

2015-16

Mississippi Valley Conference

- Sports Summary –



Randy Krejci, Commissioner

Mississippi Division

Cedar Rapids Prairie
Cedar Rapids Washington
Cedar Rapids Xavier
Dubuque Hempstead
Iowa City High
Waterloo East
Waterloo West

Valley Division

Cedar Falls
Cedar Rapids Jefferson
Cedar Rapids Kennedy
Dubuque Senior
Dubuque Wahlert
Iowa City West
Linn-Mar

2015-16

Mississippi Valley Conference

- Sports Summary –

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2015 Fall Sports



(includes)

- Varsity & Sophomore Football**
- Varsity, JV & Sophomore Volleyball**
- Varsity Boys Cross Country**
- Varsity Girls Cross Country**
- Varsity Girls Swimming**
- Varsity Boys Golf**

2015 Football



2015 MVC Varsity Football District Standings (FINAL)**4A - District #5**

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Cedar Rapids Kennedy	5	0	13	1	13.00
Cedar Rapids Jefferson	3	2	7	4	5.00
Cedar Falls	3	2	6	4	1.40
Linn-Mar	3	2	4	6	1.40
Waterloo West	1	4	3	6	-7.80
Waterloo East	0	5	0	9	-13.00

4A - District #6

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Cedar Rapids Washington	5	0	10	2	13.00
Iowa City High	4	1	8	4	4.20
Cedar Rapids Prairie	3	2	4	6	3.80
Muscatine	2	3	6	4	-0.20
Ottumwa	1	4	4	5	-8.20
Burlington	0	5	1	8	-12.60

4A - District #7

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Pleasant Valley	4	0	8	3	13.00
Iowa City West	3	1	4	7	6.50
Dubuque Hempstead	2	2	6	4	-1.50
Davenport North	1	3	1	9	-6.00
Davenport Central	0	4	1	8	-12.00

4A - District #8

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Bettendorf	4	0	12	0	12.25
North Scott	2	2	5	6	3.75
Dubuque Senior	2	2	4	6	-1.25
Clinton	2	2	5	5	-1.75
Davenport West	0	4	3	6	-13.00

3A - District #4

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Cedar Rapids Xavier	6	0	9	0	11.33
Maquoketa	5	1	7	4	5.50
Solon	4	2	6	5	7.50
Dubuque Wahlert	3	3	3	7	-1.33
Western Dubuque	2	4	3	6	-2.67
Central Clinton-DeWitt	1	5	1	8	-8.33
Marion	0	6	0	9	-12.00

2015 MVC 10th Football District Standings (FINAL)**NOTE: Records for non-MVC Schools listed may be incomplete****4A - District #5**

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Waterloo West	3	2	6	3	0.00
Cedar Falls	3	2	5	4	0.00
Cedar Rapids Jefferson	3	2	5	4	0.00
Cedar Rapids Kennedy	3	2	5	4	0.00
Linn-Mar	3	2	4	5	0.00
Waterloo East	0	5	1	8	0.00

4A - District #6

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Cedar Rapids Washington	5	0	9	0	0.00
Cedar Rapids Prairie	4	1	7	2	0.00
Burlington	3	2	6	3	0.00
Iowa City High	2	3	3	6	0.00
Muscatine	1	4	1	8	0.00
Ottumwa	0	5	3	6	0.00

4A - District #7

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Pleasant Valley	2	0	5	0	0.00
Iowa City West	3	1	4	5	0.00
Davenport Central	1	1	2	1	0.00
Davenport North	1	1	1	3	0.00
Dubuque Hempstead	1	4	4	5	0.00

4A - District #8

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Bettendorf	1	0	3	0	0.00
Dubuque Senior	3	1	6	3	0.00
Clinton	0	1	1	2	0.00
North Scott	0	1	1	3	0.00
Davenport West	0	2	0	2	0.00

3A - District #4

<u>Team</u>	<u>District</u>		<u>Overall</u>		<u>Pt Diff</u>
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>	
Cedar Rapids Xavier	5	0	8	0	0.00
Dubuque Wahlert	5	1	5	4	0.00
Solon	2	2	5	2	0.00
Western Dubuque	2	2	3	4	0.00
Marion	2	4	4	4	0.00
Central Clinton-DeWitt	0	3	1	4	0.00
Maquoketa	0	4	0	6	0.00

2015 Football MVC All-District Selections

4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #4	
COACHING STAFF OF THE YEAR									
Brian White & Staff	CRK	Dan Sabers & Staff	ICH						
OFFENSIVE PLAYER OF THE YEAR									
Tyler Dralle	CRK	Tavian Patrick	CRW	Alex Henderson	ICW			Bryce Schulte	CRX
Shaun Beyer	CRK	Jason Jones	ICH						
DEFENSIVE PLAYER OF THE YEAR									
Dallas Jacobus	CRK	O'Rien Vance	CRW			Colin Seymour	DS	Info did not designate offense or defense	
Valentino Green	CRJ								
SPECIALIST (PUNTER/KICKER OF THE YEAR)									
								Dallas Klein - K	CRX

1ST TEAM OFFENSE

4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #4	
Jared Eivins 12	CRJ	Jalen Rima	CRP	Keaton Larson 12	ICW	Lee Bonifas 12	DS	Bryce Schulte 11	CRX
Ayodeji Oluntunde 12	CRJ	Tyler Nunemaker	CRP	Tay Collins 11	ICW	Mitch Dittmer 11	DS	Maliki Wilson 11	CRX
Devon Moore 11	WW	Hunter Johnson	CRP	Marshon Crowder 11	ICW			Nick Stark 12	CRX
Spencer Williams 12	CF	Tavian Patrick	CRW	Jack Roussel 11	ICW			Sam Meyers 11	CRX
Taylen Alexander 12	CF	Aries Davis	CRW	Devontae Lane 11	ICW			John Patrick 12 - OL	DW
Denison Harrington 12	CF	Johnny Dobbs	CRW	Oliver Martin 11	ICW			Rian Weber 12 - WR	DW
Daniel Gorsich 12	LM	Isaiah Nimmers	CRW	Max Brown 11	ICW			Travis Warden 12 - RB	DW
Dallas McFarland 12	LM	Jason Jones	ICH	Mason Koch 12	ICW			Mason Flynn 12 - RB	DW
Reese Phillips 11	LM	Jordain Buckland	ICH	Jacob Courtois 12	ICW			Tanner Horchak 12 - OL	DW
Tyler Dralle 12	CRK								
Shaun Beyer 12	CRK			Info did not designate offense or defense					
Mason Jacobs 12	CRK								
Nick Duehr 11	CRK								
Jordan Garrey 12	WE								

1ST TEAM DEFENSE

4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #4	
Tavian Rashed 11	CRJ	Taylor Mahmen	CRP	Info did not designate offense or defense		Collin Seymour 12	DS	Sean Murphy 12	CRX
Valentino Green 12	CRJ	Dallas Hobbs	CRW	Info did not designate offense or defense		DeAngelo Jackson 12	DS	Blake Whitten 12	CRX
Jacob Beaton 12	CRJ	Rane Weiland	CRW			Jacob Osterberger 12	DS	Bryce Charipar 12	CRX
Sam Gerst 11	WW	O'Rien Vance	CRW					Ryan Stulken 12	CRX
Adrian Diaz 12	CF	Erick Fletcher	ICH					John Patrick 12 - DL	DW
Jacob Leisinger 12	CF	Naeem Smith	ICH					Rian Weber 12 - DB	DW
Samuel Bries 12	LM	Dylan Leigh	ICH					Travis Warden 12 - LB	DW
Logan Hagmeier 12	LM							Mason Flynn 12 - LB	DW
Johnson Mator 11	CRK							Tanner Horchak 12 - DL	DW
Austin Coates 12	CRK								
Dallas Jacobus 12	CRK								
Jeremiah Jordan 12	WE								

2015 Football MVC All-District Selections

4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #4	
2ND TEAM OFFENSE									
4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #4	
Brock Hunt 12	CRJ	Trevor Northrup	CRP	Info did not list		Ryan Kerkenbush 12	DS	Joe Constant 12	CRX
Jalyn Stafford 12	CRJ	Taylor Mehman	CRP	2nd Team Offense		Shane Sweeney 12	DS	Max Johnson 11	CRX
Trey Burt 12	WW	T.J. Vogel	CRW			Tucker Mai 12	DS	Ryan Jasper 11	CRX
Eber White 12	CF	Griffin Fellows	ICH					Joey Bohr 12 - OL	DW
Tra'Von Fagan 12	CF	Tom Pugh	ICH					Drew Lenz 11 - OL	DW
Marquise Jones 12	CF	Bryce Frantz	ICH					Joe Duehr 12 - WR	DW
Zach Luehring 12	LM	Jared Taylor	ICH					Isaac Evans 12 - WR	DW
Jackson Coker 11	CRK								
Matt Gardner 12	CRK								
Nathan Heinz 12	WE								

2ND TEAM DEFENSE									
4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #4	
Alex Fernandez 12	CRJ	Cameron Lagrange	CRP	Info did not list		Rory Larsen 11	DS	Joe Constant 12	CRX
Justin Crockett 12	CRJ	Jayden Goos	CRP	2nd Team Defense		Noah Bullock 12	DS	Thomas Hasley 12	CRX
Cody Heisean 12	WW	Drew Dostal	CRW					Joey Bohr - DL	DW
Brendon Claussen 11	WW	Darren Ross	CRW					Drew Lenz 11 - DL	DW
Jason Rathjen 12	CF	Connor Malcolm	CRW					Joe Duehr 12 - DB	DW
Shea Hartzler 12	LM	Matt Ackerman	CRW					Isaac Evans - DB/KR	DW
Jace Myers 11	LM								
Josh Gassmann 11	LM								
Sam Pape 11	CRK								
Nolan Hromidko 12	CRK								
Garrett Kubovec 11	CRK								
Eric Gleiter 11	WE								
Cole Van Wey 12	WE								

2015 Football MVC All-District Selections

4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #4	
HONORABLE MENTION									
4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #4	
Ryan Neuberger 12	CRJ	Calvin Hynek - O	CRP	Kaleb Phillips 12	DH	Dimitri Humpal-Griffin 12	DS	Info did not provide Honorable Mention	
Colton Kuehl 11	CRJ	Joel Collett (K) - O	CRP	Sean Cook 12	DH	Travis LeGrand 12	DS		
Keenan Stewart 10	CRJ	Martavian Borseth - D	CRP	Adam Rang 12	DH	Jake Hudson 11	DS		
Mason Short 12	CRJ	Hunter Johnson - D	CRP	Tyler Hedley 12	DH	Guy Gard 12	DS		
Austin Susong 12	WW	Andrew Todd - O	CRW	Jonny Miller 11	DH				
Jack Davis 12	WW	Tavion Stewart - O	CRW	Josh Van Roekel 11	ICW				
Dylan Meyer 11	WW	Peter Greubel - O	CRW	Donovan Doyle 12	ICW				
Devon Conkling 12	WW	Ian Thomas - D	CRW	Griffin Blackhurst 12	ICW				
Jordan DeGroote 12	CF	Joey Schnoebelen - O	ICH	Mason Carter 12	ICW				
Logan Mozena 12	CF	Brock Hunger - D	ICH	Yeshuwa Hicks 12	ICW				
Bryce Kolthoff 12	CF	Kyle Swenning - D	ICH						
Dalton Godfrey 11	CF	Dillian Africa - D	ICH						
Mark Trautman 12	LM								
Brennan McGaffee 11	LM								
Cevon Walton 10	LM								
Josh Strauss 11	LM								
Zach DeMaris 12	CRK								
Jackson Behn 12	CRK								
Jesse Price 11	CRK								
Austin Kerska 12	CRK								
Carlton Todd 11	WE								
Christian Banks 11	WE								
Marquas Gaffaney 12	WE								
Tyree Reed 11	WE								

2015 Football MVC All-District Selections

4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #4	
ALL ACADEMIC - FOOTBALL									
4A - District #5		4A - District #6		4A - District #7		4A - District #8		3A - District #4	
Zachariah Szabo 12	CRJ	Patrick Henkhaus	ICH	Cole Muehring 12	DH	Info did not provide All Academic		Brett Biermann	CRX
Austin Ridenour 12	CRJ	Will Noack	ICH	Tyler Coble 12	DH			Brett Burns	CRX
Aaron Lehl 12	CF	Taylor Mahmen	CRP	Bryson Adcock 12	ICW			Bryce Charipar	CRX
Eber White 12	CF	Conner Choate	CRP	Mason Koch 12	ICW			Spencer Dempewolf	CRX
Jacob Leisinger 12	CF	Zach Gilbert	CRW					Michael Fettkether	CRX
Austin Coates 12	CRK	Nick Nassif	CRW					Jake Guckenberger	CRX
Elijah Feuerhelm 12	CRK							Ryan Jasper	CRX
Derek Randklev 12	LM							Max Johnson	CRX
Mark Trautman 12	LM							Dallas Klein	CRX
Eric Glieter 11	WE							Brian Lang	CRX
Jeremiah Jordan 12	WE							Devin Lansing	CRX
Jack Davis 12	WW							Sam Meyers	CRX
Austin Susong 12	WW							Jacob Miller	CRX
								Daniel Richardson	CRX
								John Rocca	CRX
								Bryce Schulte	CRX
								Gabe Smith	CRX
								Nick Stark	CRX
								Tyler Testin	CRX
								Ian Walther	CRX
								Judd White 12	DW
								Rian Weber 12	DW
								John Patrick 12	DW
								Travis Warden 12	DW
								Isaac Evans 12	DW
								Tanner Horchak 12	DW
								Mason Flynn 12	DW
								Tony Ward 11	DW
								Denver Link 11	DW
								Grant Oberfoell 11	DW
								Caleb Blair 11	DW
								Drew Lenz 11	DW
								Jack Wilgenbusch 11	DW

2015 Football MVC All-District Selections

[illegible]

2015 IHSA State Football Playoff Results**Class 4A****November 23rd, 2015 - Championship**

West Des Moines Dowling	41	-	Cedar Rapids Kennedy	10
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November 13th, 2015 - Semi-Finals

Cedar Rapids Kennedy	31	-	Bettendorf	14
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West Des Moines Dowling	24	-	West Des Moines Valley	6
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November 2nd, 2015 - Quarterfinals

Bettendorf	43	-	Iowa City West	18
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Cedar Rapids Kennedy	49	-	North Scott Eldridge	7
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Cedar Rapids Washington	42	-	Cedar Rapids Jefferson	21
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West Des Moines Dowling	50	-	Southeast Polk	21
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Iowa City High	13	-	Pleasant Valley	7
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Johnston	28	-	Ankeny Centennial	10
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Lewis Central	17	-	Ankeny Centennial	7
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West Des Moines Valley	42	-	Waukee	7
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October 28th, 2015 - 1st Round

Ankeny	49	-	Indianola	7
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Ankeny Centennial	49	-	Des Moines East	7
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Bettendorf	42	-	Davenport North	13
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Cedar Rapids Jefferson	61	-	Dubuque Senior	43
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Cedar Rapids Kennedy	59	-	Clinton	0
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Cedar Rapids Washington	28	-	Cedar Falls	21
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West Des Moines Dowling	64	-	Des Moines Lincoln	0
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Iowa City High	26	-	Linn-Mar	16
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Iowa City West	35	-	Cedar Rapids Prairie	20
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Johnston	45	-	Des Moines Hoover	13
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Lewis Central	21	-	Urbandale	10
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North Scott Eldridge	42	-	Dubuque Hempstead	17
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Pleasant Valley	45	-	Muscatine	14
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Southeast Polk	42	-	Fort Dodge	0
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West Des Moines Valley	50	-	Ames	7
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Waukee	55	-	Sioux City East	24
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2015 IHSAA State Football Playoff Results**Class 3A****November 19th 2015 - Championship**

Pella	31	- Norwalk	17
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November 11th, 2015 - Semi-Finals

Norwalk	35	- Sergeant Bluff-Luton	4
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Pella	45	- West Delaware	26
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November 2nd, 2015 - Quarter-Finals

Davenport Assumption	48	- Maquoketa	0
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Dallas Center-Grimes	31	- Ballard	7
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Decorah	30	- Cedar Rapids Xavier	21
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Norwalk	27	- Gilbert	11
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Pella	52	- Creston	27
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Sergeant Bluff-Luton	72	- Carroll	47
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Webster City	38	- Boyden-Hull/Rock Valley	6
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West Delaware	37	- Solon	14
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October 28th, 2015 - 1st Round

Davenport Assumption	42	- Dubuque Wahlert	21
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Ballard	28	- Algona	27
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Boyden-Hull/Rock Valley	24	- Bishop Heelan, Sioux City	16
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Carroll	42	- Glenwood	20
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Creston	34	- Harlan	11
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Dallas Center-Grimes	35	- Carlisle	6
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Decorah	14	- Independence	0
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Gilbert	49	- Chariton	7
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Maquoketa	13	- Clear Creek-Amana	7
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Norwalk	40	- Bondurant-Farrar	0
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Pella	56	- Fairfield	7
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Sergeant Bluff-Luton	33	- Spencer	21
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Solon	17	- Washington	14 OT
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Webster City	35	- Humboldt	0
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West Delaware	41	- Benton Community	3
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Cedar Rapids Xavier	14	- Waverly-Shell Rock	7
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MVC Football - **TEAM Records** (1969-present)

<u>TEAM (SEASON)</u>	<u>Date</u>	<u>Record</u>	<u>Athlete/School</u>
Yards Rushing:	2000	2994	Cedar Falls
Yards Passing:	2007	2907	CR Kennedy
Total Yards:	2012	4267	Iowa City West
Total Points:	2012	484	Iowa City West

<u>TEAM (SINGLE GAME)</u>	<u>Date</u>	<u>Record</u>	<u>School</u>
Yards Rushing:	9/12/2003	595	IC West vs Linn-Mar
Yards Passing:	9/28/2007	472	CR Kennedy vs CR Prairie
Total Yards:	9/12/2003	662	IC West vs Linn-Mar
Total Points:	2004	111 (56-55 OT)	Linn-Mar vs CR Washington

MVC Football - TEAM Records (1969-present)

<u>INDIVIDUAL (SEASON)</u>	<u>Date</u>	<u>Record</u>	<u>School</u>
Yards Rushing:	2000	2263	Terrance Freeney - Cedar Falls
Rushing Average:	1993	12.5	Tim Dwight - IC City High
Yards Passing:	2007	2873	Guy Martino - CR Kennedy
Passes Attempted:	2007	267	Guy Martino - CR Kennedy
Passes Completed:	2007	182	Guy Martino - CR Kennedy
Touchdown Passes:	2007	29	Guy Martino - CR Kennedy
Passes Caught:	2006	57	Teddy Shonka - CR Kennedy
Yds. Gained by Receptions:	2012	962	Jarred Edmonds - CR Prairie
TD Passes Caught:	2011	17	Andy Henry - Linn-Mar
Total Points:	2009	180	Jer Garman - Linn-Mar
Most Touchdowns:	2009	30	Jer Garman - Linn-Mar

<u>INDIVIDUAL (SINGLE GAME)</u>	<u>Date</u>	<u>Record</u>	<u>School</u>
Yards Rushing:	10/15/2004	381	Jayme Murphy - DBQ Senior vs CR Xavier
Yards Passing:	9/28/2007	472	Guy Martino - CR Kennedy vs CR Prairie
Passes Attempted:	10/6/1983	48	Scott Flynn - IC City High vs. Dbq. Wahlert
	10/30/1998	48	Sean LaCoste - Waterloo West vs DBQ Senior
Passes Completed:	9/21/2007	31	Guy Martino - CR Kennedy vs CR Xavier
Passes Caught:	9/9/2011	21	Flynn Heald - CR Washington vs CR Kennedy

<u>INDIVIDUAL (SINGLE GAME)</u>	<u>Date</u>	<u>Record</u>	<u>School</u>
Yards Gained by Reception:	9/9/2011	294	Flynn Heald - CR Washington vs CR Kennedy
TD Passes Caught:	1983	4	Greg Hidder - CR Washington vs. IC West
	1994	4	Aaron Burrell - CR Washington vs. CR Jefferson
	10/2/1998	4	J. Mullesch - Waterloo West vs DBQ Wahlert
Total Points:	10/15/2004	44	Jayme Murphy - DBQ Senior vs CR Xavier

MVC Football - **TEAM Records** (1969-present)

EXTRA POINTS	<u>Date</u>	<u>Record</u>	<u>School</u>
Most Extra Points (kicks) in a single game:	9/24/1999	9	Nate Kaeding - IC West vs DBQ Senior
	9/12/2003	9	Bryan Watkins - IC West vs Linn-Mar
Most Extra Points (kicks) in a season:	1999	49	Nate Kaeding - IC West
Most Extra Points (2) in a single game:	10/27/1995	2	Jerry Moses Jr. - Waterloo East vs CR Kennedy
	9/14/2001	2	Justin Peck - CR Xavier vs CR Prairie
	10/15/2004	2	Jon Geppert - CR Xavier vs DBQ Senior
Highest Percentage of Extra Point Kicker:	1999	49/49	Nate Kaeding - IC West
	2003	29/29	Adam Valenta - CR Xavier
	2009	33/33	Charlie Bales - CR Xavier
	2009	23/23	Alex Troester - IC West
	2010	38/38	Chad Gilmer - CR Xavier
	2010	21/21	Ben Burgmeier - DBQ Wahlert
	2013	12/12	Nick Rocha - CR Jefferson
FIELD GOALS:	<u>Date</u>	<u>Record</u>	<u>School</u>
Most Field Goals in a single game:	9/18/2009	4	Mike Meyer - Dub Wahlert vs Dub Senior
Most Field Goals in a Season:	2011	10	Drew Cornwell - IC High
Longest Field Goal:	9/18/2009	56 yds	Mike Meyer - Dub Wahlert vs Dub Senior
Highest Percentage of Field Goal Kicker:	2005	6/7 86%	Danny Bauer - CR Xavier
KICKOFF RETURN:	<u>Date</u>	<u>Record</u>	<u>School</u>
Highest Kickoff Return Average: (Min. of 6 attempts)	2004	44.81 yds	Jayme Murphy - DBQ Senior
Longest Kickoff Return:	1993	99 yds	Mike Nielsen - Cedar Falls vs IC City
	1996	99 yds	Jesse Holland - IC City vs CR Washington
	1999	99 yds	Mike Smothers - DBQ Wahlert vs Cedar Falls
	2009	99 yds	Tanner Unkel - CR Jefferson vs DBQ Senior
	2009	99 yds	Ellis Jordan - IC City vs CR Xavier
Most TD's off Kickoff Returns:	2004	4	Jayme Murphy - DBQ Senior
PUNT:	<u>Date</u>	<u>Record</u>	<u>School</u>
Highest Average Yards per Punt: (Min. of 6 attempts)	1999	45.8 yds	Nate Kaeding - IC West
Highest Net Yards per Punt:	1999	42.1 yds	Nate Kaeding - IC West
Longest Punt:	1996	76 yds	Rory Howell - Linn-Mar
PUNT RETURN:	<u>Record</u>		
Highest Punt Return Average:	2010	26.9 yds	Riley McCarron - DBQ Wahlert
Longest Return:	1983	87 yds	Greg Cone - CR Kennedy vs DBQ Senior
	1988	87 yds	Mike Fitzgerald - DBQ Wahlert
Most TD's off Punt Return:	1996	4	Kahlil Hill - IC City 4

2015 Volleyball



2014 FINAL MVC Volleyball Standings**2015 MVC Varsity Volleyball Standings (FINAL)****Mississippi Division**

Team	Division		Overall	
	W	L	W	L
CR Prairie	5	1	31	8
Dubuque Hempstead	5	1	24	13
Iowa City High	5	1	17	16
CR Xavier	3	3	15	23
Waterloo East	2	4	12	22
Waterloo West	1	5	14	25
CR Washington	0	6	3	31

Valley Division

Team	Division		Overall	
	W	L	W	L
CR Kennedy	6	0	21	8
Cedar Falls	5	1	37	5
Linn-Mar	4	2	27	9
Iowa City West	3	3	27	12
DBQ Wahlert	2	4	20	15
CR Jefferson	1	5	16	21
Dubuque Senior	0	6	9	24

2014 FINAL MVC Volleyball Standings**2015 MVC 10th Volleyball Standings (FINAL)****Mississippi Division**

Team	Division		Overall	
	W	L	W	L
CR Prairie	5	1	20	7
CR Xavier	5	1	19	8
Waterloo West	4	2	10	11
Iowa City High	3	3	12	12
Dubuque Hempstead	3	3	10	12
CR Washington	1	5	1	23
Waterloo East	0	6	0	24

Valley Division

Team	Division		Overall	
	W	L	W	L
CR Kennedy	5	1	26	6
Linn-Mar	5	1	23	6
Iowa City West	5	1	20	11
Cedar Falls	3	3	18	9
DBQ Wahlert	2	4	17	11
Dubuque Senior	1	5	10	11
CR Jefferson	0	6	9	21

2015 MVC JV Volleyball Standings (FINAL)**Mississippi Division**

Team	Division		Overall	
	W	L	W	L
CR Prairie	6	0	19	1
Iowa City High	5	1	13	3
Dubuque Hempstead	4	2	5	2
CR Washington	3	3	8	12
Waterloo West	2	4	4	12
CR Xavier	1	5	1	11
Waterloo East	0	6	0	8

Valley Division

Team	Division		Overall	
	W	L	W	L
Iowa City West	5	0	11	3
Cedar Falls	4	1	20	1
Linn-Mar	3	2	17	7
Dubuque Senior	2	3	6	4
CR Kennedy	1	4	11	16
CR Jefferson	0	5	2	13
DBQ Wahlert (no JV Team)	-	-	-	-

MISSISSIPPI VALLEY CONFERENCE VOLLEYBALL TOURNAMENT

Dubuque Senior High
Saturday, October 17, 2015

Pool Play Results**POOL A**

Iowa City West	21,21
Dubuque Hempstead	21,21
Iowa City West	21,21
Dubuque Hempstead	21, 24
Waterloo East	21, 21
Dubuque Hempstead	16,21,10

Waterloo East	8,16
Dubuque Senior	8,11
Dubuque Senior	16,8
Waterloo East	10,22
Dubuque Senior	16,15
IC West	21,7,15

POOL B

CR Xavier	15,11
CR Kennedy	21,21
CR Xavier	21,21
CR Kennedy	25, 24
Dubuque Wahlert	21, 21
CR Kennedy	21,21

Dubuque Wahlert	21,21
CR Washington	3,17
CR Washington	15,12
Dubuque Wahlert	23, 22
CR Washington	9, 11
CR Xavier	9,9

POOL C

CR Prairie	21,21
Linn-Mar	21,21
CR Prairie	12, 21, 15
*CR Prairie	21,21
*Linn-Mar	21, 21

Waterloo West	11,15
Waterloo West	16,14
Linn-Mar	21, 16, 10
CR Jefferson	14,18
Iowa City High	19, 19

- *Crossover Game

POOL D

Cedar Falls	18,21,15
Iowa City High	21,21
Cedar Falls	21, 21
*Cedar Falls	21,21

CR Jefferson	21,12,4
CR Jefferson	7,16
Iowa City High	16, 13
Waterloo West	4,9

- *Crossover Game

CONSOLATION BRACKET**Quarter Finals**

CR Jefferson	25, 25
Waterloo West	25, 25

CR Washington	13, 15
DBQ Senior	23, 23

Semifinals

CR Jefferson	20, 23
Waterloo West	31,16

Waterloo East	25, 25
CR Xavier	33,25

Consolation Finals

Waterloo East	25,25
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CR Xavier	22,20
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CHAMPIONSHIP BRACKET**Quarter Finals**

Iowa City West	23, 14
Cedar Falls	25, 25
CR Kennedy	25,25
Prairie	25,21,15

Linn-Mar	25, 25
DBQ Wahlert	16, 23
Iowa City High	11,16
DBQ Hempstead	22,25,11

Semi-Finals

Cedar Falls	25,25
CR Prairie	20,25,15

Linn Mar	23,14
CR Kennedy	25,22,12

Championship

CR Prairie	24,19
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Cedar Falls	26,25
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2015 MVC All Division Volleyball Selections

<u>Mississippi Division</u>			<u>Valley Division</u>		
Kate Busswitz	CRP		Anna Fluent	CRK	
Lynnette Stecklein	CRP		Matt Johnson	CF	
Athlete of the Year					
Coach of the Year					

FIRST TEAM

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
* Alexa Aldrich-Ingram	ICH	11	* Amanda Ollinger	LM	12
* Kate Busswitz	CRP	12	* Mackenzie May	DW	11
* Kasey Davis	DH	12	* Anna Fluent	CRK	12
* Hope Splinter	DH	11	Macy Anderson	CRK	12
Kenzie Soeken	CRP	12	Ellie Anderson	LM	11
Ashley Smith	ICH	12	Alicia Harrington	CF	12
Charlotte Richards	CRX	10	Tayah Mahi	CF	10
Ashley Cary	WE	12	Ali Tauchen	ICW	11

* Denotes unanimous pick

SECOND TEAM

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Kendra Gaskill	CRP	12	Grace Burken	CF	10
Megan Oldenburger	CRP	11	Emily Halverson	ICW	11
Makayla Doyle	DH	12	Emilee McGowan	LM	11
Nicole Simmerman	WW	12	Carly Spies	LM	10
Elizabeth Fleckenstein	DH	11	Paige Franck	CRK	11
Kendra Cave	ICH	11	Brinley Milbrath	CRK	12
Shannon Stamp	ICH	11	Kelly Boge	DW	12
Jessica Callahan	CRX	11	Maddie Slagle	CRJ	10

HONORABLE MENTION

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Rylee Blood	CRP	12	Emma Gerdes	CF	12
Kristin Wahlert	CRP	12	Taylor Lynch	CF	10
Brittany Hoeger	CRW	11	Kristen Naber	CRJ	11
Emily Heinrich	CRW	12	Kaylee Donner	CRJ	9
Lexi Noonan	CRX	11	Tianna Drahm	CRK	12
Kaylee Watson	CRX	12	Kendal Meier	CRK	11
Alana Cooksley	DH	10	Jenna Gremmel	DS	10
Morgan Kluesner	DH	11	Sadie Mai	DS	11
Shannon James	ICH	11	Krystal Tranel	DW	10
Ellie Grace Dixon	ICH	11	Jessalyn Roling	DW	12
Cecilia Borwig	WE	12	Emma Norris	ICW	11
Kahlan Curry	WE	12	Maddie Fay	ICW	11
Elisabeth Newell	WW	12	Megan Renner	LM	9
Kaylissa Andorfer	WW	9	Ariana Rolle	LM	10

2015 MVC All Division Volleyball Selections**ALL-ACADEMIC**

<u>Mississippi Division</u>		<u>Valley Division</u>	
<u>Athlete</u>	<u>Sch</u>	<u>Athlete</u>	<u>Sch</u>
Mackenzie Wagner	CRP	Elizabeth Burken	CF
Madalynn Adams	CRP	Alicia Harrington	CF
Emily Heinrich	CRW	Abigail Ranschau	CRJ
Chloe Hatfield	CRW	Samantha Kitterman	CRJ
Kayla Brady	CRX	Tianna Drahn	CRK
Amy Olberding	CRX	Morgan Zebuhr	CRK
Kasey Davis	DH	Alyssa Baumhover	DS
Jenna Behnke	DH	Kristina Robey	DS
Ashley Smith	ICH	Anneliese Gall	DW
Cyan Vanderhoef	ICH	Megan Stecklein	DW
Grace Brown	ICH		
Cecilia Borwig	WE	Hannah Birt	ICW
Ashley Cary	WE	Marissa Frisbie	ICW
Nicole Simmerman	WW	Nicole Glanz	LM
Sydney Mc Farland	WW	Amanda Ollinger	LM

2015 State Volleyball Tournament - Class 5A
U.S. Cellular Center Cedar Rapids, IA (November 10th-13th, 2015)

<u>Tuesday, November 10, 2015</u>						
<u>Game</u>	<u>Time</u>	<u>Location</u>	<u>Team</u>	<u>Score</u>		<u>Team</u>
B1	12:00 PM	U.S. Cellular Center Court 1	Dowling Catholic	1	3	Dubuque Hempstead 22-25 27-25 25-21 25-13
B3	12:00 PM	U.S. Cellular Center Court 2	Bettendorf 25-18 25-22 25-15	3	0	Iowa City West
B2	2:00 PM	U.S. Cellular Center Court 1	Johnston	2	3	Ankeny Centennial 27-25 22-25 25-22 19-25 15-12
B4	2:00 PM	U.S. Cellular Center Court 2	Cedar Falls 25-22 25-20 15-25 25-0 25-20	4	1	Cedar Rapids Kennedy
<u>Thursday, November 12, 2015</u>						
<u>Game</u>	<u>Time</u>	<u>Location</u>	<u>Team</u>	<u>Score</u>		<u>Team</u>
B5	10:00 AM	U.S. Cellular Center Court 1	Dubuque Hempstead	0	3	Ankeny Centennial 25-20 25-19 25-23
B6	10:00 AM	U.S. Cellular Center Court 2	Bettendorf 25-22 25-19 24-26 21-25 15-9	3	2	Cedar Falls
<u>Friday, November 13, 2015</u>						
<u>Game</u>	<u>Time</u>	<u>Location</u>	<u>Team</u>	<u>Score</u>		<u>Team</u>
B7	10:00 AM	U.S. Cellular Center Center Court	Ankeny Centennial 19-25 25-18 25-20 25-21	3	1	Bettendorf

2015 State Volleyball Tournament - Class 4A
U.S. Cellular Center Cedar Rapids, IA (November 10th-13th, 2015)

<u>Tuesday, November 10, 2015</u>						
<u>Game</u>	<u>Time</u>	<u>Location</u>	<u>Team</u>	<u>Score</u>		<u>Team</u>
B1	4:00 PM	U.S. Cellular Center Court 1	West Delaware 25-21 26-24 25-19	3	0	Western Dubuque
B3	4:00 PM	U.S. Cellular Center Court 2	Harlan 25-16 25-21 25-22	3	0	Pella
B2	6:00 PM	U.S. Cellular Center Court 1	Marion	2	3	Lewis Central 13-25 25-22 25-20 18-25 15-10
B4	6:00 PM	U.S. Cellular Center Court 2	Waverly-Shell Rock	1	3	Bishop Heelan 18-25 25-20 25-21 25-8
<u>Thursday, November 12, 2015</u>						
<u>Game</u>	<u>Time</u>	<u>Location</u>	<u>Team</u>	<u>Score</u>		<u>Team</u>
B5	12:00 PM	U.S. Cellular Center Court 1	West Delaware 25-17 25-8 25-22	3	0	Lewis Central
B6	12:00 PM	U.S. Cellular Center Court 2	Harlan	0	0	Bishop Heelan
<u>Friday, November 13, 2015</u>						
<u>Game</u>	<u>Time</u>	<u>Location</u>	<u>Team</u>	<u>Score</u>		<u>Team</u>
B7	12:15 PM	U.S. Cellular Center Center Court	West Delaware 25-15 25-15 25-19	3	0	Harlan

2015 Boys' Cross Country



2015 MVC FINAL Boys' Cross Country Supermeet and Divisional Results**2015 Boys' Cross Country Super Meet Results**

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Cedar Falls	28
2nd	CR Prairie	34
3rd	Linn-Mar	109
4th	Iowa City West	124
5th	DBQ Senior	127
6th	DBQ Hempstead	159
7th	Iowa City High	177
8th	CR Washington	190
9th	Waterloo West	195
10th	CR Xavier	282
11th	DBQ Wahlert	343
12th	CR Kennedy	347
13th	CR Jefferson	348
14th	Waterloo East	470

2015 Boys' Cross Country Divisional Meets Results

Mississippi Division			Valley Division		
<u>Place</u>	<u>Team Name</u>	<u>Pts</u>	<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	CR Prairie	25	1st	Cedar Falls	30
2nd	DBQ Hempstead	56	2nd	Linn-Mar	42
3rd	Iowa City High	74	3rd	Iowa City West	70
4th	CR Washington	99	4th	DBQ Senior	73
5th	Waterloo West	132	5th	DBQ Wahlert	163
6th	CR Xavier	134	6th	CR Jefferson	177
7th	Waterloo East	225	7th	CR Kennedy	185

2015 MVC Boys' Cross Country All Division Selections

<u>Mississippi Division</u>			<u>Valley Division</u>			
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>		<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Tysen VanDraska	CRP	12	Athlete of the Year Coach of the Year	Isaac Smith	CF	12
Bill Schwarz	CRP			Troy Becker	CF	

FIRST TEAM

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Tysen VanDraska	CRP	12	Isaac Smith	CF	12
Cam Steffens	CRP	11	Ryan Murphy	LM	11
Adam Mueller	DH	11	Michael Mather	LM	12
Matthew Dodge	ICH	11	Sam Schillinger	CF	11
Chris Oehlert	CRP	12	Dalton Gosch	LM	11
Isaac Slagel	DH	12	Ethan Smith	CF	12
Steven Culpepper	CRX	12	Mark Whalen	DS	12

SECOND TEAM

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Jake Moore	CRP	12	Patrick Karanja	ICW	12
Colton LaGrange	CRP	9	Jake Hartman	CF	12
Samuel Eck	CRW	12	Andrew Nurse	CF	12
Joey Schultz	DH	11	Kolby Greiner	ICW	9
Addison Kalb	DH	10	Jalen Hildebrand	DS	10
Elijah Vlasek	CRP	10	Matthew Schneider	ICW	12
Finbar Berry	CRW	12	Preston Kizer	DS	12

