</u>	CRW
	Jackie Ganshirt, Anna Sherman, Libby Wedewer, Bailey Hasken		Mariah Ward, Amara Taylor, Vanessa Eniola, Jayla Johnson	
Honorable Mention	<u>Waterloo West</u>	WW	<u>Cedar Rapids Kennedy</u>	CRK
	Madelyn Solomon, Allison Trenkamp, TaJanik Williams, Zoey Thune		Sophia Feahn, Natalie McAllister, Jurnee Rose-Johnson, Cheyenne Mitchell	

2017 MVC Girls Track All-Division Selections

Mississippi Division

Valley Division

4x200 Meter Relay

1st Team	<u>Dubuque Wahlert</u> Jackie Ganshirt, Anna Sherman, Libby Wedewer, Bailey Hasken	DW	<u>Dubuque Senior</u> Emma Lambe, Hannah Cook, Marissa Boleyn, Stevie Lambe	DS
2nd Team	<u>Waterloo East</u> Amanee Clark, Alanna Muhammad, Jasmine Dunn, Kerris Roberts	WE	<u>Cedar Rapids Kennedy</u> Sophie Feahn, Kaelyn Ryan, Jurnee Rose-Johnson, Cheyenne Mitchell	CRK
Honorable Mention	<u>Waterloo West</u> Madelyn Solomon, Allison Trenkamp, TaJanik Williams, Claesa Allsion	WW	<u>Cedar Rapids Prairie</u> Raenice Hiderbrand, Sarah Schmitt, Jenna Ross, Madie Andorf	CRP

4x400 Meter Relay

1st Team	<u>Dubuque Wahlert</u> Kaylee Osterberger, Molly McDonald, Holly Hohmann, Ellie Osterberger	DW	<u>Cedar Falls</u> Auriona Kimbrough, Meg Schmitz, Paige Kvale, Sydney Davis	CF
2nd Team	<u>Cedar Rapids Jefferson</u> MiAsia Bergmann, Rachel Nagel, Autumn Anderson, MaKayla Belew	CRJ	<u>Cedar Rapids Prairie</u> Kirstin Skriver, Anika Pisarik, Jenna Ross, Carli Reitinger	CRP
Honorable Mention	<u>Linn-Mar</u> Hanna Saville, Anna Huggins, Dimia Burrell, Cha' White	LM	<u>Dubuque Hempstead</u> Emily Schmitt, Grace Ries, Emma Coates, Julia Meehan	DH

4x800 Meter Relay

1st Team	<u>Iowa City West</u> Claire Ronnebaum, Olivia Moore, Annika Jensen, Gabby Skopce	ICW	<u>Cedar Falls</u> Paige Kvale, Caroline Ross, Meg Schmitz, Mackenzie Michael	CF
2nd Team	<u>Dubuque Wahlert</u> Molly McDonald, Holly Hohmann, Grace Lueken, Aunna Huseman	DW	<u>Dubuque Senior</u> Lauren Miller, Grace Ries, Katelin Miron, Mia Rampton	DS
Honorable Mention	<u>Linn-Mar</u> Ally Hicks, Abby Van Rheenen, Rachel Bohnenkamp, Maddie Block	LM	<u>Iowa City High</u> Anna Lindower, Mary Arch, Kinsee Brands, Naomi Meurice	ICH

800 Sprint Medley Relay

1st Team	<u>Linn-Mar</u> Ariana Rolle, Olivia Hubler, Jill Bennett, Payton Wensel	LM	<u>Cedar Rapids Prairie</u> Raenice Hilderbrand, Jenna Ross, Madie Andorf, Kirstin Skriver	CRP
2nd Team	<u>Dubuque Wahlert</u> Bailey Vance, Bailey Hasken, Anna Sherman, Ellie Osterberger	DW	<u>Dubuque Senior</u> Emma Lambe, Marissa Boleyn, Emma Sass, Hannah Cook	DS
Honorable Mention	<u>Waterloo West</u> Madelyn Solomon, Allison Trenkamp, TaJanik Williams, Zoey Thune	WW	<u>Cedar Falls</u> Leah Longnecker, Nicole Geerdes, Morgan Sterrett, Jada Golden-Smith	CF

1600 Distance Medley Relay

1st Team	<u>Iowa City West</u> Peyton Steva, Kitra Bell, Valerie Welch, Deniz Ince	ICW	<u>Cedar Falls</u> Auriona Kimbrough, Leah Longnecker, Sydney Davis, Cassidy Christopher	CF
2nd Team	<u>Cedar Rapids Jefferson</u> MiAsia Bergmann, Nijah Clark, MaKayla Belew, Autumn Anderson	CRJ	<u>Cedar Rapids Prairie</u> Madie Andorf, Anika Pisarik, Emma Copeland, Carli Reitinger	CRP
Honorable Mention	<u>Dubuque Wahlert</u> Clare Broderick, Sabrina Smith, Kaylee Osterberger, Ellie Osterberger	DW	<u>Dubuque Hempstead</u> Laney Herman, Allison Wild, Emma Coates, Heidi Welu	DH

400 Meter Shuttle Relay

1st Team	<u>Iowa City West</u> Kitra Bell, Taylor Cannon, Kia Noibi, Peyton Steva	ICW	<u>Cedar Rapids Kennedy</u> Jayden Lovell, Katie Beer, Alexis Peterson, Natalie McAllister	CRK
2nd Team	<u>Linn-Mar</u> Chana Northrup, Jaslyn Riherd, Chloe McNeese, Ariana Rolle	LM	<u>Cedar Falls</u> Lily Becker, Samantha Alexander, Anna Chestnut, Grace Burken	CF
Honorable Mention	<u>Cedar Rapids Xavier</u> Jenna Schwach, Brie Baldus, Maddix Stovie, Theresa Lampe	CRX	<u>Cedar Rapids Prairie</u> Sophia Smith, Sarah Schmitt, Anna Millard, Nicole Miller	CRP

2017 MVC Girls Track All-Division Selections**Mississippi Division****Valley Division**

<u>All-Academic Selections</u>			
Autumn Anderson	CRJ	Anna Chestnut	CF
Haile Cook	CRJ	Katherine Rygh	CF
Maddix Stovie	CRX	Alissa Meyer	CRK
Annie Sigmon	CRX	Jayden Lovell	CRK
Bailey Vance	DW	Hannah Frazee	CRP
Jackie Ganshirt	DW	Jessica Heims	CRP
Olivia Moore	ICW	Meghan Brune	CRP
Valerie Welch	ICW	Jenna Ross	CRP
Maddy Genskow	LM	Brenna Fransen	DH
Hannah Saville	LM	Heidi Welu	DH
Jessica Knebel	WE	Emma Sass	DS
Mallory Sage	WE	Grace Gudenkauf	DS
Emma Harnack	WW	Emily Bywater	ICH
Aviance Jones	WW	Luci Murphy	ICH
		Mariah Ward	CRW
		Natasha Nichols	CRW

2017 MVC Girls' Track
- Top 5 All Events -
(from Quickstatslowa.com)

Mississippi Division**100 Meter Dash**

Kerris Roberts	11.82
Jill Bennett	12.30
MiAsia Bergmann	12.43
Alanna Muhammad	12.52
Valerie Welch	12.67

100 Meter Hurdles

Valerie Welch	14.34
MiAsia Bergmann	14.87
Kitra Bell	15.52
Peyton Steva	15.61
Bailey Vance	15.69

200 Meter Dash

Kerris Roberts	24.65
Payton Wensel	25.52
Anna Sherman	25.86
Alanna Muhammad	25.99
Jackie Ganshirt	26.05

400 Meter Dash

Payton Wensel	55.23
Kaylee Osterberger	01:01.61
Micaela Gravelin	01:02.92
Holly Hohmann	01:02.98
Zoey Thune	01:03.26

400 Meter Hurdles

Payton Wensel	01:01.52
Valerie Welch	01:03.92
Micaela Gravelin	01:07.36
Jasmine Dunn	01:09.41
Claire Broderick	01:11.28

800 Meter Run

Payton Wensel	02:13.22
Bailey Nock	02:15.28
Autumn Anderson	02:20.87
Deniz Ince	02:22.85
Gabby Skopec	02:22.94

1500 Meter Run

Bailey Nock	04:44.74
Gabby Skopec	04:53.72
Katie Tallett	05:00.83
Abby Van Rhennen	05:10.48
Olivia Moore	05:12.85

Valley Division**100 Meter Dash**

Raenice Hilderbrand	12.47
Cheyenne Mitchell	12.52
Janyla Hoskins	12.57
Stevie Lambe	12.76
Morgan Sterrett	12.82

100 Meter Hurdles

Amara Taylor	14.65
Natalie McAllister	15.72
Grace Burken	15.76
Alexis Peterson	16.40
Anna Morris	16.45

200 Meter Dash

Stevie Lambe	25.60
Auriona Kimbrough	25.92
Cheyenne Mitchell	25.97
Hannah Cook	26.29
Kirstin Skriver	26.37

400 Meter Dash

Mackenzie Michael	57.87
Kirstin Skriver	59.92
Emma Sass	01:00.43
Auriona Kimbrough	01:00.97
McKenna Johnson	01:01.33

400 Meter Hurdles

Amara Taylor	01:04.62
Sydney Davis	01:04.77
Merryl Green	01:08.30
Meg Schmitz	01:08.35
McKenna Johnson	01:09.08

800 Meter Run

Mackenzie Michael	02:20.14
Lauren Miller	02:23.08
Kaylee Leicht	02:24.32
Hannah Brown	02:25.06
Olivia Hamblin	02:25.08

1500 Meter Run

Mackenzie Gaherty	04:55.58
Emma Holesinger	04:56.01
Reagan Gorman	04:58.35
Hannah Frazee	04:58.64
Mackenzie Michael	04:59.92

2017 MVC Girls' Track
- Top 5 All Events -
(from Quickstatslowa.com)

Mississippi Division**3000 Meter Run**

Bailey Nock	10:00.13
Gabby Skopec	10:26.08
Katie Tallett	10:38.90
Claire Ronnebaum	11:26.95
Maddy Genskow	11:31.17

Long Jump

Valerie Welch	18-10.25
Kitra Bell	18-01.00
Dimia Burrell	17-02.50
Ariana Rolle	16-11.50
Mia Dillingham	16-01.50

High Jump

Skyler Presler	5-06.00
Megan Renner	5-02.00
Da'Naiza Sallis	5-00.00
Dimia Burrell	5-00.00
Tarrel Manning	5-00.00

Shot Put

Chandler Haight	44-07.00
Haile Cook	41-02.50
Mari Shavers	37-10.50
Leah Dusterhoft	35-09.50
Alexie Little	34-09.00

Discus

Leah Dusterhoft	134-08.00
Chandler Haight	120-10.00
Morgan Montgomery	119-05.00
Haile Cook	106-03.50
Alexie Little	105-04.00

4x100 Meter Relay

Waterloo, East	48.42
Wahlert, Dubuque	48.99
Linn-Mar, Marion	49.38
Waterloo, West	49.53
Iowa City, West	50.79

4x100 Meter Shuttle Hurdle Relay

Iowa City, West	01:02.54
Linn-Mar, Marion	01:08.08
Xavier, Cedar Rapids	01:09.50
Waterloo, West	01:21.37

Valley Division**3000 Meter Run**

Reagan Gorman	10:27.02
Mackenzie Gaherty	10:36.73
Hannah Brown	10:41.07
Hannah Frazee	10:43.66
Emily Bywater	10:49.38

Long Jump

Vanessa Eniola	18-03.50
Grace Gudenkauf	16-10.50
Betsy Littlewood	16-09.75
Sarah Schmitt	16-08.00
Janyla Hoskins	16-08.00

High Jump

Auriona Kimbrough	5-03.00
Grace Gudenkauf	5-03.00
Katie Beer	5-03.00
Erin McGrath	5-02.00
Amber Smothers	5-02.00

Shot Put

Megan Gronau	39-09.00
Luci Murphy	39-02.50
Katie Halterman	39-01.25
Murphy Bleymeyer	37-02.25
Alicia Sill	36-05.50

Discus

Luci Murphy	125-03.00
Alicia Sill	122-02.00
Megan Gronau	116-10.00
Murphy Bleymeyer	115-10.00
Madison Fleckenstein	113-09.00

4x100 Meter Relay

Dubuque, Senior	48.61
Cedar Rapids, Washington	50.24
Prairie, Cedar Rapids	50.40
Dubuque, Hempstead	50.72
Cedar Rapids, Kennedy	50.75

4x100 Meter Shuttle Hurdle Relay

Cedar Rapids, Kennedy	01:07.55
Cedar Falls	01:08.03
Dubuque, Senior	01:10.06
Prairie, Cedar Rapids	01:10.17
Iowa City, City High	01:13.55

2017 MVC Girls' Track
- Top 5 All Events -
(from Quickstatslowa.com)

Mississippi Division**4x200 Meter Relay**

Wahlert, Dubuque	01:42.24
Waterloo, West	01:45.49
Waterloo, East	01:45.54
Iowa City, West	01:45.59
Linn-Mar, Marion	01:45.80

4x400 Meter Relay

Cedar Rapids, Jefferson	04:01.91
Wahlert, Dubuque	04:03.09
Linn-Mar, Marion	04:06.84
Iowa City, West	04:14.57
Waterloo, West	04:17.07

4x800 Meter Relay

Iowa City, West	09:27.49
Linn-Mar, Marion	09:46.29
Wahlert, Dubuque	09:49.67
Xavier, Cedar Rapids	10:36.95
Waterloo, West	11:28.93

800 Medley Relay

Linn-Mar, Marion	01:46.10
Wahlert, Dubuque	01:51.00
Iowa City, West	01:51.31
Waterloo, West	01:52.04
Cedar Rapids, Jefferson	01:52.94

1600 Medley Relay

Iowa City, West	04:06.39
Cedar Rapids, Jefferson	04:15.10
Wahlert, Dubuque	04:21.17
Linn-Mar, Marion	04:26.03
Xavier, Cedar Rapids	04:27.65

Shot Put Wheel Chair**100 Meter Wheel Chair****200 Meter Wheel Chair****400 Meter Wheel Chair****Valley Division****4x200 Meter Relay**

Dubuque, Senior	01:42.23
Prairie, Cedar Rapids	01:46.09
Dubuque, Hempstead	01:46.80
Cedar Falls	01:46.93
Iowa City, City High	01:47.33

4x400 Meter Relay

Cedar Falls	03:58.75
Dubuque, Senior	04:06.06
Dubuque, Hempstead	04:09.87
Prairie, Cedar Rapids	04:09.99
Iowa City, City High	04:11.23

4x800 Meter Relay

Cedar Falls	09:40.66
Dubuque, Senior	09:48.36
Iowa City, City High	09:53.02
Dubuque, Hempstead	09:59.73
Cedar Rapids, Kennedy	10:06.82