HONORABLE MENTION

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Russell Martin	ICH	12	Johnny Clymer	LM	12
Ry Threlkeld-Weigand	ICH	9	Will Whalen	DS	10
Clayton Streed	WW	10	Colin Johnston	LM	10
Michael Taylor	ICH	11	Andrew Murley	ICW	11
Jonathan Francois	CRX	12	Grant Chlystun	LM	10
Patrick Gorman	CRW	11	Ali Ali	ICW	11
Tom McDowell	ICH	12	Josh Timm	CF	11

2015 MVC Boys' Cross Country All Division Selections**ALL-ACADEMIC**

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Marcus England	CRP	12	Ryan Hilby	CF	12
Levi Lefebure	CRP	12	Isaac Smith	CF	12
Finbar Berry	CRW	12	Nate Homan	CRJ	12
Ian Klopfenstein	CRW	12	Barrett Wise	CRJ	12
Jonah Scallon	CRX	12	Derek Girling	CRK	12
Jonathan Francois	CRX	12	Reece Linder	CRK	12
Luke Ellert Beck	DH	12	Andrew Grawe	DS	12
Isaac Slagel	DH	12	Zach Schieltz	DS	12
Sy Butler	ICH	12	Michael Olk	DW	12
Daniel Kelly	ICH	12	Jonathan Schaefer	DW	12
Dan Snook	WE	12	Barlow Guess	ICW	12
Clayton Matthias-Doyle	WE	12	Matt Schneider	ICW	12
James Ritter	WW	12	Joey Trom	ICW	12
William Huynh	WW	12	Thomas Doyle	LM	12
			Kyle Gansen	LM	12

2015 Iowa HS Class 4A and 3A Boys' State Cross Country Meet Results*Lakeside Golf Course - Ft Dodge, Iowa (Oct. 31, 2015)***Class 4A Boys' Cross Country Results**

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	WDSM Dowling	69
2nd	Cedar Falls	79
3rd	CR Prairie	100
4th	Pleasant Valley	112
5th	WDSM Valley	184
6th	Indianola*	195
7th	Linn-Mar*	195
8th	Iowa City West	202
9th	Dubuque Senior	238
10th	Waukee	256
12th	Iowa City High	284
15th	DBQ Hempstead	307

** Team Finish determined by tie-breaker***Class 3A Boys' Cross Country Results**

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Mount Vernon-Lisbon	50
2nd	Grinnell	81
3rd	Pella	94
4th	Dallas Center-Grimes	138
5th	Decorah	150
6th	Winterset	185
7th	Gilbert	203
8th	Mount Pleasant	206
9th	Vinton-Shellsburg	235
10th	Marion	259
14th	Cedar Rapids Xavier	312

2015 Girls' Cross Country



2015 MVC FINAL Girls' Cross Country Supermeet and Divisional Results**2015 Girls' Cross Country Super Meet Results**

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Iowa City High	64
2nd	Cedar Falls	77
3rd	Linn-Mar	93
4th	Iowa City West	98
5th	DBQ Hempstead	120
6th	CR Jefferson	206
7th	DBQ Senior	219
8th	DBQ Wahlert	237
9th	CR Prairie	251
10th	CR Washington	258
11th	CR Kennedy	278
12th	CR Xavier	290
13th	Waterloo West	343
14th	Waterloo East	470

2015 Girls' Cross Country Divisional Meets Results

Mississippi Division			Valley Division		
<u>Place</u>	<u>Team Name</u>	<u>Pts</u>	<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Iowa City High	30	1st	Iowa City West	34
2nd	DBQ Hempstead	43	2nd	Linn-Mar	54
3rd	CR Washington	98	3rd	Cedar Falls	86
4th	CR Prairie	100	4th	CR Jefferson	118
5th	CR Xavier	117	5th	DBQ Senior	122
6th	Waterloo West	142	6th	DBQ Wahlert	142
7th	Waterloo East	DNC	7th	CR Kennedy	173

2015 MVC Girls' Cross Country All-Division Selections

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>		<u>Athlete</u>	<u>Sch</u> <u>Gr</u>
Mary Arch	ICH	11	Athlete of the Year Coach of the Year	Hannah Fusselman	CRK 10
Tom Mittman	ICH			Mike Parker	ICW

FIRST TEAM

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>		<u>Athlete</u>	<u>Sch</u> <u>Gr</u>
Mary Arch	ICH	11		Hannah Fusselman	CRK 10
Reagan Gorman	CRW	9		Tia Saunders	ICW 12
Anna Lindower	ICH	9		Maddie Mann	LM 11
Kristan Brown	DH	11		Bailey Nock	ICW 10
Emily Bywater	ICH	11		Meredith Koenigsfeld	CRJ 12
Jenny Dickes	CRX	12		Olivia Moore	ICW 11
Casey Nichols	DH	10		Morgan Garcia	LM 12

SECOND TEAM

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>		<u>Athlete</u>	<u>Sch</u> <u>Gr</u>
Heather Hostager	DH	10		Amber Decker	LM 12
Mollie Hansen	ICH	11		Madison Larsen	CF 10
Alesha Duccini	DH	12		Ellie Gretter	ICW 10
Sarah Altemeier	CRW	10		Sarah Hanna	CRJ 12
Aly Hecker	ICH	9		Claire Ronnebaum	ICW 10
Alissa Neubauer	CRP	10		Amani Ali	ICW 12
Brenna Fransen	DH	11		Jessie Skopec	ICW 11

HONORABLE MENTION

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>		<u>Athlete</u>	<u>Sch</u> <u>Gr</u>
Amelia Morrow	ICH	10		Anna Hertz	CF 10
Cayla Renwick	CRP	11		Deanna Newhouse	LM 11
Drueana Uribe	WW	12		Grace Herber	DW 10
Emily Buchheit	DH	11		Elly Tebon	DS 12
Celeste Chadwick	ICH	11		Paige Kvale	CF 10
Heidi Welu	DH	11		Abby Van Rheenen	LM 10
Avery Henderson	CRP	10		Cassidy Christopher	CF 11

2015 MVC Girls' Cross Country All-Division Selections**ALL-ACADEMIC**

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>	<u>Athlete</u>	<u>Sch</u>	<u>Gr</u>
Sydney Stolba	CRP	12	Brenda Sevcik	CF	12
Ally Schmidt	CRP	12	Hannah Sanderman	CF	12
Grace Kline	CRW	12	Sarah Hanna	CRJ	12
Sierra Sheets	CRW	12	Megan Ely	CRJ	12
Kenny Dickes	CRX	12	Emily Manders	CRK	12
Alaina Marti	CRX	12	Sweta Sudhir	CRK	12
Alesha Duccini	DH	12	Elly Tebon	DS	12
Erin Lange	DH	12	Samantha Pfab	DS	12
Sonali Durham	ICH	12	Adria Kunkel	DW	12
Riley Lewers	ICH	12	Emma Mockler	DW	12
Claire Noack	ICH	12	Tia Saunders	ICW	12
Mallory Sage	WE	12	Grace Young	ICW	12
Jessica Knebel	WE	12	Amber Decker	LM	12
Erika Klabunde	WW	12	Abby Gries	LM	12
Jenna Roberts	WW	12			

2015 Iowa HS Class 4A and 3A Girls' State Cross Country Meet Results*Lakeside Golf Course - Ft Dodge, Iowa (Oct. 31, 2015)***Class 4A Girls' Cross Country Results**

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Urbandale	64
2nd	Pleasant Valley	83
3rd	Bettendorf	139
4th	IC West	150
5th	IC City High	151
6th	Muscatine	154
7th	Johnston	155
8th	Waukee	180
9th	WDSM Dowling	228
10th	Ames	242
11th	Cedar Falls	246
12th	Linn-Mar	272
13th	DBQ Hempstead	280

Class 3A Girls' Cross Country Results

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Davenport Assumption	131
2nd	Pella	145
3rd	DBQ Wahlert	146
4th	Dallas Centr-Grimes	158
5th	Decorah	164
6th	Marion	171
7th	Gilbert	182
8th	Humboldt	200
9th	Vinton-Shellsburg	202
10th	Fort Madison	216

2015 Girls' Swimming & Diving



2015 MVC Varsity Girls' Swimming Standings (FINAL)**Mississippi Division**

Team	Conference		Overall		
	W	L	W	L	T
CR Washington	4	2	5	2	0
Iowa City High	4	3	5	3	0
Dubuque Hempstead	1	5	2	5	0
Waterloo East & West	0	5	0	5	0
CR Prairie	*	*	*	*	*
CR Xavier	*	*	*	*	*

* indicates no swim team competing

Valley Division

Team	Conference		Overall		
	W	L	W	L	T
Cedar Falls	7	0	7	0	0
Iowa City West	7	1	8	1	0
CR Kennedy	6	1	6	1	0
Dubuque Senior	3	3	3	3	0
Linn-Mar	2	4	2	5	0
CR Jefferson	1	6	2	6	0
DBQ Wahlert	1	6	1	7	0

2015 MVC Girls' Swimming & Diving - SUPERMEET RESULTS**Varsity Girls' Swimming**

<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Cedar Falls	413.5
2nd	CR Kennedy	408.0
3rd	CR Washington	242.0
4th	Iowa City West	239.5
5th	DBQ Senior	191.0
6th	Linn-Mar	167.0
7th	Iowa City High	155.0
8th	DBQ Wahlert	134.0
9th	CR Jefferson	127.0
10th	DBQ Hempstead	84.0
11th	Waterloo	62.0

Sophomore Girls' Swimming

<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	CR Washington	392.0
2nd	Cedar Falls	346.0
3rd	CR Kennedy	314.5
4th	DBQ Wahlert	221.0
5th	Iowa City West	184.0
6th	Linn-Mar	169.0
7th	CR Jefferson	166.5
8th	Iowa City High	162.0
9th	DBQ Senior	121.0
10th	DBQ Hempstead	76.0
11th	Waterloo	41.0

2015 MVC Varsity Girls' Swimming & Diving - DIVISIONAL RESULTS**Mississippi Division**

<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	CR Washington	538.0
2nd	IC City High	435.0
3rd	DBQ Hempstead	348.0
4th	Waterloo	298.0

Valley Division

<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Cedar Falls	454.5
2nd	CR Kennedy	443.0
3rd	IC West	287.5
4th	DBQ Senior	243.0
5th	Linn-Mar	240.0
6th	DBQ Wahlert	180.0
7th	CR Jefferson	165.0

2015 MVC Girls Swimming All-Division Selections

Mississippi Division

Valley Division

Swimmer of the Year

Megan Schill

DH

Erica Hsu

ICW

Coach of the Year

Megan Lewis

CRW

Dick Marcussen
John RossCF
CRK

200 Medley Relay

1st Team

CR Washington

Kaityn Nemickas, Caitlin Sievers,
Emily Nelson, Logan Eckhardt

Cedar Falls

Sammi Hall, Olivia Clark,
Meghan Hackett, Grace Considine

2nd Team

Iowa City High

Alayna McCafferty, Laura Lorenger,
Alix Sharp, Devan O'Rourke

CR Kennedy

Jessica Williams, Raquel Green,
Taylor Golden, Kirsten Siebenga

Honorable Mention

Dubuque Hempstead

Megan Schill, Vanessa Beringer,
Maddy Monahan, Rachel Ryan

CR Jefferson

Jaylee Chung, Mika McChesney,
Josie Thompson, Taylor Langel

200 Free

1st Team

Devan O'Rourke
Alyssa HarrisICH
CRWKassidy Lovig
Madison HallCRK
CF

2nd Team

Delaney Thoma
Kendra WoodwardCRW
WATJenna Willer
Grace ConsidineDS
CF

Honorable Mention

Beatrice Kearns
Lucy ErnstICH
CRWMaddie Bagby
Sarah GannonCRK
CRK

200 IM

1st Team

Megan Schill
Alix SharpDS
ICHErica Hsu
MacKinzee MachoICW
CRK

2nd Team

Emily Nelson
Alexis LeavellCRW
WATMeghan Hackett
Alison HsuCF
ICW

Honorable Mention

Laura Lorenger
Alina MuminovicICH
WATPaige Broghammer
Taylor GoldenLM
CRK

50 Free

1st Team

Lauren Havertape
Rachel RyanCRW
DHOlivia Clark
Sammi HallCF
CF

2nd Team

Alayna McCafferty
Kaityn NemickasICH
CRWKirsten Siebenga
Mika McChesneyCRK
CRJ

Honorable Mention

Lauren Whaley
Maggie CremersICH
ICHDarby Manternach
Emma SassCRK
DS

Diving

1st Team

Andrea Adam
Amara TaylorICH
CRWMadison Schoppe
Jayden LovellCF
CRK

2nd Team

Althea Anderson
Ayla TaylorCRW
CRWEllie Shearer
Katie CulverDS
LM

Honorable Mention

Berkley Lyon

DH

Skylar Meyers
Jordyn ValentineCRJ
CF

100 Fly

1st Team

Lauren Havertape
Megan SchillCRW
DHMeghan Hackett
Kailie ValentineCF
CF

2nd Team

Emily Nelson
Ellie BryantCRW
CRWJessica Williams
Josie ThompsonCRK
CRJ

Honorable Mention

Beatrice Kearns
Alina MuminovicICH
WATKatherine Wikner
Taylor GoldenCF
CRK

2015 MVC Girls Swimming All-Division Selections

<u>Mississippi Division</u>			<u>Valley Division</u>	
<u>100 Free</u>				
1st Team	Alexis Leavell	WAT	Maddie Bagby	CRK
	Logan Eckhardt	CRW	Jenna Willer	DS
2nd Team	Delaney Thoma	CRW	Madison Hall	CF
	Clara Froeschner	ICH	Elaina Martz	ICW
Honorable Mention	Lauren Whaley	ICH	Elly Kalb	DW
	Lucy Ernst	CRW	Kirsten Siebenga	CRK
<u>500 Free</u>				
1st Team	Jenny Hughes	CRW	Erica Hsu	ICW
	Alyssa Harris	CRW	Kassidy Lovig	CRK
2nd Team	Alix Sharp	ICH	Grace Considine	CF
	Devan O'Rourke	ICH	Sarah Gannon	CRK
Honorable Mention	Edie Knoop	ICH	Abbie Montag	DW
	Kendra Woodward	WAT	Alleyna Thomas	ICW
<u>200 Free Relay</u>				
1st Team	CR Washington Lauren Havertape, Logan Eckhardt, Kaitlyn Nemickas, Jenny Hughes		Cedar Falls Olivia Clark, Meghan Hackett, Sammi Hall, Madison Hall	
2nd Team	Iowa City High Alayna McCafferty, Laura Lorenger, Alix Sharp, Devan O'Rourke		CR Kennedy Darby Manternach, Maddie Bagby, Kassidy Lovig, Kirsten Siebenga	
Honorable Mention	Dubuque Hempstead Megan Schill, Vanessa Beringer, Maddy Monahan, Rachel Ryan		Iowa City West Elaina Martz, Ariel Roghair, Alison Hsu, Alleyna Thomas	
<u>100 Back</u>				
1st Team	Alayna McCafferty	ICH	Jessica Williams	CRK
	Kaitlyn Nemickas	CRW	Sammi Hall	CF
2nd Team	Ellie Bryant	CRW	Alison Hsu	ICW
	Edie Knoop	ICH	Katherine Wikner	CF
Honorable Mention	Hannah Williams	CRW	Emma Sass	DS
	Audrey Friestad	ICH	Ariel Roghair	ICW
<u>100 Breast</u>				
1st Team	Caitlin Sievers	CRW	Olivia Clark	CF
	Jenny Hughes	CRW	MacKinzee Macho	CRK
2nd Team	Logan Eckhardt	CRW	Miah Clasby	CF
	Laura Lorenger	ICH	Paige Broghammer	LM
Honorable Mention	Rachel Hiff	WAT	Raquel Green	CRK
	Vanessa Beringer	DH	Rachel Ding	ICW
<u>400 Free Relay</u>				
1st Team	CR Washington Lauren Havertape, Emily Nelson, Alyssa Harris, Jenny Hughes		CR Kennedy Kassidy Lovig, Maddie Bagby, MacKinzee Macho, Lydia Yang	
2nd Team	Iowa City High Lauren Whaley, Beatrice Kearns, Edie Knoop, Clara Froeschner		Iowa City West Erica Hsu, Elaina Martz, Alison Hsu, Ariel Roghair	
Honorable Mention	Dubuque Hempstead Rachel Ryan, Livi Schutz, Alexis Kemp, Vanessa Beringer		Cedar Falls Grace Considine, Katherine Wikner, Kailie Valentine, Madison Hall	

2015 MVC Girls Swimming All-Division Selections**Mississippi Division****Valley Division****All-Academic Selections**

Emily Redden	CRP	Meghan Hackett	CF
	CRP	Courtney Banwart	CF
Maya Altemeier	CRW	Bailee Anderson	CRJ
Emily Burke	CRW	Samantha Wesbrook	CRJ
Peyton Ross CRK co-op	CRX	Lydia Yang	CRK
Alicia Miltner CRK co-op	CRX	Jayden Bisson	CRK
Olivia Miller	DH	Alice Tsui	DS
Isabelle Tharp	DH	Naomi Brehm	DS
Alix Sharp	ICH	Katelynn Schroeder	DW
Alayna McCafferty	ICH	Carlie Noel (Jr)	DW
Maggie Smith	WLO	Kathryn Alden	ICW
Rachel Iliff	WLO	Ariel Roghair	ICW
		Elizabeth Cavanah	LM
		Madison Kriege	LM

2015 Iowa High School State Girls' Swimming Results

<u>Place</u>	<u>Team</u>	<u>Score</u>	<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Ames	355.0	21st	Atlantic	26.0
2nd	Pleasant Valley	197.5	22nd	Dubuque Senior	25.0
3rd	Johnston	188.0	23rd	Dubuque Wahlert	21.0
4th	Waukee	185.0	23rd	Fort Dodge	21.0
5th	Ankeny	155.0	25th	Iowa City High	16.0
6th	West Des Moines Valley	148.0	26th	Des Moines Lincoln	14.0
7th	Cedar Falls	143.0	27th	Boone	9.0
8th	Southeast Polk	139.0	28th	Dubuque Hempstead	5.0
9th	Cedar Rapids Kennedy	128.0	28th	Des Moines East	5.0
10th	Bettendorf	80.5	30th	Grinnell	4.5
11th	Lewis Central	68.0	31st	Vinton-Shellsburg	4.0
12th	Newton	57.0	32nd	Cedar Rapids Jefferson	3.0
13th	Muscatine	55.0	33rd	Mason City	2.0
13th	Storm Lake	55.0			
15th	Cedar Rapids Washington	46.0			
15th	Spencer	46.0			
17th	Iowa City West	35.0			
18th	Marshalltown	31.0			
18th	Fairfield	31.0			
20th	West Des Moines Dowling	26.5			

MVC Girls' Swimming Diving Records

Varsity Records (Updated-10/20/15)

<u>Event</u>	<u>Year</u>	<u>Athlete(s)</u>	<u>School</u>	<u>Time</u>
Diving	2014	Jacintha Thomas (Jr)	IC West	494.30
200 Medley Relay	2015	Cedar Falls Sammi Hall, Olivia Clark, Meghan Hackett, Grace Considine	Cedar Falls	1:50.65
200 Freestyle	2008	Bailey Pons	Cedar Falls	1:54.05
200 Individual Medley	2014	Kelsey Drake	Linn-Mar	2:07.35
50 Freestyle	2011	Molly Lembezeder	DBQ Senior	24.43
100 Butterfly	2014	Kelsey Drake	Linn-Mar	56.16
100 Freestyle	1997	Katie Galligan	Cedar Falls	52.38
500 Freestyle	2003	Ashley Lawler	IC West	5:04.02
200 Freestyle Relay	2015	Cedar Falls Olivia Clark, Sammi Hall, Meghan Hackett, Madison Hall	DBQ Senior	1:39.52
100 Backstroke	2011	Kelsey Abbas	Cedar Falls	58.65
100 Breaststroke	2003	Hayley Fry	Linn-Mar	1:05.87
400 Freestyle Relay	2014	Linn-Mar Jenn Jenks, Lizzie Adams, Stephanie Jenks, Kelsey Drake	Linn-Mar	3:38.95

Sophomore Records (Updated-11/09/15)

<u>Event</u>	<u>Year</u>	<u>Athlete(s)</u>	<u>School</u>	<u>Time</u>
Diving	2004	Veronica Rydze	IC City High	477.40
200 Medley Relay	2015	Cedar Falls Sammi Hall, Olivia Clark, Katherine Wikner, Grace Considine	Cedar Falls	1:54.77
200 Freestyle	2014	Jenn Jenks	Linn-Mar	1:54.87
200 Individual Medley	2014	Kelsey Drake	Linn-Mar	2:08.16
50 Freestyle	2013	Jenn Jenks	Linn-Mar	24.60
100 Butterfly	2014	Kelsey Drake	Linn-Mar	56.45
100 Freestyle	2014	Jenn Jenks	Linn-Mar	53.00
500 Freestyle	2003	Ashley Lawler	IC West	5:03.24
200 Freestyle Relay	2014	Linn-Mar Jenn Jenks, Madison Renz, Sophia Abodeely, Kelsey Drake	Linn-Mar	1:42.92
100 Backstroke	1993	Jocelyn Wright	Linn-Mar	59.07
100 Breaststroke	2010	Jackie Hughes	CR Washington	1:09.18
400 Freestyle Relay	2013	Linn-Mar Stephanie Jenks, Hailey Harms, Hannah Gardner, Jenn Jenks	Linn-Mar	3:45.55

2015 Boys Golf



2015 MVC Boys' Golf Super Divisional Meets Summary

2015 MVC Boys' Golf - Mississippi Division				
Team Name	Super Meet	1st Divisional	2nd Divisional	Total
CR Washington	295	305	311	911
CR Xavier	311	310	312	933
CR Prairie	321	338	314	973
Iowa City High	344	357	365	1066
Waterloo West	364	364	354	1082
DBQ Hempstead	347	364	377	1088
Waterloo East	<i>inc</i>	<i>inc</i>	429	<i>inc</i>

2015 MVC Boys' Golf -Valley Division				
Team Name	Super Meet	1st Divisional	2nd Divisional	Total
Linn-Mar	313	328	302	943
DBQ Wahlert	311	326	307	944
Cedar Falls	311	334	318	963
DBQ Senior	314	335	317	966
Iowa City West	307	339	333	979
CR Kennedy	314	346	329	989
CR Jefferson	349	360	365	1074

2015 Mississippi Valley Conference Boys' Golf All-Division Selections

Mississippi Division**Valley Division**

	<u>Sch</u>	<u>Gr</u>			<u>Sch</u>	<u>Gr</u>
Frank Lindwall	CRW	11	Athlete of the Year	JD Goodfellow	ICW	12
Dennis Goettel	CRW		Coach of the Year	Rob Shanstrom	LM	
Chris James				Steve Kahler		

FIRST TEAM**Mississippi Division****Valley Division**

	<u>Sch</u>	<u>Gr</u>	<u>Score</u>		<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Frank Lindwall	CRW	11	227	JD Goodfellow	ICW	12	220
Logan Bracey	CRW	11	232	Alec Weber	DW	12	228
Sam Martin	CRX	11	232	Jake Sevcik	LM	12	233
Alex Slattery	CRW	10	232	Max Thrune	LM	12	234
Mitch King	CRX	11	234	Ben Schmidt	DW	12	236
Luke Winker	CRX	12	235	Brent Larson	LM	12	238
				Louis Psihoyos	DS	11	238

SECOND TEAM**Mississippi Division****Valley Division**

	<u>Sch</u>	<u>Gr</u>	<u>Score</u>		<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Connor Neighbors	CRW	9	240	Sean Fernholz	CF	12	240
Jabe Gonder	CRW	12	240	Jordan Weiss	CRK	12	242
Tyler Breitbach	CRX	11	240	John Timmerman	DW	12	243
Matt Neumeyer	CRX	10	241	Jack Recker	LM	11	243
Cal Clark	CRP	12	242	Ben Bermel	CF	9	243
Cooper Reittinger	CRP	12	244				
Brody Robinson	CRX	12	244				

HONORABLE MENTION**Mississippi Division****Valley Division**

	<u>Sch</u>	<u>Gr</u>	<u>Score</u>		<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Griffen Clark	CRP	10	252	Nile Happel	CRJ	11	244
Matt Lorenz	CRP	11	253	Gus Zuccaro	DS	12	245
Calvin Greenberg	ICH	12	253	Cameron Stump	CRK	12	245
Joey Kaesbauer	DH	9	255	Jack Vandermillen	DS	9	247
Dan Rafferty	WW	12	263	Rian Weber	DW	12	248
				Joe Dean	CF	9	248
				Kyle Jenkins	ICW	11	248

**2015 Mississippi Valley Conference
Boys' Golf All-Division Selections**

ALL-ACADEMIC

Mississippi Division

	<u>School</u>	<u>Gr</u>
Cal Clark	CRP	12
Cooper Reittinger	CRP	12
Will Jackson	CRW	12
Jabe Gonder	CRW	12
Brandon Steffensmeier	CRX	12
Joey Hentges	CRX	12
Chase Johnson	DH	12
Sam Schrobilgen	DH	12
Izaak Perez	ICH	12
Nile Ringen	ICH	12
--	WE	
--	WE	
Dan Rafferty	WW	12
Matt Ritland	WW	12

Valley Division

	<u>School</u>	<u>Gr</u>
Matthew Bauman	CF	12
Jarod Smith	CF	12
Connor Hammons	CRJ	12
Carter Schmitz	CRJ	12
Michael Ciabatti	CRK	12
Parker Jacobson	CRK	12
Gus Zuccaro	DS	12
Jakob Kirman	DS	12
Alec Weber	DW	12
Rian Weber	DW	12
JD Goodfellow	ICW	12
Chris Mellinger	ICW	12
Jordan Bohannon	LM	12
Jake Sevcik	LM	12

IOWA CLASS 4A STATE GOLF RESULTS

Elmcrest Country Club, Cedar Rapids, IA - OCTOBER 9-10, 2015

<u>Place</u>	<u>Team Scoring</u>	<u>1st Rnd Total</u>	<u>2nd Rnd Total</u>	<u>Final Total</u>
1	Waukee	303	313	616
2	Ankeny Centennial	316	308	624
3	WDSM Dowling	307	320	627
4	WDSM Valley	316	311	627
5	Linn-Mar	309	326	635
6	CR Washington	319	317	636
7	Johnston	321	322	643
8	Davenport Assumption	323	328	651
9	DSM Roosevelt	334	318	652
10	Cedar Rapids Xavier	326	327	653
11	Burlington	336	334	670
12	Pleasant Valley	344	327	671

IOWA CLASS 4A STATE GOLF RESULTS

Elmcrest Country Club, Cedar Rapids, IA - OCTOBER 9-10, 2015

<u>Place</u>	<u>School</u>	<u>Individual</u>		<u>1st Rnd Total</u>	<u>2nd Rnd Total</u>	<u>Final Total</u>
1	Valley, West Des Moines	Ben	Epperly	74	68	142
2	Waukee	Tripp	Kinney	72	76	148
3	Waukee	Andrew	O'Brien	70	78	148
4	Des Moines, Roosevelt	Willis	Gaer	76	74	150
5	Burlington	Jace	Mueller	76	75	151
6	Assumption, Davenport	Max	Gogel	72	80	152
7	Sergeant Bluff-Luton	Corey	Matthey	75	78	153
8	Ankeny Centennial	Brandon	Russell	78	75	153
9	Linn-Mar, Marion	Max	Throne	74	80	154
10	Iowa City West	JD	Goodfellow	77	77	154
11	Ankeny Centennial	Chris	Winkel	75	79	154
12	Dowling Catholic	John	Stroud	79	75	154
13	Dowling Catholic	Hank	Weresh	75	82	157
14	Johnston	Nick	Pittman	79	78	157
15	Dowling Catholic	Blake	Hartung	77	80	157
16	Cedar Rapids, Washington	Alex	Slattery	84	74	158
17	Linn-Mar, Marion	Jake	Sevcik	75	83	158
18	Indianola	Adam	Heater	82	77	159
19	Johnston	Shayne	Patel	77	82	159
20	Cedar Rapids, Washington	Joe	Slattery	81	78	159
21	Wahlert, Dubuque	Ben	Schmidt	81	78	159
22	Dowling Catholic	Jack	Hurley	76	83	159
23	Ankeny Centennial	Dallas	Smith	83	76	159
24	Johnston	Caleb	Peters	82	78	160
25	Xavier, Cedar Rapids	Tyler	Breitbart	83	77	160
26	Burlington	Jared	Hoelzen	80	80	160
27	Valley, West Des Moines	Nate	Dennis	77	84	161
28	Waukee	Tom	McLaughlin	81	80	161
29	Valley, West Des Moines	Dillon	Peters	81	80	161
30	Waukee	Ross	Vasquez	80	81	161
31	Ankeny Centennial	Jake	Beck	83	78	161
32	Linn-Mar, Marion	Brent	Larson	80	83	163
33	Cedar Rapids, Washington	Frank	Lindwall	77	86	163
34	Cedar Rapids, Washington	Connor	Neighbors	78	85	163
35	Waukee	Colby	Nicodemus	84	79	163
36	Linn-Mar, Marion	Jordan	Bohannon	83	80	163
37	Cedar Rapids, Washington	Logan	Bracey	84	80	164
38	Ottumwa	Trey	Thomas	81	83	164
39	Ankeny Centennial	Matt	Chlupach	81	83	164
40	Pleasant Valley	Ryan	Brohm	84	80	164
41	Des Moines, Roosevelt	Cooper	Moore	89	76	165

IOWA CLASS 4A STATE GOLF RESULTS

Elmcrest Country Club, Cedar Rapids, IA - OCTOBER 9-10, 2015

<u>Place</u>	<u>School</u>	<u>Individual</u>		<u>1st Rnd Total</u>	<u>2nd Rnd Total</u>	<u>Final Total</u>
42	Pleasant Valley	Kyle	Berst	81	84	165
43	Linn-Mar, Marion	Andrew	Wood	80	85	165
44	Des Moines, Roosevelt	Niko	Bakros	82	84	166
45	Xavier, Cedar Rapids	Mitch	King	84	82	166
46	Assumption, Davenport	Matt	Cain	86	80	166
47	Linn-Mar, Marion	Jack	Recker	81	85	166
48	Xavier, Cedar Rapids	Brody	Robinson	82	85	167
49	Johnston	Ryan	Vaden	84	84	168
50	Ankeny Centennial	James	Van	82	86	168
51	Assumption, Davenport	Ben	Hanser	87	81	168
52	Xavier, Cedar Rapids	Luke	Winker	77	91	168
53	Xavier, Cedar Rapids	Sam	Martin	85	83	168
54	Dowling Catholic	Drew	Walz	83	85	168
55	Assumption, Davenport	Bud	Klein	82	87	169
56	Pleasant Valley	Zach	Corrigan	88	82	170
57	Xavier, Cedar Rapids	Matt	Neumeyer	84	86	170
58	Dowling Catholic	Jordan	Proehl	84	86	170
59	Cedar Rapids, Washington	Jabe	Gonder	83	88	171
60	Johnston	Drew	Dodd	83	88	171
61	Valley, West Des Moines	Ryan	Johnston	84	88	172
62	Pleasant Valley	Austin	Thompson	91	82	173
63	Assumption, Davenport	Thomas	Resnick	83	90	173
64	Pleasant Valley	Marshall	Payne	91	83	174
65	Epworth, Western Dubuque	Jack	O'Hea	85	90	175
66	Muscatine	Ben	Linderman	93	82	175
67	Johnston	Kobe	Burns	89	87	176
68	Des Moines, Roosevelt	Cooper	Craiger	87	89	176
69	Burlington	John	Werner	88	88	176
70	Valley, West Des Moines	Keny	Bassett	87	90	177
71	Cedar Falls	Joe	Dean	91	89	180
72	Des Moines, Roosevelt	Hunter	Briel	92	88	180
73	Burlington	Alec	Henrich	92	91	183
74	Pleasant Valley	Logan	Thornburg	93	90	183
75	Des Moines, Roosevelt	Burke	Pitz	99	84	183
76	Assumption, Davenport	Tom	Schebler	95	90	185
77	Waukee	Brett	Dively	94	91	185
78	Burlington	Garrett	Ringblum	95	95	190
79	Burlington	John	Francis	101	94	195
80	Valley, West Des Moines	Dawson	Peters	DQ	79	DQ

2015 FINAL MVC Boys' Golf Stats

Mississippi Division					
Team	9 Hole Matches	9 Hole Avg		18 Hole Avg	
		Top 4 Players Total	18 Hole Matches	Top 4 Players Total	Combined (9 & 18) Adjusted Avg Top 4 Players Total <i>Adjusted by Course Rating</i>
Cedar Rapids, Washington	5	145.4	10	306.1	154.5
Xavier, Cedar Rapids	4	157.0	11	314.4	158.3
Prairie, Cedar Rapids	5	155.0	8	321.8	162.5
Iowa City, City High	4	171.3	8	359.1	179.2
Dubuque, Hempstead	4	168.0	8	359.6	180.3
Waterloo, West	5	169.4	6	361.0	190.5
Waterloo, East	5	219.0	2	434.5	222.4
(Obtained from Quikstatsiowa.com - 10/26/2015)					

Valley Division					
Team	9 Hole Matches	9 Hole Avg		18 Hole Avg	
		Top 4 Players Total	18 Hole Matches	Top 4 Players Total	Combined (9 & 18) Adjusted Avg Top 4 Players Total <i>Adjusted by Course Rating</i>
Linn-Mar, Marion	5	154.2	10	311.9	156.3
Wahlert, Dubuque	4	161.3	9	315.4	160.1
Cedar Falls	5	156.4	8	318.4	161.7
Dubuque, Senior	4	154.5	8	320.1	161.9
Iowa City, West	5	156.8	8	326.4	163.7
Cedar Rapids, Kennedy	4	161.0	9	329.8	166.2
Cedar Rapids, Jefferson	5	176.4	7	360.9	180.7
(Obtained from Quikstatsiowa.com - 10/26/2015)					

2015-16 Winter Sports



(includes)

- Varsity & Sophomore Boys Basketball**
- Varsity & JV/Sophomore Girls Basketball**
- Varsity & JV Wrestling**
- Varsity Boys Bowling**
- Varsity Girls Bowling**
- Varsity Boys Swimming**

2015-16 Boys' Basketball



2015-16 MVC Varsity Boys Basketball Standings (FINAL)**Mississippi Division**

Team	Conference		Overall	
	W	L	W	L
CR Xavier	9	7	19	8
Iowa City High	9	7	13	10
Waterloo East	7	9	12	12
CR Prairie	5	11	8	15
Dubuque Hempstead	4	12	10	14
CR Washington	4	12	7	15
Waterloo West	4	12	6	16

Valley Division

Team	Conference		Overall	
	W	L	W	L
Iowa City West	14	2	21	5
Linn-Mar	13	3	17	6
Cedar Falls	12	4	20	6
DBQ Wahlert	11	5	21	6
CR Kennedy	8	8	10	12
Dubuque Senior	7	9	14	11
CR Jefferson	5	11	10	14

2015-16 MVC 10th Boys Basketball Standings (FINAL)**Mississippi Division**

Team	Conference		Overall	
	W	L	W	L
CR Prairie	12	4	17	4
CR Xavier	9	7	13	7
CR Washington	9	7	13	8
Waterloo West	9	7	11	10
Iowa City High	7	9	11	10
Dubuque Hempstead	4	12	8	13
Waterloo East	0	15	2	19

Valley Division

Team	Conference		Overall	
	W	L	W	L
Iowa City West	16	0	20	0
DBQ Wahlert	12	4	15	6
Linn-Mar	11	5	14	6
Cedar Falls	9	7	12	9
Dubuque Senior	6	10	9	12
CR Kennedy	4	11	7	12
CR Jefferson	3	13	6	16

2015-2016 MVC Boys' Basketball All-Division Selections**Mississippi Division****Valley Division**

	<u>Gr</u>	<u>Sch</u>			<u>Gr</u>	<u>Sch</u>
Isaiah Wade	12	WE	Athlete of the Year	Jordan Bohannon	12	LM
Don Showalter & Staff		ICH	Coach of the Year	Steve Bergman & Staff		ICW

FIRST TEAM**Mississippi Division****Valley Division**

<u>Athlete</u>	<u>Hgt</u>	<u>Gr</u>	<u>Sch</u>		<u>Athlete</u>	<u>Hgt</u>	<u>Gr</u>	<u>Sch</u>
Max Smith-Drahos	6'1"	11	CRP	*	Jordan Bohannon	6'1"	12	LM
Laveeche Williams	6'4"	12	CRW	*	Cordell Pems	6'8"	12	DW
Mitchell Burger	5'10"	12	CRX	*	Connor McCaffery	6'5"	11	ICW
Max Techau	6'7"	11	CRX		Tra'Von Fagan	6'7"	12	CF
Micah Martin	6'9"	12	ICH		A. J. Green	6'1"	10	CF
Isaiah Wade	6'7"	12	WE		Wali Parks	6'4"	12	ICW
Amel Kuljuhovic	6'9"	12	WW		Devontae Lane	6'1"	11	ICW

* - Unanimous Selection

SECOND TEAM**Mississippi Division****Valley Division**

<u>Athlete</u>	<u>Hgt</u>	<u>Gr</u>	<u>Sch</u>		<u>Athlete</u>	<u>Hgt</u>	<u>Gr</u>	<u>Sch</u>
Jalen Rima	6'2"	12	CRP		Dennis McKinney	6'3"	12	CRJ
Naeem Smith	5'10"	11	ICH		Drake Brewster	6'3"	12	CRK
Keion Wills	6'1"	12	CRW		David Wedewer	6'0"	12	DW
Hunter Strait	5'11"	10	CRW		Beau Klostermann	6'4"	12	LM
Matt Mims	5'10"	10	CRX		Carter Stevens	5'9"	10	DS
Connor Duax	6'4"	11	DH		Riley Till	6'6"	12	DW
Gabe Pepin	6'4"	12	WW		Jared Printy	6'5"	12	LM

HONORABLE MENTION**Mississippi Division****Valley Division**

<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>		<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
Cal Clark	12	CRP		TreyShawn LaBeaux	10	CF
Jake Eilers	11	CRP		Isaiah Johnson	11	CF
Ian Thomas	11	CRW		Adam Van Oort	12	CRJ
Dallas Hobbs	12	CRW		Valentino Green	12	CRJ
Ryan Stulken	12	CRX		Derrick Diggins	10	CRK
Jackson Joens	10	CRX		Michael Bisenius	12	CRK
Ryan McDonough	12	DH		Derek Noel	12	DS
Marshon Crowder	11	DH		Noah Carter	9	DS
Henry Mulligan	12	ICH		Josh Schmitt	12	DW
Nile Ringen	12	ICH		Austin Kluck	12	DW
Raheem Nickelson	11	WE		Tanner Lohaus	12	ICW
Marquas Gafeney	12	WE		Alex Henderson	12	ICW
Carondis Harris-Anderson	10	WW		Jordan Brandt	12	LM
Jacory Spates	12	WW		Riley Murphy	12	LM

2015-2016 MVC Boys' Basketball All-Division Selections**ALL-ACADEMIC****Mississippi Division**

Cal Clark	12	CRP
Cooper Reitinger	12	CRP
Dallas Hobbs	12	CRW
Noah Dawson	12	CRW
Michael Fettkether	12	CRX
Ryan Stulken	12	CRX
Ryan McDonough	12	DH
Tyler Cooksley	11	DH
Austin Green	12	ICH
Henry Mulligan	12	ICH
Dallas Jones	12	WE
		WE
Amel Kuljuhovic	12	WW
		WW

Valley Division

Jacob Leisinger	12	CF
Logan Mozena	12	CF
Grant Wiederin	12	CRJ
Zachariah Szabo	12	CRJ
Adam Wall	12	CRK
Derek Girling	12	CRK
Ryan Fair	12	DS
Derek Noel	12	DS
John Timmerman	12	DW
Judd White	12	DW
Nathan Barnes	12	ICW
Ankit Choudhury	12	ICW
Austin Angel	12	LM
Jared Printy	12	LM

2015-16 MVC-Varsity Boys' Basketball
Team Scoring (QuickStats-FINAL Conf. Only)

Mississippi Division

<u>Team</u>	<u>Record</u>	<u>FG</u> <u>Att</u>	<u>FG</u> <u>Made</u>	<u>FG %</u>	<u>3 pt</u> <u>Att</u>	<u>3 pt</u> <u>Made</u>	<u>3 pt %</u>	<u>FT</u> <u>Att</u>	<u>FT</u> <u>Made</u>	<u>FT %</u>	<u>Pts</u>	<u>Pts/G</u>
Iowa City, City High	9-7	722	345	47.8	191	71	37.2	236	149	63.1	910	56.9
Xavier, Cedar Rapids	9-7	812	383	47.2	333	120	36.0	197	133	67.5	1019	63.7
Waterloo, East	7-9	808	350	43.3	229	72	31.4	230	134	58.3	906	56.6
Prairie, Cedar Rapids	5-11	779	324	41.6	290	87	30.0	290	205	70.7	940	58.8
Cedar Rapids, Washington	4-12	844	332	39.3	225	68	30.2	246	157	63.8	889	55.6
Dubuque, Hempstead	4-12	644	284	44.1	258	84	32.6	212	124	58.5	776	48.5
Waterloo, West	4-12	884	363	41.1	351	105	29.9	243	145	59.7	976	61.0

Valley Division

<u>Team</u>	<u>Record</u>	<u>FG</u> <u>Att</u>	<u>FG</u> <u>Made</u>	<u>FG %</u>	<u>3 pt</u> <u>Att</u>	<u>3 pt</u> <u>Made</u>	<u>3 pt %</u>	<u>FT</u> <u>Att</u>	<u>FT</u> <u>Made</u>	<u>FT %</u>	<u>Pts</u>	<u>Pts/G</u>
Iowa City, West	14-2	769	379	49.3	218	74	33.9	327	234	71.6	1066	66.6
Linn-Mar, Marion	13-3	818	418	51.1	402	178	44.3	253	198	78.3	1212	75.8
Cedar Falls	12-4	733	353	48.2	207	77	37.2	336	243	72.3	1026	64.1
Wahlert, Dubuque	11-5	746	373	50.0	216	76	35.2	322	204	63.4	1026	64.1
Cedar Rapids, Kennedy	8-8	727	315	43.3	278	98	35.3	254	173	68.1	901	56.3
Dubuque, Senior	7-9	682	311	45.6	263	102	38.8	223	155	69.5	879	54.9
Cedar Rapids, Jefferson	5-11	805	370	46.0	219	73	33.3	244	143	58.6	956	59.8

2015-16 MVC-Varsity Boys' Basketball***Team Assists/Steals/Blocks/Turn Overs (QuickStats-FINAL Conf. Only)******Mississippi Division***

<u>Team</u>	<u>Assists</u>	<u>Steals</u>	<u>Blocks</u>	<u>Turn Overs</u>
<u>Waterloo, East</u>	271	171	30	230
<u>Iowa City, City High</u>	225	83	22	129
<u>Xavier, Cedar Rapids</u>	195	107	60	166
<u>Waterloo, West</u>	190	124	44	259
<u>Dubuque, Hempstead</u>	171	129	37	230
<u>Cedar Rapids, Washington</u>	155	103	31	229
<u>Prairie, Cedar Rapids</u>	148	109	32	197

Valley Division

<u>Team</u>	<u>Assists</u>	<u>Steals</u>	<u>Blocks</u>	<u>Turn Overs</u>
<u>Iowa City, West</u>	289	126	49	124
<u>Wahlert, Dubuque</u>	228	105	91	224
<u>Linn-Mar, Marion</u>	206	115	29	144
<u>Dubuque, Senior</u>	198	86	37	161
<u>Cedar Rapids, Jefferson</u>	190	103	20	188
<u>Cedar Rapids, Kennedy</u>	189	116	30	206
<u>Cedar Falls</u>	168	111	49	202

2015-16 MVC-Varsity Boys' Basketball**Team Rebounds (QuickStats-FINAL Conf. Only)****Mississippi Division**

<u>Team</u>	<u>Off Reb</u>	<u>Def Reb</u>	<u>Tot Reb</u>	<u>Reb/G</u>
Cedar Rapids, Washington	213	312	525	32.8
Waterloo, West	200	320	520	32.5
Waterloo, East	165	310	475	29.7
Xavier, Cedar Rapids	108	317	425	26.6
Iowa City, City High	132	279	411	25.7
Prairie, Cedar Rapids	112	261	373	23.3
Dubuque, Hempstead	107	262	369	23.1

Valley Division

<u>Team</u>	<u>Off Reb</u>	<u>Def Reb</u>	<u>Tot Reb</u>	<u>Reb/G</u>
Wahlert, Dubuque	148	335	483	30.2
Cedar Falls	150	329	479	29.9
Iowa City, West	154	285	439	27.4
Cedar Rapids, Jefferson	144	268	412	25.8
Linn-Mar, Marion	100	283	383	23.9
Cedar Rapids, Kennedy	127	254	381	23.8
Dubuque, Senior	110	248	358	22.4

2015-16 MVC-Varsity Boys' Basketball**Team Scoring by Quarter (QuickStats-FINAL Conf. Only)****Mississippi Division**

<u>Team</u>	<u>1st Qtr</u>	<u>2nd Qtr</u>	<u>3rd Qtr</u>	<u>4th Qtr</u>	<u>OT</u>	<u>Total</u>
<u>Xavier, Cedar Rapids</u>	204	216	270	329	0	1019
<u>Waterloo, West</u>	203	234	253	286	0	976
<u>Prairie, Cedar Rapids</u>	187	229	255	258	11	940
<u>Waterloo, East</u>	0	0	0	928	0	928
<u>Iowa City, City High</u>	228	229	199	254	0	910
<u>Cedar Rapids, Washington</u>	188	204	213	286	0	891
<u>Dubuque, Hempstead</u>	166	176	171	256	11	780

Valley Division

<u>Team</u>	<u>1st Qtr</u>	<u>2nd Qtr</u>	<u>3rd Qtr</u>	<u>4th Qtr</u>	<u>OT</u>	<u>Total</u>
<u>Linn-Mar, Marion</u>	272	309	333	298	0	1212
<u>Iowa City, West</u>	250	235	277	304	0	1066
<u>Cedar Falls</u>	215	249	253	291	18	1026
<u>Wahlert, Dubuque</u>	0	0	0	973	53	1026
<u>Cedar Rapids, Jefferson</u>	197	249	253	257	0	956
<u>Cedar Rapids, Kennedy</u>	212	219	215	239	16	901
<u>Dubuque, Senior</u>	181	245	211	240	2	879

2015-16 MVC-Varsity Boys' Basketball**Team Pts Scored vs Allowed (QuickStats-FINAL Conf. Only)****Mississippi Division**

<u>Team</u>	<u>Points Scored</u>	<u>Points Allowed</u>	<u>Difference</u>	<u>Diff/Game</u>
<u>Iowa City, West</u>	1066	844	222	13.9
<u>Linn-Mar, Marion</u>	1212	1030	182	11.4
<u>Wahlert, Dubuque</u>	1026	911	115	7.2
<u>Cedar Falls</u>	1026	928	98	6.1
<u>Cedar Rapids, Kennedy</u>	901	896	5	0.3
<u>Dubuque, Senior</u>	879	938	-59	-3.7
<u>Cedar Rapids, Jefferson</u>	956	1042	-86	-5.4

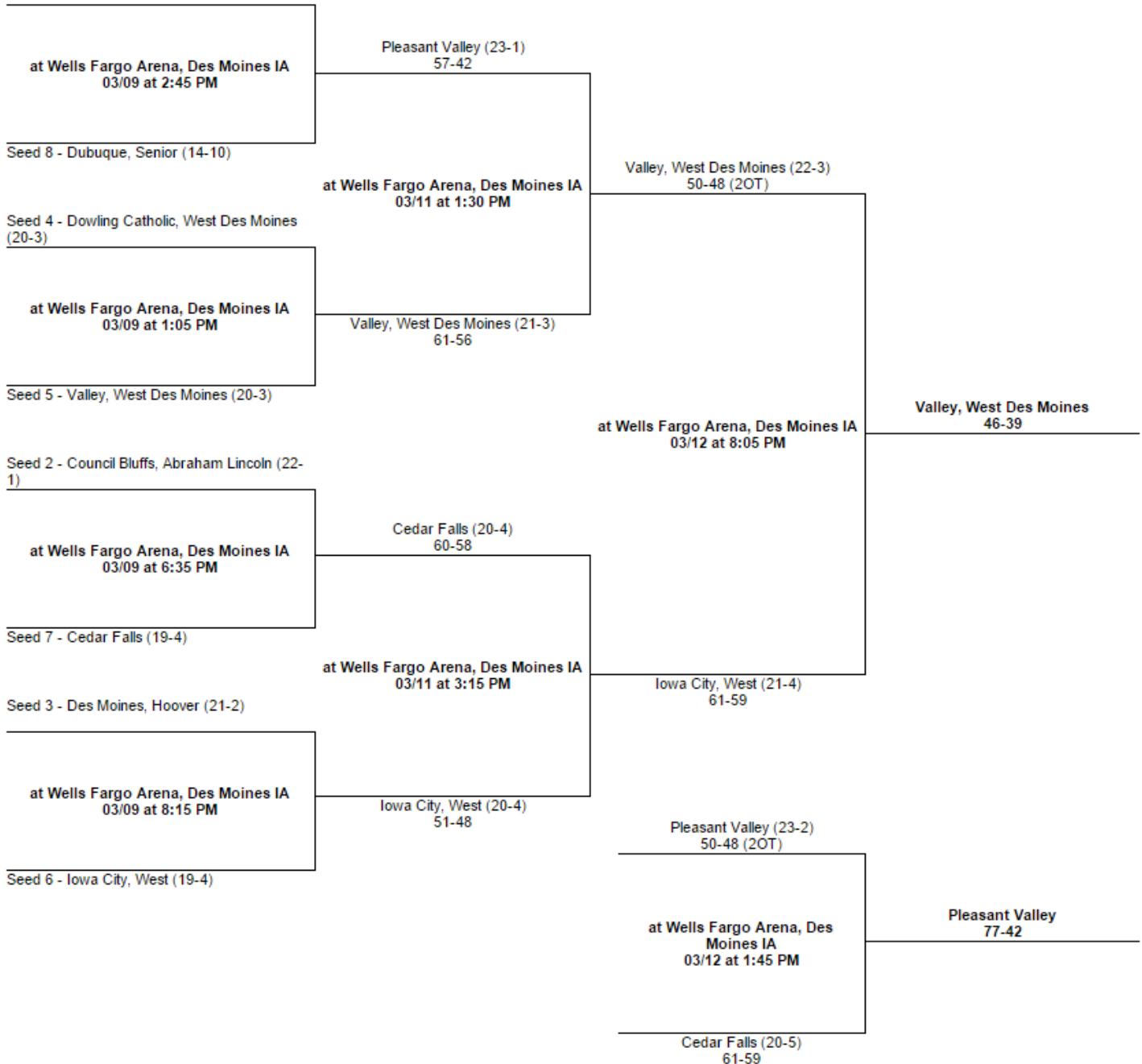
Valley Division

<u>Team</u>	<u>Points Scored</u>	<u>Points Allowed</u>	<u>Difference</u>	<u>Diff/Game</u>
<u>Iowa City, West</u>	1066	844	222	13.9
<u>Linn-Mar, Marion</u>	1212	1030	182	11.4
<u>Wahlert, Dubuque</u>	1026	911	115	7.2
<u>Cedar Falls</u>	1026	928	98	6.1
<u>Cedar Rapids, Kennedy</u>	901	896	5	0.3
<u>Dubuque, Senior</u>	879	938	-59	-3.7
<u>Cedar Rapids, Jefferson</u>	956	1042	-86	-5.4



2016 IHSAA Tournament CLASS 4A STATE BASKETBALL

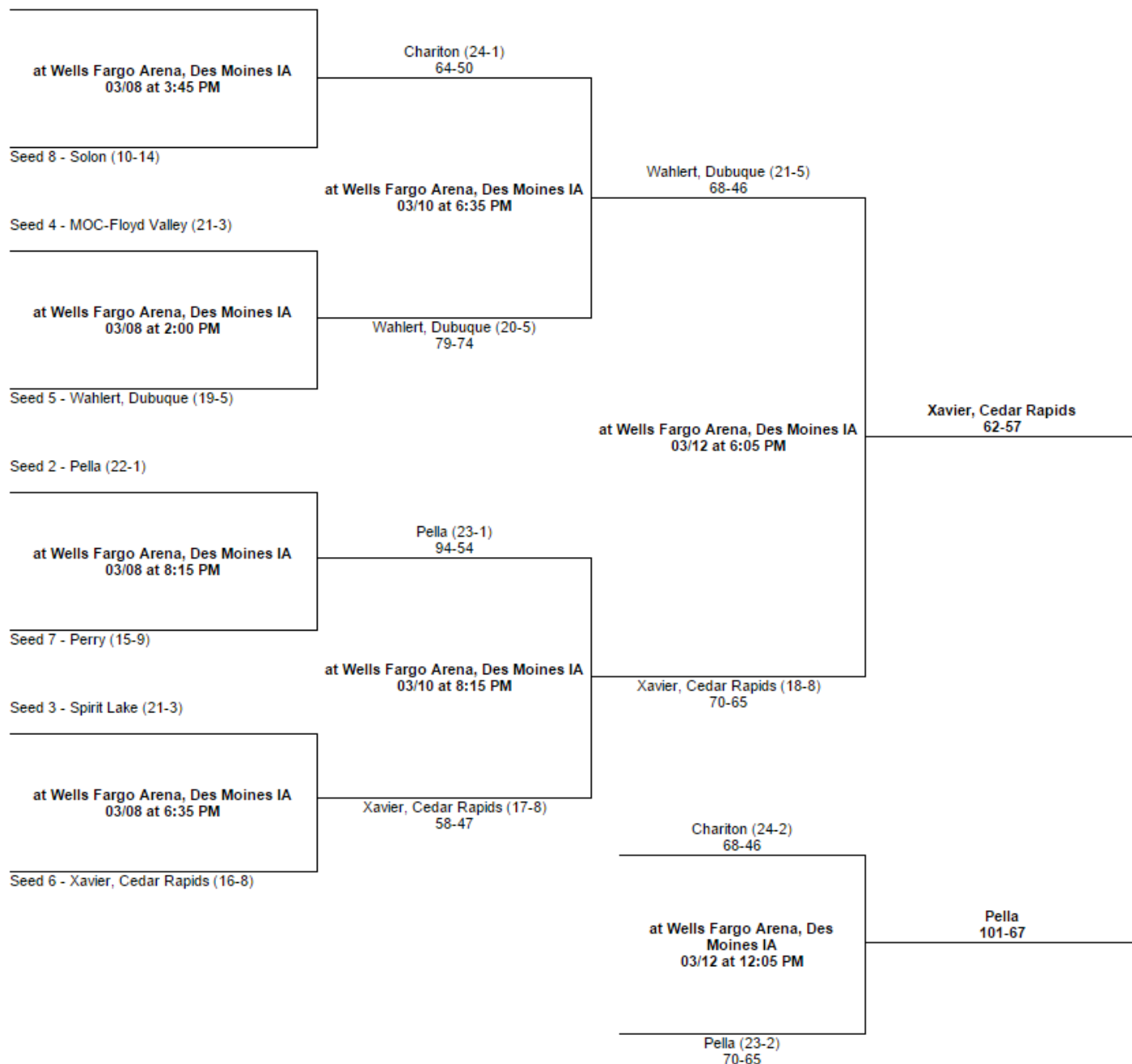
Seed 1 - Pleasant Valley (22-1)





2016 IHSAA Tournament CLASS 3A STATE BASKETBALL

Seed 1 - Chariton (23-1)



2015-16 Girls' Basketball



Mississippi Valley Conference**2015-16 MVC Varsity Girls Basketball Standings (FINAL)****Mississippi Division**

Team	Conference		Overall	
	W	L	W	L
Iowa City High	11	2	19	4
CR Washington	8	5	15	8
CR Xavier	5	8	10	13
Waterloo West	5	8	10	13
CR Prairie	4	9	11	12
Dubuque Hempstead	4	9	7	15
Waterloo East	0	13	1	21

Valley Division

Team	Conference		Overall	
	W	L	W	L
Cedar Falls	12	1	22	3
Linn-Mar	11	2	20	5
CR Kennedy	10	3	18	5
IC West	9	4	15	8
CR Jefferson	6	7	9	13
DBQ Wahlert	5	8	11	12
Dubuque Senior	1	12	2	20

2015-16 MVC 10th/JV Girls Basketball Standings (FINAL)**Mississippi Division**

Team	Conference		Overall	
	W	L	W	L
CR Xavier	8	5	13	7
CR Prairie	8	5	12	9
CR Washington	6	7	10	11
Dubuque Hempstead	5	8	11	9
Iowa City High	4	9	7	14
Waterloo West	1	12	3	17
Waterloo East	0	13	1	17

Valley Division

Team	Conference		Overall	
	W	L	W	L
CR Kennedy	13	0	17	3
IC West	12	1	18	2
CR Jefferson	10	3	15	6
Linn-Mar	9	4	12	8
Cedar Falls	7	6	14	7
Dubuque Senior	5	8	7	14
DBQ Wahlert	3	10	6	15

2015-16 MVC Girls' Basketball All-Division Selections**Mississippi Division****Valley Division**

	<u>Gr</u>	<u>Sch</u>			<u>Gr</u>	<u>Sch</u>
Ashley Joens	10	ICH	Athlete of the Year	Lela Sellers	12	CRK
Bill McTaggart & Staff		ICH	Coach of the Year	Gregg Groen & Staff		CF

FIRST TEAM**Mississippi Division****Valley Division**

	<u>Athlete</u>	<u>Hgt</u>	<u>Gr</u>	<u>Sch</u>		<u>Athlete</u>	<u>Hgt</u>	<u>Gr</u>	<u>Sch</u>
*	Ashley Joens	5'11"	10	ICH	*	Emma Gerdes	5'10"	12	CF
*	Courtney Joens	5'11"	12	ICH	*	Kennedy Dighton	6'1"	11	CRJ
*	Anne Visser	5'8"	12	CRW	*	Lela Sellers	6'0"	12	CRK
*	McKenna Andersen	5'8"	12	CRX	*	Amanda Ollinger	6'1"	12	LM
*	Olivia Usher	5'8"	12	CRP		Kiana Barney	6'1"	10	CF
	Tahya Campbell	5'9"	11	WW		Charlotte Flynn	5'9"	12	DW
	Joniqua Clark	5'1"	12	CRW		Rachael Saunders	5'9"	10	ICW

*** - Unanimous Selection*****SECOND TEAM*****Mississippi Division****Valley Division**

	<u>Athlete</u>	<u>Hgt</u>	<u>Gr</u>	<u>Sch</u>		<u>Athlete</u>	<u>Hgt</u>	<u>Gr</u>	<u>Sch</u>
	Kenya Earl	5'11"	11	ICH		Sydney Hayden	5'4"	12	CRK
	Na'Tracia Ceaser	5'10"	9	WW		Emily Mott	5'9"	10	DS
	Aliyah Robinson	5'5"	11	WW		Kamryn Finley	5'8"	10	LM
	Kerris Roberts	5'6"	9	WE		Cynthia Wolf	6'3"	10	CF
	Jayla Johnson	5'7"	10	CRW		Kylie Wise	5'5"	11	CRJ
	Lexi Noonan	5'9"	11	CRX		Hailey Dolphin	5'7"	10	CRK
	Megan Gronau	6'4"	11	DH		Logan Cook	6'1"	10	ICW
						Maddie Huinker	5'7"	11	ICW

HONORABLE MENTION**Mississippi Division****Valley Division**

	<u>Athlete</u>	<u>Sch</u>		<u>Athlete</u>	<u>Sch</u>
	Lynsey Altenhofen	CRP		Ally Conrad	CF
	Sarah Schmitt	CRP		Calli Johnson	CF
	Payton Bruner	CRW		Avery Guy	CRJ
	Jessi Puk	CRW		Emily Oler	CRJ
	Meghan Joens	CRX		Carly Langhurst	CRK
	Kylie Brown	CRX		Linden Runels	CRK
	Morgan Kluesner	DH		Sydney Tigges	DS
	Madison Fleckenstein	DH		Kai Biehl	DS
	Sydney Schroder	ICH		Katy Fricano	DW
	Rose Gamamou	ICH		Alli Osterberger	DW
	Amanee Clark	WE		Lauren Zacharias	ICW
	Tamia Sisk	WE		Emma Koch	ICW
	Aleah Cook	WW		Brittney Lancial	LM
	Jada Draine	WW		Alie Akers	LM

2015-16 MVC Girls' Basketball All-Division Selections**ALL-ACADEMIC****Mississippi Division**

<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
Olivia Usher	12	CRP
Taylor Moenk	12	CRP
Joniqua Clark	12	CRW
Dominique Eniola	12	CRW
Jenny Dickes	12	CRX
McKenna Andersen	12	CRX
Maddy Wagner	12	DH
Megan Kallaher	12	DH
Rose Gamamou	12	ICH
Sarah Overton	12	ICH
		WE
		WE
Tahya Campbell	11	WW
MacKenzie Wehr	11	WW

Valley Division

<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
Elizabeth Burken	12	CF
Emma Gerdes	12	CF
Josie Johnson	12	CF
Samantha Ketterman	12	CRJ
Emily O'brien	12	CRJ
Linden Runels	12	CRK
Sydney Hayden	12	CRK
Sydney Tigges	12	DS
Josie Mills	11	DS
Jessalyn Roling	12	DW
Rachel Schmerbach	12	DW
Jessie Harder	12	ICW
Andrea Morgan	12	ICW
Nicole Glanz	12	LM
Amanda Ollinger	12	LM

2015-16 MVC-Varsity Girls' Basketball
Team Scoring (QuickStats-FINAL Conf. Only)

Mississippi Division

<u>Team</u>	<u>Record</u>	<u>FG Att</u>	<u>FG</u> <u>Made</u>	<u>FG %</u>	<u>3 pt</u> <u>Att</u>	<u>3 pt</u> <u>Made</u>	<u>3 pt %</u>	<u>FT Att</u>	<u>FT</u> <u>Made</u>	<u>FT %</u>	<u>Pts</u>	<u>Pts/G</u>
Iowa City, City High	11-2	639	292	45.7	186	67	36.0	266	185	69.5	836	64.3
Cedar Rapids, Washington	8-5	707	308	43.6	250	79	31.6	207	134	64.7	829	63.8
Waterloo, West	5-8	606	184	30.4	214	52	24.3	189	131	69.3	551	42.4
Xavier, Cedar Rapids	5-8	536	199	37.1	109	29	26.6	163	97	59.5	524	40.3
Dubuque, Hempstead	4-9	563	190	33.7	182	51	28.0	232	137	59.1	568	43.7
Prairie, Cedar Rapids	4-9	741	237	32.0	216	59	27.3	200	131	65.5	664	51.1
Waterloo, East	0-13	456	146	32.0	91	42	46.2	185	104	56.2	438	33.7

Valley Division

<u>Team</u>	<u>Record</u>	<u>FG Att</u>	<u>FG</u> <u>Made</u>	<u>FG %</u>	<u>3 pt</u> <u>Att</u>	<u>3 pt</u> <u>Made</u>	<u>3 pt %</u>	<u>FT Att</u>	<u>FT</u> <u>Made</u>	<u>FT %</u>	<u>Pts</u>	<u>Pts/G</u>
Cedar Falls	12-1	579	247	42.7	191	66	34.6	219	149	68.0	709	54.5
Linn-Mar, Marion	11-2	593	242	40.8	251	87	34.7	227	154	67.8	725	55.8
Cedar Rapids, Kennedy	10-3	594	263	44.3	245	91	37.1	238	165	69.3	782	60.2
Iowa City, West	9-4'	656	259	39.5	255	77	30.2	252	166	65.9	761	58.5
Cedar Rapids, Jefferson	6-7	561	239	42.6	201	68	33.8	176	114	64.8	660	50.8
Wahlert, Dubuque	5-8	643	234	36.4	111	38	34.2	221	136	61.5	642	49.4
Dubuque, Senior	1-12	695	196	28.2	215	51	23.7	174	93	53.4	536	41.2

2015-16 MVC-Varsity Girls' Basketball***Assists/Steals/Blocks/TurnOvers (QuickStats-FINAL Conf. Only)******Mississippi Division***

<u>Team</u>	<u>Assists</u>	<u>Steals</u>	<u>Blocks</u>	<u>Turn Overs</u>
<u>Iowa City, City High</u>	155	141	37	177
<u>Cedar Rapids, Washington</u>	146	188	36	211
<u>Prairie, Cedar Rapids</u>	120	107	31	161
<u>Waterloo, West</u>	120	143	25	238
<u>Dubuque, Hempstead</u>	118	101	25	253
<u>Xavier, Cedar Rapids</u>	113	104	47	203
<u>Waterloo, East</u>	62	110	27	45

Valley Division

<u>Team</u>	<u>Assists</u>	<u>Steals</u>	<u>Blocks</u>	<u>Turn Overs</u>
<u>Cedar Falls</u>	180	162	62	232
<u>Wahlert, Dubuque</u>	165	117	38	220
<u>Cedar Rapids, Jefferson</u>	162	100	41	222
<u>Cedar Rapids, Kennedy</u>	161	94	24	137
<u>Iowa City, West</u>	160	123	40	184
<u>Linn-Mar, Marion</u>	135	99	62	168
<u>Dubuque, Senior</u>	117	89	46	245

2015-16 MVC-Varsity Girls' Basketball
Rebounds (QuickStats-FINAL Conf. Only)

Mississippi Division

<u>Team</u>	<u>Off Reb</u>	<u>Def Reb</u>	<u>Tot Reb</u>	<u>Reb/G</u>
<u>Iowa City, City High</u>	128	260	388	29.8
<u>Waterloo, West</u>	131	256	387	29.8
<u>Dubuque, Hempstead</u>	110	271	381	29.3
<u>Prairie, Cedar Rapids</u>	131	240	371	28.5
<u>Cedar Rapids, Washington</u>	98	254	352	27.1
<u>Xavier, Cedar Rapids</u>	107	238	345	26.5
<u>Waterloo, East</u>	101	180	281	21.6

Valley Division

<u>Team</u>	<u>Off Reb</u>	<u>Def Reb</u>	<u>Tot Reb</u>	<u>Reb/G</u>
<u>Iowa City, West</u>	155	284	439	33.8
<u>Cedar Falls</u>	119	289	408	31.4
<u>Wahlert, Dubuque</u>	127	253	380	29.2
<u>Linn-Mar, Marion</u>	107	254	361	27.8
<u>Cedar Rapids, Kennedy</u>	108	243	351	27.0
<u>Dubuque, Senior</u>	137	214	351	27.0
<u>Cedar Rapids, Jefferson</u>	86	264	350	26.9

2015-16 MVC-Varsity Girls' Basketball
Scoring by Quarter (QuickStats-FINAL Conf. Only)

Mississippi Division

<u>Team</u>	<u>1st Qtr</u>	<u>2nd Qtr</u>	<u>3rd Qtr</u>	<u>4th Qtr</u>	<u>OT</u>	<u>Total</u>
<u>Iowa City, City High</u>	232	191	223	190	0	836
<u>Cedar Rapids, Washington</u>	178	204	221	226	0	829
<u>Prairie, Cedar Rapids</u>	153	158	156	197	0	664
<u>Dubuque, Hempstead</u>	115	120	143	183	7	568
<u>Waterloo, West</u>	137	138	117	148	11	551
<u>Xavier, Cedar Rapids</u>	128	124	126	146	0	524
<u>Waterloo, East</u>	81	140	104	113	0	438

Valley Division

<u>Team</u>	<u>1st Qtr</u>	<u>2nd Qtr</u>	<u>3rd Qtr</u>	<u>4th Qtr</u>	<u>OT</u>	<u>Total</u>
<u>Cedar Rapids, Kennedy</u>	220	174	192	177	19	782
<u>Iowa City, West</u>	197	188	181	184	11	761
<u>Linn-Mar, Marion</u>	205	170	185	156	9	725
<u>Cedar Falls</u>	162	163	184	189	11	709
<u>Cedar Rapids, Jefferson</u>	197	163	156	144	0	660
<u>Wahlert, Dubuque</u>	156	151	152	183	0	642
<u>Dubuque, Senior</u>	129	123	124	160	0	536

2015-16 MVC-Varsity Girls' Basketball***Pts Scored vs Allowed (QuickStats-FINAL Conf. Only)******Mississippi Division***

<u>Team</u>	<u>Points Scored</u>	<u>Points Allowed</u>	<u>Diff.</u>	<u>Diff/Game</u>
<u>Iowa City, City High</u>	836	628	208	16.0
<u>Cedar Rapids, Washington</u>	829	715	114	8.8
<u>Prairie, Cedar Rapids</u>	664	654	10	0.8
<u>Xavier, Cedar Rapids</u>	524	540	-16	-1.2
<u>Dubuque, Hempstead</u>	568	651	-83	-6.4
<u>Waterloo, West</u>	551	661	-110	-8.5
<u>Waterloo, East</u>	438	890	-452	-34.8

Valley Division

<u>Team</u>	<u>Points Scored</u>	<u>Points Allowed</u>	<u>Diff.</u>	<u>Diff/Game</u>
<u>Cedar Falls</u>	709	518	191	14.7
<u>Cedar Rapids, Kennedy</u>	782	591	191	14.7
<u>Iowa City, West</u>	761	577	184	14.2
<u>Linn-Mar, Marion</u>	725	563	162	12.5
<u>Cedar Rapids, Jefferson</u>	660	653	7	0.5
<u>Wahlert, Dubuque</u>	642	685	-43	-3.3
<u>Dubuque, Senior</u>	536	880	-344	-26.5

2016 Iowa Girls High School State Basketball Tournament Results - Class 5A

Ankeny Centennial

Class 5A Champion

Mon Feb 29, 2016 - Sat Mar 5, 2016



Bracket

Indianola - 38

B1 - Wed 3/2 1:30PM
Wells Fargo Arena

Linn-Mar - 60

Johnston - 60

B2 - Wed 3/2 3:15PM
Wells Fargo Arena

Southeast Polk - 48

Ankeny Centennial - 56

B3 - Wed 3/2 5:00PM
Wells Fargo Arena

Davenport North - 52

Cedar Falls - 48

B4 - Wed 3/2 6:45PM
Wells Fargo Arena

Waukee - 46

Linn-Mar - 39

B5 - Fri 3/4 1:30PM
Wells Fargo Arena

Johnston - 51

Ankeny Centennial - 57

B6 - Fri 3/4 3:15PM
Wells Fargo Arena

Cedar Falls - 31

Johnston - 42

B7 - Sat 3/5 8:00PM
Wells Fargo Arena

Ankeny Centennial - 46

Ankeny Centennial

Champion

2016 Iowa Girls High School State Basketball Tournament Results - Class 4A

Mason City

Class 4A Champion

Mon Feb 29, 2016 - Sat Mar 5, 2016



Bracket

Western Dubuque - 39

B1 - Tue 3/1 6:45PM
Wells Fargo Arena

Mason City - 57

Mason City - 47

B5 - Fri 3/4 10:00AM
Wells Fargo Arena

Mason City - 51

Ballard - 31

B2 - Tue 3/1 8:30PM
Wells Fargo Arena

Keokuk - 45

Keokuk - 42

B7 - Sat 3/5 6:00PM
Wells Fargo Arena

Mason City

Champion

Lewis Central - 41

B3 - Wed 3/2 10:00AM
Wells Fargo Arena

Pella - 54

Pella - 47

B6 - Fri 3/4 11:45AM
Wells Fargo Arena

Pella - 44

Harlan - 38

B4 - Wed 3/2 11:45AM
Wells Fargo Arena

Marion - 48

Marion - 46

2015-16 Wrestling



Mississippi Valley Conference**2015-16 MVC Varsity Wrestling Standings (FINAL)****Mississippi Division**

Team	Division		Overall	
	W	L	W	L
Dubuque Hempstead	6	0	28	2
Cedar Rapids Prairie	5	1	20	5
Iowa City High	4	2	20	12
Waterloo East	3	3	13	14
Cedar Rapids Xavier	1	5	7	23
Cedar Rapids Washington	1	5	1	10
Waterloo West	1	5	2	21

Valley Division

Team	Division		Overall	
	W	L	W	L
Cedar Rapids Jefferson	6	0	12	4
Cedar Rapids Kennedy	5	1	13	3
Linn-Mar	4	2	21	12
Iowa City West	3	3	14	13
DubuqueWahlert	2	4	11	12
Cedar Falls	1	5	9	16
Dubuque Senior	0	6	0	10

2015-16 MVC JV Wrestling Standings (FINAL)**Mississippi Division**

Team	Division		Overall	
	W	L	W	L
Iowa City High	6	0	11	4
CR Prairie	5	1	9	6
Dubuque Hempstead	4	2	6	5
CR Washington	3	3	3	9
Waterloo East	2	4	2	8
Waterloo West	1	5	1	9
CR Xavier	0	6	0	10

Valley Division

Team	Division		Overall	
	W	L	W	L
CR Jefferson	6	0	16	4
Linn-Mar	5	1	9	1
Cedar Falls	4	2	6	4
Iowa City West	3	3	7	5
CR Kennedy	2	4	9	6
DBQ Wahlert	1	5	5	6
Dubuque Senior	0	6	2	8

2016 MVC Wrestling Tournaments - Team Results -**2016 MVC Varsity Wrestling Tournament****- Cedar Rapids Prairie -**

<u>Place</u>	<u>School</u>	<u>Points</u>
1st	Cedar Rapids Prairie	200.0
2nd	Cedar Rapids Jefferson	189.0
3rd	Cedar Rapids Kennedy	163.0
4th	Dubuque Hempstead	154.5
5th	Iowa City City High	133.0
5th	Linn-Mar	133.0
7th	Iowa City West	116.0
8th	Cedar Rapids Xavier	101.0
9th	Dubuque Wahlert	95.0
10th	Cedar Falls	94.0
11th	Waterloo East	67.0
12th	Dubuque Senior	44.5
13th	Cedar Rapids Washington	42.5
14th	Waterloo West	40.5

MVC 9th & 10th Tournament Results**- Cedar Falls -**

<u>Place</u>	<u>School</u>	<u>Points</u>
1st	Cedar Rapids Jefferson	209.0
2nd	Iowa City City	178.0
3rd	Cedar Falls	151.5
4th	Dubuque Hempstead	129.0
5th	Iowa City West	109.5
6th	Dubuque Senior	99.0
7th	Waterloo East	73.0
8th	Cedar Rapids Washington	71.0
9th	Linn-Mar	66.5
10th	Cedar Rapids Kennedy	62.0
11th	Cedar Rapids Xavier	59.5
12th	Cedar Rapids Prairie	54.0
13th	Dubuque Wahlert	52.0
14th	Waterloo West	45.0

2016 MVC Wrestling Tournaments - Individual Results -**2016 MVC Varsity Wrestling Tournament****- Cedar Rapids Prairie -****106 Results**