800 Medley Relay

Dubuque, Senior	01:48.46
Cedar Falls	01:49.60
Prairie, Cedar Rapids	01:50.99
Dubuque, Hempstead	01:52.21
Iowa City, City High	01:52.37

1600 Medley Relay

Dubuque, Senior	04:17.91
Dubuque, Hempstead	04:20.88
Cedar Falls	04:20.99
Cedar Rapids, Washington	04:22.32
Prairie, Cedar Rapids	04:25.80

Shot Put Wheel Chair**100 Meter Wheel Chair****200 Meter Wheel Chair****400 Meter Wheel Chair**

2017 Iowa High School State Girls' Track Results

<u>Class 4A</u>		
<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Waukee	116.00
2nd	Iowa City West	89.00
3rd	Southeast Polk	56.00
4th	Linn-Mar	44.00
5th	Cedar Falls	41.00
6th	West Des Moines Dowling	37.00
7th	Waterloo East	36.00
8th	Pleasant Valley	31.00
9th	Council Bluffs-A. Lincoln	26.00
10th	Johnston	22.00
11th	Dubuque Senior	20.00
17th	Cedar Rapids Washington	13.00
23rd	Waterloo West	8.00
25th	Cedar Rapids Jefferson	7.00
31st	Dubuque Hempstead	4.33
32nd	Iowa City High	4.00

<u>Class 3A</u>		
<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Davenport Assumption	93.00
2nd	Pella	77.00
3rd	DBQ Wahlert	49.00
4th	Decorah	47.00
5th	Benton Community	44.00
6th	Crestwood-Cresco	30.00
7th	Bishop Heelan	27.00
8th	ADM-Adel	25.00
9th	Carlisle	23.00
10th	Mount Vernon	20.00
32nd	CR Xavier	6.00

Mississippi Valley Conference Girls' Track Records
(MVC Meets Only)

<u>RUNNING EVENTS</u>	<u>ATHLETE(S)</u>	<u>SCHOOL</u>	<u>EFFORT</u>	<u>YEAR</u>
100 Meter Dash	Kerris Roberts	Waterloo East	0:11.93	2017
200 Meter Dash	Kerris Roberts	Waterloo East	0:24.65	2017
400 Meter Dash	Kelly Krei	Iowa City High	0:56.13	2007
800 Meter Run	Stephanie Jenks	Linn-Mar	2:12.75	2015
1500 Meter Run	Michelle Lillenthal	Iowa City High	4:37.15	2000
3000 Meter Run	Michelle Lillenthal	Iowa City High	9:55.38	1999
100 Meter Low Hurdles-Old Hgt	Teesa Price	Iowa City High	0:14.10	1998
100 Meter Low Hurdles-New Hgt	Marisa Estelle	Cedar Rapids Kennedy	0:15.32	2013
400 Meter Low Hurdles	Payton Wensel	Linn-Mar	1:03.67	2017
Shuttle Hurdle Relay-Old Hgt	K. Scholl, Pearl Ma, Jill Arganbright, Misa Nakato	Iowa City West	1:03.51	1999
Shuttle Hurdle Relay-New Hgt	T. Jacobson, S. Kitterman, A. Ranschau, M. Ranschau	Jefferson	1:05.47	2013
4 X 800 Meter Relay	N. Tretz, M. Mims, J. Funk, M. Reed	Iowa City High	9:11.39	2002
1600 Distance Medley Relay	K. Vanderah, V. Monagan, J. Myatt, M. Novotny	Iowa City High	4:09.90	1992
4 X 200 Meter Relay	A. Ranschau, J. Blue, M. Meese, L. Schneekloth	Cedar Rapids Jefferson	1:42.58	2015
800 Sprint Medley Relay	L. Schneekloth, M. Meese, A. Ranschau, J. Blue	Cedar Rapids Jefferson	1:47.78	2015
4 X 100 Meter Relay	Shamya Jenkins, Kerris Roberts, Amanee Clark, Alanna Muhammad	Waterloo East	0:48.86	2017
4 X 400 Meter Relay	M. Sabers, K. Mims, S. Mueller, K. Krei	Iowa City High	3:56.86	2007
<u>FIELD EVENTS</u>	<u>ATHLETE(S)</u>	<u>SCHOOL</u>	<u>EFFORT</u>	<u>YEAR</u>
High Jump	Ann Mudd,	Cedar Rapids Kennedy	5' 6 1/2"	1983
	Janine Gremmel	Dubuque Wahlert		1988
Long Jump	Kiera Washpun	Iowa City High	19' 1-1/4"	2014
Shot Put	Danica Haight	Iowa City West	46' 1-1/2"	2007
Discus	Taylor Freeman	Iowa City West	153'4"	2008

2017 Boys' Soccer



Mississippi Valley Conference**2017 MVC Varsity Boys' Soccer Standings (FINAL)**

Mississippi Division						
<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Waterloo West	9	4	0	15	7	0
Cedar Rapids Xavier	9	4	0	14	5	0
Iowa City West	8	5	0	14	7	0
Linn-Mar	8	5	0	9	9	0
Dubuque Wahlert	7	6	0	10	8	0
Cedar Rapids Jefferson	2	11	0	3	12	0
Waterloo East	0	13	0	0	15	0

Valley Division						
<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Cedar Rapids Prairie	13	0	0	19	1	0
Iowa City High	10	3	0	16	4	0
Cedar Rapids Kennedy	8	5	0	10	6	0
Cedar Rapids Washington	7	6	0	10	8	0
Cedar Falls	4	9	0	6	11	0
Dubuque Senior	4	9	0	4	12	0
Dubuque Hempstead	2	11	0	2	13	0

2017 MVC 10th Boys' Soccer Standings (FINAL)

Mississippi Division						
<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Iowa City West	12	0	0	12	0	0
Cedar Rapids Jefferson	7	3	2	7	3	2
Linn-Mar	7	3	2	7	3	2
Waterloo West	5	2	4	5	2	4
Cedar Rapids Xavier	6	4	1	6	4	1
Dubuque Wahlert	0	9	0	0	10	0
Waterloo East <i>(no 10th Team)</i>	-	-	-	-	-	-

Valley Division						
<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Iowa City High	9	3	0	9	3	0
Cedar Rapids Washington	5	4	3	5	4	3
Cedar Rapids Prairie	5	4	3	5	4	3
Cedar Rapids Kennedy	4	4	4	5	4	4
Dubuque Hempstead	3	6	3	4	6	3
Cedar Falls	0	10	0	0	10	0
Dubuque Senior	0	10	0	0	10	0

**2017 Mississippi Valley Conference
Boys' Soccer All-Division Selections**

<u>Mississippi Division</u>			<u>Valley Division</u>		
	<u>Sch</u>	<u>Gr</u>		<u>Sch</u>	<u>Gr</u>
Luke Duball	CRX	12	Athlete of the Year	Andrew Hammer	CRW 11
Mike Penning & Staff	WW		Coach of the Year	Curt Lewis & Staff	CRP
Zach Frisbie	ICW	12	Keeper of the Year	Sam Tomek	ICH 12
Waterloo West			Team Champion	Cedar Rapids Prairie	
Cedar Rapids Xavier					

FIRST TEAM

<u>Mississippi Division</u>				<u>Valley Division</u>			
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Pos</u>	<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Pos</u>
* Luke Duball	CRX	12	F	* Matt Walter	CRP	11	F
Thomas Bean	CRX	11	M	Boston Riley	CRP	11	D
Tyler Steffensmeier	CRX	11	D	Logan Serbousek	CRP	12	D
Adin Turanovic	WW	12	M	Mateaus Lewis	CRP	10	M
Alen Sehic	WW	12	M	Jackson Meyer	ICH	11	M/D
Edvin Rizvic	WW	10	F	Jonah Dancer	ICH	11	M/D
* Danny Peak	LM	11	M/F	Cameron Chavez	ICH	11	M/D
Noah Martin	LM	12	D	Joachim Kikuni	CRK	12	F
Alex Andersen	ICW	12	F	* Alex Stone	CRK	11	M
Zach Frisbie	ICW	12	GK	Andrew Hammer	CRW	11	D
* Jacob Berning	DW	12	M	* Keaton Woods	CRW	10	F
Noah Sigwarth	DW	12	M/F	Oskar Brocka	CF	10	M
* Merci Ngirweneza	CRJ	9	M/F	* Matt Wessels	DS	12	F

* - Unanimous Selection

SECOND TEAM

<u>Mississippi Division</u>				<u>Valley Division</u>			
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Pos</u>	<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Pos</u>
Matthew Been	CRX	12	M	Caleb Halleran	CRP	10	F
Carter Ives	CRX	12	M	Joel Collett	CRP	12	M
Vidal Rubio	WW	11	M	Nolan Schulte	CRP	11	M
Adijan Muhamedagic	WW	11	D	John Clark	ICH	11	F/M
Ethan Fish	LM	10	D	Rasmus Schultter	ICH	12	M/F
Cody Ritter	LM	12	GK	Sam Tomek	ICH	12	GK
Mohamed Tawfik	LM	10	M/F	Yusef Igram	CRK	11	F
Samuel Choi	ICW	12	F	Connor Peterson	CRK	12	M
Adam Rose	ICW	12	D	John Henry Green	CRW	12	M
Conor Zielinski	ICW	12	M	Emmanuel	CRW	12	M
Jack Kalb	DW	12	M/F	Hidalgo-Wohlleben			
Riley Bohr	DW	12	D	Chimzim Ogbondah	CF	11	M
Ashton Lindquist	WE	10	GK	Joey Ott	DS	12	M
				Reese Adams	DH	12	

**2017 Mississippi Valley Conference
Boys' Soccer All-Division Selections**

HONORABLE MENTION

Mississippi Division				Valley Division			
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Pos</u>	<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Pos</u>
Tim Ratchford	CRJ	11	D	Randev Goonesekere	CF	10	D
Cody Christofferson	CRJ	11	M	Benny Bundi	CF	10	D
Owen McCarron	CRX	9	GK	Nathan Sheeley	CRK	12	GK
Maliki Wilson	CRX	12	D	Amadou Kujabi	CRK	12	M
Trenton Dodds	DW	10	F	Andrew Russell	CRP	10	F
Sean McCoy	DW	12	D	Jayce Berger	CRP	10	D
Coleson Krupp	ICW	10	M	Brian Holt	CRW	12	M
Nicholas Raley	ICW	12	F	Nano Burke	CRW	11	D
Koby Wesselink	LM	11	D	Logan Steuer	DH	11	D
Alex Davenport	LM	12	M	Noah Dougherty	DH	11	D
Trillion Tatum	WE	11	F	Ben Schultz	DS	11	M
Melvin Hernandez	WE	12	M	Sam Noel	DS	10	F
Richardson Gbeynie	WW	11	F	Ethan teDuits	ICH	11	M/D
Joel Guerrero-David	WW	11	D	Daniel Echa	ICH	11	D/M

ALL-ACADEMIC

Mississippi Division			Valley Division		
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Tyler Hefflefinger	CRJ	12	John Dunlop	CF	12
Cole Ingalls	CRJ	12	Luke Loughren	CF	11
Luke Duball	CRX	12	Connor Peterson	CRK	12
Luke Lesnik	CRX	12	Finnegan Duffy	CRK	12
Jacob Berning	DW	12	Logan Serbousek	CRP	12
Riley Bohr	DW	12	Joel Collett	CRP	12
Zach Frisbie	ICW	12	Emmanuel Idalgo-Wohlleben	CRW	12
Will Peterson	ICW	12	Onel Valdez	CRW	12
Ben Steinbach	LM	12	Derek Benson	DH	12
Donald Fejfar	LM	12	Mitchell Coleman	DH	12
Noel Guzman	WE	11	Will Woodward	DS	12
Riley Mumma	WE	12	Jack Kemp	DS	12
Adnan Salihovic	WW	12	Rasmus Schlutter	ICH	12
Noah Richman	WW	12	Gavin Oliver	ICH	12

2017 MVC-Varsity Boys' Soccer
Team Season Stats(QuickStats)

Mississippi Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>G</u>	<u>A</u>	<u>P</u>	<u>Sh</u>	<u>Sh %</u>	<u>SOG</u>	<u>SOG %</u>	<u>CK</u>	<u>PKM</u>	<u>PKA</u>	<u>GA</u>	<u>GA Avg</u>	<u>S</u>	<u>S %</u>
Cedar Rapids Xavier	14-4	18	84	82	250	410	20.5%	192	43.8%	123	15	20	20	1.079	59	74.7%
Waterloo, West	15-6	21	71	52	194	0	0.0%	0	0.0%	0	0	0	18	1.131	69	79.3%
Iowa City West	13-7	20	70	40	180	330	21.2%	206	34.0%	116	1	1	18	0.964	88	83.0%
Dubuque Wahlert	9-6	15	30	19	79	0	0.0%	0	0.0%	77	7	4	20	1.509	57	74.0%
Linn-Mar	9-9	18	23	19	65	290	7.9%	156	14.7%	90	1	1	25	1.234	62	71.3%
Cedar Rapids Jefferson	4-10	14	20	0	40	0	0.0%	0	0.0%	0	0	0	53	4.015	43	44.8%
Waterloo East	0-19	19	5	1	11	5	100.0%	4	125.0%	12	2	1	131	7.55	326	71.3%