- 1st Place - Conrad Braswell of Prairie, Cedar Rapids
- 2nd Place - Dillon Gottschalk of Dubuque Hempstead
- 3rd Place - Cam Shaver of Cedar Rapids Kennedy
- 4th Place - Jakey Penrith of Cedar Falls
- 5th Place - Ryan Ceynar of Iowa City City High
- 6th Place - Isaac Cretsinger of Dubuque Senior
- 7th Place - Yashad Dufauchard of Waterloo West
- 8th Place - Cole Kraklio of Linn-Mar

113 Results

- 1st Place - Marcus England of Prairie, Cedar Rapids
- 2nd Place - Jeff Vipond of Xavier, Cedar Rapids
- 3rd Place - Joe Pins of Dubuque Hempstead
- 4th Place - Joseph Sibomana of Cedar Rapids Jefferson
- 5th Place - Jacob Powers of Iowa City City High
- 6th Place - Jack Nauman of Linn-Mar
- 7th Place - Christian Simpson of Cedar Falls
- 8th Place - Hunter Davis of Iowa City West

120 Results

- 1st Place - Brenden Baker of Cedar Rapids Jefferson
- 2nd Place - Joey Harney of Iowa City City High
- 3rd Place - Jacob Tedrow of Prairie, Cedar Rapids
- 4th Place - Caleb O`connor of Cedar Falls
- 5th Place - Keegan Schultschik of Xavier, Cedar Rapids
- 6th Place - Zach Youngwirth of Linn-Mar
- 7th Place - Ronnie Arenas of Cedar Rapids Washington
- 8th Place - Hunter Foht of Dubuque Hempstead

126 Results

- 1st Place - Nolan Hromidko of Cedar Rapids Kennedy
- 2nd Place - Will Foreman of Cedar Rapids Washington
- 3rd Place - Trenten Wennermark of Prairie, Cedar Rapids
- 4th Place - Aaron Stumpf of Iowa City West
- 5th Place - Zach Main of Cedar Rapids Jefferson
- 6th Place - Jacob Watters of Cedar Falls
- 7th Place - Lance Bormann of Iowa City City High
- 8th Place - Nate Huinker of Dubuque Senior

2016 MVC Wrestling Tournaments - Individual Results -**2016 MVC Varsity Wrestling Tournament****- Cedar Rapids Prairie -****132 Results**

- 1st Place - Sam Uthoff of Prairie, Cedar Rapids
- 2nd Place - Dalton Mastin of Cedar Rapids Jefferson
- 3rd Place - Nathan Feldman of Dubuque Hempstead
- 4th Place - Daniel Kelly of Iowa City City High
- 5th Place - Brock Weidenbacher of Cedar Falls
- 6th Place - Alex Richard of Dubuque Senior
- 7th Place - Austin Mcleod of Cedar Rapids Kennedy
- 8th Place - Logan Dulin of Linn-Mar

138 Results

- 1st Place - Nelson Brands of Iowa City West
- 2nd Place - Clint Lembeck of Xavier, Cedar Rapids
- 3rd Place - Alex Streicher of Linn-Mar
- 4th Place - Chase St. john of Prairie, Cedar Rapids
- 5th Place - Ryan Roth of Cedar Falls
- 6th Place - Dylan Ironside of Cedar Rapids Kennedy
- 7th Place - Matt Connolly of Dubuque Senior
- 8th Place - Dylan Pappas of Cedar Rapids Jefferson

145 Results

- 1st Place - Josh Gerke of Xavier, Cedar Rapids
- 2nd Place - Alex Ward of Dubuque Hempstead
- 3rd Place - Johnny Clymer of Linn-Mar
- 4th Place - Cody Clendenen of Cedar Rapids Jefferson
- 5th Place - Jeremiah Jordan of Waterloo East
- 6th Place - Grant Oberfoell of Wahlert, Dubuque
- 7th Place - Kale Crawford of Cedar Rapids Kennedy
- 8th Place - Ben Bertell of Iowa City West

152 Results

- 1st Place - Kyle Briggs of Cedar Rapids Jefferson
- 2nd Place - Logen Rodriguez of Cedar Rapids Kennedy
- 3rd Place - Jacob Wempen of Linn-Mar
- 4th Place - Boone Mcdermott of Wahlert, Dubuque
- 5th Place - Nic Jarvis of Iowa City City High
- 6th Place - Morgan Hood of Prairie, Cedar Rapids
- 7th Place - Kent Kragenbrink of Dubuque Hempstead
- 8th Place - Tanner Doyle of Cedar Falls

2016 MVC Wrestling Tournaments - Individual Results -**2016 MVC Varsity Wrestling Tournament****- Cedar Rapids Prairie -****160 Results**

- 1st Place - Shea Hartzler of Linn-Mar
- 2nd Place - Tavian Rashed of Cedar Rapids Jefferson
- 3rd Place - Ben Sarasin of Cedar Rapids Kennedy
- 4th Place - Kolton Bartow of Wahlert, Dubuque
- 5th Place - Tyrell Gordon of Waterloo East
- 6th Place - Ali Omar of Iowa City City High
- 7th Place - Mike Jasa of Prairie, Cedar Rapids
- 8th Place - Ashton Stumpf of Iowa City West

170 Results

- 1st Place - Garrett Kubovec of Cedar Rapids Kennedy
- 2nd Place - Aj Geers of Linn-Mar
- 3rd Place - Matt Culver of Cedar Rapids Jefferson
- 4th Place - Jacob Dykes of Iowa City City High
- 5th Place - Bryce Pilcher of Cedar Falls
- 6th Place - Cody Rodebush of Waterloo West
- 7th Place - Derek Horak of Prairie, Cedar Rapids
- 8th Place - Zach Kemp of Wahlert, Dubuque

182 Results

- 1st Place - Nick Dreckman of Cedar Rapids Jefferson
- 2nd Place - Nate Kelsay of Iowa City West
- 3rd Place - Adam Rang of Dubuque Hempstead
- 4th Place - Logan Hagmeier of Linn-Mar
- 5th Place - Preston Lagrange of Prairie, Cedar Rapids
- 6th Place - Eric Gleiter of Waterloo East
- 7th Place - Brock Hunger of Iowa City City High
- 8th Place - Declan Duffy of Wahlert, Dubuque

195 Results

- 1st Place - Donovan Doyle of Iowa City West
- 2nd Place - Taylor Mehmen of Prairie, Cedar Rapids
- 3rd Place - Jordain Buckland of Iowa City City High
- 4th Place - Mason Flynn of Wahlert, Dubuque
- 5th Place - Adrian Diaz of Cedar Falls
- 6th Place - Sam Gerst of Waterloo West
- 7th Place - Sam Pape of Cedar Rapids Kennedy
- 8th Place - Brayden Schultz of Linn-Mar

2016 MVC Wrestling Tournaments - Individual Results -**2016 MVC Varsity Wrestling Tournament****- Cedar Rapids Prairie -****220 Results**

- 1st Place - Alex Freiburger of Dubuque Hempstead
- 2nd Place - Dalles Jacobus of Cedar Rapids Kennedy
- 3rd Place - John Patrick of Wahlert, Dubuque
- 4th Place - Tyler Pasker of Prairie, Cedar Rapids
- 5th Place - Nekema Carter of Waterloo East
- 6th Place - Alex Francois of Xavier, Cedar Rapids
- 7th Place - Guy Snow of Iowa City West
- 8th Place - Keenan Stewart of Cedar Rapids Jefferson

285 Results

- 1st Place - Gannon Gremmel of Dubuque Hempstead
- 2nd Place - Omar Begic of Waterloo East
- 3rd Place - Blake Bradley of Wahlert, Dubuque
- 4th Place - Tommy Pudil of Xavier, Cedar Rapids
- 5th Place - Danny Alcott of Waterloo West
- 6th Place - Mitch Demmer of Dubuque Senior
- 7th Place - David Bonner of Cedar Rapids Jefferson
- 8th Place - Alex Heisdorffer of Prairie, Cedar Rapids

2015-16 MVC Wrestling All-Division Selections

Coach of the Year

Chuck Haas & Staff

DH

||

Matt Orton/Dick Briggs & Staff

CRJ

Outstanding Wrestler of the Tournament

Gannon Gremmel

12

DH

||

Donovan Doyle

12

ICW

Sam Uthoff

12

CRP

||

Mississippi Division

||

Valley DivisionFIRST TEAM

<u>Wgt</u>	<u>Name</u>	<u>Rec</u>	<u>Gr</u>	<u>Sch</u>		<u>Wgt</u>	<u>Name</u>	<u>Rec</u>	<u>Gr</u>	<u>Sch</u>
106	Conrad Braswell	32-8	9	CRP		106	Cam Shaver	26-12	10	CRK
113	Marcus England	29-3	12	CRP		113	Joseph Sibomana	22-5	12	CRJ
120	Joey Harney	31-9	10	ICH		120	Brenden Baker	26-6	12	CRJ
126	Will Foreman	29-3	10	CRW		126	Nolan Hromidko	29-3	12	CRK
132	Sam Uthoff	35-0	12	CRP		132	Dalton Mastin	26-12	11	CRJ
138	Clint Lembeck	35-2	12	CRX		138	Nelson Brands	47-3	10	ICW
145	Josh Gerke	39-5	11	CRX		145	Johnny Clymer	36-6	12	LM
152	Alex Ward	36-3	10	DH		152	Kyle Briggs	34-1	12	CRJ
160	Ali Omar	37-11	12	ICH		160	Shea Hartzler	35-3	12	LM
160	Tyrell Gordon	24-15	10	WE						
170	Brandon Haas	26-2	12	DH		170	Garrett Kubovec	28-5	11	CRK
						170	Matt Culver	30-7	11	CRJ
182	Preston LaGrange	27-13	11	CRP		182	Nick Dreckman	31-5	12	CRJ
182	Adam Rang	31-7	12	DH						
195	Taylor Mehmen	33-5	12	CRP		195	Donovan Doyle	48-1	12	ICW
220	Alex Freiburger	32-4	12	DH		220	Dalles Jacobus	24-5	12	CRK
285	Gannon Gremmel	39-0	12	DH		285	Blake Bradley	30-8	10	DW

Mississippi Division

||

Valley DivisionSECOND TEAM

<u>Wgt</u>	<u>Name</u>	<u>Rec</u>	<u>Gr</u>	<u>Sch</u>		<u>Wgt</u>	<u>Name</u>	<u>Rec</u>	<u>Gr</u>	<u>Sch</u>
106	Dillon Gottschalk	33-5	10	DH		106	Jakey Penrith	31-12	9	CF
113	Jeff Vipond	34-4	12	CRX		113	Jack Nauman	18-21	10	LM
120	Jacob Tedrow	25-14	9	CRP		120	Gabe Penrith	12-7	11	CF
126	Trenten Wennermark	32-10	10	CRP		126	Aaron Stumpf	21-16	12	ICW
132	Nathan Feldman	33-6	11	DH		132	Brock Weidenbacher	26-12	11	CF
138	Kyle Hefley	29-15	9	ICH		138	Alex Streicher	38-4	11	LM
138	Chase St. John	28-14	11	CRP						
145	Casey Hogan	14-13	11	CRP		145	Cody Clendenen	13-14	10	CRJ
145	Kaleb Phillips	22-5	12	DH						
152	Nic Jarvis	42-8	12	ICH		152	Logen Rodriguez	32-6	12	CRK
160						160	Ben Sarasin	32-5	10	CRK
						160	Tavian Rashed	27-9	11	CRJ
170	Jacob Dykes	17-2	10	ICH		170	AJ Geers	22-9	12	LM
						170	Bryce Pilcher	29-8	11	CF
182						182	Nate Kelsay	34-15	12	ICW
195	Sam Gerst	12-7	11	WW		195	Sam Pape	18-15	11	CRK
						195	Mason Flynn	17-12	12	DW
220	Jordain Buckland	28-6	11	ICCH		220	John Patrick	33-5	12	DW
220	Tyler Pasker	30-13	12	CRP						
285	Omar Begic	32-5	11	WE		285	David Bonner	16-19	11	CRJ
						285	Matt Murphy	19-13	11	CRK

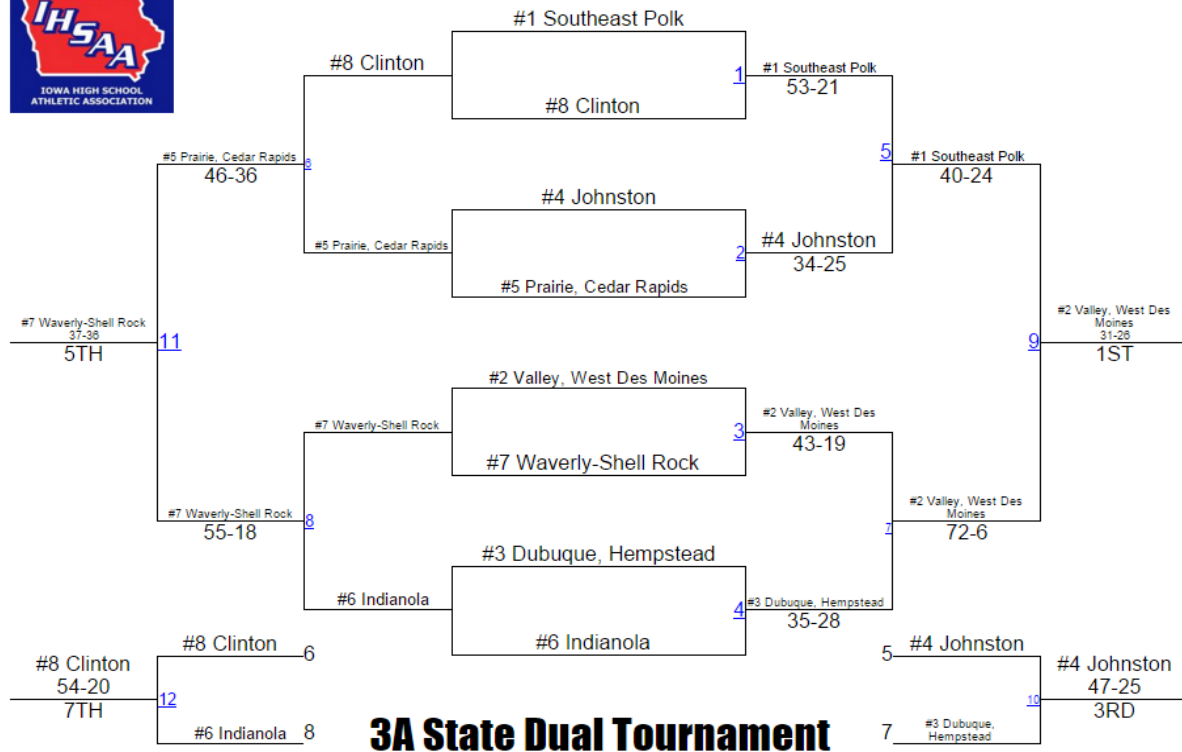
2015-16 MVC Wrestling All-Division Selections

<u>Mississippi Division</u>						<u>Valley Division</u>				
<u>HONORABLE MENTION</u>										
<u>Wgt</u>	<u>Name</u>	<u>Rec</u>	<u>Gr</u>	<u>Sch</u>		<u>Wgt</u>	<u>Name</u>	<u>Rec</u>	<u>Gr</u>	<u>Sch</u>
106	Ryan Ceynar	22-21	9	ICH		106	Isaac Cretsinger	25-18	9	DS
113	Joe Pins	31-8	9	DH		113	Hunter Davis	17-24	10	ICW
						113	Christian Simpson	23-18	9	CF
120	Keegan Schultschik	27-18	10	CRX		120	Zach Youngwirth	19-15	11	LM
126	Lance Bormann	35-14	10	ICH		126	Zach Main	24-14	11	CRJ
						126	Jacob Watters	22-8	12	CF
132	Daniel Kelly	33-16	12	ICH		132	Alex Richard	26-12	10	DS
138						138	Ryan Roth	30-11	12	CF
145	Logan Black-Marchand	24-6	12	CRW		145	Grant Oberfoell	23-12	11	DW
152	Morgan Hood	23-19	11	CRP		152	Jacob Wempen	35-6	9	LM
						152	Boone McDermott	26-10	10	DW
160	Kent Kragenbrink	20-20	9	DH		160	Carter Rohweder	31-14	11	ICW
160	Mike Jasa	17-13	10	CRP		160	Kolton Bartow	20-9	10	DW
170	Cody Rodebush	11-10	12	WW		170				
182	Eric Gleiter	23-15	11	WE		182	Logan Hagmeier	28-15	12	LM
195	Payne Johnson	26-10	11	WE		195				
220						220	Guy Snow	19-16	10	ICW
285	Tommy Pudil	CRX	11	28-15		285	Mitch Demmer	22-15	11	DS

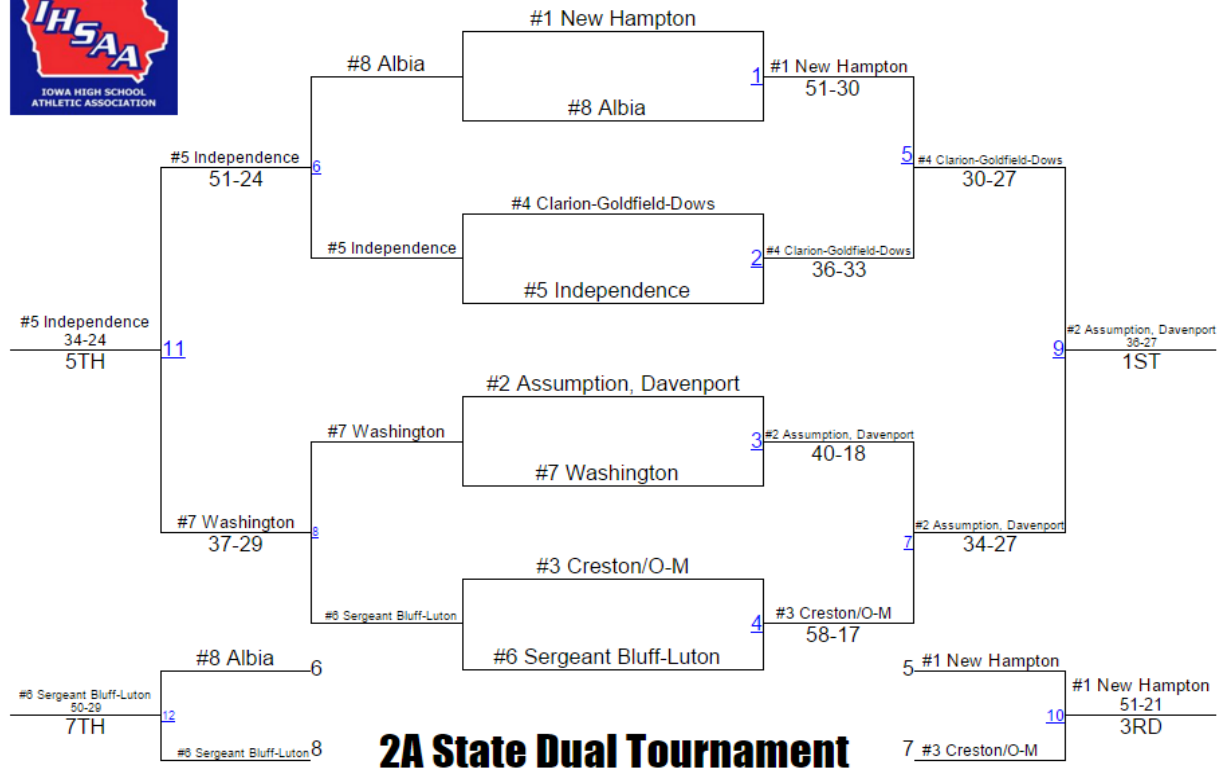
<u>Mississippi Division</u>			<u>Valley Division</u>	
<u>ALL-ACADEMIC</u>				
<u>Name</u>	<u>Sch</u>		<u>Name</u>	<u>Sch</u>
Marcus England	CRP		Ryan Roth	CF
Taylor Mehmen	CRP		Jacob Watters	CF
Matthew Ackerman	CRW		Brenden Baker	CRJ
	CRW		Kyle Briggs	CRJ
Gabe Smith	CRX		Trevor Wieland	CRK
Sam Lampe	CRX		Adam Froehlich	CRK
Adam Rang	DH		Nate Huinker	DS
Brandon Haas	DH		Will Wehrspann	DS
Daniel Kelly	ICH		Ryan Fischer	DW
Nic Jarvis	ICH		John Patrick	DW
Eric Gleiter	WE		Donovan Doyle	ICW
Jeremiah Jordan	WE		Nathan Kelsay	ICW
Cody Rodebush	WW		A. J. Geers	LM
Danny Alcott	WW		Manny Jeffery	LM

2016 IHSAA State Wrestling - Duals

Class 3A



Class 2A



2015 IHSA State Wrestling - Individuals

Class 3A

<u>Place</u>	<u>School</u>	<u>Pts</u>	<u>Place</u>	<u>School</u>	<u>Pts</u>
1	Southeast Polk	141.5	28	Mount Pleasant	18.0
2	Fort Dodge	131.5	28	Sioux City North	18.0
3	West Des Moines Valley	113.5	31	Fort Madison	14.0
4	Cedar Rapids Kennedy	72.0	32	Newton	13.0
4	Waverly-Shell Rock	72.0	32	Ottumwa	13.0
6	Dubuque Hempstead	66.5	34	Iowa City High	12.0
7	Cedar Rapids Prairie	62.0	35	Ankeny Centennial	11.0
8	Epworth, Western Dubuque	57.5	36	Des Moines Lincoln	10.0
9	Council Bluffs, T. Jefferson	52.0	37	Cedar Rapids Washington	9.0
9	Pleasant Valley	52.0	37	Des Moines East	9.0
11	Clinton	48.0	37	Waterloo East	9.0
11	West Des Moines Dowling	48.0	40	Pella	8.0
13	Iowa City West	45.0	41	Oskaloosa	6.0
14	Linn-Mar	44.0	42	Spencer	4.0
14	North Scott, Eldridge	44.0	43	Cedar Falls	3.0
16	Indianola	42.5	43	Davenport West	3.0
17	Bettendorf	42.0	45	Boone	2.0
18	Cedar Rapids Jefferson	41.0	45	Des Moines North-Hoover	2.0
19	Johnston	40.5	45	Sioux City East	2.0
20	Ames	40.0	45	Urbandale	2.0
21	Mason City	36.5	49	Ankeny	0.0
22	Marshalltown	34.0	49	Burlington	0.0
23	Waukee	32.5	49	Council Bluffs-Abraham Lincoln	0.0
23	Cedar Rapids Xavier	32.5	49	Davenport Central	0.0
25	Dallas Center-Grimes	30.0	49	Denison-Schleswig	0.0
26	Keokuk	19.0	49	LemaMars	0.0
27	Lewis Central	18.5	49	Sioux City West	0.0
28	Carroll	18.0	49	Storm Lake	0.0

Class 2A

<u>Place</u>	<u>School</u>	<u>Pts</u>	<u>Place</u>	<u>School</u>	<u>Pts</u>
1	Creston/Orient-Macksburg	90.5	7	Mediapolis	72.5
2	Clarion-Goldfield-Dows	82.5	8	Assumption-Davenport	66.0
3	Albia	78.0	9	Webster City	63.0
4	Glenwood	75.0	10	South Tama County-Tama	61.0
5	ADM-Adel	74.0	51	Dubuque Wahlert	3.0
6	New Hampton	73.5			

HISTORY OF MVC WRESTLING CHAMPIONS**2013****Team Champion – C.R. Prairie**

106	Chase Lynn	DS
113	Matt Wempen	LM
120	Alijah Jeffery	LM
126	Chris Walters	ICW
132	Dax Dills	CRW
138	Kegan Wakefield	ICW
145	Joel Northrup	LM
152	Jamie Day	CRP
160	Clark Doyle	CF
170	Cameron Rathje	CRP
182	Nick Hagedorn	CF
195	Marcus Harrington	WW
220	Micah Kelsay	ICW
285	Andrew Netolicky	CRP

2014**Team Champion – C.R. Prairie**

106	Brendan Baker	CRJ
113	Chase Lynn	DS
120	Alijah Jeffery	LM
126	Chris Walters	ICW
132	Matt Wempen	LM
138	Josh Wenger	CRP
145	Nick Drahozal	CRX
152	Trey Blaha	CRP
160	Skyler St. John	CRP
170	Sean Ickes	CRX
182	Josh Allen	CRJ
195	Marcus Harrington	WW
220	Gannon Gremmel	DH
285	Aydan Wynos	ICW

2015**Team Champion – C.R. Prairie**

106	Marcus England	CRP
113	Brenden Baker	CRJ
120	Tanner Rohweder	ICW
126	Nelson Brands	ICW
132	Clint Lembeck	CRX
138	Josh Wenger	CRP
145	Logen Rodriguez	CRK
152	Toby Northrup	LM
160	Shea Hartzler	LM
170	John Milani	ICW
182	Riley Hasken	DW
195	Donovan Doyle	ICW
220	Gannon Gremmel	DH
285	Dalton Kuehl	CRJ

2009**Team Champion – I.C. West**

103	Jack Hathaway	ICW
112	Shane Williams	CRK
119	Nick Sand	WW
125	Gradey Gambrall	ICW
130	Jake Rizzio	CRP
135	Justin Koethe	ICW
140	Dylan Carew	ICW
145	Michael Kelly	CF
152	Nick Moore	ICW
160	Derek St. John	ICW
171	Kyven Gadson	WE
189	Jason Shupp	CRK
215	Onazi Agbese	WE
285	Trayvonious Pendleton	WE

2010**Team Champion – I.C. West**

103	Joel Northrup	LM
112	Jack Hathaway	ICW
119	Kirk Sallis	WE
125	Luke Kremer	CRK
130	Demetrious Taylor	WE
135	Josh Pederson	LM
140	Gradey Gambrall	ICW
145	Zach Witte	CRP
152	Justin Koethe	ICW
160	Nick Moore	ICW
171	David Solis	ICW
189	Kyven Gadson	WE
215	Josh Lambrecht	CRP
285	Conner Herman	CRJ

2011**Team Champion – I.C. West**

103	Phillip Laux	ICW
112	Troy Neagle	CRW
119	Kegan Wakefield	ICW
125	Jack Hathaway	ICW
130	Dakota Bauer	ICW
135	Luke Kremer	CRK
140	Elijah Sullivan	ICW
145	Zach Witte	CRP
152	Britt Thompson	ICW
160	Justin Koethe	ICW
171	Ryan Sheldon	CRK
189	Mark Atwater	LM
215	AJ Garcia	LM
285	Tyler Burrell	CRW

2012**Team Champion – I.C. West**

106	Matt Wempen	LM
113	Phillip Laux	ICW
120	Damon Griffin	LM
126	Jack Hathaway	ICW
132	Dakota Bauer	ICW
138	Shane Broderick	DW
145	Gradey Gambrall	ICW
152	Zach Witte	CRP
160	Justin Koethe	ICW
170	Cameron Rathje	CRP
182	Mark Atwater	LM
195	Mickey Pelfrey	ICW
220	Andrew Netolicky	CRP
285	Tyler Burrell	CRW

HISTORY OF MVC WRESTLING CHAMPIONS**2005****Team Champion – I.C. West**

103	Nate Moore	ICW
112	Kody Pudil	ICW
119	Matt Kelly	DH
125	Kyle Anson	ICH
130	Joey Slaton	CRK
135	Mitch Mueller	ICW
140	Kalvin Hodge	ICW
145	Brent Kuennen	CRX
152	Drew Waschkat	WW
160	Ryan Lavin	CRK
171	Jay Borschel	LM
189	Greg Lalla	ICH
215	Zach Covington	CRP
275	Travis Meade	ICW

2006**Team Champion – I.C. West**

103	Dylan Carew	ICW
112	Matt McDonough	LM
119	Nate Moore	ICW
125	James Colwell	CRX
130	Derek St. John	ICW
135	Daniel Twito	CF
140	Brett Wetzel	CF
145	David Drahozal	CRX
152	Jason Nelson	LM
160	Jarion Beets	CRK
171	Andy Mohling	CRK
189	Robbie Kramer	CRP
215	Ben Schott	ICW
275	Tyler Parker	CF

2007**Team Champion – I.C. West**

103	Cruse Aarhus	CRK
112	Wesley Schoo	WW
119	Matt McDonough	LM
125	Nate Moore	ICW
130	Nick Moore	ICW
135	Derek St. John	ICW
140	Taylor Morris	CF
145	Daniel Twito	CF
152	Jason Nelson	LM
160	BJ Brooks	WW
171	Grant Gambrall	ICW
189	Alex Grafft	CRW
215	Mickey Sprague	CRP
285	Andy Jackman	LM

2008**Team Champion – I.C. West**

103	Kirk Sallis	WE
112	Nick Sand	WW
119	Craig Johnson	CRP
125	Nate Moore	ICW
130	Matt McDonough	LM
135	Jesse Froehner	CF
140	Nick Moore	ICW
145	Derek St. John	ICW
152	Keelan Moore	WE
160	Jeremy Garvin	ICW
171	Grant Gambrall	ICW
189	Kevin Harp	ICH
215	Mickey Sprague	CRP
285	James Ferentz	ICH

2001**Team Champion–I.C. City High**

103	Jake Halvorsen	ICW
112	Nick Beuter	CF
119	Blake Edwards	ICW
125	Zach Paulson	CRK
130	Brad Stockton	ICW
135	Ryan Sallis	EW
140	Jacob Smith	ICH
145	Matt Davis	DS
152	Johnny Galloway	ICH
160	Justin Jordan	ICH
171	Akeem Carter	WW
189	Ashten Richardson	ICW
215	Adam Welbes	DH
275	Mike Shedek	CRX

2002**Team Champion–I.C. City High**

103	Joey Slaton	CRK
112	Mitch Mueller	CRK
119	Kyle Anson	ICH
125	Nick Bueter	CF
130	Brad Stockton	ICW
135	Scott Trueg	EW
140	Anthony Watson	ICH
145	Jacob Smith	ICH
152	Omar Maktabi	ICW
160	Johnny Galloway	ICH
171	Justin Jordan	ICH
189	Akeem Carter	WW
215	Chris McDonald	LM
275	Chad Barkalow	ICW

2003**Team Champion–Waterloo West**

103	Tim Lagow	WW
112	Adam Gottschalk	DH
119	Mitch Mueller	CRK
125	Jay Borschel	LM
130	Justin Hauge	CRK
135	Edgar Haynes	CRW
140	Brandon Kelsey	WW
145	Willie Leonard	DW
152	Rob Olson	CRJ
160	Omar Maktabi	ICW
171	Danny Dunning	WW
189	Greg Coleman	ICW
215	Alex Kanellis	ICW
275	Kevin Engelken	LM

2004**Team Champion – I.C. West**

103	Dan Klavitter	DS
112	Charles Arceneaux	WE
119	Joey Slaton	CRK
125	Kyle Anson	ICH
130	Mitch Mueller	ICW
135	Jason Kolar	LM
140	Mike Russell	CRK
145	Monroe Tillman	WE
152	Jay Borschel	LM
160	Ryan Lavin	CRK
171	Greg Lalla	ICH
189	Greg Coleman	ICW
215	Alex Kanellis	ICW
275	Travis Meade	ICW

HISTORY OF MVC WRESTLING CHAMPIONS**1997****Team Champion – Cedar Falls**

103	Keith Edwards	ICW
112	Cliff Moore	DH
119	Adam Eichorn	CF
125	Jessie West	ICH
130	Eric Sinclair	CF
135	Eric Weber	DS
140	Amin Islami	WW
145	Ryan Helgeson	EW
152	Zac Gordon	DH
160	Paul Hynek	CRP
171	Chris Richardson	ICW
189	Ryan LaGrange	CRP
275	A.J. Novak	CRP

1998**Team Champion – Cedar Falls**

103	Cory Connell	ICH
112	Tony Brown	ICH
119	Cliff Moore	DH
125	Kentral Galloway	EW
130	Eric Sinclair	CF
135	Lonnis Jordan	EW
140	Austin Coufal	CRP
145	Eric Weber	DS
152	Dayton Ericson	CF
160	Tony Runyan	CF
171	Ted Prier	CF
189	Paul Hynek	CRP
275	Seth Scott	CRR

1999**Team Champion – I.C. City High**

103	Anthony Watson	EW
112	Craig Smith	DH
119	Ricky Pence	CRP
125	Cliff Moore	DH
130	Ryan Heim	DH
135	Johnny Galloway	EW
140	Dan Reisner	CRK
145	Eric Weber	DS
152	Zach Evans	ICH
160	Kenyatta Carter	WW
171	Chris Richardson	ICW
189	Justin Cook	DH
275	Mike Novak	CRP

2000**Team Champion – I.C. West**

103	Nick Beuter	CF
112	Ty Edwards	ICW
119	Anthony Watson	ICH
125	Sean Dunlay	WW
130	Cory Connell	ICH
135	Ryan Heim	DH
140	John Gabrielson	ICH
145	Johnny Galloway	EW
152	Justin Ryan	ICW
160	Kenyatta Carter	WW
171	Ben Blood	CRK
189	Chigozie Ejiasi	CRP
275	Walter Kelly	ICW

1993**Team Champion – C. R. Jefferson**

103	Jon Vlasek	CRJ
112	Ray Ratliff	CRJ
119	Scott Naughton	ICH
125	Zach Geary	CF
130	Dan Bainbridge	DS
135	Mark Ironside	CRJ
140	Jeff McGinness	ICH
145	Jason Francois	DW
152	Travis Pike	CRJ
160	Darrel Wieland	CF
171	Matt Eldeen	ICH
189	Tony Wieland	CF
275	Trent Hynek	CRP

1994**Team Champion – C.R. Prairie**

103	Jeremy White	CRJ
112	Jon Vlasek	CRJ
119	Nick Dohrmann	ICW
125	Jamie Elliott	DS
130	Wil Kelly	DW
135	Jay Dickey	WW
140	Dusty Coufal	CRP
145	Brant LaGrange	CRP
152	Travis Pike	CRJ
160	Travis Evans	ICH
171	Darrell Wieland	CF
189	Tony Wieland	CF
275	Trent Hynek	CRP

1995**Team Champion – C.R. Prairie**

103	Dan Sample	CRW
112	A.J. Williams	CRJ
119	Dave Strub	ICH
125	Matt Pence	CRP
130	Marc Leonard	CRP
135	Wil Kelly	DW
140	Jake Smithart	CRJ
145	Phil Heim	CW
152	Ryan LaGrange	CRP
160	Cary Wieland	CF
171	Eric Chamberlin	EW
189	Tony Wieland	CF
275	Trent Hynek	CRP

1996**Team Champion – Cedar Falls**

103	Cliff Moore	DH
112	Josh Budke	CF
119	Kentral Galloway	EW
125	Lance Christensen	ICW
130	Matt Pence	CRP
135	Jacob Felderman	DW
140	Keith Weber	DS
145	Tony Busch	DH
152	Brian Newhard	CRJ
160	Ted Peier	CF
171	Ryan LaGrange	CRP
189	Luke Gansen	DH
275	Jeff Clark	CRK

MVC Wrestling Champions Honor Roll

4 Time Champions

Cliff Moore	DH	(96,97,98,99)
Johnny Galloway	EW/ICH	(99,00,01,02)
Mitch Mueller	CRK/ICW	(02,03,04,05)
Nate Moore	ICW	(05,06,07,08)
Derek St. John	ICW	(06,07,08,09)
Nick Moore	ICW	(07,08,09,10)
Jack Hathaway	ICW	(09,10,11,12)
Justin Koethe	ICW	(09,10,11,12)

3 Time Champions

Tony Wieland	CF	(93,94,95)
Trent Hynek	CRP	(93,94,95)
Ryan LaGrange	CRP	(95,96,97)
Eric Weber	DS	(97,98,99)
Nick Bueter	CF	(00,01,02)
Anthony Watson	EW/ICH	(99,00,02)
Kyle Anson	ICH	(02,04,05)
Joey Slaton	CRK	(02,04,05)
Jay Borschel	LM	(03,04,05)
Matt McDonough	LM	(06,07,08)
Gradey Gambrall	ICW	(09,10,12)
Zach Witte	CRP	(10,11,12)
Matt Wempen	LM	(12,13,14)
Brenden Baker	CRJ	(14,15,16)
Gannon Gremmel	DH	(14,15,16)

2 Time Champions

Jon Vlasek	CRJ	(93 & 94)
Travis Pike	CRJ	(93 & 94)
Darrell Wieland	CF	(93 & 94)
Wil Kelly	DW	(94 & 95)
Matt Pence	CRP	(95 & 96)
Kentral Galloway	EW	(96 & 98)
Ted Prier	CF	(96 & 98)
Eric Sinclair	CF	(97 & 98)
Paul Hynek	CRP	(97 & 98)
Chris Richardson	ICW	(97 & 99)
Cory Connell	ICH	(98 & 00)
Ryan Heim	DH	(99 & 00)
Kenyatta Carter	WW	(99 & 00)
Brad Stockton	ICW	(01 & 02)
Jacob Smith	ICH	(01 & 02)