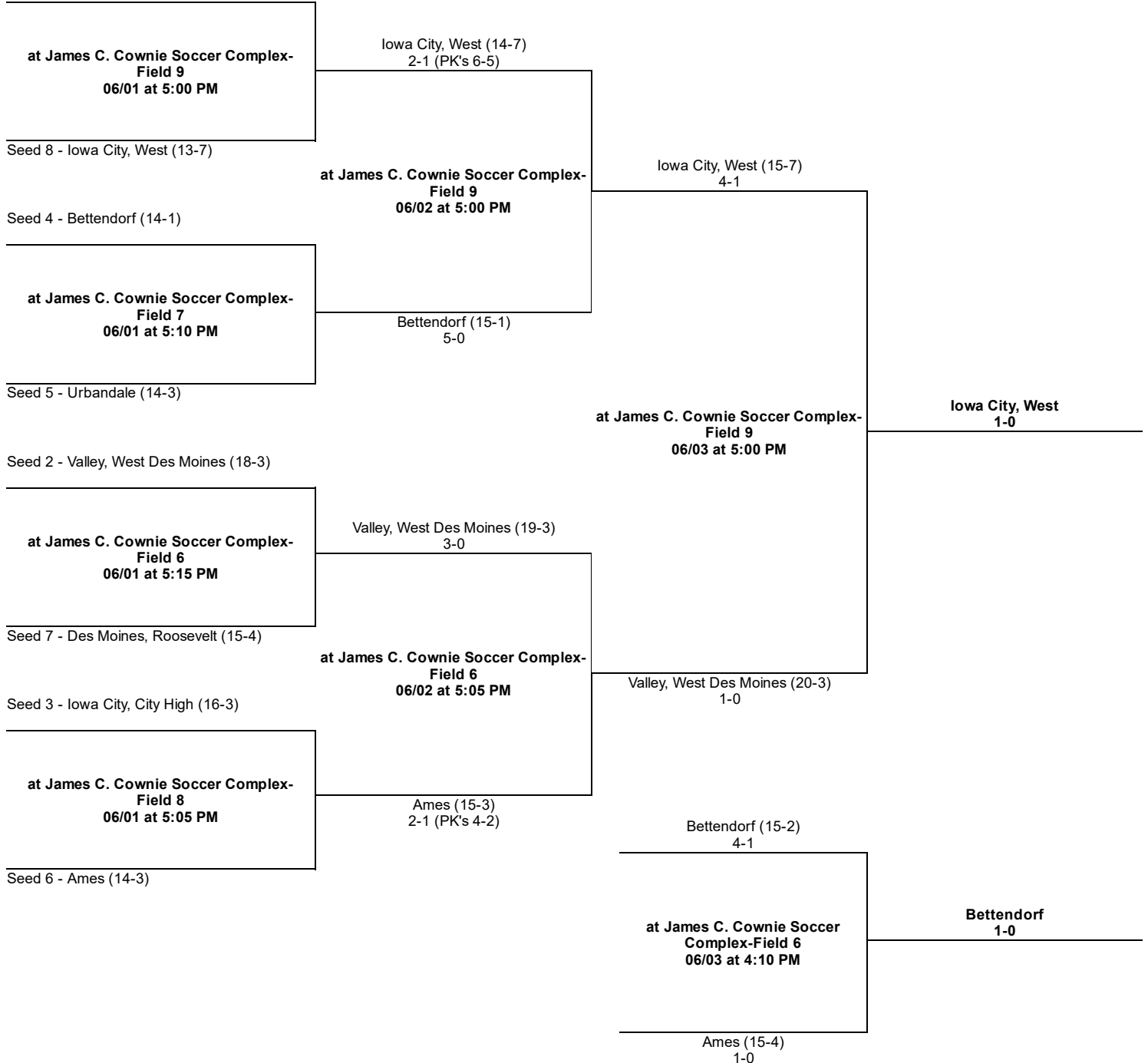
Valley Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>G</u>	<u>A</u>	<u>P</u>	<u>Sh</u>	<u>Sh %</u>	<u>SOG</u>	<u>SOG %</u>	<u>CK</u>	<u>PKM</u>	<u>PKA</u>	<u>GA</u>	<u>GA Avg</u>	<u>S</u>	<u>S %</u>
Cedar Rapids Prairie	19-1	20	59	47	165	0	0.0%	0	0.0%	130	2	5	9	0.471	50	84.7%
Iowa City High	16-3	19	66	31	163	262	25.2%	189	34.9%	138	1	1	12	0.64	33	73.3%
Cedar Rapids Kennedy	11-4	15	40	26	106	220	18.2%	130	30.8%	64	1	4	13	0.869	77	85.6%
Cedar Rapids Washington	10-8	18	51	51	153	228	22.4%	124	41.1%	65	8	13	13	0.723	54	80.6%
Cedar Falls	6-11	17	22	18	62	338	6.5%	151	14.6%	78	3	3	38	2.257	108	74.0%
Dubuque Senior	3-12	15	18	10	46	123	14.6%	79	22.8%	41	1	2	65	4.99	99	60.4%
Dubuque Hempstead	2-12	14	8	3	19	48	16.7%	29	27.6%	30	0	0	61	4.436	129	67.9%



2017 IHSAA Tournament CLASS 3A STATE SOCCER

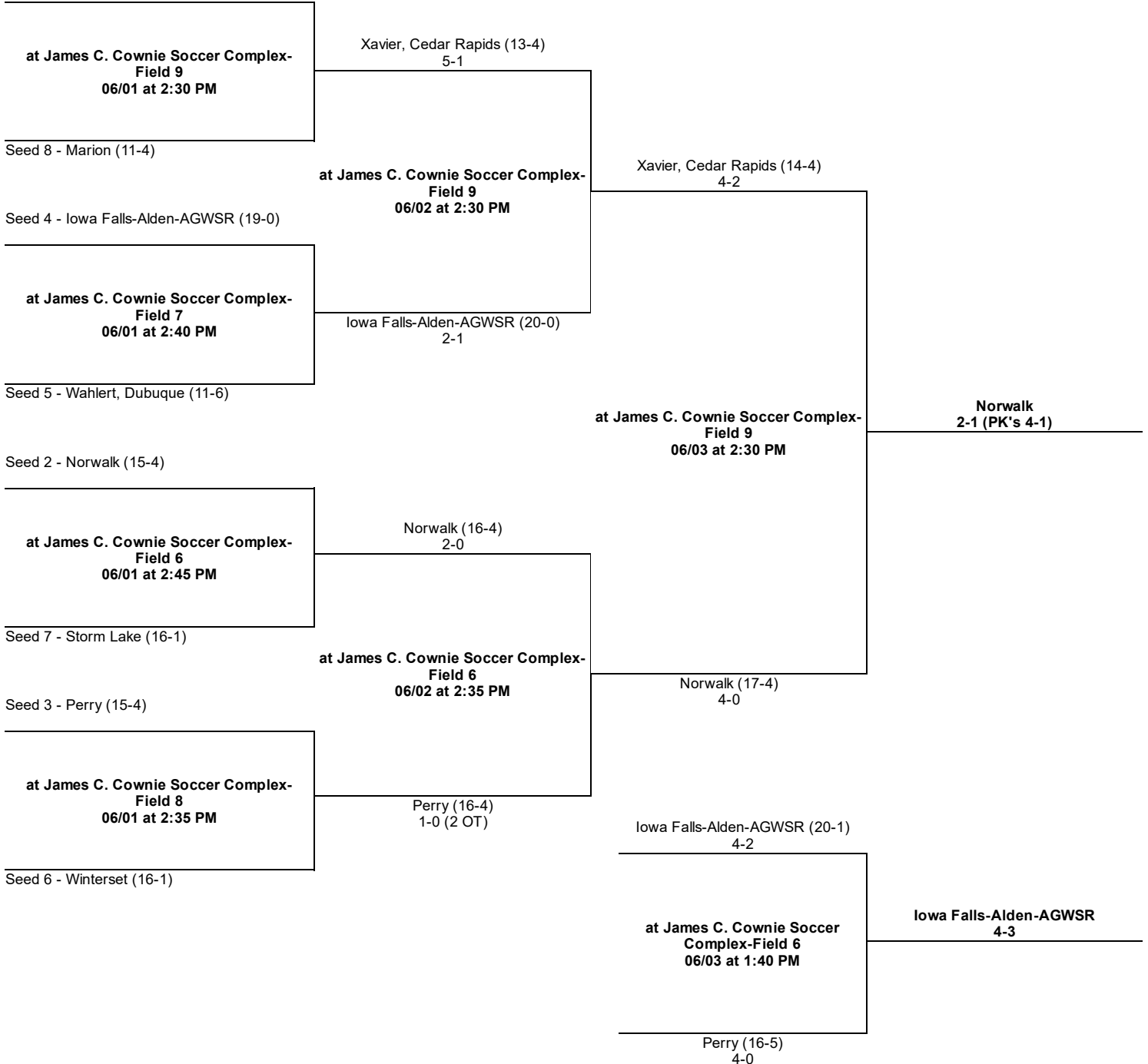
Seed 1 - Prairie, Cedar Rapids (19-0)





2017 IHSAA Tournament CLASS 2A STATE SOCCER

Seed 1 - Xavier, Cedar Rapids (12-4)



2017 Girls' Soccer



Mississippi Valley Conference**2017 MVC Varsity Girls' Soccer Standings (Final)**

Mississippi Division						
<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Iowa City West	12	1	0	19	1	0
Linn-Mar	10	3	0	12	6	0
Cedar Rapids Xavier	10	3	0	12	4	0
Cedar Rapids Jefferson	4	8	0	5	10	0
Waterloo West	2	11	0	3	15	0
Dubuque Wahlert	1	11	0	4	13	0
Waterloo East	0	13	0	0	16	0

Valley Division						
<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Cedar Rapids Kennedy	11	2	0	13	6	0
Iowa City High	9	4	0	11	5	0
Cedar Falls	8	5	0	10	9	0
Cedar Rapids Washington	7	5	0	9	7	0
Dubuque Hempstead	6	6	0	9	9	0
Cedar Rapids Prairie	6	7	0	9	9	0
Dubuque Senior	3	10	0	5	13	0

2017 MVC JV Girls' Soccer Standings (FINAL)

Mississippi Division						
<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Linn-Mar	10	1	1	10	1	3
Iowa City West	7	2	3	7	3	4
Cedar Rapids Jefferson	7	4	1	10	4	1
Cedar Rapids Xavier	3	6	2	3	6	2
Dubuque Wahlert	1	11	0	2	12	0
Waterloo West	0	12	0	0	14	0
Waterloo East (no Soph Team)	-	-	-	-	-	-

Valley Division						
<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Cedar Rapids Prairie	9	1	2	11	1	2
Cedar Falls	9	1	2	12	2	2
Dubuque Senior	7	5	0	8	6	1
Cedar Rapids Kennedy	4	3	5	4	3	5
Cedar Rapids Washington	4	6	2	4	6	4
Dubuque Hempstead	3	6	3	5	6	3
Iowa City High	2	9	1	2	11	4

**2017 Mississippi Valley Conference
Girls' Soccer All-Division Selections**

Mississippi Division

	<u>Sch</u>	<u>Gr</u>
Regan Steigleder	ICW	12
Allie Strottman	LM	12
David Rosenthal & Staff	ICW	
Iowa City West		

Athlete of the Year
Keeper of the Year
Coach of the Year
Team Champion

Valley Division

	<u>Sch</u>	<u>Gr</u>
Abby Harbin	DH	12
Naomi Meurice	ICH	11
Homer Screws & Staff	CRK	
Cedar Rapids Kennedy		

FIRST TEAM**Mississippi Division**

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Regan Steigleder	ICW	12
Emma Cooper	ICW	12
Lexi Shaffer	ICW	12
Abby Zimmerman	ICW	12
Abigail Santana	LM	9
Karlye Waterman	LM	12
Lexi Frese	LM	12
Addy Hoffman	CRX	12
Caitlynn Daniels	CRX	9
Tana Felton	CRX	11
Tori Roethler	CRJ	12
Taylor Kinney	CRJ	12
Izzy Guyer	WW	10

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Olivia Hellweg	CRK	11
Kenadee Dekko	CRK	11
Emily Sass	CRK	12
Grace Brown	ICH	12
Sydney Schroder	ICH	12
Ally Zierke	CF	12
Kate Motzko	CF	12
Hallie Cooper	CRW	12
Kelly King	CRW	12
Abby Harbin	DH	12
Mariah Morris	DH	12
Cayla Renwick	CRP	12
Sophia Meier	CRP	10
Tia Martin	DS	10

SECOND TEAM**Mississippi Division**

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Leah Rhodes	ICW	12
Rachel Olson	ICW	10
Marnie Vonderhaar	ICW	10
Jen Kuehn	ICW	12
Rachel Crawford	LM	12
Piper Carey	LM	9
Jaclyn Simons	LM	12
Paige Diebold	CRX	11
Elena Minor	CRX	11
Ellie Fischer	CRX	12
Keagan Ovenshire	CRJ	11
Emma Wachter	DW	11
Laura Rico	WE	10

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Emily Waterhouse	CRK	10
Kaylee Waterhouse	CRK	10
Amurie Coder	CRK	9
Samantha Schroder	ICH	10
Madelynn Fontana	ICH	10
Naomi Meurice	ICH	10
Madison Bower	CF	11
Abby Hendrickson	CF	11
Hannah Sherman	CRW	12
KJ Schmidt	CRW	10
Erin Rieckens	DH	10
Mya Washburn	CRP	10

**2017 Mississippi Valley Conference
Girls' Soccer All-Division Selections**

HONORABLE MENTION

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Olivia Gaul	DW	12
Elle Burgmeier	DW	12
Katie McGrane	ICW	12
Carlin Morsch	ICW	11
Peyton Woldruff	CRJ	10
Avery Woldruff	CRJ	10
Kat Widmer	LM	11
Annika Menges	LM	11
Megan Fields	WE	12
Sydney Nai	WE	10
Lexie Imbouathong	WW	9
Erin Rankin	WW	9
Melody Snow	CRX	12
Avery Campbell	CRX	10

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Julia Hetherton	CF	11
Amber Pearce	CF	11
Jennifer Schmidt	CRK	10
Lauryn Vaske	CRK	10
Maggie Lampe	CRP	12
Megan Coulter	CRP	12
Hannah Sacora	CRW	11
Sarah Altemeier	CRW	11
Holly Bitter	DH	12
Jenna Amberg	DH	11
Lauren Kloft	DS	11
Madeline Barbee	DS	9
Ella Hennager	ICH	10
Sophie Van Meter	ICH	12

ALL ACADEMIC

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Annika Horning	CRJ	12
Kylie Wise	CRJ	12
Ellie Fischer	CRX	12
Liz Hessman	CRX	12
Cassidy Swiggum	DW	12
Ellie Muir	DW	12
Emma Cooper	ICW	12
Jen Kuehn	ICW	12
Lexi Shaffer	ICW	12
Regan Steigleder	ICW	12
Ali Tauchen	ICW	12
Rachel Crawford	LM	12
Jaclyn Simons	LM	12
Taylor Lawrence	WE	12
Megan Fields	WE	12
Hannah Jacobs	WW	12
Rachel Iliff	WW	12

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Kate Motzko	CF	12
Kaitlynn Solberg	CF	12
Jordan Vaske	CRK	12
Megan Wagner	CRK	12
Maggie Lampe	CRP	12
Cayla Renwick	CRP	12
Holly Bitter	DH	12
Kayla Felderman	DH	12
Hailey Zillig	DS	12
Ellie Shearer	DS	12
Grace Brown	ICH	12
Anna Swanson	ICH	12
Hallie Cooper	CRW	12
Kelly King	CRW	12