2 Time Champions (cont.)

Justin Jordan	ICH	(01 & 02)
Akeem Carter	WW	(01 & 02)
Omar Maktabi	ICW	(02 & 03)
Greg Coleman	ICW	(03 & 04)
Alex Kanellis	ICW	(03 & 04)
Ryan Lavin	CRK	(04 & 05)
Greg Lalla	ICH	(04 & 05)
Travis Meade	ICW	(04 & 05)
Daniel Twito	CF	(06 & 07)
Jason Nelson	LM	(06 & 07)
Dylan Carew	ICW	(06 & 09)
Grant Gambrall	ICW	(07 & 08)
Mickey Sprague	CRP	(07 & 08)
Nick Sand	WW	(08 & 09)
Kirk Sallis	WE	(08 & 10)
Kyven Gadson	WE	(09 & 10)
Luke Kremer	CRK	(10 & 11)
Phillip Laux	ICW	(11 & 12)
Dakota Bauer	ICW	(11 & 12)
Mark Atwater	LM	(11 & 12)
Tyler Burrell	CRW	(11 & 12)
Cameron Rathje	CRP	(12 & 13)
Andrew Netolicky	CRP	(12 & 13)
Joel Northrup	LM	(10 & 13)
Kegan Wakefield	ICW	(11 & 13)
Chase Lynn	DS	(13 & 14)
Alijah Jeffery	LM	(13 & 14)
Chris Walters	ICW	(13 & 14)
Marcus Harrington	WW	(13 & 14)
Josh Wenger	CRP	(14 & 15)
Marcus England	CRP	(15 & 16)
Nelson Brands	ICW	(15 & 16)
Shea Hartzler	LM	(15 & 16)
Donovan Doyle	ICW	(15 & 16)

2015-16 Boys' Bowling



Mississippi Valley Conference**2015-16 MVC Varsity Boys Bowling Standings (FINAL)****Mississippi Division**

Team	Conference		Overall	
	W	L	W	L
Dubuque Hempstead	11	0	11	0
Waterloo West	8	3	8	4
CR Prairie	4	7	4	7
CR Xavier	3	8	3	8
Iowa City High	1	10	1	10
CR Washington	1	10	1	10
Waterloo East	1	10	1	10

Valley Division

Team	Conference		Overall	
	W	L	W	L
CR Jefferson	10	1	10	1
Cedar Falls	9	2	9	2
Dubuque Senior	7	4	7	4
Iowa City West	7	4	7	4
Linn-Mar	7	4	7	4
CR Kennedy	5	6	5	6
DBQ Wahlert	3	8	3	9

2015-2016 MVC Boys Bowling All-Division Selections

<u>Mississippi Division</u>			<u>Valley Division</u>		
	<u>Gr</u>	<u>Sch</u>		<u>Gr</u>	<u>Sch</u>
Justin Lanser	11	DH	<u>Athlete of the Year</u>	Brandon Jerome	12 CF
Roger Poling		DH	<u>Coach of the Year</u>	Mat Fowler	CRJ
				Brad Baker	CF

FIRST TEAM

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
* Justin Lanser	11	DH	* Hunter Sturtz	12	CRJ
* Jordan Mattix	12	WW	* Brandon Jerome	12	CF
Noah Cheever	11	DH	* Patrick Wood	11	ICW
Cody Scheffert	12	DH	* Alex Diercks	11	LM
Chance Brimeyer	12	DH	* James Jambois	12	CRK
Matt Galloro	12	CRP	Avery Bauer	10	CF
* - Unanimous Selection					

SECOND TEAM

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
Jacob Fulton	11	CRX	Nathan Williams	12	LM
Kyle Wersinger	12	DH	Bert Goodwin	10	CRK
Shawn Wille	9	CRP	Jackson Reynolds	12	CF
Charlie Hart	10	CRX	Chaise Donner	11	CRJ
JP Richmond	9	WW	Ryan Wyant	12	LM
Dalton Draeger	10	WW	Josh Oertel	10	DS
			Bryce Staver	11	WE

HONORABLE MENTION

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Athlete</u>		<u>Sch</u>	<u>Athlete</u>		<u>Sch</u>
Paul Toczykowski	11	CRP	Nick Hanson	11	CF
Lucas Galloro	11	CRP	Dylan Swatek-Briggs	10	CF
Donovan Trimble	12	CRW	Riley Walton	9	CRJ
John Taylor	12	CRW	John Gardner	12	CRJ
Jackson Schuster	11	CRX	Nick Green	12	CRK
Michael Buenzow	12	CRX	Max Hiatt	10	CRK
Jacob Coohey	12	DH	Brandon Birch	9	DS
Zach Pregler	10	DH	Alex Schmidt	11	DS
Austin Young	11	ICH	Jack Kamentz	11	DW
Logan Crawford	11	ICH	Matt Bahl	11	DW
Brayden Schmidt	9	WE	Jacob Fisher	11	ICW
Tannis Morgan	11	WE	Jordan Tiegs	11	ICW
Alec Corson	9	WW	Jacob Wheaton	12	LM
Hunter Holman	9	WW	Alex Barnett	10	LM

2015-2016 MVC Boys Bowling All-Division Selections**ALL-ACADEMIC****Mississippi Division**

<u>Athlete</u>		<u>Sch</u>
Matt Galloro	12	CRP
Paul Toczykowski	11	CRP
John Taylor	12	CRW
Anthony Valenti	12	CRW
Nicholas Peters	12	CRX
Jackson Schuster	11	CRX
Kyle Wersinger	12	DH
Mitchell Rubie	12	DH
Adam Fiagle	11	ICH
Paul Sirena	12	ICH
Bryce Staver	12	WE
-----	--	WE
Matthew Flynn	12	WW
Zach Dukeshier	11	WW

Valley Division

<u>Athlete</u>		<u>Sch</u>
Brandon Jerome	12	CF
Jackson Reynolds	12	CF
John Gardner	12	CRJ
Connor Hammons	12	CRJ
Andrew Cale Hamilton	12	CRK
Deion Dixon	12	CRK
Jacob Mozena	12	DS
Tucker Mai	12	DS
Justin Kleusner	12	DW
Will Conlon	12	DW
Matthew Bertell	12	ICW
Nicholas Rohm	12	ICW
Jacob Wheaton	12	LM
-----	--	LM

2015-16 Boys' Bowling - MVC TEAM Stats

MVC - Mississippi Division

<u>Team</u>	<u>Record</u>	<u>Matches</u>	<u>Match Score</u> <u>Avg</u>	<u>Individual</u> <u>Game Average</u>	<u>Baker Game</u> <u>Average</u>
Dubuque, Hempstead	11-0	11	3,112.3	211.6	199.3
Waterloo, West	8-4	12	2,913.2	194.7	193.2
Prairie, Cedar Rapids	4-7	11	2,632.5	176.6	173.4
Xavier, Cedar Rapids	3-8	11	2,659.1	177.4	176.9
Cedar Rapids, Washington	1-10	11	2,521.1	168.6	167.1
Iowa City, City High	1-10	11	2,673.5	179.4	176.0
Waterloo, East	1-10	11	2,409.2	162.9	156.0

MVC - Valley Division

<u>Team</u>	<u>Record</u>	<u>Matches</u>	<u>Match Score</u> <u>Avg</u>	<u>Individual</u> <u>Game Average</u>	<u>Baker Game</u> <u>Average</u>
Cedar Rapids, Jefferson	10-1	11	2,933.2	197.5	191.7
Cedar Falls	9-2	11	3,091.7	207.3	203.7
Dubuque, Senior	7-4	11	2,850.2	190.5	189.0
Iowa City, West	7-4	11	2,650.9	190.5	187.0
Linn-Mar, Marion	7-4	11	2,948.2	197.2	195.2
Cedar Rapids, Kennedy	5-6	11	2,935.7	198.5	190.2
Wahlert, Dubuque	3-9	12	2,620.5	175.0	174.1

2015-16 Boys' Bowling - MVC INDIVIDUAL Stats

<u>Bowler</u>	<u>Team</u>	<u>Gms</u>	<u>Total Pins</u>	<u>Game Avg</u>	<u>High Game</u>	<u>Series Avg</u>	<u>High Series</u>
Justin Lanser JR	Dubuque, Hempstead	26	6000	230.8	300	461.5	533
Brandon Jerome SR	Cedar Falls	28	6277	224.2	278	448.4	533
Patrick Wood JR	Iowa City, West	26	5640	216.9	295	433.8	499
Jordan Mattix SR	Waterloo, West	24	5202	216.8	269	433.5	524
James Jambois SR	Cedar Rapids, Kennedy	22	4758	216.3	268	432.5	502
Noah Cheever JR	Dubuque, Hempstead	26	5542	213.2	258	426.3	502
Hunter Sturtz SR	Cedar Rapids, Jefferson	22	4628	210.4	257	420.7	472
Avery Bauer SO	Cedar Falls	28	5844	208.7	265	417.4	494
Cody Scheffert SR	Dubuque, Hempstead	26	5321	204.7	257	409.3	478
Cameron Zaugg JR	Xavier, Cedar Rapids	4	816	204.0	225	408.0	435
Alex Diercks JR	Linn-Mar, Marion	22	4486	203.9	257	407.8	503
Jackson Reynolds SR	Cedar Falls	28	5665	202.3	256	404.6	451
Zach Pregler SO	Dubuque, Hempstead	4	806	201.5	243	403.0	479
Chaise Donner JR	Cedar Rapids, Jefferson	22	4405	200.2	257	400.5	493
Nathan Williams SR	Linn-Mar, Marion	22	4395	199.8	279	399.5	468
George(Bert) Goodwin SO	Cedar Rapids, Kennedy	22	4381	199.1	279	398.3	537
Ryan Wyant SR	Linn-Mar, Marion	18	3582	199.0	243	398.0	466
Chance Brimeyer SR	Dubuque, Hempstead	24	4757	198.2	247	396.4	458
Jacob Bents SO	Cedar Rapids, Washington	4	785	196.3	250	392.5	444
Nick Hanson JR	Cedar Falls	28	5472	195.4	257	390.9	463
Jacob Wheaton SR	Linn-Mar, Marion	18	3518	195.4	257	390.9	468
Maxwell Hiatt SO	Cedar Rapids, Kennedy	22	4278	194.5	264	388.9	491
Alex Barnett SO	Linn-Mar, Marion	10	1942	194.2	232	388.4	409
Joshua Oertel SO	Dubuque, Senior	24	4623	192.6	252	385.3	439
Nicholaus Green SR	Cedar Rapids, Kennedy	22	4229	192.2	258	384.5	494
Tanner Bennett JR	Cedar Rapids, Jefferson	24	4613	192.2	258	384.4	448
Riley Walton FR	Cedar Rapids, Jefferson	24	4594	191.4	247	382.8	452
Walker Hunt SR	Prairie, Cedar Rapids	10	1914	191.4	237	382.8	448
Kyle Wersinger SR	Dubuque, Hempstead	26	4950	190.4	257	380.8	431
Charlie Hart SO	Xavier, Cedar Rapids	22	4182	190.1	238	380.2	440
Dylan Swatek-briggs SO	Cedar Falls	28	5321	190.0	261	380.1	463
Shawn Wille FR	Prairie, Cedar Rapids	18	3421	190.1	247	380.1	415
Brandon Birch FR	Dubuque, Senior	22	4172	189.6	224	379.3	414
Jack Kamentz JR	Wahlert, Dubuque	26	4931	189.7	299	379.3	473
Dylan Berwanger JR	Dubuque, Senior	26	4927	189.5	232	379.0	443
Alex Schmidt JR	Dubuque, Senior	26	4925	189.4	239	378.8	446
Dalton Draeger SO	Waterloo, West	26	4916	189.1	242	378.2	446
Jeremiah(JP) Richmond FR	Waterloo, West	26	4901	188.5	268	377.0	481
Jacob Fulton JR	Xavier, Cedar Rapids	22	4140	188.2	254	376.4	488
John Gardner SR	Cedar Rapids, Jefferson	24	4506	187.8	266	375.5	458
Jordan Tiegs JR	Iowa City, West	24	4490	187.1	247	374.2	428
Matthew Galloro SR	Prairie, Cedar Rapids	24	4478	186.6	256	373.2	440
Jacob Fisher SO	Iowa City, West	20	3731	186.6	236	373.1	411
Jacob Coohey SR	Dubuque, Hempstead	24	4471	186.3	289	372.6	475
Austin Burroughs SO	Linn-Mar, Marion	14	2608	186.3	219	372.6	397
Dakota Dippel SO	Cedar Rapids, Kennedy	20	3719	186.0	279	371.9	503
Michael Buehner SO	Waterloo, West	8	1480	185.0	205	370.0	409

2015-16 Boys' Bowling - MVC INDIVIDUAL Stats

<u>Bowler</u>	<u>Team</u>	<u>Gms</u>	<u>Total Pins</u>	<u>Game Avg</u>	<u>High Game</u>	<u>Series Avg</u>	<u>High Series</u>
Alex Johnson FR	Linn-Mar, Marion	16	2927	182.9	265	365.9	423
Corey Roth FR	Iowa City, West	24	4387	182.8	223	365.6	435
Tucker Mai SR	Dubuque, Senior	24	4383	182.6	253	365.3	399
Braden Schmidt FR	Waterloo, East	26	4746	182.5	249	365.1	450
Alec Corson FR	Waterloo, West	18	3284	182.4	237	364.9	439
Hunter Holman FR	Waterloo, West	26	4738	182.2	245	364.5	447
Donovan Trimble SR	Cedar Rapids, Washington	22	4004	182.0	265	364.0	476
Austin Young JR	Iowa City, City High	20	3635	181.8	232	363.5	450
Logan Crawford JR	Iowa City, City High	20	3635	181.8	257	363.5	480
Dalton Swatek-briggs SO	Cedar Falls	28	5084	181.6	258	363.1	439
Lucas Galloro JR	Prairie, Cedar Rapids	16	2902	181.4	244	362.8	396
Bryce Staver JR	Waterloo, East	26	4713	181.3	242	362.5	420
Andrew Kringle SR	Dubuque, Senior	26	4707	181.0	228	362.1	417
Garrett Highly JR	Iowa City, City High	20	3589	179.5	279	358.9	493
Cameron Chavez SO	Iowa City, City High	20	3585	179.3	244	358.5	466
Jackson Schuster JR	Xavier, Cedar Rapids	22	3919	178.1	231	356.3	446
Michael Buenzow JR	Xavier, Cedar Rapids	18	3190	177.2	210	354.4	384
Branden Frederick SR	Waterloo, West	26	4575	176.0	229	351.9	432
Tyler Fowler SR	Cedar Rapids, Jefferson	10	1756	175.6	223	351.2	418
Matt Bahl JR	Wahlert, Dubuque	26	4552	175.1	265	350.2	469
Aeron Stockwell FR	Cedar Rapids, Kennedy	10	1749	174.9	217	349.8	421
Paul Toczykowski JR	Prairie, Cedar Rapids	24	4157	173.2	222	346.4	382
Colton Hoover JR	Wahlert, Dubuque	26	4500	173.1	225	346.2	405
Andrew Franz SO	Iowa City, City High	10	1713	171.3	212	342.6	379
Patrick Slagenweit SR	Cedar Rapids, Jefferson	2	341	170.5	191	341.0	341
Tannis Morgan JR	Waterloo, East	26	4425	170.2	237	340.4	434
Cameron Belmont SR	Dubuque, Senior	4	679	169.8	243	339.5	380
Zach Nading SR	Cedar Rapids, Washington	6	1010	168.3	192	336.7	363
John Taylor SR	Cedar Rapids, Washington	18	3027	168.2	224	336.3	423
Kalen Rios JR	Iowa City, West	10	1679	167.9	203	335.8	378
Nicholas Rohm SR	Iowa City, West	24	4029	167.9	246	335.8	398
Nathan Fisher SR	Cedar Rapids, Kennedy	8	1335	166.9	180	333.8	348
Paul Sirena SR	Iowa City, City High	14	2329	166.4	213	332.7	368
Chris Schuttloffel JR	Cedar Rapids, Washington	20	3322	166.1	254	332.2	437
Adam Fiagle JR	Iowa City, City High	12	1985	165.4	216	330.8	383
Winston Lui SO	Iowa City, City High	4	654	163.5	205	327.0	362
Dillion Watters JR	Wahlert, Dubuque	20	3264	163.2	253	326.4	415
Brendan Poock FR	Prairie, Cedar Rapids	24	3901	162.5	207	325.1	410
Will Conlon JR	Wahlert, Dubuque	20	3248	162.4	199	324.8	379
Sanghyuk Chae JR	Wahlert, Dubuque	16	2588	161.8	223	323.5	384
Nathan Bass JR	Waterloo, West	2	323	161.5	178	323.0	323
Dylan Harrison SO	Iowa City, City High	10	1612	161.2	193	322.4	350
Josh Moser SO	Linn-Mar, Marion	12	1913	159.4	221	318.8	361
Kendall Stark SO	Iowa City, West	10	1564	156.4	176	312.8	350
Hunter Bachmeier JR	Cedar Rapids, Washington	18	2791	155.1	228	310.1	432
Justin Kluesner SR	Wahlert, Dubuque	20	3096	154.8	208	309.6	383
Alex Vaassen SR	Dubuque, Senior	2	307	153.5	174	307.0	307

2015-16 Boys' Bowling - MVC INDIVIDUAL Stats

<u>Bowler</u>	<u>Team</u>	<u>Gms</u>	<u>Total Pins</u>	<u>Game Avg</u>	<u>High Game</u>	<u>Series Avg</u>	<u>High Series</u>
Gabe Wedel SR	Cedar Rapids, Washington	22	3349	152.2	214	304.5	403
Logan Miller JR	Cedar Rapids, Jefferson	16	2424	151.5	183	303.0	351
Anthony Valenti SR	Cedar Rapids, Washington	12	1816	151.3	214	302.7	356
Nic Peters SR	Xavier, Cedar Rapids	16	2406	150.4	185	300.8	350
Matt Bertell SR	Iowa City, West	2	300	150.0	153	300.0	300
Cameron Trimble FR	Cedar Rapids, Washington	10	1483	148.3	187	296.6	336
Josh Pelland SO	Iowa City, West	6	873	145.5	194	291.0	334
Garrett Helbing SR	Dubuque, Senior	2	286	143.0	153	286.0	286
Nathan Lindo JR	Cedar Rapids, Kennedy	4	570	142.5	148	285.0	295
Devon Rowe SO	Waterloo, East	18	2545	141.4	207	282.8	370
George Bowser SO	Waterloo, East	26	3638	139.9	193	279.8	344
Lawrenz Art SO	Xavier, Cedar Rapids	6	836	139.3	178	278.7	325
David Weaver FR	Xavier, Cedar Rapids	16	2189	136.8	188	273.6	330
Spencer Rayman SR	Prairie, Cedar Rapids	4	544	136.0	169	272.0	287
David Boman JR	Prairie, Cedar Rapids	4	544	136.0	159	272.0	313
Chris Smith SO	Waterloo, East	6	813	135.5	141	271.0	281
Kane Jeremy JR	Xavier, Cedar Rapids	2	268	134.0	144	268.0	268
Calvin Ford JR	Xavier, Cedar Rapids	4	517	129.3	149	258.5	290
Dylan Myers FR	Prairie, Cedar Rapids	4	501	125.3	157	250.5	294
Alexander Nilles JR	Wahlert, Dubuque	2	250	125.0	129	250.0	250
Tristan Ohrt SO	Prairie, Cedar Rapids	4	494	123.5	129	247.0	255
Dylan Kacena FR	Prairie, Cedar Rapids	8	975	121.9	169	243.8	293
Dallas Dircks JR	Cedar Rapids, Kennedy	2	239	119.5	130	239.0	239
Trevor DeWiese SO	Waterloo, East	26	3062	117.8	148	235.5	277
Max Rowland JR	Prairie, Cedar Rapids	2	232	116.0	167	232.0	232

2016 Iowa HS Bowling Tournament Results

Class 3A - Boys Team Results

Plaza Lanes, Des Moines, IA

Wednesday, February 24, 2016

<u>Place</u>	<u>School</u>	<u>Total Score</u>
1st	Cedar Falls	3230
2nd	Dubuque Hempstead	3085
3rd	Davenport North	3026
4th	Marshalltown	3014
5th	Southeast Polk	2999
6th	Johnston	2973
7th	Waukee	2752

Class 2A - Boys Team Results

Plaza Lanes, Des Moines, IA

Tuesday, February 23, 2016

<u>Place</u>	<u>School</u>	<u>Total Score</u>
1st	Urbandale	3026
2nd	Waverly-Shell Rock	3020
3rd	Mount Pleasant	2882
4th	Denison-Schleswig	2880
5th	Clinton	2868
6th	Lewis Central	2838
7th	Fort Dodge	2797

MVC Boys' Bowling Records *(thru 2015-2016 Season)*

<u>Record</u>	<u>Bowler</u>	<u>School</u>	<u>Year</u>	
Highest Individual Season Average	Drew Balta	Cedar Rapids Prairie	2009-10	243.6
Highest Single Game	Justin Lanser	Dubuque Hempstead	2015-16	300
	Alex Schmidt	Dubuque Senior	2014-15	300
	Brandon Schmitz	Waterloo West	2013-14	300
	Jeremy Cline	Cedar Rapids Prairie	2011-12	300
	Spencer Oberfoell	Dubuque Senior	2010-11	300
	Nathan Oertel	Dubuque Senior	2010-11	300
	Andrew Lugrain	Dubuque Hempstead	2009-10	300
	Andy Ehrlich	Dubuque Wahlert	2009-10	300
	Drew Balta	Cedar Rapids Prairie	2009-10	300
	Dan Saehler	Iowa City High	2008-09	300
	Nathan Wright	Waterloo East	2007-08	300
	Zach Messerschmidt	Cedar Falls	2006-07	300
	Eric Bolton	Cedar Rapids Prairie	2006-07	300
Highest Two-Game Series	Drew Balta	Cedar Rapids Prairie	2009-10	588
Highest Team Season Average		Cedar Rapids Jefferson	2013-14	3,205.1
Highest Team Single Match Total		Waterloo East	2010-11	3498
		Dubuque Hempstead	2007-08	3498
Highest Team Single Game Total		Cedar Rapids Jefferson	2014-15	1260
Highest Team Round One Total		Dubuque Hempstead	2012-13	2411
Highest Team Baker Game		Cedar Rapids Jefferson	2013-14	300
		Linn-Mar	2013-14	300
		Cedar Rapids Kennedy	2010-11	300
Highest Team Baker Round		Waterloo East	2010-11	1231

2015-16 Girls' Bowling



Mississippi Valley Conference**2015-16 MVC Varsity Girls Bowling Standings (FINAL)****Mississippi Division**

Team	Conference		Overall	
	W	L	W	L
CR Prairie	11	0	11	0
Waterloo East	10	1	10	1
Dubuque Hempstead	9	2	9	2
Waterloo West	8	3	8	4
Iowa City High	6	5	6	5
CR Washington	2	9	2	9
CR Xavier	2	9	2	9

Valley Division

Team	Conference		Overall	
	W	L	W	L
Linn-Mar	6	5	6	5
Cedar Falls	6	5	6	5
DBQ Wahlert	4	7	4	8
CR Kennedy	4	7	4	7
Dubuque Senior	4	7	4	7
Iowa City West	3	8	3	8
CR Jefferson	2	9	2	9

2015-2016 MVC Girls Bowling All-Division Selections**Mississippi Division**

	<u>Gr</u>	<u>Sch</u>
Rylee Blood	12	CRP
Ashley Cary	12	WE

Valley Division

	<u>Gr</u>	<u>Sch</u>
Jamie Milota	11	CRK

Athlete of the Year

Don Willfong	CRP	<u>Coach of the Year</u>
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Jeremy Moser	LM
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FIRST TEAM**Mississippi Division**

	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
*	Rylee Blood	12	CRP
*	Ashley Cary	12	WE
*	Ashley Sundstrom	9	CRP
	Sabrina Keiper	12	CRP
	Leah Frost	11	WE
	Shania Christensen	12	CRW

Valley Division

	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
	Alexis Tschantz	11	LM
	Mekena Diercks	10	LM
	Jamie Milota	11	CRK
	Macy Schmidt	12	DS
	Samantha Lovell	12	ICW
	Megan Kitzmiller	9	CRJ

* - Unanimous Selection

SECOND TEAM**Mississippi Division**

	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
	Kaitlyn Early	11	CRP
	Jade Klinefelter	10	CRP
	Elizabeth Goss	12	ICH
	Abbey Fangman	11	WW
	Katlyn Bracken	12	WW
	Josie Jacobs	12	WE
	Elisa Schmidt	12	DH

Valley Division

	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
	Alyssa Wiedemeier	11	CRK
	Elena Dominguez	12	DW
	Erica Roth	11	ICW
	Abbie Smith	11	LM
	Jayden Robe	11	CF
	Emily Barth	11	CF

HONORABLE MENTION**Mississippi Division**

	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
	Mikayla Hite	10	CRP
	Ashley Grady	11	CRP
	Ella Wake	12	CRW
	Lucy Forster	12	CRW
	Tanya Zaugg	11	CRX
	Cheyenne Crane	10	CRX
	Katlin Weber	12	DH
	Kassidy Gerken	9	DH
	Shyniece Cirillo	12	ICH
	Brooklynn Shaw	12	ICH
	Alissa Claassen		WE
	Alysha Edler		WE
	Marissa Gates	10	WW
	Brynn Bengston	11	WW

Valley Division

	<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
	Rachael Sears	11	CF
	Madison Standing	11	CF
	Alexis Schirmer	11	CRJ
	Hailey Kimble	12	CRJ
	Abbie Haller	11	CRK
	Sydney Helms	11	CRK
	Shanice Schmidt	11	DS
	Montana Meyer	12	DS
	Annie Hingtgen	12	DW
	Cynthia Stierman	12	DW
	Kalei Strabala	11	ICW
	Nicole Ritchey	11	ICW
	Hannah Bates	10	LM
	Brittni Krause	11	LM

2015-2016 MVC Girls Bowling All-Division Selections**ALL-ACADEMIC****Mississippi Division**

<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
Rylee Blood	12	CRP
Sabrina Keiper	12	CRP
Ella Wake	12	CRW
Shania Christensen	12	CRW
-----	--	CRX
-----	--	CRX
Sierra Thurston	12	DH
Liz Jahn	12	DH
Kelsey Harrison	12	ICH
Brooklynn Shaw	12	ICH
Ashley Cary	12	WE
Alissa Claasen	12	WE
Tiffany Farrell	12	WW
Kee-Lee Stocks	12	WW

Valley Division

<u>Athlete</u>	<u>Gr</u>	<u>Sch</u>
Michelle Swartley	11	CF
Emily Barth	11	CF
Anna Petersen	12	CRJ
Hailey Kimble	12	CRJ
Mary Liscum	12	CRK
Madeline Dvorak	12	CRK
Hana Franck	12	DS
Samantha Pfab	12	DS
Annie Hingtgen	12	DW
Cynthia Stierman	12	DW
Allison Bys	11	ICW
Ashley Bys	11	ICW
Alexis Tschantz	12	LM
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2015-16 Girls' Bowling - MVC TEAM Stats**MVC - Mississippi Division**

<u>Team</u>	<u>Record</u>	<u>Matches</u>	<u>Match Score</u> <u>Avg</u>	<u>Individual</u> <u>Game Average</u>	<u>Baker Game</u> <u>Average</u>
Prairie, Cedar Rapids	11-0	11	2930.1	194.7	196.7
Waterloo, East	10-1	11	2725.5	184.4	176.3
Dubuque, Hempstead	9-2	11	2581.5	174.1	168.1
Waterloo, West	8-4	12	2544.2	170.9	167.0
Iowa City, City High	6-5	11	2459.6	163.9	164.1
Cedar Rapids, Washington	2-9	11	2204.5	149.1	142.6
Xavier, Cedar Rapids	2-9	11	2193.9	146.8	145.2

MVC - Valley Division

<u>Team</u>	<u>Record</u>	<u>Matches</u>	<u>Match Score</u> <u>Avg</u>	<u>Individual</u> <u>Game Average</u>	<u>Baker Game</u> <u>Average</u>
Cedar Falls	6-5	11	2340.9	157.5	153.1
Linn-Mar, Marion	6-5	11	2434.1	159.5	167.8
Cedar Rapids, Kennedy	4-7	11	2330.5	155.1	156.0
Dubuque, Senior	4-7	11	2234.6	148.9	149.2
Wahlert, Dubuque	4-8	12	2236.9	149.2	149.1
Iowa City, West	3-8	11	2166.7	145.1	143.1
Cedar Rapids, Jefferson	2-9	11	2301.8	155.7	148.9

2015-16 Girls' Bowling - MVC INDIVIDUAL Stats

<u>Bowler</u>	<u>Team</u>	<u>Gms</u>	<u>Total Pins</u>	<u>Game Avg</u>	<u>High Game</u>	<u>Series Avg</u>	<u>High Series</u>
Jayden Robe JR	Cedar Falls	26	4250	163.5	245	326.9	415
Rylee Blood SR	Prairie, Cedar Rapids	26	5250	201.9	266	403.8	470
Ashley Cary SR	Waterloo, East	26	5222	200.8	257	401.7	490
Sabrina Keiper SR	Prairie, Cedar Rapids	24	4691	195.5	278	390.9	479
Ashley Sundstrom FR	Prairie, Cedar Rapids	26	5051	194.3	257	388.5	460
Leah Frost JR	Waterloo, East	26	5005	192.5	289	385	471
Shania Christensen SR	Cedar Rapids, Washington	22	4195	190.7	235	381.4	461
Kaitlyn Early JR	Prairie, Cedar Rapids	26	4864	187.1	245	374.2	435
Abbey Fangman JR	Waterloo, West	24	4488	187	243	374	455
Liz Goss SR	Iowa City, City High	22	4100	186.4	228	372.7	439
Katlyn Bracken SR	Waterloo, West	26	4779	183.8	246	367.6	443
Josie Jacobs SR	Waterloo, East	26	4775	183.7	236	367.3	430
Elisa Schmidt SR	Dubuque, Hempstead	26	4769	183.4	257	366.8	432
Jade Klinefelter SO	Prairie, Cedar Rapids	24	4382	182.6	257	365.2	449
Jamie Milota JR	Cedar Rapids, Kennedy	22	4000	181.8	232	363.6	452
Mikayla Hite SO	Prairie, Cedar Rapids	16	2891	180.7	255	361.4	450
Katlin Weber SR	Dubuque, Hempstead	26	4577	176	213	352.1	414
Ashley Grady JR	Prairie, Cedar Rapids	12	2111	175.9	215	351.8	409
Marissa Gates SO	Waterloo, West	26	4559	175.3	234	350.7	420
Kassidy Gerken FR	Dubuque, Hempstead	26	4557	175.3	220	350.5	395
Megan Kitzmiller FR	Cedar Rapids, Jefferson	24	4155	173.1	242	346.3	435
Mekena Diercks SO	Linn-Mar, Marion	22	3775	171.6	213	343.2	389
Natalie Leach FR	Dubuque, Hempstead	26	4456	171.4	235	342.8	395
Alissa Claassen JR	Waterloo, East	26	4452	171.2	236	342.5	407
Erica Roth JR	Iowa City, West	14	2391	170.8	226	341.6	392
Kerry Houlihan JR	Dubuque, Hempstead	2	341	170.5	183	341	341
Tanya Zaugg JR	Xavier, Cedar Rapids	22	3737	169.9	213	339.7	380
Shyniece Cirillo SR	Iowa City, City High	22	3702	168.3	214	336.5	390
Macy Schmidt SR	Dubuque, Senior	24	4022	167.6	214	335.2	387
Sazmantha Lovell SR	Iowa City, West	24	3987	166.1	227	332.3	396
Elena Dominguez SR	Wahlert, Dubuque	26	4311	165.8	247	331.6	450
Abigail Smith JR	Linn-Mar, Marion	14	2320	165.7	212	331.4	394
Alexis Tschantz JR	Linn-Mar, Marion	22	3633	165.1	236	330.3	415
Brooke Shaw SR	Iowa City, City High	22	3601	163.7	232	327.4	362
Brynn Bengston JR	Waterloo, West	18	2934	163	220	326	394
Alysha Edler FR	Waterloo, East	26	4165	160.2	230	320.4	393
Alyssa Wiedemeier JR	Cedar Rapids, Kennedy	22	3498	159	222	318	378
Ella Wake SR	Cedar Rapids, Washington	20	3173	158.7	184	317.3	354
Cheyenne Crane SO	Xavier, Cedar Rapids	22	3488	158.5	213	317.1	368
Ashlee Snapp FR	Waterloo, East	26	4099	157.7	217	315.3	391
Emily Barth JR	Cedar Falls	26	4097	157.6	191	315.2	376
Rachael Sears JR	Cedar Falls	26	4034	155.2	202	310.3	361
Shanice Schmidt JR	Dubuque, Senior	26	4017	154.5	211	309	378
Kira Gilbert SO	Waterloo, West	20	3088	154.4	190	308.8	355
Taylor Hayslett SR	Iowa City, City High	22	3396	154.4	193	308.7	351
Madison Standing JR	Cedar Falls	20	3075	153.8	202	307.5	383
Katie Routhe FR	Linn-Mar, Marion	22	3379	153.6	200	307.2	361

2015-16 Girls' Bowling - MVC INDIVIDUAL Stats

<u>Bowler</u>	<u>Team</u>	<u>Gms</u>	<u>Total Pins</u>	<u>Game Avg</u>	<u>High Game</u>	<u>Series Avg</u>	<u>High Series</u>
Alexus Schirmer JR	Cedar Rapids, Jefferson	24	3682	153.4	204	306.8	388
Madison Rasmussen SO	Cedar Rapids, Jefferson	24	3679	153.3	205	306.6	368
Cindy Stierman SR	Wahlert, Dubuque	24	3678	153.3	199	306.5	350
Annie Hingtgen SR	Wahlert, Dubuque	24	3675	153.1	215	306.3	380
Elizabeth Jahn SR	Dubuque, Hempstead	26	3959	152.3	209	304.5	394
Hannah Bates SO	Linn-Mar, Marion	20	3044	152.2	196	304.4	382
Laura Collins FR	Waterloo, West	8	1204	150.5	190	301	363
Hailey Kimble SR	Cedar Rapids, Jefferson	24	3610	150.4	195	300.8	354
Megan McDonell SO	Cedar Falls	22	3300	150	217	300	386
Michelle Swartley JR	Cedar Falls	4	595	148.8	201	297.5	375
Maddie Kisling JR	Cedar Rapids, Jefferson	24	3561	148.4	197	296.8	354
Kara Grady JR	Prairie, Cedar Rapids	2	295	147.5	166	295	295
Ella Schrader FR	Xavier, Cedar Rapids	16	2360	147.5	201	295	358
Meredith Standing JR	Cedar Falls	10	1468	146.8	201	293.6	330
Sydney Helms JR	Cedar Rapids, Kennedy	18	2642	146.8	188	293.6	328
Sierra Thurston SR	Dubuque, Hempstead	24	3513	146.4	177	292.8	332
Abbie Haller JR	Cedar Rapids, Kennedy	20	2925	146.3	178	292.5	335
Kalei Strabala JR	Iowa City, West	24	3479	145	191	289.9	351
Natalie Leib JR	Dubuque, Senior	22	3179	144.5	196	289	347
Montana Meyer SR	Dubuque, Senior	24	3444	143.5	221	287	389
Kelsey Harrison SR	Iowa City, City High	22	3128	142.2	201	284.4	347
Brittni Krause JR	Linn-Mar, Marion	22	3105	141.1	193	282.3	343
Andrea Wilson JR	Cedar Falls	16	2241	140.1	172	280.1	338
Mackenzie Hackbarth SO	Waterloo, West	22	3059	139	180	278.1	339
Cate Oliphant JR	Cedar Rapids, Kennedy	20	2775	138.8	206	277.5	346
Sydni Kirk FR	Dubuque, Senior	26	3595	138.3	190	276.5	329
Lucy Forster SR	Cedar Rapids, Washington	18	2486	138.1	173	276.2	318
Sarah Wareham JR	Wahlert, Dubuque	24	3307	137.8	194	275.6	323
Abby Scott SO	Xavier, Cedar Rapids	22	3014	137	179	274	324
Kobie Dills FR	Cedar Rapids, Washington	20	2716	135.8	165	271.6	324
Jill Zaiser JR	Cedar Rapids, Kennedy	8	1082	135.3	164	270.5	318
Allie Timmerman SR	Wahlert, Dubuque	22	2969	135	177	269.9	325
Nicole Ritchey JR	Iowa City, West	18	2424	134.7	184	269.3	306
Sam Eltze JR	Cedar Rapids, Kennedy	16	2148	134.3	152	268.5	300
McKayla Spark SO	Dubuque, Senior	8	1059	132.4	155	264.8	288
Johanna Wahlert SR	Wahlert, Dubuque	8	1056	132	173	264	294
Mary Edwards FR	Wahlert, Dubuque	6	791	131.8	163	263.7	290
Mary Liscum SR	Cedar Rapids, Kennedy	4	524	131	146	262	266
Viola Niyizigama SR	Cedar Rapids, Washington	22	2873	130.6	162	261.2	309
Ciarra Butikofer SR	Iowa City, City High	8	1041	130.1	157	260.3	267
Autumn Steadman JR	Dubuque, Senior	8	1036	129.5	153	259	279
Kaitlyn Fultz FR	Iowa City, West	6	774	129	144	258	275
Ashley Bys JR	Iowa City, West	14	1802	128.7	166	257.4	306
Kee-Lee Stocks SR	Waterloo, West	8	1026	128.3	163	256.5	280
Jamison Janson SO	Xavier, Cedar Rapids	14	1748	124.9	193	249.7	334
Allison Bys JR	Iowa City, West	6	744	124	137	248	267
Jena Kluesner FR	Wahlert, Dubuque	2	248	124	131	248	248

2015-16 Girls' Bowling - MVC INDIVIDUAL Stats

<u>Bowler</u>	<u>Team</u>	<u>Gms</u>	<u>Total</u> <u>Pins</u>	<u>Game</u> <u>Avg</u>	<u>High</u> <u>Game</u>	<u>Series</u> <u>Avg</u>	<u>High</u> <u>Series</u>
Skyler Dickerson FR	<u>Iowa City, West</u>	22	2714	123.4	171	246.7	304
Katie Langholz SO	<u>Xavier, Cedar Rapids</u>	18	2214	123	165	246	287
Bella McBride SR	<u>Iowa City, City High</u>	10	1222	122.2	145	244.4	281
Rabia Afzal SR	<u>Cedar Falls</u>	6	733	122.2	162	244.3	263
Kayla Hantan SR	<u>Dubuque, Senior</u>	12	1463	121.9	154	243.8	269
Katherine Krapfl FR	<u>Wahlert, Dubuque</u>	2	243	121.5	123	243	243
Vanessa Wareham FR	<u>Wahlert, Dubuque</u>	14	1700	121.4	154	242.9	271
Shatiana Cooper SO	<u>Iowa City, West</u>	10	1213	121.3	142	242.6	268
Kenzie Dills FR	<u>Cedar Rapids, Washington</u>	20	2381	119.1	163	238.1	289
Christine Cejka-Emig SR	<u>Cedar Rapids, Washington</u>	2	236	118	120	236	236
Ally Eipert SO	<u>Xavier, Cedar Rapids</u>	14	1645	117.5	138	235	274
Kira Easton SR	<u>Waterloo, West</u>	2	231	115.5	118	231	231
Tess Schiesl SR	<u>Dubuque, Senior</u>	2	230	115	132	230	230
Asha Irani JR	<u>Iowa City, West</u>	4	460	115	133	230	254
Margie Clow JR	<u>Cedar Rapids, Jefferson</u>	2	227	113.5	117	227	227
Karley Parker SO	<u>Waterloo, West</u>	2	222	111	117	222	222
Lauren Sheets JR	<u>Cedar Rapids, Jefferson</u>	12	1294	107.8	128	215.7	248
Rebecca Lahey FR	<u>Wahlert, Dubuque</u>	2	214	107	118	214	214
Jada McGinnis SO	<u>Cedar Rapids, Washington</u>	6	602	100.3	117	200.7	206
Magdalena Grap FR	<u>Wahlert, Dubuque</u>	2	198	99	106	198	198
Baileigh Allen JR	<u>Cedar Rapids, Kennedy</u>	2	196	98	102	196	196
Sammantha Pfab SR	<u>Dubuque, Senior</u>	2	196	98	114	196	196
Bethany Schillinger JR	<u>Iowa City, West</u>	2	194	97	102	194	194
Claire Coleman SR	<u>Dubuque, Senior</u>	2	177	88.5	94	177	177

2016 Iowa HS Bowling Tournament Results**Class 3A - Girls Team Results***Plaza Lanes, Des Moines, IA**Wednesday, February 24, 2016*

<u>Place</u>	<u>School</u>	<u>Total Score</u>
1st	Johnston	3171
2nd	Cedar Rapids Prairie	2910
3rd	Muscatine	2859
4th	Dubuque Hempstead	2696
5th	Des Moines Lincoln	2592
6th	Bettendorf	2513
7th	Des Moines Roosevelt	2260

Class 2A - Girls Team Results*Plaza Lanes, Des Moines, IA**Tuesday, February 23, 2016*

<u>Place</u>	<u>School</u>	<u>Total Score</u>
1st	Waterloo East	3071
2nd	Ottumwa	2863
3rd	Marion	2777
4th	Western Dubuque	2692
5th	Denison-Schleswig	2577
6th	Sioux City North	2428
7th	Newton	2376

MVC Women's Bowling Records *(thru 2015-2016 Season)*

<u>Record</u>	<u>Bowler</u>	<u>School</u>	<u>Year</u>	
Highest Individual Season Average	Kelsey Gregory	Dubuque Wahlert	2010-11	223
Highest Single Game	Jordan Newman	Waterloo West	2013-14	300
	Kristina Hochrein	Dubuque Hempstead	2009-10	300
	Chalet Brown	Cedar Rapids Kennedy	2006-07	300
Highest Two-Game Series	Kristina Hochrein	Dubuque Wahlert	2010-11	545
Highest Team Season Average		Cedar Rapids Prairie	2015-16	2901.0
Highest Team Single Match Total		Waterloo West	2013-14	3326
Highest Team Single Game Total		Cedar Rapids Prairie	2015-16	1210
Highest Team Round One Total		Waterloo West	2013-14	2296
Highest Team Baker Game		Cedar Rapids Prairie	2009-10	278
Highest Team Baker Round		Cedar Rapids Prairie	2015-16	1106

2015-16 Boys' Swimming



Mississippi Valley Conference

2015-16 MVC Varsity Boys Swimming Standings (FINAL)

Mississippi Division

Team	Conference			Overall		
	W	L	T	W	L	T
CR Washington	3	2	0	3	4	0
Dubuque Hempstead	1	3	0	3	3	0
Waterloo (<i>East & West</i>)	2	5	0	4	5	0
Iowa City High	1	4	0	1	5	0
CR Prairie	-	-		-	-	
CR Xavier	-	-		-	-	

* indicates no swim team competing

Valley Division

Team	Conference			Overall		
	W	L	T	W	L	T
Iowa City West	5	0	0	6	0	0
Dubuque Senior	6	0	0	6	0	0
Cedar Falls	3	3	0	4	3	0
CR Kennedy	3	3	0	3	3	0
Linn-Mar	3	3	0	3	3	0
CR Jefferson	2	5	0	2	5	0
DBQ Wahlert	-	-		-	-	

* indicates no swim team competing

2015-16 MVC Boys' Varsity Swimming SuperMeet Results

Varsity Boys' Swimming		
<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Dubuque Senior	350.0
2nd	Iowa City West	340.0
3rd	Cedar Rapids Washington	305.0
4th	Linn-Mar	213.0
5th	Dubuque Hempstead	176.0
6th	Cedar Rapids Kennedy	175.0
7th	Cedar Falls	133.0
8th	Cedar Rapids Jefferson	126.0
9th	Iowa City High	125.0
10th	Waterloo	101.0

Mississippi Division Results		
<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Cedar Rapids Washington	487.0
2nd	Dubuque Hempstead	368.0
3rd	Waterloo West	362.0
4th	Iowa City High	346.0

Valley Division Results		
<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Dubuque Senior	434.0
2nd	Iowa City West	403.0
3rd	Linn-Mar	316.0
4th	Cedar Rapids Kennedy	274.0
5th	Cedar Falls	217.0
6th	Cedar Rapids Jefferson	166.0

2015-16 MVC Boys' Sophomore Swimming SuperMeet Results**Sophomore Boys' Swimming**

<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Cedar Rapids Washington	369.5
2nd	Linn-Mar	277.0
3rd	Iowa City West	258.0
4th	Cedar Falls	226.0
5th	Dubuque Senior	225.0
6th	Dubuque Hempstead	190.5
7th	Iowa City High	173.0
8th	Waterloo	132.0
9th	Cedar Rapids Kennedy	126.0
10th	Cedar Rapids Jefferson	35.0

Mississippi Division Results

<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Cedar Rapids Washington	508.5
2nd	Waterloo	357.0
3rd	Iowa City High	333.0
4th	Dubuque Hempstead	310.5

Valley Division Results

<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Iowa City West	392.0
2nd	Linn-Mar	368.0
3rd	Cedar Falls	327.0
4th	Dubuque Senior	309.0
5th	Cedar Rapids Kennedy	233.0
6th	Cedar Rapids Jefferson	95.0

2016 MVC Boys Swimming All-Division Selections

Mississippi Division

Valley Division

Coach of the Year

Chris Cruise & Staff

CRW

Dan Duclos & Staff

DS

Swimmer of the Year

Nick Saulnier

CRW

Mark McGlaughlin

ICW

200 Medley Relay

1st Team**Cedar Rapids Washington**

CRW

Iowa City West

ICW

Kaleb Donels, Nick Saulnier
Matt Jackson, George DurinAidan Keen, Oliver Martin
Mark McGlaughlin, Will Scott**2nd Team****Waterloo**

WAT

Dubuque Senior

DS

Kyle Leininger, Dan Rafferty
Tyler Kamp, Landon AlbrowJohn Colin, Andrew Breitfelder
Jacob Hansen, Brandon Sindt**Honorable
Mention****Dubuque Hempstead**

DH

Cedar Rapids Kennedy

CRK

Jakob Decker, Ethan Kueter
Will Stender, Spencer RoushStefan Kitsos, Reece Linder
Cade Schoenauer, Brady Gibson

200 Free

1st Team

Cameron Kelley

CRW

Aidan Keen

ICW

Chris Duehr

DH

Will Colin

DS

2nd Team

Jeremy Thronson

CRW

Hogan Myers

LM

Nick Rober

DH

Nick Topping

DS

**Honorable
Mention**

Tom Poggemiller

DH

Cade Schoenauer

CRK

Eric Thomas

ICH

Brycen Snell

LM

200 IM

1st Team

Nick Saulnier

CRW

Reid Snell

LM

Kyle Leininger

WAT

Brandon Yuan

DS

2nd Team

Kaleb Donels

CRW

Sam Reinart

CF

Matt Jackson

CRW

Ben Berhow

ICW

**Honorable
Mention**

Nate Katalinich

ICH

Reece Linder

CRK

Sam Naylor

ICH

Noah Meus

DS

50 Free

1st Team

Sean Johnson

DH

Will Scott

ICW

Mitchell Anderson

CRW

Paul Hummell

CRJ

2nd Team

Cole Donahue

ICH

Stefan Kitsos

CRK

Tate Hookham

WAT

Brandon Sindt

DS

**Honorable
Mention**

Joe Slattery

CRW

Jack Benda

DS

Spencer Roush

DH

Matt Peng

LM

100 Fly

1st Team

Matt Jackson

CRW

John Colin

DS

Tyler Kamp

WAT

Oliver Martin

ICW

2nd Team

Evan Stewart

CRW

Matt Peng

LM

Zach Kolker

CRW

Cade Schoenauer

CRK

**Honorable
Mention**

Parker McNally

WAT

Jacob Hansen

DS

Noah Richman

WAT

Eamonn McCullough

CF

100 Free

1st Team

George Durin

CRW

Mark McGlaughlin

ICW

Tom Poggemiller

DH

Will Scott

ICW

2nd Team

Riley Hall

ICH

Jack Benda

DS

Brennan Hill

ICH

Brandon Sindt

DS

**Honorable
Mention**

Joe Slattery

CRW

John Dalton

DS

Dan Rafferty

WAT

Brycen Snell

LM

2016 MVC Boys Swimming All-Division Selections

<u>Mississippi Division</u>			<u>Valley Division</u>	
<u>500 Free</u>				
1st Team	Cameron Kelley	CRW	Aidan Keen	ICW
	Chris Duehr	DH	Hogan Myers	LM
2nd Team	Jeremy Thronsdon	CRW	Will Colin	DS
	Kyle Leininger	WAT	Lane Griffis	ICW
Honorable Mention	Nick Rober	DH	Nick Topping	DS
	Zach Kolker	CRW	Jared Mattson	CF
<u>200 Free Relay</u>				
1st Team	Cedar Rapids Washington	CRW	Dubuque Senior	DS
	Nick Saulnier, George Durin Jeremy Thronsdon, Cameron Kelley		John Dalton, Jack Benda Ben Kubitz, Brandon Sindt	
2nd Team	Dubuque Hempstead	DH	Linn-Mar	LM
	Sean Johnson, Nick Rober Tom Poggemiller, Chris Duehr		Matt Peng, Matthew Mather Brycen Snell, Reid Snell	
Honorable Mention	Iowa City High	ICH	Cedar Rapids Kennedy	CRK
	Riley Hall, Cole Donahue Nate Katalinich, Andrew Parr		Stefan Kitsos, Dawson Gibbons Brady Gibson, Cade Schoenauer	
<u>100 Back</u>				
1st Team	Nick Saulnier	CRW	Mark McGlaughlin	ICW
	Kaleb Donels	CRW	John Colin	DS
2nd Team	Eric Thomas	ICH	Sam Reinart	CF
	Andrew Parr	ICH	John Dalton	DS
Honorable Mention	Ethan Ford	CRW	Nasim Abu-Dagga	ICW
	Jakob Decker	DH	Zach Vana	LM
<u>100 Breast</u>				
1st Team	Sean Johnson	DH	Paul Hummell	CRJ
	Nate Katalinich	ICH	Oliver Martin	ICW
2nd Team	Cole Donahue	ICH	Stefan Kitsos	CRK
	Tyler Kamp	WAT	Brandon Yuan	DS
Honorable Mention	Mitchell Anderson	CRW	Lane Griffis	ICW
	Ethan Kueter	DH	Andrew Breitfelder	DS
<u>400 Free Relay</u>				
1st Team	Dubuque Hempstead	DH	Iowa City West	ICW
	Chris Duehr, Nick Rober Tom Poggemiller, Sean Johnson		Mark McGlaughlin, Aidan Keen Oliver Martin, Will Scott	
2nd Team	Cedar Rapids Washington	CRW	Dubuque Senior	DS
	Jeremy Thronsdon, Matt Jackson Kaleb Donels, Cameron Kelley		John Colin, John Dalton Nick Topping, Will Colin	
Honorable Mention	Iowa City High	ICH	Linn-Mar	LM
	Brennan Hill, Jake Sammons Eric Thomas, Cole Donahue		Matt Peng, Brycen Snell Hogan Myers, Reid Snell	

2016 MVC Boys Swimming All-Division Selections**Mississippi Division****Valley Division**

<u>All-Academic Selections</u>			
Noah Hoogestraat	CRP	Noah Burrows	CF
	CRP	Dakota Clark	CF
Matt Jackson	CRW	Luke Hummell	CRJ
Joe Slattery	CRW	Nate Homan	CRJ
Mitchell Anderson	CRX	Alec Hanson	CRK
Jonah Scallon	CRX	Parker Jacobson	CRK
Mason Nebel	DH	Aaron Locher	DS
Nick Rober	DH	Matt Fetzer	DS
Jake Sammons	ICH	Jack Benda	DW
Hagen Opitz	ICH	Nick Topping	DW
Andrew Parr	ICH	Aidan Keen	ICW
Tyler Kamp	WAT	Kai Trepka	ICW
Dan Rafferty	WAT	David Petesich	LM
Kyle Leininger	WAT	Reid Snell	LM

2016 Iowa High School State Boys' Swimming Results

<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Waukee	244.0
2nd	Iowa City West	210.0
3rd	Bettendorf	198.5
4th	CR Washington	195.0
5th	Johnston	182.0
6th	DBQ Senior	126.0
7th	WDSM Valley	124.5
8th	Ames	122.5
9th	DBQ Hempstead	93.0
10th	WDSM Dowling	90.0
11th	Cedar Rapids Kennedy	73.5
12th	Council Bluffs Lewis Central	61.0
13th	Sioux City	60.0
14th	Linn-Mar	59.0
15th	Cedar Rapids Jefferson	49.0
16th	Newton/Pella	46.0
17th	Ankeny	41.0
18th	Waterloo	33.0
19th	Pleasant Valley	31.0
20th	Davenport North	27.0
21st	Council Bluffs Abraham Lincoln	25.0
22nd	Boone	23.0
23rd	Fort Dodge	21.0
24th	Burlington	18.0
25th	Des Moines Roosevelt	11.0
26th	Des Moines East	4.0
27th	Atlantic	2.0

MVC Boys' Swimming Diving Records**Varsity Records (Updated-02/21/16)**

<u>Event</u>	<u>Year</u>	<u>Athlete(s)</u>	<u>School</u>	<u>Time</u>
200-Yard Medley Relay	2016	<u>Iowa City West</u> Aidan Keen, Oliver Martin, Mark McGlaughlin, Will Scott		1:35.06
200-Yard Freestyle	2016	Aidan Keen	IC West	1:41.28
200-Yard Individual Medley	2015	Mark McGlaughlin	IC West	1:51.75
50-Yard Freestyle	2016	Will Scott	IC West	20.78
***Diving	1981	Kent Ferguson	CR Washington	551.21
100-Yard Butterfly	2016	John Colin	DBQ Senior	51.91
100-Yard Freestyle	2016	Mark McGlaughlin	IC West	45.22
500-Yard Freestyle	2016	Cameron Kelley	CR Washington	4:37.19
200-Yard Freestyle Relay	2015	<u>Iowa City West</u> Oliver Martin, Will Scott, Aidan Keen, Mark McGlaughlin	IC West	1:24.59
100-Yard Backstroke	2016	Mark McGlaughlin	IC West	50.17
100-Yard Breaststroke	2003	Sean Osborne	Cedar Falls	57.22
400-Yard Freestyle Relay	2016	<u>Iowa City West</u> Mark McGlaughlin, Aidan Keen, Oliver Martin, Will Scott	IC West	3:05.16

***No longer an IHSA Event*

Sophomore Records (Updated-02/01/16)

<u>Event</u>	<u>Year</u>	<u>Athlete(s)</u>	<u>School</u>	<u>Time</u>
200-Yard Medley Relay	2006	<u>Cedar Falls</u> Nick Cordes, Nathan Hohnstein, Seth Wessels, Alex Stone		1:39.88
200-Yard Freestyle	2015	Cameron Kelley	CR Washington	1:46.24
200-Yard Individual Medley	2000	Sean Osborne	Cedar Falls	1:59.28
50-Yard Freestyle	2005	Nick Cordes	Cedar Falls	21.18
***Diving	1987	Randy Ableman	CR Washington	428.25
100-Yard Butterfly	2005	Nick Cordes	Cedar Falls	52.01
100-Yard Freestyle	2014	Mark McGlaughlin	IC West	46.10
500-Yard Freestyle	2015	Cameron Kelley	CR Washington	4:44.01
200-Yard Freestyle Relay	2004	<u>Cedar Falls</u> Nick Cordes, Nathan Hohnstein, Tyler Verink, Jordan Wessels	Cedar Falls	1:29.84
100-Yard Backstroke	2014	Nick Saulnier	CR Washington	53.82
100-Yard Breaststroke	1996	Ben Litton	Cedar Falls	59.19
400-Yard Freestyle Relay	2012	<u>Iowa City West</u> Will Scott, Mark McGlaughlin, Aidan Keen, Matt Anderson	IC West	3:18.79

****no longer an event*

2016 Spring Sports



(includes)

- Varsity Boys Track**
- Varsity Girls Track**
- Varsity & Sophomore Boys Soccer**
- Varsity & JV Girls Soccer**
- Varsity Boys Tennis**
- Varsity Girls Tennis**
- Varsity Girls Golf**

2016 Boys' Track



2016 MVC Boys' Track & Field Divisional Meets Results

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Place</u>	<u>Team Name</u>	<u>Pts</u>	<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	CR Prairie	156.0	1st	Cedar Falls	140.0
2nd	CR Washington	110.0	2nd	CR Kennedy	120.0
3rd	IC City High	107.0	3rd	Linn-Mar	103.0
4th	Waterloo West	62.0	4th	IC West	96.5
5th	CR Xavier	51.0	5th	DBQ Senior	58.5
6th	DBQ Hempstead	45.0	6th	CR Jefferson	25.0
7th	Waterloo East	26.0	7th	DBQ Wahlert	15.0

<u>Mississippi Division</u>		<u>Valley Division</u>	
Norm Anderson Dubuque Hempstead		Coach of the Year	Dirk Homewood Cedar Falls
Tysen Vandraska CR Prairie		Athlete of the Year	Daniel Gorsich Linn-Mar
Cedar Rapids Prairie		Team Champion	Cedar Falls

2016 MVC Boys Track All-Division Selections

Mississippi Division

Valley Division

		<u>Coach of the Year</u>	
		Norm Anderson	Dirk Homewood
		DH	CF
		<u>Athlete of the Year</u>	
		Tysen Vandraska	Daniel Gorsich
		CRP	LM
		<u>Team Champion</u>	
		Cedar Rapids Prairie	Cedar Falls
		CRP	CF
		<u>High Jump</u>	
1st Team	Jacee Clark	WE	Shaun Beyer
	Marty Borseth	CRP	Matt Bandy
2nd Team	Juma Burnett	ICH	Jared Sams-Merriweather
	Travis Metzger	CRW	Malik Haynes
Honorable Mention	Jin-Kali Burkett	WW	Josiah Benedict
	Henry Mulligan	ICH	Dillon Doyle
		<u>Long Jump</u>	
1st Team	Jacee Clark	WE	Deangelo Jackson
	Jonny Miller	DH	Shaun Beyer
2nd Team	Nick Stark	CRX	Kameron Watts
	Levi Usher	CRP	Malik Haynes
Honorable Mention	Joah Wallace	CRP	Tremaine Hoover
	Jamar Davis	DH	Derek Randklev
		<u>Discus</u>	
1st Team	Sean Cook	DH	Dalles Jacobus
	Micah Martin	ICH	Jackson Coker
2nd Team	Gerry Alt	CRW	Jonathan Gannon
	Nick Joens	WW	Dallas McFarland
Honorable Mention	Zach Barish	CRX	Rory Larsen
	Conner Ties	CRX	Jared Eivins
		<u>Shot Put</u>	
1st Team	Dallas Hobbs	CRW	Jackson Coker
	Gerry Alt	CRW	Dalles Jacobus
2nd Team	Micah Martin	ICH	Marquise Jones
	Zach Barish	CRX	Spencer Williams
Honorable Mention	Tyler Coble	DH	Jameel Kelley
	Nick Joens	WW	Baylor Pree
		<u>100 Meter</u>	
1st Team	Tayshaun Cooper	WW	Denison Harrington
	Alex Herzog	CRW	Chase Baker
2nd Team	Trevor Northrup	CRP	Alex Hess
	Vance Dillon	ICH	Justin Crockett
Honorable Mention	Juma Burnett	ICH	Jacob Barber
	Harrison Eighmey	WW	Payton McCarty
		<u>200 Meter</u>	
1st Team	Tayshaun Cooper	WW	Wali Parks
	Jalen Rima	CRP	Denison Harrington
2nd Team	Alex Herzog	CRW	Griffin Freese
	Andrew Dostal	CRW	Daniel Gorsich
Honorable Mention	Marty Borseth	CRP	Chase Baker
	Logan Reavis	DH	Jacob Beaton

2016 MVC Boys Track All-Division Selections

Mississippi Division

Valley Division

<u>400 Meter</u>				
1st Team	Jalen Rima	CRP	Dalton Gosch	LM
	Andrew Dostal	CRW	Wali Parks	ICW
2nd Team	Sam Tudor	WW	Ethan Smith	CF
	Isaiah Arndorfer	WW	Austin West	ICW
Honorable Mention	Shamari Scott	ICH	Gaven O'Hair	CF
	John Paul Rethwisch	ICH	Jesse Price	CRK
<u>800 Meter</u>				
1st Team	Tysen Vandraska	CRP	Ethan Smith	CF
	Jim McMillan	ICH	Hunter Lavallee	CF
2nd Team	Matt Lorenz	CRP	Patrick Karanja	ICW
	Ryan Strauss	DH	Preston Kizer	DS
Honorable Mention	Josh Gerke	CRX	Ethan Schmidt	LM
	Michael Berg	ICH	Trent Long	LM
<u>1600 Meter</u>				
1st Team	Tysen Vandraska	CRP	Sam Schillinger	CF
	Matt Lorenz	CRP	Patrick Karanja	ICW
2nd Team	Jim McMillan	ICH	Isaac Smith	CF
	Steven Culpepper	CRX	Mark Whalen	DS
Honorable Mention	Isaac Slagel	DH	Matthew Schneider	ICW
	James Ritter	WW	Jalen Hildebrand	DS
<u>3200 Meter</u>				
1st Team	Tysen Vandraska	CRP	Sam Schillinger	CF
	Adam Mueller	DH	Isaac Smith	CF
2nd Team	Cam Steffens	CRP	Mark Whalen	DS
	Michael Berg	ICH	Ali Ali	ICW
Honorable Mention	Patrick Gorman	CRW	Andrew Murley	ICW
	Michael Berry	CRW	Kyle Gansen	LM
<u>110 Meter Hurdles</u>				
1st Team	Joah Wallace	CRP	Daniel Gorsich	LM
	Tavion Stewart	CRW	Shaun Beyer	CRK
2nd Team	Bryce Charipar	CRX	Zeal Baker	LM
	Tyler Nunemaker	CRP	Terrell Jordan Jr.	CRK
Honorable Mention	Erik Eckhardt	CRW	Max Hill	ICW
	Zach Jones	ICH	Jacob Osterberger	DS
<u>400 Meter Hurdles</u>				
1st Team	Isaiah Nimmers	CRW	Nathan Hoy	CF
	Shamari Scott	ICH	Collin Seymour	DS
2nd Team	Tavion Stewart	CRW	Austin Coates	CRK
	Chavi Parks	CRP	Nick House	LM
Honorable Mention	Mike Jasa	CRP	Max Hill	ICW
	Sy Butler	ICH	Chris Krystofiak	CRK
<u>4x100 Meter Relay</u>				
1st Team	Cedar Rapids Prairie	CRP	Linn-Mar	LM
	Joah Wallace, Trevor Northrup, Marty Borseth, Jalen Rima		Griffin Freese, Gavren Dochterman, David Petesich, Daniel Gorsich	
2nd Team	Waterloo West	WW	Cedar Falls	CF
	Raytiris Haywood, Sam Tudor, Harrison Eighmey, Tayshaun Cooper		Javon Hunt, Drew Walker, Michael Abbas, Denison Harrington	
Honorable Mention	Iowa City High	ICH	Cedar Rapids Kennedy	CRK
	Jack Roggeveen, Paci Keita, James Martinez-Burney, Vance Dillon		Payton McCarty, Marco Shanklin, Chase Baker, Connor Christophersen	

2016 MVC Boys Track All-Division Selections

Mississippi Division

Valley Division

<u>4x200 Meter Relay</u>				
1st Team	Iowa City High Vance Dillon, James Martinez-Burney, Jack Roggeveen, Kennardo Rodney	ICH	Cedar Rapids Jefferson Jacob Beaton, Josue' Bokoyo, Devonte Taylor, Manny Olutunde	CRJ
2nd Team	Cedar Rapids Washington Alex Herzog, Isaiah Nimmers, Cade Saylor, Haven Henninsen	CRW	Linn-Mar Griffin Freese, David Petesich, Gavren Dochterman, Bryce Miller	LM
Honorable Mention	Cedar Rapids Xavier Jax Junge, Sean Murphy, Bryce Charipar, Cole Goerd	CRX	Dubuque Senior Shane Sweeney, Deangelo Jackson, Lee Bonifas, Collin Seymour	DS
<u>4x400 Meter Relay</u>				
1st Team	Waterloo West Sam Tudor, Clayton Streed, Isaiah Arndorfer, Tayshaun Cooper	WW	Iowa City West Austin West, Chris Low, Nate Jelinek, Wali Parks	ICW
2nd Team	Iowa City High Shamari Scott, Zach Jones, Lucas Firmstone, Jack Roggeveen	ICH	Cedar Falls Gavin O'Hair, Hunter Lavallee, Seb Gearhart, Nathan Hoy	CF
Honorable Mention	Cedar Rapids Prairie Clark, Gavin Haugen, Marty Borseth, Jalen Rima	CRP	Linn-Mar Dalton Gosch, David Petesich, Gavren Dochterman, Bryce Miller	LM
<u>4x800 Meter Relay</u>				
1st Team	Cedar Rapids Prairie Levi Lefebure, Colton Lagrange, Max Laue, Matt Lorenz	CRP	Linn-Mar Michael Mather, Trent Long, Ethan Schmidt, Johnny Seitz	LM
2nd Team	Cedar Rapids Xavier Josh Gerke, Steven Culpepper, Beau VanBerkum, Nathan Skala	CRX	Iowa City West Derek Nugent, Jeff Garbutt, Nate Jelinek, Patrick Karanja	ICW
Honorable Mention	Iowa City High Tom McDowell, Lucas Firmstone, Harris Seabold, James Momberg	ICH	Dubuque Wahlert Luke Hilby, Luke Schaefer, Nathan Tranel, Jon Schaefer	DW
<u>4x110 Meter Shuttle Relay</u>				
1st Team	Cedar Rapids Prairie Tyler Nunemaker, Mike Jasa, Chavi Parks, Joah Wallace	CRP	Linn-Mar Danny Gorsich, Nick House, Gavren Dochterman, Zeal Baker	LM
2nd Team	Iowa City High Zach Jones, Paci Keita, Jason Jones, Sy Butler	ICH	Cedar Rapids Kennedy Austin Coates, Terrell Jordan JR., Keeler Dix, Shaun Beyer	CRK
Honorable Mention	Cedar Rapids Washington Isaiah Nimmer, Erik Eckhardt, Tavion Stewart, Connor Malcom	CRW	Dubuque Senior Jacob, Osterberger, Shane Sweeney, Deangelo Jackson, Collin Seymour	DS
<u>1600 Sprint Medley</u>				
1st Team	Iowa City High Jason Jones, Tom Pugh, Lucas Firmstone, John Paul Rethwisch	ICH	Cedar Falls Drew Walker, Michael Abbas, Gaven O'Hair, Seb Gearhart	CF
2nd Team	Cedar Rapids Xavier Aaron Larson, Sean Murphy, Jax Junge, Nathan Skala	CRX	Iowa City West Austin West, Ryan Kadenge, Ethan MacAreavy, Derek Nugent	ICW
Honorable Mention	Cedar Rapids Prairie Trevor Northrup, Cal Clark, Levi Lefebure, Luke Huedepohl	CRP	Cedar Rapids Kennedy Payton McCarty, Marco Shanklin, Keeler Dix, Jackson Middlekauff	CRK

2016 MVC Boys Track All-Division Selections**Mississippi Division****Valley Division****All-Academic Selections**

Levi Lefebure	CRP	Ben Louviere	CF
Tysen VanDraska	CRP	Isaac Smith	CF
Finbar Berry	CRW	Austin Ridenour	CRJ
Dallas Hobbs	CRW	Zachariah Szabo	CRJ
Bryce Charipar	CRX	Austin Coates	CRK
Michael Fekkether	CRX	Andrew Parker Lloyd	CRK
Isaac Slagel	DH	Cody Krause	DS
Austin Pfiffner/Tyler Coble	DH	Andrew Grawe	DS
Sy Butler	ICH	Michael Olk	DW
Daniel Kelly	ICH	Jonathan Schaefer	DW
Carter Thill	WE	Matthew Schneider	ICW
Dan Snook	WE	Alex Gudenkauf	ICW
William Huynh	WW	Kyle Gansen	LM
James Ritter	WW	Andrew Schuring	LM

2016 MVC Boys' Track
- Top 5 All Events -
(from Quickstatslowa.com)

<u>Mississippi Division</u>		<u>Valley Division</u>	
<u>100 Meter Dash</u>		<u>100 Meter Dash</u>	
Jalen Rima	10.84	Denison Harrington	11.01
Tayshaun Cooper	10.87	Jacob Beaton	11.18
Alex Herzog	11.05	Griffin Freese	11.27
Trevor Northrup	11.09	Alden Kuntz	11.33
Trey Leonard	11.22	Manny Olutunde	11.45
<u>110 Meter Hurdles</u>		<u>110 Meter Hurdles</u>	
Joah Wallace	14.35	Danny Gorsich	14.61
Tavion Stewart	14.72	Shaun Beyer	14.82
Tyler Nunemaker	15.09	Isaiah Barney	14.92
Mike Jasa	15.26	Terrell Jordan JR.	14.99
Bryce Charipar	15.26	Jacob Osterberger	15.00
<u>200 Meter Dash</u>		<u>200 Meter Dash</u>	
Jalen Rima	21.53	Wali Parks	22.07
Tayshaun Cooper	21.75	Denison Harrington	22.12
Alex Herzog	22.62	Griffin Freese	22.47
Andrew Dostal	22.67	Matt Timmer	22.62
Marty Borseth	22.96	Collin Seymour	22.83
<u>400 Meter Dash</u>		<u>400 Meter Dash</u>	
Jalen Rima	49.09	Dalton Gosch	49.60
Andrew Dostal	50.34	Wali Parks	49.76
Sam Tudor	50.81	Gaven O'Hair	49.81
Isaiah Arndorfer	51.18	Ethan Smith	50.77
Shamari Scott	51.21	Austin West	50.89
<u>400 Meter Hurdles</u>		<u>400 Meter Hurdles</u>	
Isaiah Nimmers	55.36	Collin Seymour	53.78
Tavion Stewart	55.73	Nathan Hoy	54.20
Shamari Scott	55.88	Austin Coates	54.41
Mike Jasa	56.93	Isaiah Barney	55.64
Sy Butler	57.19	Nick House	55.65
<u>800 Meter Run</u>		<u>800 Meter Run</u>	
Tysen VanDraska	01:54.03	Hunter Lavallee	01:54.51
Matt Lorenz	01:55.34	Ethan Smith	01:55.09
Jim McMillan	01:56.28	Seb Gearhart	01:57.67
Tom McDowell	01:59.79	Patrick Karanja	01:58.31
John Paul Rethwisch	02:02.11	Jonathan Schaefer	01:58.63
<u>1600 Meter Run</u>		<u>1600 Meter Run</u>	
Matt Lorenz	04:24.11	Sam Schillinger	04:18.33
Tysen VanDraska	04:25.06	Isaac Smith	04:20.41
colton lagrange	04:36.34	Ryan Murphy	04:21.97
Levi Lefebure	04:36.59	Patrick Karanja	04:24.11
Jim McMillan	04:36.96	Ali Ali	04:26.78

2016 MVC Boys' Track
- Top 5 All Events -
(from Quickstatslowa.com)

Mississippi Division**3200 Meter Run**

Tysen VanDraska	09:45.27
Matthew Dodge	09:50.94
Elijah Vlasek	09:56.62
Michael Berry	09:57.00
Adam Mueller	09:57.62

Long Jump

Nick Stark	21-08.50
Jonny Miller	21-02.00
Jamar Davis	21-00.25
Levi Usher	20-11.00
Joah Wallace	20-09.50

High Jump

Marty Borseth	6-04.00
Jacee Clark	6-02.00
Jonny Miller	6-00.00
Juma Burnett	6-00.00
Laveeche Williams	6-00.00

Shot Put

Dallas Hobbs	52-11.25
Nick Joens	51-03.75
Gerry Alt	51-02.75
Micah Martin	49-09.50
Tyler Coble	49-01.00

Discus

Micah Martin	153-05.00
Sean Cook	149-09.00
Alex Mixon	139-01.00
Preston Nebel	133-07.00
Brandon Hauser	130-10.00

4x100 Meter Relay

Prairie, Cedar Rapids	52:48.00
Cedar Rapids, Washington	45:36.00
Waterloo, West	00:00.00
Iowa City, City High	38:24.00
Xavier, Cedar Rapids	33:36.00

4x110 Meter Shuttle Hurdle Relay

Prairie, Cedar Rapids	33:36.00
Iowa City, City High	16:48.00
Cedar Rapids, Washington	31:12.00
Xavier, Cedar Rapids	01:01.72
Dubuque, Hempstead	01:05.50

Valley Division**3200 Meter Run**

Sam Schillinger	09:18.15
Isaac Smith	09:18.52
Ryan Murphy	09:22.77
Mark Whalen	09:32.16
Ali Ali	09:39.43

Long Jump

DeAngelo Jackson	23-10.00
Shaun Beyer	22-05.50
Cris Eagan	21-09.50
Terrell Jordan JR.	21-05.00
Malik Haynes	21-03.75

High Jump

Shaun Beyer	6-04.25
Matt Bandy	6-04.00
Malik Haynes	6-02.00
Tony Osterkamp	6-00.00
Jared Sams-Merriweather	6-00.00

Shot Put

Jackson Coker	60-08.50
Dalles Jacobus	57-00.50
Spencer Williams	53-00.50
Alex Kleinow	52-10.00
Marquise Jones	52-00.00

Discus

Jackson Coker	177-06.00
Dalles Jacobus	174-11.00
Jonathan Gannon	146-03.00
Rory Larsen	142-06.00
Jared Eivins	142-00.00

4x100 Meter Relay

Linn-Mar, Marion	09:36.00
Cedar Falls	00:00.00
Iowa City, West	24:00.00
Cedar Rapids, Kennedy	33:36.00
Cedar Rapids, Jefferson	28:48.00

4x110 Meter Shuttle Hurdle Relay

Linn-Mar, Marion	19:12.00
Cedar Rapids, Kennedy	52:48.00
Dubuque, Senior	52:48.00
Cedar Falls	57:36.00
Iowa City, West	09:36.00

2016 MVC Boys' Track
- Top 5 All Events -
(from Quickstatslowa.com)

Mississippi Division**4x200 Meter Relay**

Cedar Rapids, Washington	01:29.40
Prairie, Cedar Rapids	01:30.00
Waterloo, West	01:30.98
Iowa City, City High	01:31.53
Dubuque, Hempstead	01:32.88

4x400 Meter Relay

Prairie, Cedar Rapids	03:20.19
Iowa City, City High	03:23.57
Waterloo, West	03:23.96
Cedar Rapids, Washington	03:25.59
Xavier, Cedar Rapids	03:34.84

4x800 Meter Relay

Iowa City, City High	07:57.90
Prairie, Cedar Rapids	08:04.65
Xavier, Cedar Rapids	08:12.34
Waterloo, West	08:21.88
Dubuque, Hempstead	08:33.46

1600 Medley Relay

Prairie, Cedar Rapids	03:25.94
Iowa City, City High	03:34.09
Dubuque, Hempstead	03:37.54
Waterloo, West	03:38.73
Xavier, Cedar Rapids	03:39.27