2017 MVC-Varsity Girls' Soccer
Team Season Stats(QuickStats)

Mississippi Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>G</u>	<u>A</u>	<u>P</u>	<u>Sh</u>	<u>Sh %</u>	<u>SOG</u>	<u>SOG %</u>	<u>CK</u>	<u>PKM</u>	<u>PKA</u>	<u>GA</u>	<u>GA Avg</u>	<u>S</u>	<u>S %</u>
Iowa City, West	19-2	21	94	74	262	436	0.216	436	0.216	70	4	6	13	0.65	105	0.890
Xavier, Cedar Rapids	12-4	16	70	55	195	298	0.235	203	0.345	56	1	1	16	8.00	98	0.860
Linn-Mar, Marion	12-5	17	48	35	131	357	0.134	230	0.209	60	0	0	13	0.80	84	0.866
Cedar Rapids, Jefferson	6-10	16	27	5	59	26	1.038	73	0.370	33	1	1	95	6.04	328	0.775
Wahlert, Dubuque	4-13	17	22	11	55	54	0.407	42	0.524	46	4	3	73	4.61	139	0.656
Waterloo, West	3-14	17	22	12	56	89	0.247	57	0.386	4	1	1	56	3.29	186	0.769
Waterloo, East	0-16	16	0	0	0	3	0.000	1	0.000	0	0	0	154	16.34	224	0.593

Valley Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>G</u>	<u>A</u>	<u>P</u>	<u>Sh</u>	<u>Sh %</u>	<u>SOG</u>	<u>SOG %</u>	<u>CK</u>	<u>PKM</u>	<u>PKA</u>	<u>GA</u>	<u>GA Avg</u>	<u>S</u>	<u>S %</u>
Cedar Rapids, Kennedy	13-5	18	54	29	137	279	0.194	168	0.321	72	4	5	17	1.02	50	0.746
Iowa City, City High	12-6	18	44	24	112	244	0.180	188	0.234	87	2	4	13	0.78	82	0.863
Cedar Rapids, Washington	10-7	17	33	26	92	1	33.000	0	0.000	62	1	2	17	1.16	66	0.795
Cedar Falls	10-8	18	41	26	108	163	0.252	158	0.259	50	3	3	25	1.41	79	0.760
Prairie, Cedar Rapids	9-9	18	50	31	131	337	0.148	191	0.262	75	4	5	36	2.08	103	0.741
Dubuque, Hempstead	6-8	14	29	24	82	92	0.315	123	0.236	48	0	0	18	1.37	40	0.690
Dubuque, Senior	5-12	17	27	12	66	147	0.184	73	0.370	42	3	5	41	2.44	65	0.613

2017 Class 3A Iowa Girls Soccer Tournament
Cownie Soccer Complex – Des Moines, IA

Thursday, June 8th - Class 3A Quarterfinals

5:00 p.m. – Field 9: #1 West Des Moines Valley 3 #8 Ankeny 2

[Scoring Summary](#)

5:15 p.m. – Field 8: #4 Ankeny Centennial 2, #5 Bettendorf 1

[Scoring Summary](#)

5:30 p.m. – Field 6: #2 Iowa City West 1 #7 Dowling Catholic 0 (OT)

[Scoring Summary](#)

5:45 p.m. – Field 7: #3 Ames 6, Cedar Rapids Kennedy 1

[Scoring Summary](#)

Friday, June 9th - Class 3A Semifinals

5:00 p.m. – Field 9: West Des Moines Valley 1, Ankeny Centennial 0

[Summary](#)

5:15 p.m. – Field 6: Ames 2, Iowa City West 1

[Summary](#)

Saturday, June 10th - Class 3A Championship

4:00 p.m. – Field 9: Ames 1, West Des Moines Valley 0

[Summary](#)

[3A All-Tournament Team](#)

2016 Class 2A Iowa Girls Soccer Tournament
Cownie Soccer Complex – Des Moines, IA

Thursday, June 8th - Class 2A Quarterfinals

2:30 p.m. – Field 9: #1 Lewis Central 1, #8 Newton 0

[Summary](#)

2:45 p.m. – Field 8: #4 ADM 1 #5 Cedar Rapids Xavier 0 (3-1 PK's)

[Summary](#)

3:00 p.m. – Field 6: #2 North Scott 3, #7 Norwalk 1

[Summary](#)

3:15 P.m. – Field 7: #3 Union 7 #6 Waverly-Shell Rock 2

[Summary](#)

Friday, June 9th - Class 2A Semifinals

2:30 p.m. – Field 9: Lewis Central 4, ADM 1

[Summary](#)

2:45 p.m. – Field 6: Field 6 – Union 4, North Scott 3

[Summary](#)

Saturday, June 10th - Class 2A Championship

1:30 p.m. – Field 9: Lewis Central 2 Union 1

[Summary](#)

[2A All-Tournament Team](#)

2017 Boys' Tennis



Mississippi Valley Conference**2017 MVC Varsity Boys' Tennis Standings (FINAL)**

Mississippi Division				
<u>Team</u>	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Iowa City West	12	0	19	0
Linn-Mar	10	2	16	3
Dubuque Wahlert	9	3	13	4
Cedar Rapids Xavier	8	4	14	4
Waterloo West	2	10	3	11
Cedar Rapids Jefferson	2	10	2	10
Waterloo East <i>(combined w/ W West)</i>	-	-	-	-

Valley Division				
<u>Team</u>	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Cedar Rapids Washington	11	1	13	2
Cedar Falls	7	5	7	7
Iowa City High	6	6	6	7
Cedar Rapids Prairie	5	7	5	7
Dubuque Hempstead	3	9	4	12
Cedar Rapids Kennedy	3	9	3	10
Dubuque Senior	0	12	1	13

2017 Mississippi Valley Conference Boys' Tennis All-Division Selections

Mississippi Division

Jiung Jung	ICW	12
Chris Wundram & Staff	LM	--
Iowa City West	ICW	--

Athlete of the Year
Coach of the Year
Team Champion

Valley Division

Joseph Hoff	ICH	12
Rusty Graff & Staff	CRW	--
CR Washington	CRW	--

FIRST TEAM

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
*	Jiung Jung	ICW	12
*	Cole Schneider	ICW	12
*	Ben Hediger	LM	11
*	Luke Van Donslear	LM	9
	Jon Lansing	CRX	11
	Jack Wenzel	ICW	10

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
*	Joseph Hoff	ICH	12
*	Rami Hemaidan	CRK	11
*	Ty Sherman	CRW	10
	Joe Schneider	CF	11
	Rami Scheetz	CRW	10
	Parker Muller	CRW	12

* - Unanimous Selection

SECOND TEAM

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Sam Shin	ICW	10
	Brad DiLeo	ICW	11
	Lucas Huffman	LM	11
	Zach Glanz	LM	11
	Riley Collins	DW	11
	Jack Lucy	DW	11
	Alex Hinrichs	CRX	11

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Evan Gaskill	CRP	12
	Will Riser	CRW	12
	Diego Paciottto-Biggers	ICH	9
	Drake Oswald	DS	12
	Nathan Tauke	DH	12
	Alex Ahlrichs	DH	12

HONORABLE MENTION

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Kareem Abumaizer	CRJ	11
	Jacob Henderson	CRJ	12
	Charlie Esker	CRX	12
	Blake Magill	CRX	12
	Hunter McDonald	DW	11
	Louis Unga	DW	11
	Sasha Chackalackal	ICW	10
	Jackson Eells	LM	9
	Jack Gertsen	LM	11
	Zach Heyerhoff	WW	10
	Dane Hurst	WW	12

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Siddhartha Kalala	CF	9
	Cullan Meyer	CF	12
	Connor Crippes	CRK	12
	Grant Finneman	CRK	11
	Logan Renner	CRP	10
	Joseph Schmitt	CRP	11
	Bennett Blumenthal	CRW	10
	Ethan Wickham	CRW	12
	Jacob Hansel	DH	12
	Harrison Kivlahan	DH	11
	Joe Gourley	DS	12
	Josh Husemann	DS	9
	Jonathan Albaugh	ICH	12
	Sameer Ali	ICH	12

**2017 Mississippi Valley Conference
Boys' Tennis All-Division Selections**

ALL ACADEMIC

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Dakota Maas	CRJ	12
Jacob Henderson	CRJ	12
Ryan Jasper	CRX	12
Charlie Esker	CRX	12
Carson Kunkel	DW	11
James Chapman	DW	11
Jiung Jung	ICW	12
Cole Schneider	ICW	12
Kaushik Gokul	LM	12
Michael Bunney	LM	12
Dane Hurst	WW	12
Jack Schaefer	WW	12

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Cullan Meyer	CF	12
Hassan Warraich	CF	12
Brant Barnhart	CRK	12
Connor Crippes	CRK	12
Evan Gaskill	CRP	12
Joseph Schmitt	CRP	11
Nolan Wangsness	CRW	12
Eliot Barker	CRW	12
Jacob Hansel	DH	12
Alex Ahlrichs	DH	12
Drake Oswald	DS	12
Brandon Yuan	DS	12
Sameer Ali	ICH	12
Joseph Hoff	ICH	12

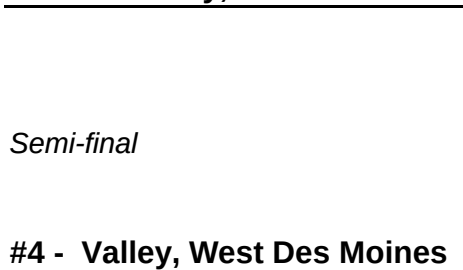
**IOWA HIGH SCHOOL ATHLETIC ASSOCIATION
2017 CLASS 2A STATE TEAM TENNIS SEMI-FINALS & FINALS
May 30, 2017**

**Ankeny Tennis Courts at Prairie Ridge Sports Complex
1510 NW Ash Drive, Ankeny
Tournament Managers: Derek Summy, Des Moines
Sandy Sears, Ankeny**

7:45AM, or earlier All teams arrive at Ankeny Tennis Courts
8:00am Team pictures
8:15am Coaches meeting
8:30am Play begins
Championship and consolation finals will begin one hour after the last semifinal match.

CHAMPIONSHIP BRACKET

#1 - Iowa City, West

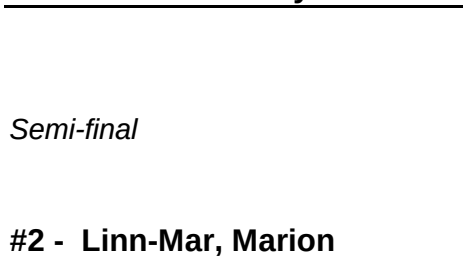


#1 - Iowa City, West

5-1

Approximate start time 12:15pm

#3 - Pleasant Valley



#2 - Linn-Mar, Marion

5-1

#2 - Linn-Mar, Marion

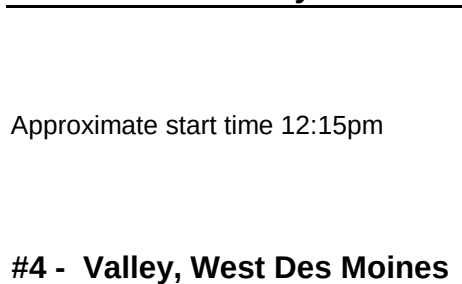
#1 - Iowa City, West

5-1

Champion

CONSOLATION FINALS

#3 - Pleasant Valley



Approximate start time 12:15pm

#4 - Valley, West Des Moines

5-4

3rd Place

#4 - Valley, West Des Moines

**IOWA HIGH SCHOOL ATHLETIC ASSOCIATION
2017 CLASS 1A STATE TEAM TENNIS SEMI-FINALS & FINALS
May 30, 2017
Waveland Tennis Courts
4822 Observatory Road, Des Moines
Tournament Managers: Craig Ihnen, West Des Moines
Stuart Dusenberry, Atlantic**

7:45AM, or earlier All teams arrive at Waveland Tennis Courts
8:00am Team pictures
8:15am Coaches meeting
8:30am Play begins
Championship and consolation finals will begin one hour after the last semifinal match.

CHAMPIONSHIP BRACKET

#1 - LeMars

Semi-final

#4 - Kuemper Catholic, Carroll

#1 - LeMars

5-2

Approximate start time 12:30pm.

#3 - Pella

Semi-final

#2 - Xavier, Cedar Rapids

#2 - Xavier, Cedar Rapids

5-2

#2 - Xavier, Cedar Rapids

5-0

Champion

CONSOLATION FINAL

#3 - Pella

Approximate start time 12:30pm.

#4 - Kuemper Catholic, Carroll

#3 - Pella

5-4

3rd Place

2017 Girls' Tennis



Mississippi Valley Conference**2017 MVC Varsity Girls' Tennis Standings (FINAL)**

Mississippi Division				
<u>Team</u>	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Iowa City West	12	1	20	2
Dubuque Wahlert	12	1	19	2
Linn-Mar	8	5	12	8
Cedar Rapids Xavier	5	8	6	11
Cedar Rapids Jefferson	4	9	4	10
Waterloo West	1	12	1	14
Waterloo East	0	13	0	18

Valley Division				
<u>Team</u>	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Cedar Rapids Washington	11	2	15	3
Cedar Rapids Prairie	11	2	13	3
Iowa City High	8	5	9	9
Cedar Rapids Kennedy	7	6	8	7
Dubuque Hempstead	7	6	9	7
Dubuque Senior	3	10	6	11
Cedar Falls	2	11	6	13

2017 Mississippi Valley Conference Girls' Tennis All-Division Selections

Mississippi Division

Ellie Anderson	LM	12
Maria McDonald & Staff	DW	--
Iowa City West DBQ Wahlert	ICW DW	--

Athlete of the Year

Coach of the Year

Team Champion(s)

Valley Division

Vale Caro	CRP	12
John Gianforte & Staff Scott Leggat & Staff	CRW CRP	--
CR Washington CR Prairie	CRW CRP	--

FIRST TEAM

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
*	Ellie Anderson	LM	12
*	Megan Burr	LM	12
*	Audrey Hinz	DW	12
	Emma Koch	ICW	10
	Kaily Speer	ICW	10
	Abby Jans	ICW	12

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
*	Bihotza James-Lejarcegui	ICH	11
*	Hannah Sherman	CRW	12
*	Vale Caro	CRP	12
	Joyce Sun	DH	10
	Shelby Cook	CRK	11
	Krishna Keeran	CF	9

* - Unanimous Selection

SECOND TEAM

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Meghann Long	DW	12
	Nina Marquardt	CRX	11
	Jessica Moonjely	ICW	9
	Emma Lassen	CRJ	10
	Yassie Buchanan	WW	11
	Anna Herrig	DW	11

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Kelly King	CRW	12
	Anna Postnikov	CRP	11
	Lauren Pinchuk	DS	12
	Eliza Sundermann	CRW	12
	Karleigh Schilling	CRP	12
	Lucia Wagner	ICH	12

HONORABLE MENTION

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Alexis Johnson	CRJ	12
	Cameron Cox	CRJ	12
	Emily Jasper	CRX	10
	Sarah Schirm	CRX	11
	Abby McDonald	DW	11
	Carolyn Conlon	DW	10
	Vivian Mitchell	ICW	10
	Meg Moreland	ICW	11
	Katie Nowak	LM	12
	Lauren Reseweher	LM	12
	Ashley Woods	WE	11
	Noely Sibrian	WE	11
	Meredith Eighmey	WW	10
	Nermina Kovacevic	WW	11

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Meghan Saak	CF	12
	Jamie Knox	CF	10
	Sydney Powers	CRK	12
	Veena Venkatesh	CRK	11
	Madie Renner	CRP	12
	Megan Grimm	CRP	11
	Abby Van Metre	CRW	12
	Maya Chawla	CRW	9
	Lauren Tressel	DH	12
	Lauren Ludescher	DH	12
	Mary Hartel	DS	12
	Allie Pinchuk	DS	11
	Amelia Prybil	ICH	12
	Kelsey Law	ICH	9

**2017 Mississippi Valley Conference
Girls' Tennis All-Division Selections**

ALL ACADEMIC

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Hailey Everhart	CRJ	12
Kristen Naber	CRJ	12
Nina Marquardt	CRX	11
Sarah Schirm	CRX	11
Audrey Hinz	DW	12
Meghann Long	DW	12
Abbigail Jans	ICW	12
Lauren Katz	ICW	11
Meg Moreland	ICW	11
Katie Nowak	LM	12
Alee Bruns	LM	12
Jessica Ahles	WE	12
Brittney Willett	WE	12
Minela Ikanovic	WW	11
Yassie Buchanan	WW	11

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Meghan Saak	CF	12
Claire Fienup	CF	12
Sydney Powers	CK	12
Cali Trueblood	CK	12
Vale Caro	CRP	12
Karleigh Schilling	CRP	12
Kelly King	CRW	12
Hannah Sherman	CRW	12
Kerry Houlihan	DH	12
Lauren Tressel	DH	12
Lauren Pinchuk	DS	12
Megan Brokus	DS	12
Lucia Wagner	ICH	12
Amelia Prybil	ICH	12

2017 Class 2A State Team Tennis Tournament
Saturday, June 3, 2017
Prairie Ridge Sports Complex, Ankeny

Class 2A Semifinals

Pleasant Valley 5 – Ames 0

Dowling Catholic 5 – Iowa City West 4

Class 2A Finals

Pleasant Valley vs. Dowling Catholic

Class 2A 3rd place

Iowa City West 5 – Ames 2

2017 Class 1A State Team Tennis Tournament
Saturday, June 3, 2017
University of Iowa Tennis Center, Iowa City, IA

Class 1A Semifinals

Dubuque Wahlert 5 – Shenandoah 0 (*Doubles Results ... did not play*)

Waterloo Columbus Catholic 5 - Waverly-Shell Rock 1

Class 1A Finals

Waterloo Columbus Catholic 5 - Dubuque Wahlert 1

Class 1A 3rd place Match

Shenandoah 5 - Waverly-Shell Rock 2

2017 Girls' Golf



2017 MVC Girls' Golf Super Divisional Meets Summary**2017 MVC Girls' Golf - Mississippi Division**

	<u>Team Name</u>	<u>Super Meet</u>	<u>1st Divisional</u>	<u>2nd Divisional</u>	<u>Total</u>
1st	Dubuque Wahlert	363	369	349	1081
2nd	Linn-Mar	379	375	363	1117
3rd	Iowa City West	392	411	375	1178
4th	Cedar Rapids Jefferson	422	419	392	1233
5th	Waterloo West	436	423	392	1251
6th	Cedar Rapids Xavier	415	439	408	1262
7th	Waterloo East	495	486	468	1449

2017 MVC Girls' Golf -Valley Division

	<u>Team Name</u>	<u>Super Meet</u>	<u>1st Divisional</u>	<u>2nd Divisional</u>	<u>Total</u>
1st	Cedar Falls	352	314	324	990
2nd	Dubuque Senior	356	347	347	1050
3rd	Cedar Rapids Kennedy	400	370	388	1158
4th	Cedar Rapids Prairie	382	388	400	1170
5th	Cedar Rapids Washington	410	394	385	1189
6th	Dubuque Hempstead	458	407	393	1258
7th	Iowa City High	435	422	433	1290

2017 Mississippi Valley Conference Girls' Golf All-Division Selections

Mississippi Division

Jordan Amelon	ICW	12
Katie Lenart	DW	
Dubuque Wahlert	--	

Athlete of the Year
Coach of the Year
Team Champion

Valley Division

Maddie Hawkins	DS	12
Megan Youngkent	CF	
Cedar Falls	--	

FIRST TEAM

Mississippi Division

<u>Golfer</u>	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Jordan Amelon	ICW	12	248
Kristen Harding	LM	11	260
Elyse Kalb	DW	12	261
Regan Grekoff	CRJ	12	271
Anna Jensen	DW	9	273
Mary Edwards	DW	10	274

Valley Division

<u>Golfer</u>	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Maddie Hawkins	DS	12	226
Hannah Bermel	CF	12	235
Abby Marting	DS	10	240
Mackensie Roberts	CF	12	242
Hailey Bermel	CF	12	251
Katie Choate	CRK	12	257

SECOND TEAM

Mississippi Division

<u>Golfer</u>	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Maeve Breslin	DW	11	281
Tori Niemeyer	LM	10	282
Elly Kalb	DW	10	284
Megan Murphy	LM	11	286
Grace Lange	DW	11	293
Isabel Schminke	LM	11	294

Valley Division

<u>Golfer</u>	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Taylor Sernett	CF	12	262
Peyton Staab	CRP	12	273
Megan Sawyer	CF	10	277
Abby Tefft	DH	12	283
Sara Swift	DS	10	283
Brittany Postma	CRW	10	290

HONORABLE MENTION

Mississippi Division

<u>Golfer</u>	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Libby Kramer	CRX	10	296
Claire Callahan	LM	11	297
Hanna Zikuda	WW	12	297
Emily Smith	CRJ	12	300
Ashley Bys	ICW	12	306
Lenora Herman	WW	12	306

Valley Division

<u>Golfer</u>	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Clare Rolinger	CF	11	292
Devon O'Donnell	CRW	12	295
Ana Vilanova	CRK	10	296
Madie Baird	CRW	11	296
Audrey Kreiling	DH	12	297
Emma Rubsam	CRP	11	300

**2017 Mississippi Valley Conference
Girls' Golf All-Division Selections**

All-Academic

Mississippi Division

<u>Golfer</u>	<u>Sch</u>	<u>Gr</u>
Emily Smith	CRJ	12
Regan Grekoff	CRJ	12
Camryn Miller	CRX	12
Shelby Younggreen	CRX	12
Elyse Kalb	DW	12
Maeve Breslin	DW	11
Allison Bys	ICW	12
Ashley Bys	ICW	12
Megan Murphy	LM	11
Isabel Schminke	LM	11
Riley Denton	WE	12
Rachel Dillavou	WE	12
Lenora Herman	WW	12
Hanna Zikuda	WW	12

Valley Division

<u>Golfer</u>	<u>Sch</u>	<u>Gr</u>
Hailey Bermel	CF	12
Hannah Bermel	CF	12
Taylor Sernett	CF	12
Katie Choate	CRK	12
Abbie Haller	CRK	12
Hannah Stebral	CRP	12
Peyton Staab	CRP	12
Riley DeWolf	CRW	12
Devon O'Donnell	CRW	12
Audrey Kreiling	DH	12
Alyssa Hughes	DH	12
Autumn Kemp	DS	12
Maddie Hawkins	DS	12
Rosetta Sadewasser	ICH	12

2017 Iowa Girls High School State Golf Tournament Results

Class 5A Girls' Golf Results (Coldwater Links, Ames, IA)

<u>Place</u>	<u>Team Name</u>	<u>1st Rnd</u>	<u>2nd Rnd</u>	<u>Total</u>
1st	Cedar Falls	318	313	631
2nd	Waukee	335	316	651
3rd	DBQ Senior	340	323	663
4th	Ankeny Centennial	355	355	710
5th	West Des Moines Valley	376	355	731
6th	Pleasant Valley	383	353	736
7th	Linn-Mar	375	373	748
8th	West Des Moines Dowling	399	364	763

Class 4A Girls' Golf Results (Elmwood Country Club, Marshalltown, IA)

<u>Place</u>	<u>Team Name</u>	<u>1st Rnd</u>	<u>2nd Rnd</u>	<u>Total</u>
1st	Humboldt	371	365	736
2nd	Dubuque Wahlert	368	377	745
3rd	Washington	392	375	767
4th	Grinnell	381	390	771
5th	Nevada	391	385	776
6th	Creston	406	400	806
7th	Moutn Pleasant	401	411	812
8th	Carroll	409	403	812

2017 Summer Sports



(includes)

- Varsity Softball**
- Varsity & Sophomore Baseball**

2017 Softball



Mississippi Valley Conference**2017 MVC Varsity Softball Standings (FINAL)**

Mississippi Division				
	Conference		Overall	
<u>Team</u>	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Cedar Rapids Jefferson	25	1	39	6
Linn-Mar	20	6	27	15
Cedar Rapids Xavier	17	9	23	18
Iowa City West	15	11	25	16
Waterloo West	8	18	10	30
Waterloo East	6	20	11	31
Dubuque Wahlert	6	20	8	30

Valley Division				
	Conference		Overall	
<u>Team</u>	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Cedar Rapids Kennedy	20	6	37	8
Cedar Rapids Prairie	20	6	28	10
Dubuque Hempstead	16	10	24	18
Iowa City High	15	11	20	21
Dubuque Senior	11	15	16	22
Cedar Falls	3	23	5	35
Cedar Rapids Washington	0	26	0	39

2017 Mississippi Valley Conference Softball All-Division Selections

Mississippi Division

	<u>Sch</u>	<u>Gr</u>
Avery Guy	CRJ	12
Brian Erbe & Staff	CRJ	
Cedar Rapids Jefferson		

Athlete of the Year
Coach of the Year
Team Champion

Valley Division

	<u>Sch</u>	<u>Gr</u>
Ashley Hamilton	CRK	12
Maddison LeClere & Staff	CRK	
Cedar Rapids Kennedy Cedar Rapids Prairie		

FIRST TEAM

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
* Erica Oler	CRJ	11
Maria Steffen	CRX	11
Christina Lincoln	LM	12
Avery Guy	CRJ	12
Lindsey Culver	CRJ	10
Kennedy Dighton	CRJ	12
Elison Ollinger	LM	12
Olivia Erickson	CRJ	11
Ariana Rolle	LM	11
Taleah Smith	ICW	12
Emily Oler	CRJ	12
Brylee Klosterman	ICW	9

Position

Pitcher
Pitcher
Catcher
Infield
Infield
Infield
Infield
Outfield
Outfield
Outfield
Utility
Utility

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
* Natalie Halvorson	CRP	12
Kaylin Kinney	CRK	9
* Megan Weber	CRK	12
* Ashley Hamilton	CRK	12
* Alana Cooksley	DH	11
Ashley Winterowd	CRK	11
Ayana Lindsey	ICH	8
* Lauren Kuch	CRP	12
Morgan Krug	DH	11
Camryn Jeffords	CRK	11
Jenna Schwartzhoff	CRK	12
Ellie Grace Dixon	ICH	12

* Indicates Unanimous

* Indicates Unanimous

SECOND TEAM

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Katie Smith	LM	11
Anna Chapman	DW	8
Charli Patten	CRX	10
Brianna Netty	WE	11
Ally Johnson	LM	11
Katie Langholz	CRX	11
Skylar Ryan	ICW	12
Charlotte Richards	CRX	11
Olivia Richards	CRX	10
Sydney Briney	CRJ	12
Josie Card-Stocks	WE	9
Cynthia Hull	ICW	8

Position

Pitcher
Pitcher
Catcher
Infield
Infield
Infield
Infield
Outfield
Outfield
Outfield
Utility
Utility

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Jayme Scheck	CRK	8
Malarie Huseman	DH	9
Kayla Lapage	DH	10
Natalie Blank	CRK	11
Kaylie Springer	DH	9
Nicole Sullivan	CRP	9
Cara Forsblom	CF	10
Morgan Lewis	CRP	11
Sydney Kinney	CRK	12
Tessa Kemp	DS	11
Carey Koenig	ICH	8
Sadie Mai	DS	12

**2017 Mississippi Valley Conference
Softball All-Division Selections**

HONORABLE MENTION

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Hannah Markham	CRJ	10
Kaylee Donner	CRJ	10
Cassie Himmelsbach	CRX	12
Keera Ball	CRX	10
Lily Roth	DW	9
Claire Ott	DW	12
Brooke Goodman	ICW	11
Kylie Heisdorffer	ICW	11
Elly Schuemann	LM	11
Morgan Braughton	LM	12
Brooke Meighan	WE	10
Jayden Bentley	WE	8
Sydney McFarland	WW	12
Lauren Conrey	WW	9

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Breanna Speck	CF	10
Lily Becker	CF	10
Abby Spore	CRK	9
Alyssa Martin	CRK	9
Taylor Holub	CRP	12
Haley McFarlane	CRP	12
Sky Monty	CRW	8
Bayanna Berry	CRW	9
Jenna Springer	DH	11
Katie Schaul	DH	10
Maggie Rooney	DS	11
Karoline Stratton	DS	10
Ella Cook	ICH	8
Brooke Bormann	ICH	9

ALL ACADEMIC

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Emily Oler	CRJ	12
Avery Guy	CRJ	12
Ellie Malecek	CRX	12
Hannah Helms	CRX	12
Kelsey Jackson	DW	12
Gretchen Swift	DW	12
Darby Donovan	ICW	12
Skylar Ryan	ICW	12
Christina Lincoln	LM	12
Elison Ollinger	LM	12
Leah Frost	WE	12
Brianna Netty	WE	11
Brooke Stackhouse	WW	11
Sydney McFarland	WW	12

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Tehya Tournier	CF	11
Megan Keough	CF	11
Ashley Hamilton	CRK	12
Megan Weber	CRK	12
Lauren Kuch	CRP	12
Natalie Halvorson	CRP	12
Natasha Nichols	CRW	12
Megan Bartels	CRW	11
Amber Cooksley	DH	11
Jenna Coates	DH	11
Emily Hirsch	DS	12
Tessa Kemp	DS	11
Gabrielle Hiatt	ICH	12
Ellie Grace Dixon	ICH	12

2017 FINAL MVC Softball Batting Stats - Conference Only**Mississippi Division**

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>AB</u>	<u>R</u>	<u>H</u>	<u>2B</u>	<u>3B</u>	<u>HR</u>	<u>RBI</u>	<u>SAC</u>	<u>BB</u>	<u>SO</u>	<u>SB</u>	<u>SBA</u>	<u>HBP</u>	<u>OBP</u>	<u>SLG</u>	<u>AVG</u>
<u>Cedar Rapids, Jefferson</u>	25-1-0	26	687	282	326	61	5	53	249	11	74	48	39	40	20	0.536	0.809	0.475
<u>Linn-Mar, Marion</u>	20-6-0	26	718	222	283	54	7	11	194	34	87	82	30	39	10	0.461	0.535	0.394
<u>Xavier, Cedar Rapids</u>	17-9-0	26	663	187	216	51	5	15	176	21	82	68	20	20	14	0.407	0.486	0.326
<u>Iowa City, West</u>	15-11-0	26	649	161	223	41	6	17	154	34	86	82	44	45	25	0.435	0.504	0.344
<u>Waterloo, West</u>	8-18-0	26	605	107	165	35	1	8	82	10	72	112	6	6	9	0.358	0.374	0.273
<u>Wahlert, Dubuque</u>	6-20-0	26	551	64	106	16	2	4	47	5	51	147	26	26	11	0.274	0.25	0.192
<u>Waterloo, East</u>	6-20-0	26	708	160	226	40	5	15	147	11	61	108	30	32	19	0.388	0.453	0.319