Shot Put Wheel Chair**100 Meter Wheel Chair****200 Meter Wheel Chair****400 Meter Wheel Chair****Valley Division****4x200 Meter Relay**

Linn-Mar, Marion	01:28.40
Cedar Rapids, Jefferson	01:30.09
Iowa City, West	01:30.17
Dubuque, Senior	01:30.23
Cedar Falls	01:30.61

4x400 Meter Relay

Cedar Falls	03:20.34
Iowa City, West	03:24.69
Dubuque, Senior	03:25.31
Cedar Rapids, Kennedy	03:25.85
Linn-Mar, Marion	03:25.96

4x800 Meter Relay

Cedar Falls	07:52.14
Linn-Mar, Marion	07:56.15
Iowa City, West	08:08.69
Wahlert, Dubuque	08:11.53
Dubuque, Senior	08:12.69

1600 Medley Relay

Cedar Falls	03:33.47
Dubuque, Senior	03:33.91
Linn-Mar, Marion	03:34.22
Iowa City, West	03:35.65
Wahlert, Dubuque	03:36.31

Shot Put Wheel Chair**100 Meter Wheel Chair****200 Meter Wheel Chair****400 Meter Wheel Chair**

2016 Iowa High School State Boys' Track Results

<u>Class 4A</u>		
<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Cedar Rapids Prairie	87.00
2nd	Cedar Falls	70.00
3rd	Cedar Rapids Kennedy	63.00
4th	West Des Moines Dowling	61.50
5th	Waukee	42.00
6th	Cedar Rapids Washington	35.00
7th	West Des Moines Valley	31.00
8th	Sioux City East	27.00
9th	Bettendorf	23.00
9th	Ames	23.00
12th	Dubuque Senior	19.00
15th	Waterloo West	17.00
17th	Linn-Mar	16.00
18th	Iowa City West	15.00
23rd	Iowa City High	9.00
29th	DBQ Hempstead	3.00
30th	Cedar Rapids Jefferson	1.00

<u>Class 3A</u>		
<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Pella	62.00
2nd	Vinton-Shellsburg	56.00
3rd	Sergeant Bluff-Luton	47.00
4th	Mount Vernon	45.00
5th	Boone	41.00
6th	Center Point-Urbana	40.00
7th	Estherville-Lincoln	33.00
8th	Marion	29.00
9th	Dallas Center-Grimes	26.00
10th	North Polk	21.00
16th	Cedar Rapids Xavier	15.0
23rd	Dubuque Wahlert	11.0

Mississippi Valley Conference Boys' Track Records
(MVC Meets Only)

RUNNING EVENTS

	<u>ATHLETE(S)</u>	<u>SCHOOL</u>	<u>EFFORT</u>	<u>YEAR</u>
100 Meter Dash	Tim Dwight	IC City High	00:10.19	1994
200 Meter Dash	Calvin Davis	IC City High	00:21.31	2001
400 Meter Dash	Roger Colglazier	Dav. Central	00:47.60	1968
800 Meter Dash	Timauntay Jones	Jefferson	01:53.36	2013
1600 Meter Run	Josh Evans	Linn-Mar	04:12.69	2014
3200 Meter Run	Randy Jackson	IC City High	09:07.70	1976
110 High Hurdles	David Meyer, Dan Davis	DBQ Hempstead IC West	00:14.26	2001
400 Low Hurdles	Kyle Dunn	Linn-Mar	00:51.64	2010
4 x 100 Meter Relay	McMahon, Ringena, Fraga, Richards	IC City High	00:42.19	1996
4 x 200 Meter Relay	Hill, Holland, Dwight, Ringena	IC City High	01:26.40	1997
4 x 400 Meter Relay	Frahm, Richards, Honore, Dwight	IC City High	03:18.30	1994
4 x 800 Meter Relay	R.Brock, Wallace, Cayro, J.Brock	DBQ Senior	07:52.50	1994
Medley Relay	Miller, Carew, Michel, Jackson	IC City High	03:34.30	1976
Shuttle Hurdle Relay	D. Gorsich, N. House, G. Dochterman, Z. Baker	Linn-Mar	00:56.10	2016

FIELD EVENTS

	<u>ATHLETE(S)</u>	<u>SCHOOL</u>	<u>EFFORT</u>	<u>YEAR</u>
High Jump	Paul Marchael	IC City High	6'10"	1980
Long Jump	Jess Holland	IC City High	23'10.25"	1996
Pole Vault	Chuck Tomasek	C.R. Jefferson	14'07"	1981
Discus	Nick Brayton	IC West	191'06"	2007
Shot Put	Doug Lane	C.R. Jefferson	70'02.50"	1968

WHEELCHAIR EVENTS

	<u>ATHLETE(S)</u>	<u>SCHOOL</u>	<u>EFFORT</u>	<u>YEAR</u>
100	Jon Litzkow	Waterloo West	00:17.50	2013
200	Jon Litzkow	Waterloo West	00:31.44	2013
400	Jon Litzkow	Waterloo West	01:02.14	2013
Shot Put	Alex Gudenkauf	DBQ Senior	35'2.75"	2012
Discus	Dan Klavitter	DBQ Senior	56'06"	2001

2016 Girls' Track



2016 MVC Girls' Track & Field Divisional Meets Results

<u>Mississippi Division</u>			<u>Valley Division</u>		
<u>Place</u>	<u>Team Name</u>	<u>Pts</u>	<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	IC City High	134.5	1st	IC West	142.0
2nd	CR Prairie	110.0	2nd	Linn-Mar	104.5
3rd	CR Xavier	83.0	3rd	Cedar Falls	94.5
4th	CR Washington	73.0	4th	DBQ Wahlert	84.0
5th	Waterloo West	67.0	5th	CR Jefferson	77.0
6th	DBQ Hempstead	62.5	6th	CR Kennedy	47.0
7th	Waterloo East	52.0	7th	DBQ Senior	40.0

<u>Mississippi Division</u>		<u>Valley Division</u>	
Joe Graf & Tom Mittman Iowa City High		Coach of the Year	Mike Parker Iowa City West
Kerris Roberts Waterloo East		Athlete of the Year	Valerie Welch Iowa City West
Iowa City High		Team Champion	Iowa City West

2016 MVC Girls Track All-Division Selections

Mississippi Division

Valley Division

		<u>Coach of the Year</u>	
		Joe Graf & Tom Mittman	ICH
		Mike Parker	ICW
		<u>Athlete of the Year</u>	
		Kerris Roberts	WE
		Valerie Welch	ICW
		<u>Team Champion</u>	
		Iowa City High	ICH
		Iowa City West	ICW
		<u>High Jump</u>	
1st Team	Rose Gamamou	ICH	Grace Gudenkauf
	Kenzie Soeken	CRP	Katie Beer
2nd Team	Nicole Miller	CRP	Auriona Kimbrough
	Cyan Vanderhoef	ICH	Alex Willis
Honorable Mention	Erin McGrath	DH	Megan Renner
	Bailey Sandman	DH	Sophie Feahn
			Taylor Lynch
		<u>Long Jump</u>	
1st Team	Kitra Bell	WW	Valerie Welch
	Vanessa Eniola	CRW	Ariana Rolle
2nd Team	Calese Scott	WW	Brooke Lorenz
	Emma Cooper	ICH	Katie Beer
Honorable Mention	Riley Blymeyer	DH	Grace Gudenkauf
	Emily Schwendinger	DH	Lily Becker
		<u>Discus</u>	
1st Team	Meghan Joens	CRX	Leah Dusterhoft
	Megan Gronau	DH	Brinley Milbrath
2nd Team	Perisa Levy	CRW	Chandler Haight
	Murphy Blymeyer	DH	Katie Halterman
Honorable Mention	Luci Murphy	ICH	Melanie Fuhrmann
	Brooke Nemec	CRP	Madison Schleder
		<u>Shot Put</u>	
1st Team	Megan Gronau	DH	Chandler Haight
	Meghan Joens	CRX	Katie Halterman
2nd Team	Luci Murphy	ICH	Zainab Makky
	NaTracia Ceaser	WW	Haile Cook
Honorable Mention	Murphy Blymeyer	DH	Melanie Fuhrmann
	Brooke Nemec	CRP	Alexis Glaser
		<u>100 Meter</u>	
1st Team	Kerris Roberts	WE	Alicia Harrington
	Rose Gamamou	ICH	Jill Bennett
2nd Team	Raenice Hilderbrand	CRP	Kira Ramsey
	Mariah Ward	CRW	Bailey Hasken
Honorable Mention	Madelyn Solomon	WW	Stevie Lambe
	Kitra Bell	WW	Bailey Vance
		<u>200 Meter</u>	
1st Team	Kerris Roberts	WE	Laura Sherman
	Alanna Muhammad	WE	Alicia Harrington
2nd Team	Zoey Thune	WW	Payton Wensel
	Kenzie Soeken	CRP	Jill Bennett
Honorable Mention	Madelyn Solomon	WW	Bailey Hasken
	Emma Clark	ICH	Auriona Kimbrough

2016 MVC Girls Track All-Division Selections

Mississippi DivisionValley Division

<u>400 Meter</u>				
1st Team	Zoey Thune	WW	Payton Wensel	LM
	Kirstin Skriver	CRP	Katy Fricano	DW
2nd Team	Heather Muntz	DH	Emma Sass	DS
	Fanta Traore	ICH	Tia Saunders	ICW
Honorable Mention	Lindsey Parrott	ICH	Ellie Haan	CF
	Bailey Ohnesorge	DH	Abby Gries	LM
<u>800 Meter</u>				
1st Team	Jennifer Dickes	CRX	Tia Saunders	ICW
	Kinsee Brands	ICH	Bailey Nock	ICW
2nd Team	Hailey Verdick	ICH	Amber Decker	LM
	Emily Buchheit	DH	Sarah Hanna	CRJ
Honorable Mention	Sierra Sheets	CRW	MaKayla Belew	CRJ
	Autumn Weekley	WE	Cassidy Christopher	CF
<u>1500 Meter</u>				
1st Team	Reagan Gorman	CRW	Morgan Garcia	LM
	Hannah Frazee	CRP	Gabby Skopec	ICW
2nd Team	Mary Arch	ICH	Cassidy Christopher	CF
	Anna Lindower	ICH	Bailey Nock	ICW
Honorable Mention	Sarah Altemeier	CRW	Jade Romagna	DW
	Alissa Neubauer	CRP	Hannah Fusselman	CRK
<u>3000 Meter</u>				
1st Team	Reagan Gorman	CRW	Gabby Skopec	ICW
	Hannah Frazee	CRP	Hannah Fusselman	CRK
2nd Team	Emily Bywater	ICH	Claire Ronnebaum	ICW
	Mollie Hansen	ICH	Caroline Ross	CF
Honorable Mention	Kristan Brown	DH	Emma Earles	DW
	Eady Forrest	CRP	Anna Hertz	CF
<u>100 Meter Hurdles</u>				
1st Team	Theresa Lampe	CRX	Valerie Welch	ICW
	Vanessa Eniola	CRW	Abilene Ranschau	CRJ
2nd Team	Leah Flickinger	CRP	Bailey Vance	DW
	Amara Taylor	CRW	Grace Young	ICW
Honorable Mention	Sophia Smith	CRP	Jayden Lovell	CRK
	Elke Windschitl	ICH	Samantha Alexander	CF
<u>400 Meter Hurdles</u>				
1st Team	Maddie DePrenger	ICH	Valerie Welch	ICW
	Sarah Schmitt	CRP	Grace Herber	DW
2nd Team	Brie Baldus	CRX	Sam Kitterman	CRJ
	Ireland Frisch	WW	Alexis Peterson	CRK
Honorable Mention	Sophia Smith	CRP	Meg Schmitz	CF
	Heather Hostager	DH	Anna Chestnut	CF
<u>4x100 Meter Relay</u>				
1st Team	Waterloo East	WE	Dubuque Wahlert	DW
	Shamya Jenkins, Kerris Roberts, Jasmine Dunn, Alanna Muhammad		Jackie Ganshirt, Ana Gall, Alli Osterberger, Laura Sherman	
2nd Team	Cedar Rapids Prairie	CRP	Cedar Rapids Jefferson	CRJ
	Raenice Hilderbrand, Jenna Ross, Brie Fuller, Kenzie Soeken		MiAsia Bergmann, Abilene Ranschau, Autumn Anderson, Jasmine Blue	
Honorable Mention	Cedar Rapids Washington	CRW	Linn-Mar	LM
	Vanessa Eniola, Mariah Ward, Mya Powers, Jayla Johnson		Ariana Rolle, Jill Bennett, Olivia Hubler, Kira Ramsey	

2016 MVC Girls Track All-Division Selections

Mississippi Division

Valley Division

4x200 Meter Relay

1st Team	Waterloo East Kerris Roberts, Chalea Harris, McKayla Ryan, Alanna Muhammad	WE	Cedar Rapids Jefferson Abilene Ranschau, MiAsia Bergmann, Autumn Anderson, Jasmine Blue	CRJ
2nd Team	Waterloo West Madelyn Solomon, Jallea Dillard, Tae'Anna Phillips, Claresa Allison	WW	Dubuque Wahlert Sabrina Smith, Alli Osterberger, Anna Sherman, Laura Sherman	DW
Honorable Mention	Cedar Rapids Prairie Kenzie Soeken, Morgan Lewis, Brie Fuller, Jenna Ross	CRP	Cedar Falls Auriona Kimbrough, Kate Moody, Larissa Haan, Alicia Harrington	CF

4x400 Meter Relay

1st Team	Waterloo West Kitra Bell, Zoey Thune, Jallea Dillard, Tae'Anna Phillips	WW	Cedar Falls Auriona Kimbrough, Madison Hall, Paige Kvale, Alicia Harrington	CF
2nd Team	Iowa City High Maddie DePrenger, Izzy Jones, Aminata Traore, Lindsey Parrott	ICH	Cedar Rapids Jefferson Kayla Trawick, Meredith Koenigsfeld, MaKayla Belew, Sarah Hanna	CRJ
Honorable Mention	Dubuque Hempstead Julia Meehan, Audra Steil, Emily Schmitt, Erin McGrath	DH	Dubuque Senior Kai Biehl, Hannah Cook. Marissa Boleyn, Stevie Lambe	DS

4x800 Meter Relay

1st Team	Iowa City High Addy Smith, Aly Hecker, Isabel Jones, Aminata Traore	ICH	Linn-Mar Maddie Mann, Hanna Saville, Payton Wensel, Stephanie Jenks	LM
2nd Team	Cedar Rapids Xavier Jennifer Dickes, Emiko Coffey, Bridget Schmitt, Katie Tallett	CRX	Cedar Rapids Jefferson Sarah Hanna, MaKayla Belew, Caileigh Meyer, Meredith Koenigsfeld	CRJ
Honorable Mention	Dubuque Hempstead Emily Buchheit, Heather Hostager, Brenna Fransen, Emily Schmitt	DH	Dubuque Wahlert Ellie Osterberger, Jade Romagna, Kelly Boge, Kaylee Osterberger	DW

800 Sprint Medley Relay

1st Team	Cedar Rapids Prairie Raenice Hildebrand, Morgan Lewis, Jenna Ross, Kirstin Skriver	CRP	Cedar Rapids Jefferson MiAsia Bergmann, Autumn Anderson, Abilene Ranschau, Jasmine Blue	CRJ
2nd Team	Iowa City High Delaney Johnson, Malika Franklin, Fanta Traore, Rose Gamamou	ICH	Dubuque Wahlert Bailey Hasken, Alli Osterberger, Jackie Ganshirt, Katy Fricano	DW
Honorable Mention	Cedar Rapids Xavier Theresa Lampe, Anna Parr, Grace Miller, Jennifer Dickes	CRX	Cedar Falls Makenzie Nichols, Larissa Haan, Kate Moody, Ellie Haan	CF

1600 Distance Medley Relay

1st Team	Cedar Rapids Xavier Grace Miller, Anna Parr, Kiana Stanek, Jennifer Dickes	CRX	Linn-Mar Ariana Rolle, Brooke Lorenz, Amber Decker, Morgan Garcia	LM
2nd Team	Iowa City High Malika Franklin, Olivia DeNeice, Anna Lindower, Mary Arch	ICH	Iowa City West Katherine Mukumbilwa, Katie Severt, Olivia Moore, Bailey Nock	ICW
Honorable Mention	Cedar Rapids Washington Vanessa Eniola, Jayla Johnson, Mya Powers, Sarah Altemeier	CRW	Cedar Falls Morgan Sterrett, Makenzie Nichols, Madison Hall, Paige Kvale	CF

400 Meter Shuttle Relay

1st Team	Cedar Rapids Xavier Jenna Schwach, Maddix Stovie, Brie Baldus, Theresa Lampe	CRX	Iowa City West Peyton Steva, Kia Noibi, Grace Young, Valerie Welch	ICW
2nd Team	Cedar Rapids Prairie Sophia Smith, Sarah Schmitt, Natalie Bohnsack, Leah Flickinger	CRP	Cedar Rapids Jefferson MiAsia Bergmann, Ellie Trosky, Sam Kitterman, Meghan Prohaska	CRJ
Honorable Mention	Iowa City High Marleigh Flanagan, Kate Swenning, Elke Windschitl, Naudia Hill	ICH	Cedar Falls Lily Becker, Anna Chestnut, Taylor Lynch, Samantha Alexander	CF

2016 MVC Girls Track All-Division Selections**Mississippi Division****Valley Division****All-Academic Selections**

Makenzie Soeken	CRP	Meghan Hackett	CF
Madison Maresh	CRP	Ilsa Knivslund	CF
Melinda Knowling	CRW	Sarah Hanna	CRJ
Sierra Sheets	CRW	Samantha Kitterman	CRJ
Jenny Dickes	CRX	Tianna Drahn	CRK
Meghan Joens	CRX	Kirsten Siebenga	CRK
Erin Lange	DH	Kortney Lightfoot	DS
Anna Kramer	DH	Jenna Viertel	DS
Claire Noack	ICH	Anneliese Gall	DW
Elke Windschitl	ICH	Alli Osterberger	DW
Jessica Knebel	WE	Grace Young	ICW
Mallory Sage	WE	Zainab Makky	ICW
Jaclyn Spencer	WW	Abby Gries	LM
Danielle Anderson	WW	Stephanie Jenks	LM

2016 MVC Girls' Track
- Top 5 All Events -
(from Quickstatslowa.com)

<u>Mississippi Division</u>		<u>Valley Division</u>	
<u>100 Meter Dash</u>		<u>100 Meter Dash</u>	
Kerris Roberts	11.77	Alicia Harrington	12.33
Rose Gamamou	12.38	Jasmine Blue	12.55
Allison Trenkamp	12.77	Katy Fricano	12.57
Kitra Bell	12.86	Laura Sherman	12.60
Zoey Thune	12.88	Jill Bennett	12.69
<u>100 Meter Hurdles</u>		<u>100 Meter Hurdles</u>	
Theresa Lampe	16.04	Alicia Harrington	12.33
Vanessa Eniola	16.87	Jasmine Blue	12.55
Leah Flickinger	16.90	Katy Fricano	12.57
Sophia Smith	17.12	Laura Sherman	12.60
Amara Taylor	17.15	Jill Bennett	12.69
<u>200 Meter Dash</u>		<u>200 Meter Dash</u>	
Kerris Roberts	25.81	Laura Sherman	25.06
Alanna Muhammad	26.30	Alicia Harrington	25.49
Zoey Thune	26.43	Payton Wensel	25.54
Kenzie Soeken	26.63	Katy Fricano	25.82
Madelyn Solomon	26.87	Bailey Hasken	26.34
<u>400 Meter Dash</u>		<u>400 Meter Dash</u>	
Zoey Thune	01:00.55	Payton Wensel	55:12.00
Kirstin Skriver	01:01.59	Katy Fricano	40:48.00
Heather Muntz	01:02.05	Laura Sherman	01:00.02
Jennifer Dickes	01:02.05	Tia Saunders	01:00.56
McKenna Johnson	01:02.89	Emma Sass	01:00.71
<u>400 Meter Hurdles</u>		<u>400 Meter Hurdles</u>	
Maddie Deprenger	01:08.85	Valerie Welch	01:02.77
Amara Taylor	01:10.58	Stephanie Jenks	01:05.75
Sarah Schmitt	01:12.55	Grace Herber	01:07.91
Izzy Jones	01:13.23	Ellie Trosky	01:10.88
Brie Baldus	01:13.34	Sam Kitterman	01:10.94
<u>800 Meter Run</u>		<u>800 Meter Run</u>	
Jennifer Dickes	02:21.04	Stephanie Jenks	02:14.37
Mary Arch	02:25.54	Tia Saunders	02:17.33
Heather Muntz	02:28.99	Amber Decker	02:17.89
Kinsee Brands	02:29.95	Bailey Nock	02:19.08
Addy Smith	02:30.42	Jade Romagna	02:23.19
<u>1500 Meter Run</u>		<u>1500 Meter Run</u>	
Reagan Gorman	04:55.52	Stephanie Jenks	04:31.24
Hannah Frazee	04:58.26	Morgan Garcia	04:51.72
Mary Arch	04:59.96	Bailey Nock	04:54.44
Anna Lindower	05:00.90	Gabby Skopec	04:57.23
Mollie Hansen	05:04.77	Cassidy Christopher	04:59.08

2016 MVC Girls' Track
- Top 5 All Events -
(from Quickstatslowa.com)

<u>Mississippi Division</u>		<u>Valley Division</u>	
<u>3000 Meter Run</u>		<u>3000 Meter Run</u>	
Reagan Gorman	10:24.10	Stephanie Jenks	09:49.13
Hannah Frazee	10:51.09	Bailey Nock	10:30.95
Mary Arch	10:58.07	Gabby Skopec	10:31.79
Heather Hostager	11:07.42	Hannah Fusselman	10:51.28
Emily Bywater	11:08.04	Olivia Moore	10:56.79
<u>Long Jump</u>		<u>Long Jump</u>	
Kitra Bell	18-00.00	Valerie Welch	19-04.00
Vanessa Eniola	17-10.50	Brooke Lorenz	17-07.00
Riley Bley Meyer	16-08.00	Kay Beer	17-06.00
Emma Cooper	16-05.75	Ariana Rolle	17-04.50
Calese Scott	15-11.50	Grace Gudenkauf	17-00.00
<u>High Jump</u>		<u>High Jump</u>	
Rose Gamamou	5-06.00	Grace Gudenkauf	5-04.00
Kenzie Soeken	5-03.00	Megan Renner	5-04.00
Erin McGrath	5-02.00	Kay Beer	5-03.00
Nicole Miller	5-02.00	Auriona Kimbrough	5-02.50
Cyan Vanderhoef	5-02.00	Brooke Lorenz	5-02.00
<u>Shot Put</u>		<u>Shot Put</u>	
Megan Gronau	38-07.00	Chandler Haight	41-08.50
Meghan Joens	37-06.50	Zainab Makky	39-01.00
Murphy Bley Meyer	36-02.25	Katie Halterman	39-00.00
Luci Murphy	36-01.25	Haile Cook	36-09.00
Na'Tracia Ceaser	35-01.50	Melanie Fuhrmann	35-01.00
<u>Discus</u>		<u>Discus</u>	
Meghan Joens	125-10.00	Leah Dusterhoft	133-02.00
Megan Gronau	114-11.00	Chandler Haight	118-02.00
Luci Murphy	112-00.00	Zainab Makky	112-01.00
Perisa Levy	109-08.00	Brinley Milbrath	111-08.00
Alicia Sill	107-05.00	Melanie Fuhrmann	104-09.00
<u>4x100 Meter Relay</u>		<u>4x100 Meter Relay</u>	
Waterloo, East	49.39	Cedar Rapids, Jefferson	48.16
Prairie, Cedar Rapids	50.16	Wahlert, Dubuque	48.64
Waterloo, West	50.52	Cedar Rapids, Kennedy	50.30
Iowa City, City High	51.04	Linn-Mar, Marion	50.30
Cedar Rapids, Washington	51.12	Cedar Falls	51.04
<u>4x100 Meter Shuttle Hurdle Relay</u>		<u>4x100 Meter Shuttle Hurdle Relay</u>	
Xavier, Cedar Rapids	01:10.16	Iowa City, West	01:02.96
Prairie, Cedar Rapids	01:10.41	Cedar Rapids, Jefferson	01:06.85
Iowa City, City High	01:13.35	Cedar Falls	01:08.78
		Cedar Rapids, Kennedy	01:10.83
		Dubuque, Senior	01:11.49

2016 MVC Girls' Track
- Top 5 All Events -
(from Quickstatslowa.com)

Mississippi Division**4x200 Meter Relay**

Waterloo, West	01:45.49
Iowa City, City High	01:46.68
Waterloo, East	01:46.78
Prairie, Cedar Rapids	01:47.35
Cedar Rapids, Washington	01:49.01

4x400 Meter Relay

Iowa City, City High	04:07.84
Waterloo, West	04:10.03
Dubuque, Hempstead	04:12.34
Waterloo, East	04:22.06
Prairie, Cedar Rapids	04:24.06

4x800 Meter Relay

Iowa City, City High	09:43.57
Dubuque, Hempstead	10:08.96
Xavier, Cedar Rapids	10:11.65
Prairie, Cedar Rapids	10:19.45
Cedar Rapids, Washington	10:30.63

800 Medley Relay

Iowa City, City High	01:53.47
Prairie, Cedar Rapids	01:53.51
Waterloo, West	01:53.56
Xavier, Cedar Rapids	01:55.85
Waterloo, East	01:56.24

1600 Medley Relay

Iowa City, City High	01:53.47
Prairie, Cedar Rapids	01:53.51
Waterloo, West	01:53.56
Xavier, Cedar Rapids	01:55.85
Waterloo, East	01:56.24

Shot Put Wheel Chair**100 Meter Wheel Chair****200 Meter Wheel Chair****400 Meter Wheel Chair****Valley Division****4x200 Meter Relay**

Cedar Rapids, Jefferson	01:40.87
Wahlert, Dubuque	01:43.04
Cedar Falls	01:44.79
Linn-Mar, Marion	01:44.86
Cedar Rapids, Kennedy	01:46.84

4x400 Meter Relay

Cedar Rapids, Jefferson	03:56.28
Linn-Mar, Marion	03:59.49
Cedar Falls	04:01.35
Wahlert, Dubuque	04:01.52
Iowa City, West	04:08.23

4x800 Meter Relay

Linn-Mar, Marion	09:28.34
Cedar Rapids, Jefferson	09:32.27
Iowa City, West	09:37.36
Wahlert, Dubuque	09:38.92
Cedar Falls	10:02.10

800 Medley Relay

Cedar Rapids, Jefferson	01:47.39
Wahlert, Dubuque	01:47.80
Linn-Mar, Marion	01:48.12
Cedar Falls	01:49.94
Iowa City, West	01:53.86

1600 Medley Relay

Linn-Mar, Marion	04:14.30
Iowa City, West	04:18.66
Wahlert, Dubuque	04:19.12
Cedar Falls	04:22.11
Dubuque, Senior	04:31.68

Shot Put Wheel Chair**100 Meter Wheel Chair****200 Meter Wheel Chair****400 Meter Wheel Chair**

2016 Iowa High School State Girls' Track Results

<u>Class 4A</u>		
<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Waukee	83.0
2nd	Pleasant Valley	77.0
3rd	Urbandale	60.0
4th	Iowa City West	57.0
5th	Linn-Mar	52.0
6th	Ames	47.5
7th	Cedar Rapids Jefferson	43.0
8th	Waterloo East	30.0
8th	Muscatine	30.0
10th	Southeast Polk	28.0
15th	Cedar Falls	17.5
21st	Dubuque Senior	8.0
22nd	Waterloo West	7.0
27th	Iowa City High	3.5
28th	Cedar Rapids Washington	3.0
32nd	Cedar Rapids Kennedy	1.5

<u>Class 3A</u>		
<u>Place</u>	<u>Team</u>	<u>Score</u>
1st	Dav. Assumption	126.0
2nd	Pella	79.5
3rd	DBQ Wahlert	61.0
4th	Boone	45.0
5th	Decorah	41.0
6th	Glenwood	36.0
7th	South Tama	24.0
7th	Ballard	24.0
9th	Benton Community	23.0
10th	Solon	21.5
24th	CR Xavier	6.0

Mississippi Valley Conference Girls' Track Records
(MVC Meets Only)

<u>RUNNING EVENTS</u>	<u>ATHLETE(S)</u>	<u>SCHOOL</u>	<u>EFFORT</u>	<u>YEAR</u>
100 Meter Dash	Pam Orris	DBQ Senior	0:12.00	2001
200 Meter Dash	Ashley Wilkinson	IC City High	0:24.87	2009
400 Meter Dash	Kelly Krei	IC City High	0:56.13	2007
800 Meter Run	Stephanie Jenks	Linn-Mar	2:12.75	2015
1500 Meter Run	Michelle Lillenthal	IC City High	4:37.15	2000
3000 Meter Run	Michelle Lillenthal	IC City High	9:55.38	1999
100 Meter Low Hurdles-Old Hgt	Teesa Price	IC City High	0:14.10	1998
100 Meter Low Hurdles-New Hgt	Valerie Welch	IC West	0:14.85	2016
400 Meter Low Hurdles	Brooke Foreman	CR Washington	1:04.01	2011
4 X 100 Meter Relay	K. Wilson, C. Dauber, R. Tanner, M. Cronbaugh	IC West	0:49.21	2012
4 X 200 Meter Relay	A. Ranschau, J. Blue, M. Meese, L. Schneekloth	CR Jefferson	1:42.58	2015
4 X 400 Meter Relay	M. Sabers, K. Mims, S. Mueller, K. Krei	IC City High	3:56.86	2007
4 X 800 Meter Relay	N. Tretz, M. Mims, J. Funk, M. Reed	IC City High	9:11.39	2002
Shuttle Hurdle Relay-Old Hgt	K. Scholl, Pearl Ma, Jill Arganbright, Misa Nakato	IC West	1:03.51	1999
Shuttle Hurdle Relay-New Hgt	P. Steva, K. Noibi, G. Young, V. Welch	IC West	1:04.96	2016
800 Sprint Medley Relay	L. Schneekloth, M. Meese, A. Ranschau, J. Blue	CR Jefferson	1:47.78	2015
1600 Distance Medley Relay	K. Vanderah, V. Monagan, J. Myatt, M. Novotny	IC City High	4:09.90	1992
<u>FIELD EVENTS</u>	<u>ATHLETE(S)</u>	<u>SCHOOL</u>	<u>EFFORT</u>	<u>YEAR</u>
High Jump	Ann Mudd,	CR Kennedy,	5' 6 1/2"	1983
	Janine Gremmel	DBQ Wahlert		1988
Long Jump	Kiera Washpun	IC City High	19' 1-1/4"	2014
Shot Put	Danica Haight	IC West	46' 1-1/2"	2007
Discus	Taylor Freeman	IC West	153'4"	2008

2016 Boys' Soccer



Mississippi Valley Conference**2016 MVC Varsity Boys Soccer Standings (FINAL)****Mississippi Division**

<u>Team</u>	<u>Conference</u>				<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>		<u>W</u>	<u>L</u>	<u>T</u>
Iowa City High	13	0	0		20	1	0
Cedar Rapids Xavier	10	3	0		15	5	0
Cedar Rapids Washington	9	4	0		14	7	0
Dubuque Hempstead	7	6	0		9	8	0
Cedar Rapids Prairie	6	7	0		9	9	0
Waterloo West	5	8	0		10	10	0
Waterloo East	0	13	0		0	18	0

Valley Division

<u>Team</u>	<u>Conference</u>				<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>		<u>W</u>	<u>L</u>	<u>T</u>
Iowa City West	12	1	0		17	3	0
Linn-Mar	10	3	0		16	5	0
Cedar Rapids Kennedy	5	8	0		6	10	0
Dubuque Wahlert	5	8	0		11	10	0
Cedar Rapids Jefferson	4	9	0		6	11	0
Cedar Falls	3	10	0		4	13	0
Dubuque Senior	2	11	0		2	14	0

2016 MVC 10th Boys Soccer Standings (FINAL)**Mississippi Division**

<u>Team</u>	<u>Conference</u>				<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>		<u>W</u>	<u>L</u>	<u>T</u>
Iowa City High	11	0	1		11	0	1
Cedar Rapids Prairie	10	1	1		10	1	1
Cedar Rapids Xavier	6	4	2		6	4	2
Waterloo West	6	6	0		7	6	0
Cedar Rapids Washington	4	7	1		4	7	2
Dubuque Hempstead	1	11	0		1	13	0
Waterloo East (no 10th Team)	0	0	0		0	0	0

Valley Division

<u>Team</u>	<u>Conference</u>				<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>		<u>W</u>	<u>L</u>	<u>T</u>
Iowa City West	8	2	2		8	2	3
Linn-Mar	8	3	1		8	3	1
Cedar Falls	8	4	0		9	4	0
Cedar Rapids Jefferson	4	6	1		4	6	2
Dubuque Wahlert	3	8	1		3	10	1
Cedar Rapids Kennedy	1	8	2		1	9	2
Dubuque Senior	1	11	0		1	11	0

2016 Mississippi Valley Conference Boys' Soccer All-Division Selections

Mississippi Division

	<u>Sch</u>	<u>Gr</u>
Mark Histed	DH	12
Jose Fajardo & Staff	ICH	
J. P. Graham & Staff	CRW	
Sam Tomek	ICH	11
Iowa City High		

Valley Division

	<u>Sch</u>	<u>Gr</u>
Athlete of the Year	Leroy Enzugusi	LM 11
Coach of the Year	Brad Stiles & Staff	ICW
Keeper of the Year	Caleb Kesterson	CRJ 12
Team Champion	Iowa City West	

FIRST TEAM

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>	<u>Pos</u>
*	Nasim Salih	ICH	12	F
*	Mitch McCarthy	ICH	12	M
*	Sarrive Rukakiza	ICH	12	D
*	Victor Brown-Rodriguez	ICH	12	D
	Luke Duball	CRX	11	F/M
	Nolan Armstrong	CRX	12	F
	Will Hanigan	CRX	10	M
	Augie Bergstrom	CRW	12	M
	Andrew Hammer	CRW	10	D
	Kody Rife	DH	12	M
	Mark Histed	DH	12	M
	Sam Mineck	CRP	12	F
	Matt Walter	CRP	10	D
	Adin Turanovic	WW	11	M

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>	<u>Pos</u>
*	Alex Andersen	ICW	11	F
*	Nick Pitcher	ICW	12	F
*	Will Reinhardt	ICW	12	D
*	Conor Zielinski	ICW	11	D
	Leroy Enzugusi	LM	11	F
	Devin Eby	LM	12	M/F
	Jack Ramsey	LM	12	D
	Alex Stone	CRK	10	M
	Ryker Person	CRK	9	D
	Jack Kalb	DW	11	M
	Jon Ochs	DW	12	F
	Caleb Kesterson	CRJ	12	GK
	Aaron Iehl	CF	12	GK

* - Unanimous Selection

SECOND TEAM

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>	<u>Pos</u>
	Jackson Meyer	ICH	10	D
	Collin O'Meara	ICH	12	M
	Jonah Dancer	ICH	10	M
	Thomas Bean	CRX	10	M
	Dallas Klein	CRX	12	D
	Emmanuel Hidalgo-Wohlleben	CRW	11	F
	AJ Patterson	CRW	11	M
	John Henry Green	CRW	11	M
	Drake Arensdorf	DH	12	D
	Tim McCaw	DH	12	M
	Logan Serbousek	CRP	11	D
	Mark Cleope	WW	12	M
	Hassan Boakai	WW	12	F
	Nathan Heinz	WE	12	D

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>	<u>Pos</u>
	Alex Infelt	ICW	12	D
	Antonio Sanchez	ICW	12	M
	Khalid Osman	ICW	12	M
	Jackson Nasby	ICW	12	M
	Danny Peak	LM	10	F
	Nathan Luzindya	LM	12	M/F
	Hunter Wong	LM	12	M/F
	Luis Granadillo	CRK	12	M
	Jacob Berning	DW	11	M
	McArthur Karr	CRJ	12	D
	Elijah Sarantakos	CRJ	12	F
	Chris Keys	CF	12	M
	Brendan Howe	DS	11	M

**2016 Mississippi Valley Conference
Boys' Soccer All-Division Selections**

HONORABLE MENTION

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>	<u>Pos</u>
Boston Riley	CRP	10	D
Nolan Schulte	CRP	10	D
Ethan Hammer	CRW	12	D
Brian Holt	CRW	11	M
Daniel Richardson	CRX	12	GK
Tyler Steffensmeier	CRX	10	D
Logan Steuer	DH	10	D
Logan Ellingboe	DH	10	D
Gaby Baloci	ICH	12	F
Rasmus Schlutter	ICH	11	M
Melvin Hernandez	WE	11	M
Killian Brown	WE	12	M
Colin Wheeler	WW	12	D
Phynnex Ambrose	WW	11	F

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>	<u>Pos</u>
Nathan Shull	CF	12	M
Leo Brocka	CF	12	D
Carter Schmitz	CRJ	12	F/M
Joseph Sibomana	CRJ	12	D/M
Nathan Sheeley	CRK	11	GK
Yusef Igram	CRK	10	F
Jordan Holz	DS	12	F
Matt Wessels	DS	11	M
Riley Bohr	DW	11	D
Noah Sigwarth	DW	11	D
Adam Rose	ICW	11	D
Zach Frisbie	ICW	11	GK
Blake Comstock	LM	12	D
Tyler Brinning	LM	12	M/F