Valley Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>AB</u>	<u>R</u>	<u>H</u>	<u>2B</u>	<u>3B</u>	<u>HR</u>	<u>RBI</u>	<u>SAC</u>	<u>BB</u>	<u>SO</u>	<u>SB</u>	<u>SBA</u>	<u>HBP</u>	<u>OBP</u>	<u>SLG</u>	<u>AVG</u>
<u>Cedar Rapids, Kennedy</u>	20-6-0	26	671	208	265	54	2	24	186	18	78	84	40	45	18	0.468	0.589	0.395
<u>Prairie, Cedar Rapids</u>	20-6-0	26	706	172	237	28	5	16	136	26	73	94	38	41	10	0.403	0.458	0.336
<u>Dubuque, Hempstead</u>	16-10-0	26	735	196	259	41	5	10	173	34	53	55	16	16	24	0.409	0.463	0.352
<u>Iowa City, City High</u>	15-11-0	26	661	151	190	34	6	18	118	5	60	111	60	61	6	0.35	0.439	0.287
<u>Dubuque, Senior</u>	11-15-0	26	647	110	158	27	2	5	82	20	77	130	34	37	10	0.333	0.315	0.244
<u>Cedar Falls</u>	3-23-0	26	523	88	147	22	5	7	35	9	67	119	56	58	10	0.371	0.382	0.281
<u>Cedar Rapids, Washington</u>	0-26-0	26	252	0	27	4	1	0	0	0	17	128	1	2	2	0.17	0.131	0.107

2017 FINAL MVC Softball Pitching Stats - Conference Only**Mississippi Division**

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>IP</u>	<u>S</u>	<u>HA</u>	<u>RA</u>	<u>ER</u>	<u>ERA</u>	<u>BB</u>	<u>HB</u>	<u>Ks</u>	<u>Opp AB</u>	<u>Opp BA</u>
Cedar Rapids, Jefferson	25-1-0	26	140	0	122	50	34	1.7	15	2	112	544	0.224
Linn-Mar, Marion	20-6-0	26	160 1/3	2	171	81	68	2.97	49	11	78	722	0.237
Iowa City, West	15-11-0	26	160	1	191	111	69	3.02	42	7	86	685	0.279
Xavier, Cedar Rapids	17-9-0	26	153	2	160	102	92	4.21	68	11	113	707	0.226
Waterloo, West	8-18-0	26	148	0	231	221	126	5.96	69	6	46	775	0.298
Waterloo, East	6-20-0	26	155 1/3	1	282	217	148	6.67	53	9	96	773	0.365
Wahlert, Dubuque	6-20-0	26	140	0	224	200	153	7.65	64	14	114	721	0.311

Valley Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>IP</u>	<u>S</u>	<u>HA</u>	<u>RA</u>	<u>ER</u>	<u>ERA</u>	<u>BB</u>	<u>HB</u>	<u>Ks</u>	<u>Opp AB</u>	<u>Opp BA</u>
Cedar Rapids, Kennedy	20-6-0	26	152	2	121	56	42	1.93	23	5	189	622	0.195
Prairie, Cedar Rapids	20-6-0	26	166	0	117	70	57	2.4	49	9	180	689	0.17
Dubuque, Hempstead	16-10-0	26	161	0	150	89	77	3.35	39	12	112	644	0.233
Dubuque, Senior	11-15-0	26	166	1	185	137	108	4.55	65	9	126	745	0.248
Iowa City, City High	15-11-0	26	156 1/3	0	203	146	106	4.75	69	3	100	766	0.265
Cedar Falls	3-23-0	26	138	0	283	224	176	8.93	70	18	25	777	0.364
Cedar Rapids, Washington	0-26-0	26	67 1/3	0	157	384	321	33.37	251	68	14	670	0.234

2017 FINAL MVC Softball Fielding Stats - Conference Only**Mississippi Division**

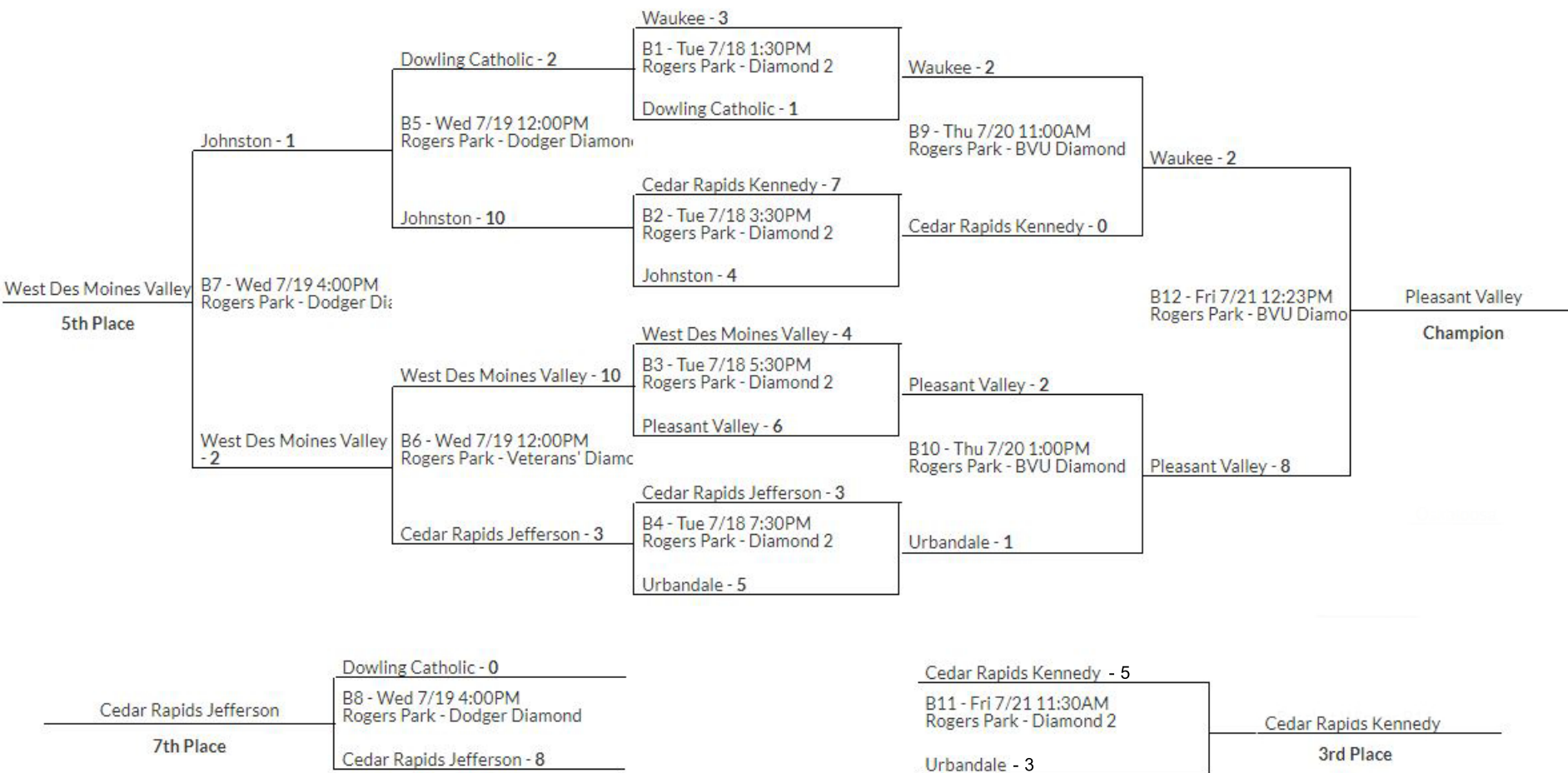
<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>A</u>	<u>PO</u>	<u>E</u>	<u>C</u>	<u>F %</u>	<u>Catcher</u>	
								<u>CS</u>	<u>SBA</u>
<u>Cedar Rapids, Jefferson</u>	25-1-0	26	206	418	15	639	0.977	4	1
<u>Xavier, Cedar Rapids</u>	17-9-0	26	173	457	19	649	0.971	0	0
<u>Linn-Mar, Marion</u>	20-6-0	26	233	475	27	735	0.963	2	9
<u>Iowa City, West</u>	15-11-0	26	169	477	31	677	0.954	4	11
<u>Wahlert, Dubuque</u>	6-20-0	26	123	411	51	585	0.913	4	47
<u>Waterloo, West</u>	8-18-0	26	145	372	50	567	0.912	8	30
<u>Waterloo, East</u>	6-20-0	26	224	466	72	762	0.906	3	25

Valley Division

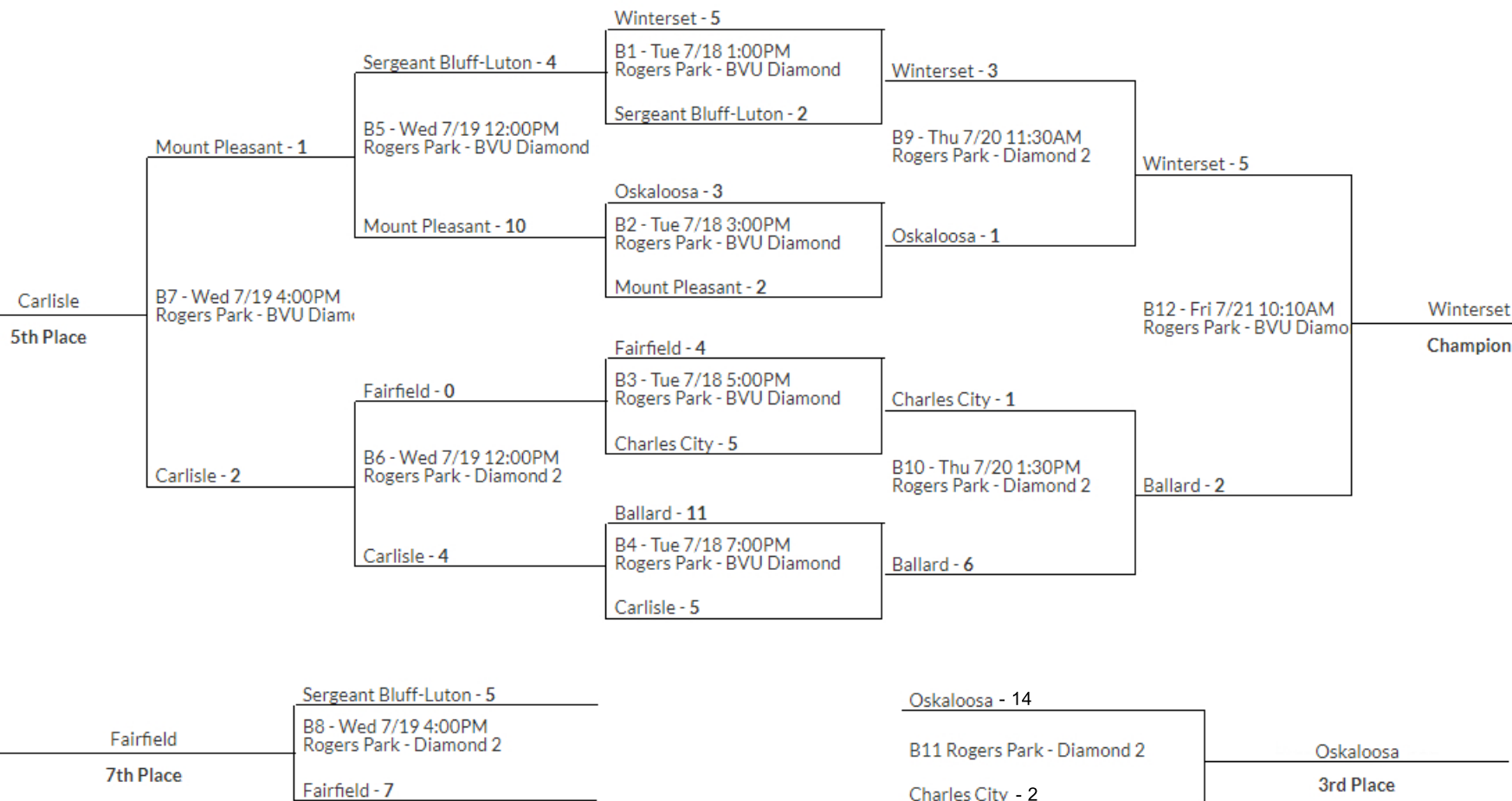
<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>A</u>	<u>PO</u>	<u>E</u>	<u>C</u>	<u>F %</u>	<u>Catcher</u>	
								<u>CS</u>	<u>SBA</u>
<u>Dubuque, Hempstead</u>	16-10-0	26	176	480	22	678	0.968	5	7
<u>Cedar Rapids, Kennedy</u>	20-6-0	26	152	463	23	638	0.964	2	16
<u>Dubuque, Senior</u>	11-15-0	26	183	498	31	712	0.956	2	13
<u>Prairie, Cedar Rapids</u>	20-6-0	26	159	498	35	692	0.949	0	0
<u>Iowa City, City High</u>	15-11-0	26	174	468	50	692	0.928	5	12
<u>Cedar Falls</u>	3-23-0	26	160	380	51	591	0.914	5	11
<u>Cedar Rapids, Washington</u>	0-26-0	26	41	109	61	211	0.711	0	42

2017 IGHSAU State Softball Bracket - Class 5A

2016-17 MVC Sports Summary Pg 214/235



2017 IGHS AU State Softball Bracket - Class 4A



2017 Baseball



Mississippi Valley Conference**2017 MVC Varsity Baseball Standings (FINAL)**

Mississippi Division				
<u>Team</u>	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Iowa City West	20	6	32	9
Dubuque Wahlert	17	9	27	16
Cedar Rapids Jefferson	17	9	23	17
Cedar Rapids Xavier	13	13	18	21
Linn-Mar	12	14	21	19
Waterloo West	3	23	6	35
Waterloo East	0	26	3	35

Valley Division				
<u>Team</u>	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Iowa City High	19	7	29	13
Cedar Rapids Prairie	17	9	29	13
Cedar Rapids Washington	16	10	24	16
Dubuque Senior	14	12	21	17
Dubuque Hempstead *	12	13	17	21
Cedar Falls *	11	15	18	19
Cedar Rapids Kennedy *	10	15	15	22

* tie game (not included in Conf. record)

* tie game (not included in non-Conf. record)

2017 MVC 10th Baseball Standings (FINAL)

Mississippi Division				
<u>Team</u>	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Cedar Rapids Xavier	23	3	27	4
Cedar Rapids Jefferson	18	8	28	13
Iowa City West	16	8	23	11
Linn-Mar	16	10	24	12
Dubuque Wahlert	8	14	13	19
Waterloo West	3	21	4	22
Waterloo East	0	25	0	29

Valley Division				
<u>Team</u>	Conference		Overall	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Dubuque Hempstead	20	6	23	13
Cedar Rapids Prairie	16	8	18	10
Iowa City High	15	11	18	16
Cedar Falls	10	12	18	13
Cedar Rapids Washington	11	15	18	17
Cedar Rapids Kennedy	9	16	10	19
Dubuque Senior	9	17	13	23

2017 Mississippi Valley Conference Baseball All-Division Selections

Mississippi Division

	<u>Sch</u>	<u>Gr</u>
Austin Savary	DW	12
Charlie Stumpff & Staff	ICW	
Iowa City West		

Valley Division

	<u>Sch</u>	<u>Gr</u>
Levi Usher	CRP	11
Brian Mitchell & Staff	ICH	
Iowa City High		

Athlete of the Year
Coach of the Year
Team Champion

FIRST TEAM

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
*	Braden Houston	ICW	11
*	Connor Van Scoyoc	CRJ	11
*	Tony Comellas	ICW	11
	Nate Disterhoft	ICW	12
*	Brayden Frazier	CRJ	11
*	Izaya Ono-Fullard	ICW	12
*	Gabe Lux	CRX	11
*	Drake Frazier	CRJ	10
*	Bryce Schulte	CRX	12
*	Jason Strunk	ICW	10
*	Connor McCaffery	ICW	12
*	Austin Savary	DW	12

Position
Pitcher
Pitcher
Catcher
1st Baseman
Infielder
Infielder
Infielder
Outfielder
Outfielder
Outfielder
Utility
Utility

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
*	Casey Day	CRP	11
*	Brett Mc Cleary	ICH	12
*	Matt Berst	CRK	12
	Harrison Cook	CRP	10
*	Caleb Sass	ICH	12
*	Brady Buntin	CRW	11
	T. J. Deardorff	DS	12
*	Levi Usher	CRP	11
*	Lincoln Riley	CRW	10
*	Wil Courtney	DH	11
	Drew Dostal	CRW	12
	Zach Stone	ICH	12

* Indicates Unanimous

* Indicates Unanimous

SECOND TEAM

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Chase Keeney	CRJ	10
	Jack Wilson	ICW	11
	Reese Phillips	LM	12
	Ben Diestler	LM	12
	Nick Joens	WW	12
	Willie Guy	CRJ	10
	Josh Gassmann	LM	12
	Ryan Rogers	DW	12
	Logan Sims	ICW	12
	Kirby Kerr	LM	12
	Joshua Strauss	LM	12
	Alex Timp	DW	12

Position
Pitcher
Pitcher
Catcher
1st Baseman
Infielder
Infielder
Infielder
Outfielder
Outfielder
Outfielder
Utility
Utility

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Austin Marchesani	CF	12
	Jacob Bockenstedt	CRW	11
	Cameron Steffen	DS	12
	Nick Weber	DS	12
	Travis Reyhons	ICH	11
	T. J. Johnson	CRP	12
	Lucas Duax	DH	11
	Matt Lorenz	CRP	12
	Dylan Deshler	ICH	12
	Carter Stevens	DS	11
	Connor Duax	DH	12
	Anthony Alepra	CRK	12

**2017 Mississippi Valley Conference
Baseball All-Division Selections**

HONORABLE MENTION

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Zach Grant	CRJ	11
Kane Kramer	CRJ	12
Jake Guckenberger	CRX	12
Sam Meyers	CRX	12
Spencer Goerd	DW	11
Jimmy Mc Dermott	DW	11
Dane Randall	ICW	12
Lucas Karwal	ICW	11
Aaron Nibaur	LM	11
Josh Hilsenbeck	LM	11
Cameron Berinobis	WE	11
Dylan Gehrke	WE	12
Noah Susong	WW	10
Cameren Happel	WW	12

Position

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Casey Sole	CF	10
Connor Schultz	CF	12
Jared White	CRK	12
Parker Cooley	CRK	12
Joe Meyer	CRP	12
Griff Clark	CRP	11
Drew Christensen	CRW	11
Luke Jonasson	CRW	12
Max Muehring	DH	11
P. J. Connolly	DH	11
Sam Link	DS	10
Erik Tupper	DS	11
Joey Schnoebelen	ICH	12
Riley Regennitter	ICH	12

ALL ACADEMIC

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Matthew Culver	CRJ	12
Nile Happel	CRJ	12
Jake Guckenberger	CRX	12
Sam Meyers	CRX	12
Nicholas Moran	DW	12
Austin Savary	DW	12
Teagan Bell	ICW	12
Connor McCaffery	ICW	12
Matt Condon	LM	12
Josh Gassman	LM	12
Brandon Secor	WE	12
Noel Guzman	WE	11
Nick Joens	WW	12
Dylan Moore	WW	12

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Austin Marchesani	CF	12
Kane Fairman	CF	12
Connor Schultz	CF	12
Anthony Alepra	CRK	12
Jared White	CRK	12
Darren Kilpatrick	CRP	12
Joe Meyer	CRP	12
Gunnar Bosking	CRW	12
Marcus Coleman	CRW	12
Connor Duax	DH	12
Tyler Cooksley	DH	12
T. J. Deardorff	DS	12
Erik Edminster	DS	12
Dillon Africa	ICH	12
Machlen Polfliet	ICH	12
Joey Schnoebelen	ICH	12

2017 FINAL MVC Baseball Batting Stats (Conf. Games Only)**Mississippi Division**

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>AB</u>	<u>R</u>	<u>H</u>	<u>2B</u>	<u>3B</u>	<u>HR</u>	<u>RBI</u>	<u>SAC</u>	<u>BB</u>	<u>SO</u>	<u>SB</u>	<u>SBA</u>	<u>HBP</u>	<u>OBP</u>	<u>SLG</u>	<u>AVG</u>
<u>Iowa City, West</u>	20-6-0	26	715	200	249	46	9	22	178	22	130	128	96	107	22	0.459	0.530	0.348
<u>Cedar Rapids, Jefferson</u>	17-9-0	26	717	144	224	52	4	3	113	20	83	106	38	42	19	0.396	0.409	0.312
<u>Wahlert, Dubuque</u>	17-9-0	26	719	141	206	37	11	3	105	17	79	118	49	58	28	0.376	0.381	0.287
<u>Xavier, Cedar Rapids</u>	13-13-0	26	712	161	208	32	3	5	122	24	77	104	43	49	26	0.377	0.367	0.292
<u>Linn-Mar, Marion</u>	12-14-0	26	724	136	205	27	5	3	103	4	87	88	28	31	9	0.367	0.347	0.283
<u>Waterloo, West</u>	3-23-0	26	641	80	135	20	3	2	61	15	56	142	21	29	6	0.277	0.261	0.211
<u>Waterloo, East</u>	0-26-0	26	520	40	89	5	1	1	30	13	55	177	13	16	7	0.258	0.190	0.171

Valley Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>AB</u>	<u>R</u>	<u>H</u>	<u>2B</u>	<u>3B</u>	<u>HR</u>	<u>RBI</u>	<u>SAC</u>	<u>BB</u>	<u>SO</u>	<u>SB</u>	<u>SBA</u>	<u>HBP</u>	<u>OBP</u>	<u>SLG</u>	<u>AVG</u>
<u>Iowa City, City High</u>	19-7-0	26	740	198	229	36	7	13	165	21	111	150	82	91	20	0.413	0.430	0.309
<u>Prairie, Cedar Rapids</u>	17-9-0	26	711	180	233	47	7	10	157	17	84	93	79	94	30	0.417	0.456	0.328
<u>Cedar Rapids, Washington</u>	16-10-0	26	712	167	222	43	4	4	159	17	78	86	90	102	32	0.399	0.400	0.312
<u>Dubuque, Senior</u>	14-12-0	26	690	172	201	43	4	4	143	10	124	134	48	57	30	0.419	0.383	0.291
<u>Dubuque, Hempstead</u>	12-13-0	25	674	107	182	34	3	3	89	13	69	115	27	33	11	0.346	0.343	0.270
<u>Cedar Falls</u>	11-15-0	26	672	123	174	28	8	6	96	21	90	135	35	41	26	0.365	0.351	0.259
<u>Cedar Rapids, Kennedy</u>	10-15-0	25	644	124	174	20	5	5	102	13	84	123	53	56	20	0.371	0.340	0.270

2017 FINAL MVC Baseball Pitching Stats (Conf. Games Only)**Mississippi Division**

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>IP</u>	<u>S</u>	<u>HA</u>	<u>RA</u>	<u>ER</u>	<u>ERA</u>	<u>BB</u>	<u>HB</u>	<u>Ks</u>	<u>Opp AB</u>	<u>Opp BA</u>
<u>Iowa City, West</u>	20-6-0	26	168 1/3	7	149	83	52	2.16	76	20	149	649	0.230
<u>Wahlert, Dubuque</u>	17-9-0	26	175 2/3	3	179	109	73	2.91	40	14	122	766	0.234
<u>Cedar Rapids, Jefferson</u>	17-9-0	26	177 1/3	5	165	117	75	2.96	68	12	124	796	0.207
<u>Linn-Mar, Marion</u>	12-14-0	26	176 2/3	1	195	121	80	3.17	79	15	131	729	0.267
<u>Xavier, Cedar Rapids</u>	13-131-0	26	171 2/3	1	182	124	84	3.43	87	10	141	704	0.259
<u>Waterloo, West</u>	3-23-0	26	154 1/3	1	240	237	175	7.94	147	28	81	923	0.260
<u>Waterloo, East</u>	0-26-0	26	140 2/3	0	236	264	160	7.96	117	38	66	818	0.289

Valley Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>IP</u>	<u>S</u>	<u>HA</u>	<u>RA</u>	<u>ER</u>	<u>ERA</u>	<u>BB</u>	<u>HB</u>	<u>Ks</u>	<u>Opp AB</u>	<u>Opp BA</u>
<u>Cedar Rapids, Washington</u>	16-10-0	26	172	4	155	98	77	3.13	73	14	97	764	0.203
<u>Dubuque, Senior</u>	14-12-0	26	168 2/3	3	184	122	82	3.40	80	21	132	707	0.260
<u>Iowa City, City High</u>	19-7-0	26	177	8	185	126	90	3.56	101	22	153	718	0.258
<u>Cedar Falls</u>	11-15-0	26	169 1/3	3	205	146	89	3.68	68	27	148	844	0.243
<u>Prairie, Cedar Rapids</u>	17-9-0	26	171	4	173	136	95	3.89	108	23	119	828	0.209
<u>Dubuque, Hempstead</u>	12-13-0	25	166 2/3	0	180	125	96	4.03	59	18	127	772	0.233
<u>Cedar Rapids, Kennedy</u>	10-15-0	25	157	2	174	151	105	4.68	90	17	128	678	0.257

2017 FINAL MVC Baseball Fielding Stats (Conf. Games Only)**Mississippi Division**

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>A</u>	<u>PO</u>	<u>E</u>	<u>C</u>	<u>F %</u>	<u>Catcher</u>	
								<u>CS</u>	<u>SBA</u>
<u>Linn-Mar, Marion</u>	12-14-0	26	172	508	32	712	0.955	7	49
<u>Cedar Rapids, Jefferson</u>	17-9-0	26	233	528	38	799	0.952	4	37
<u>Iowa City, West</u>	20-6-0	26	210	505	40	755	0.947	3	20
<u>Xavier, Cedar Rapids</u>	13-13-0	26	159	515	42	716	0.941	6	26
<u>Wahlert, Dubuque</u>	17-9-0	26	223	530	48	801	0.940	7	49
<u>Waterloo, West</u>	3-23-0	26	158	465	72	695	0.896	12	83
<u>Waterloo, East</u>	0-26-0	26	60	414	87	561	0.845	15	67

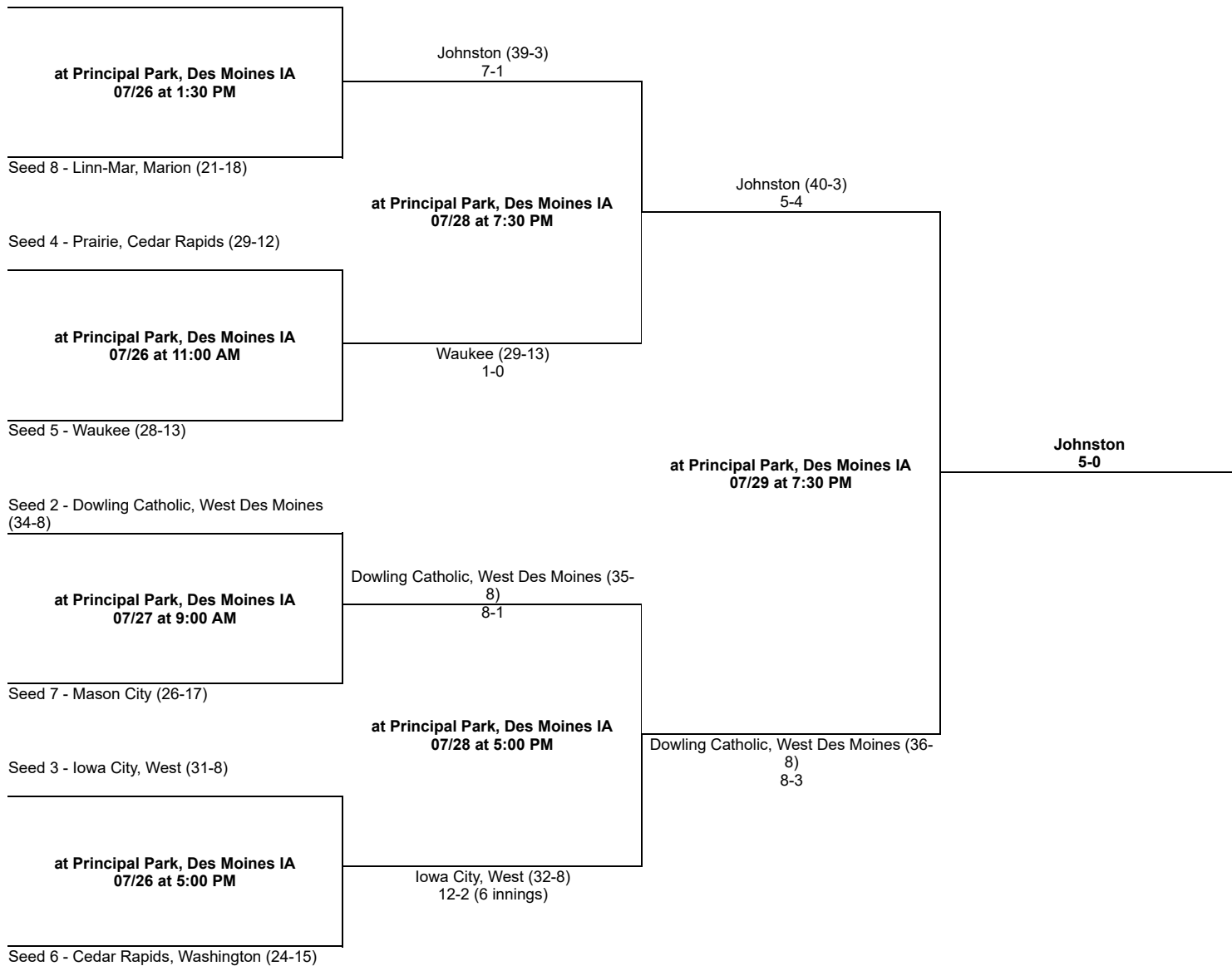
Valley Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>A</u>	<u>PO</u>	<u>E</u>	<u>C</u>	<u>F %</u>	<u>Catcher</u>	
								<u>CS</u>	<u>SBA</u>
<u>Cedar Rapids, Washington</u>	16-10-0	26	186	511	25	722	0.965	7	27
<u>Dubuque, Hempstead</u>	12-13-0	25	173	504	41	718	0.943	9	35
<u>Prairie, Cedar Rapids</u>	17-9-0	26	187	493	45	725	0.938	13	19
<u>Dubuque, Senior</u>	14-12-0	26	170	506	51	727	0.930	6	32
<u>Iowa City, City High</u>	19-7-0	26	170	531	54	755	0.928	6	49
<u>Cedar Falls</u>	11-15-0	26	189	507	67	763	0.912	8	25
<u>Cedar Rapids, Kennedy</u>	10-15-0	25	178	457	74	709	0.896	8	30



2017 IHSAA Tournament CLASS 4A STATE BASEBALL

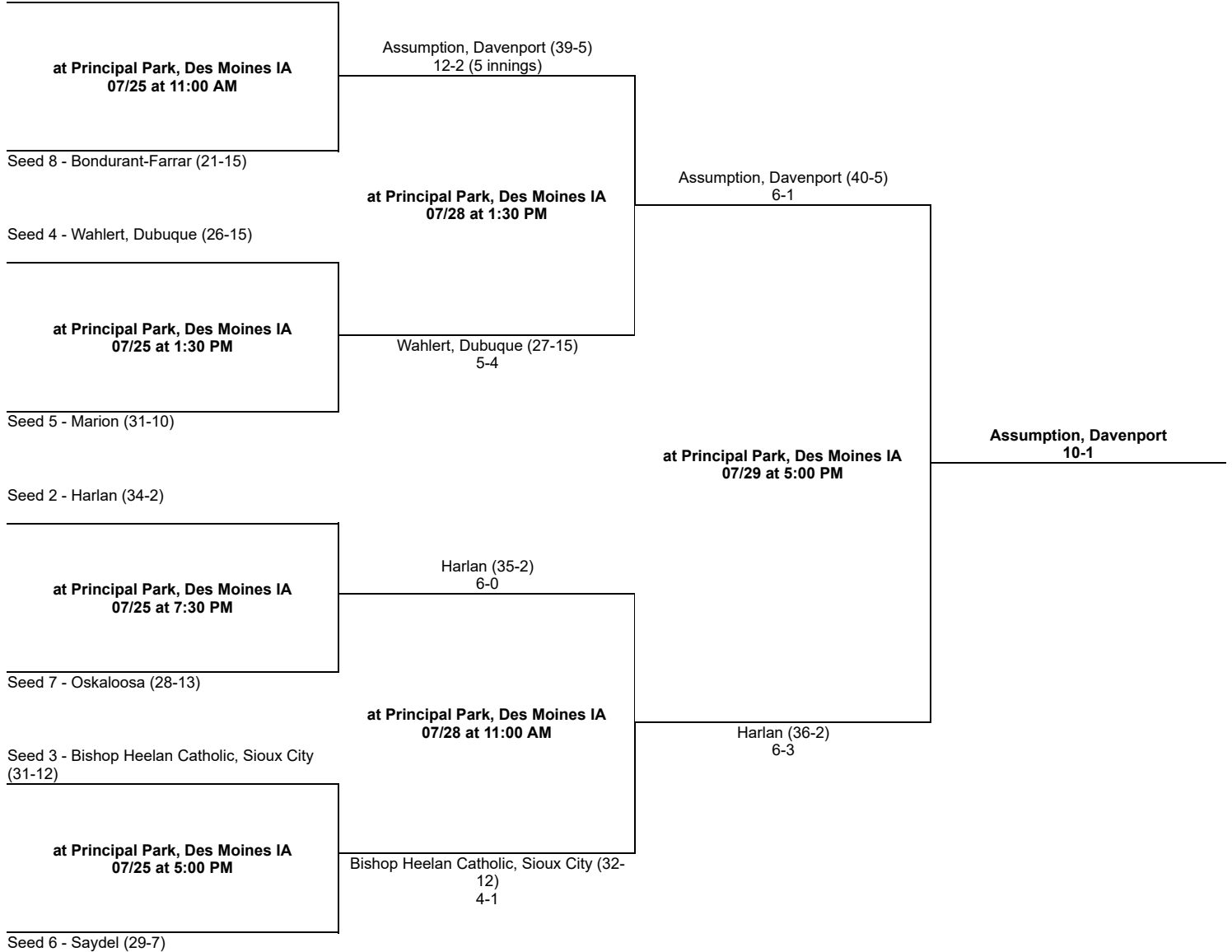
Seed 1 - Johnston (38-3)





2017 IHSAA Tournament CLASS 3A STATE BASEBALL

Seed 1 - Assumption, Davenport (38-5)



2016-17 All Sports Standings



2016-17 MVC All-Sports Standings

Boys All-Sports Standings

Mississippi Division

	Fall			Winter				Spring			Summer		
SCHOOL	GOLF	CC	FB	SW	WR	BOWL	BKB	TRK	TEN	SOC	BB	TOTAL	
Iowa City West	4.0	6.0	--	6.0	6.0	5.5	7.0	7.0	7.0	--	4.5	7.0	60.0
Linn-Mar	7.0	7.0	--	7.0	7.0	4.0	4.5	6.0	6.0	--	4.5	3.0	56.0
CR Xavier	6.0	4.0	--	--	1.0	7.0	6.0	3.0	4.0	--	6.5	4.0	41.5
DBQ Wahlert	5.0	5.0	--	--	4.0	1.5	2.0	5.0	5.0	--	3.0	5.5	36.0
CR Jefferson	3.0	3.0	--	4.0	5.0	3.0	4.5	2.0	2.5	--	2.0	5.5	34.5
Waterloo West	2.0	2.0	--	5.0	2.0	5.5	3.0	4.0	2.5	--	6.5	2.0	34.5
Waterloo East	1.0	1.0	--	--	3.0	1.5	1.0	1.0	--	--	1.0	1.0	10.5
	28.0	28.0	0.0	22.0	28.0	28.0	28.0	28.0	27.0	0.0	28.0	28.0	

Valley Division

	Fall			Winter				Spring			Summer		
SCHOOL	GOLF	CC	FB	SW	WR	BOWL	BKB	TRK	TEN	SOC	BB	TOTAL	
CR Prairie	3.0	6.0	--	--	7.0	6.0	4.5	6.0	4.0	--	7.0	6.0	49.5
Cedar Falls	6.0	5.0	--	3.0	3.0	4.5	3.0	5.0	6.0	--	3.0	2.0	40.5
CR Washington	7.0	3.0	--	7.0	2.0	1.0	1.0	3.0	7.0	--	4.0	5.0	40.0
DBQ Hempstead	2.0	7.0	--	5.0	6.0	7.0	4.5	1.0	2.5	--	1.0	3.0	39.0
Iowa City High	1.0	4.0	--	2.0	5.0	3.0	2.0	4.0	5.0	--	6.0	7.0	39.0
CR Kennedy	4.0	1.0	--	6.0	4.0	2.0	6.0	7.0	2.5	--	5.0	1.0	38.5
DBQ Senior	5.0	2.0	--	4.0	1.0	4.5	7.0	2.0	1.0	--	2.0	4.0	32.5
	28.0	28.0	0.0	27.0	28.0	28.0	28.0	28.0	28.0	0.0	28.0	28.0	

2016-17 MVC All-Sports Standings

Girls All-Sports Standings

Mississippi Division

SCHOOL	<u>Fall</u>			<u>Winter</u>				<u>Spring</u>				<u>Summer</u>	TOTAL
	CC	VB	SW		BOWL	BKB		TRK	TEN	GOLF	SOC	SB	
Iowa City West	7.0	5.0	7.0	--	--	4.5	7.0	7.0	6.5	5.0	7.0	4.0	60.0
Linn-Mar	6.0	7.0	5.0	--	--	7.0	4.5	6.0	5.0	6.0	5.5	6.0	58.0
DBQ Wahlert	5.0	6.0	6.0	--	--	1.0	2.0	5.0	6.5	7.0	2.0	1.5	42.0
CR Jefferson	2.0	3.0	4.0	--	--	3.0	4.5	2.0	3.0	4.0	4.0	7.0	36.5
CR Xavier	4.0	4.0	---	--	--	2.0	6.0	1.0	4.0	2.0	5.5	5.0	33.5
Waterloo West	1.5	1.0	1.5	--	--	4.5	3.0	3.0	2.0	3.0	3.0	3.0	25.5
Waterloo East	1.5	2.0	1.5	--	--	6.0	1.0	4.0	1.0	1.0	1.0	1.5	20.5
	27.0	28.0	25.0	0.0	0.0	28.0	28.0	28.0	28.0	28.0	28.0	28.0	

Valley Division

SCHOOL	<u>Fall</u>			<u>Winter</u>				<u>Spring</u>				<u>Summer</u>	TOTAL
	CC	VB	SW		BOWL	BKB		TRK	TEN	GOLF	SOC	SB	
Cedar Falls	7.0	7.0	7.0	--	--	6.0	6.5	7.0	1.0	7.0	5.0	2.0	55.5
CR Kennedy	3.0	6.0	6.0	--	--	3.5	2.0	3.0	3.5	5.0	7.0	6.5	45.5
CR Prairie	2.0	3.0	--	--	--	7.0	4.5	5.0	6.5	4.0	2.0	6.5	40.5
DBQ Hempstead	5.0	5.0	2.0	--	--	5.0	4.5	4.0	3.5	2.0	3.0	5.0	39.0
Iowa City High	6.0	4.0	3.0	--	--	1.0	6.5	2.0	5.0	1.0	6.0	4.0	38.5
DBQ Senior	4.0	1.0	4.0	--	--	3.5	1.0	6.0	2.0	6.0	1.0	3.0	31.5
CR Washington	1.0	2.0	5.0	--	--	2.0	3.0	1.0	6.5	3.0	4.0	1.0	28.5

2016-17 State Team Recognition



**MISSISSIPPI VALLEY CONFERENCE
STATE TEAM RECOGNITION
2016-2017 School Year**

----- ***Fall Sports*** -----

Men's Golf

Class 4A – Third Place – Linn-Mar

Women's Cross Country

Class 4A – Second Place – Dubuque Hempstead

Class 4A – Third Place – Iowa City, City High

Class 4A – Fourth Place – Cedar Falls

Men's Cross Country

Class 4A – Third Place – Cedar Rapids Prairie

Women's Swimming

NONE

Volleyball

CLASS 3A – STATE CHAMPIONS – DUBUQUE WAHLERT

Class 4A – Cedar Falls – Second Place

Class 4A – Cedar Rapids Xavier -- Semifinalist

Football

Class 4A – Second Place – Iowa City West

Class 4A – Semifinalist – Cedar Rapids Washington

Class 3A – Semifinalist – Cedar Rapids Xavier

----- ***Winter Sports*** -----

Men's Swimming

One Class – Fourth Place – Cedar Rapids Washington

Men's Wrestling – Individual Tournament

N O N E

Men's Wrestling-Dual Team Tournament

N O N E

**MISSISSIPPI VALLEY CONFERENCE
STATE TEAM RECOGNITION
2016-2017 School Year**

----- *Winter Sports (cont.)* -----

Women's Bowling

Class 3A – Second Place – Cedar Rapids Prairie
Class 3A – Fourth Place – Waterloo West
Class 2A – Second Place – Waterloo East

Men's Bowling

Class 3A – STATE CHAMPIONS – DUBUQUE HEMPSTEAD
Class 3A – Second Place -- Waterloo West

Women's Basketball

Class 5A – Second Place – Cedar Falls
Class 5A – Semifinalist – Iowa City West
Class 4A – Semifinalist – Cedar Rapids Xavier

Men's Basketball

CLASS 3A – STATE CHAMPIONS – CEDAR RAPIDS XAVIER

CLASS 4A – STATE CHAMPIONS – IOWA CITY WEST

Class 4A – Fourth Place – Cedar Rapids Kennedy

----- *Spring Sports* -----

Women's Track

Class 4A – Second Place – Iowa City West
Class 4A – Fourth Place – Linn-Mar
Class 3A – Third Place – Dubuque Wahlert

Men's Track

Class 4A – Fourth Place – Cedar Falls

Men's Team Tennis

CLASS 1A – STATE CHAMPIONS – CEDAR RAPIDS XAVIER

CLASS 2A – STATE CHAMPIONS – IOWA CITY WEST

Class 2A – Second Place – Linn-Mar

Women's Team Tennis

Class 2A – Third Place – Iowa City West
Class 1A – Second Place – Dubuque Wahlert

**MISSISSIPPI VALLEY CONFERENCE
STATE TEAM RECOGNITION
2016-2017 School Year**

----- **Spring Sports (Cont.)** -----

Women's Golf

CLASS 5A – STATE CHAMPIONS – CEDAR FALLS

Class 5A – Third Place – Dubuque Senior
Class 4A – Second Place – Dubuque Wahlert

Men's Soccer

Class 3A – STATE CHAMPIONS – IOWA CITY WEST

Class 2A – Second Place – Cedar Rapids Xavier

Women's Soccer

Class 3A -- Semifinalist -- Iowa City West

----- **Summer Sports** -----

Women's Softball

Class 5A – Third Place – Cedar Rapids Kennedy

Men's Baseball

Class 4A – Semifinalist – Iowa City West
Class 3A – Semifinalist – Dubuque Wahlert