ALL ACADEMIC

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Ben Drysdale	CRP	11
Joe Vizzini	CRP	12
Augie Bergstrom	CRW	12
Ethan Hammer	CRW	12
Tyler Testin	CRX	12
Daniel Richardson	CRX	12
Mark Histed	DH	12
Zach Stevenson	DH	12
Jacob Struve	ICH	12
Mitch McCarthy	ICH	12
Nathan Heinz	WE	12
Riley Mumma	WE	11
Erik Kajtazovic	WW	12
Edin Tricic	WW	12

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Aaron lehl	CF	12
Chris Keys	CF	12
Carter Schmitz	CRJ	12
McArthur Karr	CRJ	12
Luis Granadillo	CRK	12
Andrew Kartman	DS	12
Cole Winter	DS	12
Rian Weber	DW	12
Luke Wiedmayer	DW	12
Will Reinhardt	ICW	12
Alex Infelt	ICW	12
Josh Yem	LM	12
Devin Eby	LM	12

2015 MVC-Varsity Boys' Soccer
Team Season Stats(QuickStats)

Mississippi Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>G</u>	<u>A</u>	<u>P</u>	<u>Sh</u>	<u>Sh %</u>	<u>SOG</u>	<u>SOG %</u>	<u>CK</u>	<u>PKM</u>	<u>PKA</u>	<u>GA</u>	<u>GA Avg</u>	<u>S</u>	<u>S %</u>
Iowa City, City High	20 - 0 - 0	20	67	42	176	269	0.249	178	0.376	93	19	0	5	0.25	35	0.875
Xavier, Cedar Rapids	15 - 5 - 0	20	69	73	211	451	0.153	222	0.311	160	6	9	24	1.23	69	0.742
Cedar Rapids, Washington	14 - 7 - 0	21	47	38	132	216	0.218	127	0.370	70	10	11	28	1.33	77	0.733
Dubuque, Hempstead	9 - 7 - 0	16	34	21	89	264	0.129	145	0.234	94	2	3	33	2.06	77	0.700
Waterloo, West	10 - 9 - 0	19	58	45	161	0	0.000	0	0.000	0	1	1	32	1.82	91	0.740
Prairie, Cedar Rapids	9 - 9 - 0	18	30	27	87	0	0.000	0	0.000	66	1	3	18	0.96	72	0.800
Waterloo, East	0 - 18 - 0	18	3	3	9	39	0.077	18	0.167	19	0	1	179	11.55	176	0.496

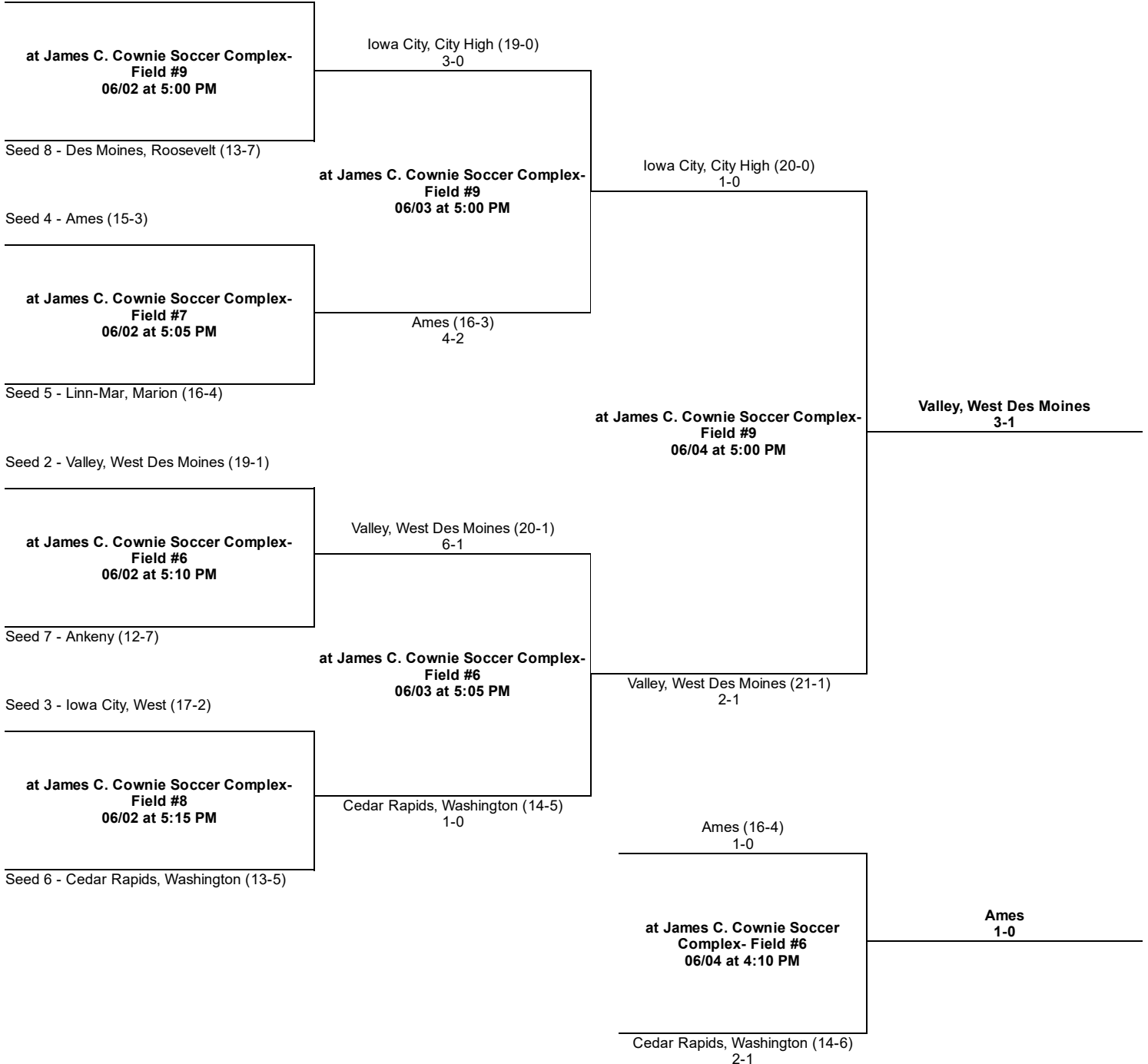
Valley Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>G</u>	<u>A</u>	<u>P</u>	<u>Sh</u>	<u>Sh %</u>	<u>SOG</u>	<u>SOG %</u>	<u>CK</u>	<u>PKM</u>	<u>PKA</u>	<u>GA</u>	<u>GA Avg</u>	<u>S</u>	<u>S %</u>
Iowa City, West	17 - 2 - 0	19	87	47	221	308	0.282	209	0.416	116	17	3	12	0.69	51	0.810
Linn-Mar, Marion	16 - 5 - 0	21	93	99	285	502	0.185	259	0.359	128	3	3	26	1.28	32	0.552
Wahlert, Dubuque	10 - 10 - 0	20	53	42	148	370	0.143	193	0.275	86	6	3	35	1.73	174	0.833
Cedar Rapids, Kennedy	6 - 8 - 0	14	39	53	131	100	0.390	48	0.813	75	0	0	28	2.13	65	0.699
Cedar Rapids, Jefferson	5 - 12 - 0	17	18	3	39	4	4.500	4	4.500	0	0	0	40	2.46	155	0.795
Cedar Falls	5 - 13 - 0	18	39	36	114	342	0.114	180	0.217	104	2	2	45	2.47	224	0.833
Dubuque, Senior	2 - 12 - 0	14	18	9	45	110	0.164	83	0.217	33	2	2	39	3.15	96	0.711



2016 IHSAA Tournament CLASS 3A STATE SOCCER

Seed 1 - Iowa City, City High (18-0)





2016 IHSAA Tournament CLASS 2A STATE SOCCER

Seed 1 - Bishop Heelan Catholic, Sioux City
(15-2)

at James C. Cownie Soccer Complex-
Field #9
06/02 at 2:30 PM

Wahlert, Dubuque (10-9)
1-0 (2 OT/PK (4-3))

Seed 8 - Wahlert, Dubuque (9-9)

at James C. Cownie Soccer Complex-
Field #9
06/03 at 2:30 PM

Storm Lake (19-1)
2-0

Seed 4 - ADM, Adel (17-4)

at James C. Cownie Soccer Complex-
Field #7
06/02 at 2:35 PM

Storm Lake (18-1)
2-1

Seed 5 - Storm Lake (17-1)

at James C. Cownie Soccer Complex-
Field #9
06/04 at 2:30 PM

Norwalk
2-1 (2 OT)

Seed 2 - Norwalk (15-3)

at James C. Cownie Soccer Complex-
Field #6
06/02 at 2:40 PM

Norwalk (16-3)
6-0

Seed 7 - Mount Vernon (12-5)

at James C. Cownie Soccer Complex-
Field #6
06/03 at 2:35 PM

Norwalk (17-3)
2-1

Seed 3 - Xavier, Cedar Rapids (15-4)

at James C. Cownie Soccer Complex-
Field #8
06/02 at 2:45 PM

Hudson (18-2)
3-2

Seed 6 - Hudson (17-2)

Wahlert, Dubuque (10-10)
2-0

at James C. Cownie Soccer
Complex- Field #6
06/04 at 1:40 PM

Wahlert, Dubuque
3-1

Hudson (18-3)
2-1

2016 Girls' Soccer



Mississippi Valley Conference**2016 MVC Varsity Girls Soccer Standings (FINAL)****Mississippi Division**

<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Dubuque Hempstead	10	3	0	15	5	0
Iowa City High	9	4	0	12	6	0
Cedar Rapids Washington	8	5	0	9	8	0
Cedar Rapids Xavier	6	7	0	8	10	0
Cedar Rapids Prairie	5	8	0	6	10	0
Waterloo West	2	11	0	2	15	0
Waterloo East	0	13	0	0	16	0

Valley Division

<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Cedar Rapids Kennedy	13	0	0	20	1	0
Iowa City West	12	1	0	18	4	0
Linn-Mar	9	4	0	11	8	0
Cedar Falls	7	6	0	9	10	0
Cedar Rapids Jefferson	5	8	0	7	11	0
Dubuque Senior	4	9	0	9	10	0
Dubuque Wahlert	1	12	0	3	15	0

2016 MVC JV Girls Soccer Standings (FINAL)**Mississippi Division**

<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Cedar Rapids Prairie	7	2	2	9	2	2
Dubuque Hempstead	5	5	1	7	5	1
Cedar Rapids Washington	4	6	1	7	6	2
Cedar Rapids Xavier	3	7	1	4	8	1
Iowa City High	2	8	1	4	8	3
Waterloo West	1	10	0	1	12	0
Waterloo East (no JV Team)	-	-	-	-	-	-

Valley Division

<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Iowa City West	10	0	1	11	0	2
Cedar Rapids Kennedy	9	1	1	9	1	1
Linn-Mar	8	2	1	9	3	2
Cedar Falls	7	2	2	10	3	3
Dubuque Senior	3	5	3	6	6	4
Dubuque Wahlert	0	11	0	0	14	0
CR Jefferson (no JV Team)	-	-	-	-	-	-

**2016 Mississippi Valley Conference
Girls' Soccer All-Division Selections**

Mississippi Division

	<u>Sch</u>	<u>Gr</u>
Abby Harbin	DH	11
Izzy Guyer	WW	9
Chad Hollmer & Staff	CRW	
Dubuque Hempstead		

Athlete of the Year
Keeper of the Year
Coach of the Year
Team Champion

Valley Division

	<u>Sch</u>	<u>Gr</u>
Regan Steigleder	ICW	11
Allie Strottman	LM	11
Scott Myers & Staff	CRK	
CR Kennedy		

FIRST TEAM**Mississippi Division**

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Abby Harbin	DH	11
Alesha Duccini	DH	12
Mariah Morris	DH	11
Madison DePrenger	ICH	12
Grace Brown	ICH	11
Ashley Smith	ICH	12
Skyla Atkins	CRW	10
Hannah Sacora	CRW	10
Sarah Altemeier	CRW	10
Grace McDermott	CRX	12
Addy Hoffman	CRX	11
Cayla Renwick	CRP	11
Kelsey Wenger	CRP	12

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Carly Langhurst	CRK	12
Anna Frerichs	CRK	12
Morgan Petsche	CRK	12
Sydney Hayden	CRK	12
Katie Olson	ICW	12
Payton Pottratz	ICW	12
Emma Cooper	ICW	11
Claire Larson	LM	12
Jaclyn Simons	LM	11
Kate Motzko	CF	11
Ali Perez	CF	12
Taylor Kinney	CRJ	11
Karissa Demoss	DS	10

SECOND TEAM**Mississippi Division**

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Calee O'Hare	DH	12
Izzy Mejia	DH	12
Holly Bitter	DH	11
Delaney Johnson	ICH	12
Lizzy Ward	ICH	12
Sydney Schroder	ICH	11
Rachael Oelrich	CRW	12
Hallie Cooper	CRW	11
Paige Diebold	CRX	10
Ellie Fischer	CRX	11
Alexa Martin	CRP	12
Whitney Smith	WW	12
MacKenzie McCoy	WE	9

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Olivia Hellweg	CRK	10
Linden Runels	CRK	12
Kenadee Dekko	CRK	10
Claire McDonnell	ICW	12
Anna Zimmerman	ICW	12
Tia Saunders	ICW	12
Karlye Waterman	LM	11
Jenna Ajram	LM	12
Rachel Crawford	LM	11
Carly Ekstrom	CF	12
Keagan Ovenshire	CRJ	10
Nadia Waid	DS	10
Elle Burgmeier	DW	11

**2016 Mississippi Valley Conference
Girls' Soccer All-Division Selections**

HONORABLE MENTION

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Sophie Ortiz	CRP	12
Sophia Meier	CRP	9
Kelly King	CRW	11
Ashley Hageman	CRW	10
Brylee Bastian	CRX	12
Elena Minor	CRX	10
Erin Rieckens	DH	9
Margaret Kratz	DH	12
Samantha Schroder	ICH	9
Naomi Meurice	ICH	9
Bethany O'Clair	WE	12
Claire Gilmore	WW	12
Morgan Seemann	WW	12

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Carley Cross	CF	12
Andrea Schreiber	CF	12
Tori Roethler	CRJ	11
Lauren Lauterwasser	CRJ	11
Olivia Weigel	CRK	12
Kasey Dekko	CRK	12
Tia Martin	DS	9
Laura Zepeski	DS	12
Emma Wachter	DW	10
Leni Grap	DW	9
Lexi Shaffer	ICW	11
Leah Rhodes	ICW	11
Lexi Frese	LM	11
Hannah Garcia	LM	9

ALL ACADEMIC

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Cassie Noel	CRP	12
Kelsey Wenger	CRP	12
Rachael Oelrich	CRW	12
Maggie Clair	CRW	11
McKenna Lloyd	CRX	12
Hannah Chicchelly	CRX	12
Martha Kratz	DH	12
Alesha Duccini	DH	12
Katherine Bouska	ICH	12
Ashley Smith	ICH	12
Cara McKinstry	WE	12
Bethany O'Clair	WE	12
Claire Gilmore	WW	12
Morgan Seemann	WW	12

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Alexandra Perez	CF	12
Kayla Baker	CF	12
Annika Horning	CRJ	11
Kylie Wise	CRJ	11
Anna Frerichs	CRK	12
Linden Runels	CRK	12
Hana Franck	DS	12
Katina Zentz	DS	12
Brooke Brimeyer	DW	12
Brooke Rizzetto	DW	12
Morgan Schmitt-Morris	ICW	12
Anna Zimmerman	ICW	12
Amanda Heiderscheit	LM	12
Allie Noggle	LM	12

2016 MVC-Varsity Girls' Soccer
Team Season Stats(QuickStats)

Mississippi Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>G</u>	<u>A</u>	<u>P</u>	<u>Sh</u>	<u>Sh %</u>	<u>SOG</u>	<u>SOG %</u>	<u>CK</u>	<u>PKM</u>	<u>PKA</u>	<u>GA</u>	<u>GA Avg</u>	<u>S</u>	<u>S %</u>
Dubuque, Hempstead	15-4-0	19	74	62	210	118	0.627	184	0.402	63	2	2	20	1.2	28	0.583
Iowa City, City High	12-6-0	18	62	40	164	240	0.258	230	0.270	59	1	1	14	0.8	54	0.794
Cedar Rapids, Washington	9-7-0	16	41	35	117	157	0.261	94	0.436	16	5	6	16	1.1	61	0.792
Xavier, Cedar Rapids	8-10-0	18	43	26	112	280	0.154	152	0.283	51	0	0	25	1.7	82	0.766
Prairie, Cedar Rapids	6-10-0	16	41	28	110	312	0.131	171	0.240	55	1	1	28	1.8	89	0.761
Waterloo, West	2-15-0	17	17	10	44	17	1.000	41	0.415	8	2	2	97	5.9	284	0.745
Waterloo, East	0-14-0	14	0	0	0	3	0.000	2	0.000	0	0	0	134	13.9	153	0.533

Valley Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>G</u>	<u>A</u>	<u>P</u>	<u>Sh</u>	<u>Sh %</u>	<u>SOG</u>	<u>SOG %</u>	<u>CK</u>	<u>PKM</u>	<u>PKA</u>	<u>GA</u>	<u>GA Avg</u>	<u>S</u>	<u>S %</u>
Cedar Rapids, Kennedy	20-1-0	21	83	47	213	392	0.212	246	0.337	89	4	6	12	0.7	72	0.857
Iowa City, West	17-3-0	20	69	49	187	428	0.161	428	0.161	101	5	5	10	0.5	47	0.825
Linn-Mar, Marion	11-8-0	19	39	27	105	287	0.136	184	0.212	51	3	3	12	0.6	128	0.914
Cedar Falls	9-9-0	18	41	30	112	251	0.163	161	0.255	63	0	0	20	1.1	131	0.868
Dubuque, Senior	7-10-0	17	47	31	125	213	0.221	94	0.500	55	3	7	33	1.8	131	0.799
Cedar Rapids, Jefferson	7-11-0	18	25	9	59	147	0.170	67	0.373	68	4	5	41	2.2	265	0.866
Wahlert, Dubuque	2-15-0	17	9	4	22	13	0.692	25	0.360	23	0	0	77	4.8	191	0.713

2016 Class 3A Iowa Girls Soccer Tournament
Cownie Soccer Complex – Des Moines, IA

Thursday, June 9th - Class 3A Quarterfinals

5:00 p.m. – Field 8: Ankeny Centennial 7, Sioux City East 0

[Scoring Summary](#)

5:15 p.m. – Field 7: Waukee 3, Dubuque Hempstead 2 (2 OT)

[Scoring Summary](#)

5:30 p.m. – Field 6: Iowa City West 3, Pleasant Valley 0

[Scoring Summary](#)

5:45 p.m. – Field 9: Cedar Rapids Kennedy 3, West Des Moines Valley 2

[Scoring Summary](#)

Friday, June 10th - Class 3A Semifinals

5:00 p.m. – Field 6: Top Bracket Semifinal: Ankeny Centennial 2, Waukee 1

[Scoring Summary](#)

5:15 p.m. – Field 9: Bottom Bracket Semifinal: Iowa City West 3, Cedar Rapids Kennedy 0

[Scoring Summary](#)

Saturday, June 12th - Class 3A Championship

4:00 p.m. – Field 9: Class 3A Championship: Ankeny Centennial 2, Iowa City West 1

[Scoring Summary](#)

3A All-Tournament Team

2016 Class 2A Iowa Girls Soccer Tournament
Cownie Soccer Complex – Des Moines, IA

Thursday, June 9th - Class 2A Quarterfinals

2:30 p.m. – Field 8: Lewis Central 5, Winterset/Earlham 0

[Scoring Summary](#)

2:45 p.m. – Field 7: Waverly-Shell Rock 2, North Scott 0

[Scoring Summary](#)

3:00 p.m. – Field 6: Sioux City Bishop Heelan 1, ADM/Van Meter 0

[Scoring Summary](#)

3:15 P.m. – Field 9: Pella 4, Newton 1

[Scoring Summary](#)

Friday, June 10th - Class 2A Semifinals

2:30 p.m. – Field 6: Top Bracket Semifinals: Lewis Central 1, Waverly-Shell Rock 0

[Scoring Summary](#)

2:45 p.m. – Field 9: Bottom Bracket Semifinals: Pella 5, Sioux City Bishop Heelan 2

[Scoring Summary](#)

Saturday, June 11th - Class 2A Championship

1:30 p.m. – Field 9: Class 2A Championship: Lewis Central 5, Pella 0

[Scoring Summary](#)

2A All-Tournament Team

2016 Boys' Tennis



Mississippi Valley Conference**2016 MVC Varsity Boys Tennis Standings (FINAL)****Mississippi Division**

<u>Team</u>	<u>Conference</u>		<u>Overall</u>	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Cedar Rapids Washington	11	1	13	1
Iowa City High	8	4	8	6
Cedar Rapids Xavier	4	8	6	9
Waterloo West	3	8	5	8
Dubuque Hempstead	3	9	5	10
Cedar Rapids Prairie	3	9	3	9
Waterloo East <i>(combined w/ W West)</i>	-	-	-	-

Valley Division

<u>Team</u>	<u>Conference</u>		<u>Overall</u>	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Iowa City West	12	0	16	0
Linn-Mar	10	2	11	3
Dubuque Wahlert	8	4	13	4
Cedar Falls	6	6	7	8
Cedar Rapids Kennedy	5	6	5	7
Dubuque Senior	4	8	6	10
Cedar Rapids Jefferson	0	12	0	12

2016 Mississippi Valley Conference Boys' Tennis All-Division Selections

Mississippi Division

Joseph Hoff	ICH	11
Rusty Graff	CRW	
Cedar Rapids Washington	CRW	

Athlete of the Year
Coach of the Year
Team Champion

Valley Division

Jiung Jung	ICW	11
Mitch Gross	ICW	
Iowa City West	ICW	

FIRST TEAM

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
*	Joe Hoff	ICH	11
*	Max Gruber	ICH	12
*	Parker Muller	CRW	11
*	Jackson Hoyt	CRW	12
	Jon Lansing	CRX	10
	Greg Hensley	ICH	12

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
*	Jiung Jung	ICW	11
*	Gus Zuccaro	DS	12
*	Rami Hemaidan	CRK	10
*	Vineel Mallavarapu	CF	12
	Jacob Mozena	DS	12
	Cole Schneider	ICW	11

* - Unanimous Selection

SECOND TEAM

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Will Riser	CRW	11
	Ty Sherman	CRW	9
	Rami Scheetz	CRW	9
	Briton Bauerly	DH	12
	Evan Gaskill	CRP	11
	Seth Christensen	WW	12

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Jackson Takes	DW	12
	Ryan Smith	ICW	12
	Jack Wenzel	ICW	9
	Sam Shin	ICW	9
	Lucas Huffman	LM	19
	Ben Hediger	LM	10

HONORABLE MENTION

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Joseph Schmitt	CRP	10
	Jason Niccolls	CRP	12
	Dane Van Antwerp	CRW	12
	Jack Parmley	CRW	12
	Alex Hinrichs	CRX	10
	Charlie Esker	CRX	11
	Luke Ellert-Beck	DH	12
	Nathan Tauke	DH	11
	Gabriel Weigel	ICH	10
	Bennett Yeo	ICH	12
	Dan Rafferty	WW	12
	Matt Ritland	WW	12

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Michael Flanscha	CF	12
	Joe Schneider	CF	10
	Alex Moncivais	CRJ	12
	Jacob Henderson	CRJ	11
	Zach Amsler	CRK	12
	Jacob Waack	CRK	12
	Ryan Fair	DS	12
	Drake Oswald	DS	11
	Michael Scherr	DW	12
	Louis Ungs	DW	10
	Yuxuan Zheng	ICW	12
	Brad DiLeo	ICW	10
	Shane Skvor	LM	11
	Kathir Pandian	LM	12

**2016 Mississippi Valley Conference
Boys' Tennis All-Division Selections**

ALL ACADEMIC

Mississippi Division

Jason Niccolls	CRP
Brandon Bruhn	CRP
Darian Thompson	CRW
Bentlee Birchansky	CRW
Charlie Esker	CRX
Blake Magill	CRX
Luke Ellert Beck	DH
Riley Donovan	DH
Max Gruber	ICH
Calvin Greenberg	ICH
Dan Rafferty	WW
Seth Christensen	WW

Valley Division

Ryan Hilby	CF
Vineel Mallavarapu	CF
Sam Ponnada	CF
Kyle Briggs	CRJ
Alex Moncivais	CRJ
Zachary Amsler	CRK
Tai Cheung	CRK
Jacob Mozena	DS
Gus Zuccaro	DS
Michael Scherr	DW
Jackson Takes	DW
Quinn Dawson	ICW
Yuxuan Zheng	ICW
Brock Lukefahr	LM
Kathir Pandian	LM

**IOWA HIGH SCHOOL ATHLETIC ASSOCIATION
2015 CLASS 2A STATE TEAM TENNIS TOURNAMENT
May 31, 2016**

**Ankeny Tennis Courts at Prairie Ridge Sports Complex
1010 NW Prairie Ridge Drive, Ankeny**

**Tournament Managers: Derek Summy, Des Moines
Sandy Sears, Ankeny**

7:45AM, or earlier	All teams arrive at Ankeny Tennis Courts
8:00am	Team pictures
8:00am	Coaches meeting
Conclusion of Coaches Mtg	Play begins
Championship and consolation finals will begin one hour after the last semifinal match.	

CHAMPIONSHIP BRACKET

#1 - Iowa City, West

#4 - Waukee

#3 - Valley, West Des Moines

#2 - Cedar Rapids, Washington

Iowa City, West

1:35 PM

Iowa City, West

Champion

Valley, West Des Moines

CONSOLATION BRACKET

Cedar Rapids, Washington

1:10 PM

Cedar Rapids, Washington

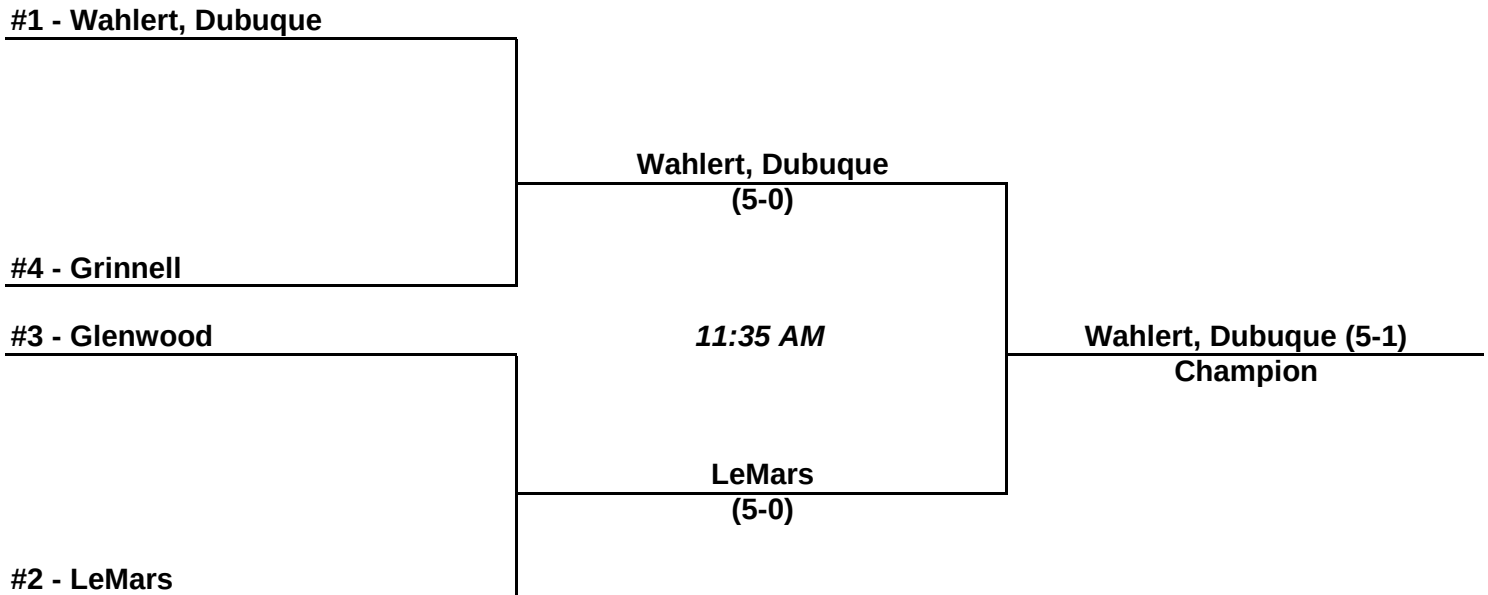
3rd Place

Waukee

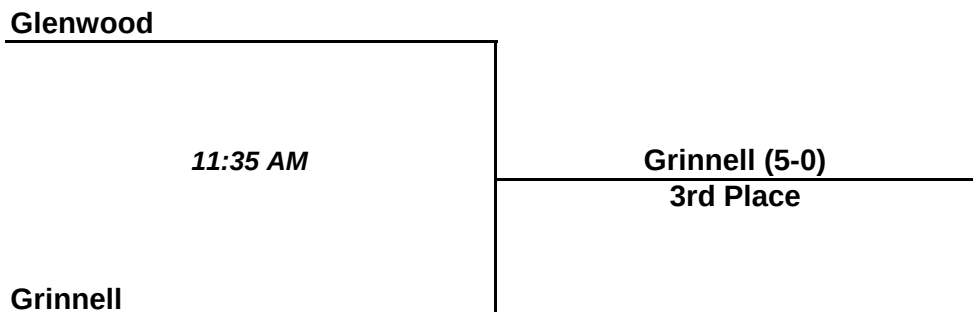
**IOWA HIGH SCHOOL ATHLETIC ASSOCIATION
2015 CLASS 1A STATE TEAM TENNIS TOURNAMENT
May 31, 2016
Waveland Tennis Courts
4822 Observatory Road, Des Moines
Tournament Managers: Craig Ihnen, West Des Moines
Stuart Dusenberry, Atlantic**

7:45AM, or earlier All teams arrive at Waveland Tennis Courts
8:00am Team pictures
8:15am Coaches meeting
Conclusion of Coaches Mtg Play begins
Championship and consolation finals will begin one hour after the last semifinal match.

CHAMPIONSHIP BRACKET



CONSOLATION BRACKET



2016 Girls' Tennis



Mississippi Valley Conference**2016 MVC Varsity Girls Tennis Standings (FINAL)****Mississippi Division**

<u>Team</u>	<u>Conference</u>		<u>Overall</u>	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Cedar Rapids Prairie	13	0	19	0
Iowa City High	11	2	13	3
Dubuque Hempstead	10	3	11	4
Cedar Rapids Washington	7	6	8	8
Cedar Rapids Xavier	5	8	9	10
Waterloo West	3	10	3	12
Waterloo East	0	13	0	17

Valley Division

<u>Team</u>	<u>Conference</u>		<u>Overall</u>	
	<u>W</u>	<u>L</u>	<u>W</u>	<u>L</u>
Linn-Mar	13	1	17	3
Iowa City West	9	4	11	5
Dubuque Wahlert	6	7	7	10
Cedar Falls	5	8	7	10
Dubuque Senior	4	9	6	13
Cedar Rapids Kennedy	4	9	4	10
Cedar Rapids Jefferson	2	11	4	12

2016 Mississippi Valley Conference Girls' Tennis All-Division Selections

Mississippi Division

Vale Caro	CRP	11
Scott Leggat	CRP	
Cedar Rapids Prairie	CRP	

Athlete of the Year
Coach of the Year
Team Champion

Valley Division

Ellie Anderson	LM	11
Stacie Carpenter	LM	
Linn-Mar	LM	

FIRST TEAM

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
*	Hannah Sherman	CRW	11
*	Kelly King	CRW	11
*	Innes Hicsasmaz	ICH	12
*	Joyce Sun	DH	9
*	Vale Caro	CRP	11
*	Magui Caro	CRP	12

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
*	Emma Koch	ICW	9
*	Ellie Anderson	LM	11
	Becky Hughes	CF	12
	Madison McCann	CF	12
	Abby Jans	ICW	11
	Audrey Hinz	DW	11

* - Unanimous Selection

SECOND TEAM

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Susanna Gianola	ICH	12
	Bihotza James-Lejarcegui	ICH	12
	Karleigh Schilling	CRP	11
	Kasey Davis	DH	12
	Tina Kajtazovic	WW	12
	Katie Neumeyer	CRX	12
	Megan DMello	CRX	12
	Eliza Sundermann	CRW	11

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Lauren Pinchuk	DS	11
	Shelby Cook	CRK	10
	Nicole Glanz	LM	12
	Naomi Brehm	DS	12
	Kaily Speer	ICW	9
	Jamie Wantock	LM	12

HONORABLE MENTION

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Anna Postnikov	CRP	10
	Lauren O'Brian	CRP	12
	Abbie VanMetre	CRW	11
	Kaytie Schuler	CRW	10
	Nina Marquardt	CRX	10
	Ellie Detweiler	CRX	12
	Sydney Connolly	DH	12
	Taylor Edminster	DH	12
	Lucy Wagner	ICH	11
	Amelia Prybil	ICH	11
	Jessica Boeck	WE	12
	Ashley Woods	WE	10
	Madison Chidester	WW	12
	Abigail Staples	WW	12

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Rachel Paup	CF	12
	Mary Anton	CF	12
	Maddie Slagle	CRJ	10
	Emma Lassen	CRJ	9
	Gabby Olejniczak	CRK	12
	Lauren Gifford	CRK	12
	Allie Pinchuk	DS	10
	Claire Coleman	DS	12
	Maria Wright	DW	12
	Anna Herrig	DW	10
	Simran Sarin	ICW	11
	Elise Chang	ICW	11
	Megan Burr	LM	11
	Jessica Carpenter	LM	12

**2016 Mississippi Valley Conference
Girls' Tennis All-Division Selections**

ALL ACADEMIC

Mississippi Division

Magui Caro	CRP
Lauren O'Brian	CRP
Kelly King	CRW
Hannah Sherman	CRW
Katie Neumeyer	CRX
Megan DMello	CRX
Sydney Connolly	DH
Taylor Edminster	DH
Innes Hicsasmaz	ICH
Aubree Dawson	ICH
Jessica Boeck	WE
Brittney Willett	WE
Madison Ames	WW
Maggie Smith	WW

Valley Division

Mary Anton	CF
Madison McCann	CF
Hailey Everhart	CRJ
Ashley Davidson	CRJ
Lauren Gifford	CK
Aimee Ermer	CK
Naomi Brehm	DS
Lauren Pinchuk	DS
Cindy Stierman	DW
Maria Wright	DW
Simran Sarin	ICW
Elise Chang	ICW
Jessica Carpenter	LM
Nicole Glanz	LM

2016 Girls' Golf



2016 MVC Girls' Golf SUPERMEET Results

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Cedar Falls	335
2nd	Dubuque Senior	344
3rd	Dubuque Hempstead	349
4th	IC West	352
5th	Cedar Rapids Kennedy	356
6th	Linn-Mar	383
7th	Dubuque Wahlert	386
8th	IC City High	386
9th	Cedar Rapids Washington	407
10th	Cedar Rapids Xavier	408
11th	Waterloo West	421
12th	Cedar Rapids Prairie	427
13th	Waterloo East	470
14th	Cedar Rapids Jefferson	484

2016 MVC Girls' Golf DIVISIONAL Meets Results**Mississippi Division**

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Dubuque Hempstead	360
2nd	Iowa City High	377
3rd	Cedar Rapids Washington	399
4th	Cedar Rapids Prairie	415
5th	Waterloo West	421
6th	Cedar Rapids Xavier	428
7th	Waterloo East	472

Valley Division

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Cedar Falls	343
2nd	Dubuque Senior	349
3rd	Dubuque Wahlert	352
4th	Cedar Rapids Kennedy	356
5th	Iowa City West	358
6th	Linn-Mar	397
7th	Cedar Rapids Jefferson	460

2015 MVC Combined Girls' Golf SUPERMEET & DIVISIONAL Meets Results**Mississippi Division**

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	DBQ Hempstead	709
2nd	IC City High	763
3rd	CR Washington	806
4th	CR Xavier	836
5th	CR Prairie	842
6th	Waterloo West	842
7th	Waterloo East	942

Valley Division

<u>Place</u>	<u>Team Name</u>	<u>Pts</u>
1st	Cedar Falls	678
2nd	DBQ Senior	693
3rd	IC West	710
4th	CR Kennedy	712
5th	DBQ Wahlert	738
6th	Linn-Mar	780
7th	CR Jefferson	944

**2016 Mississippi Valley Conference
Girls' Golf All-Division Selections**

Mississippi Division

Sarah Overton	ICH	11
Karla Weber	DH	
Dubuque Hempstead	DH	

Athlete of the Year
Coach of the Year
Team Champion

Valley Division

Maddie Hawkins	DS	11
Megan Youngkent	CF	--
Cedar Falls	CF	

FIRST TEAM**Mississippi Division**

<u>Golfer</u>	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Sarah Overton	ICH	12	162
Tierney Dalsing	DH	12	168
Amy Olberding	CRX	12	175
Abby Tefft	DH	11	179
Lindsay Benko	DH	12	179
Sky Shield	ICH	12	181

Valley Division

<u>Golfer</u>	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Maddie Hawkins	DS	11	150
Sierra Hargens	CRK	12	151
Jordan Amelon	ICW	11	164
Hailey Bermel	CF	11	164
Hannah Bermel	CF	11	166
Mackenzi Marsh	ICW	12	167

SECOND TEAM**Mississippi Division**

<u>Golfer</u>	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Hanna Zikuda	WW	11	182
Danielle Gorman	DH	12	186
Brett Visser	CRW	12	189
Catie Locher	CRX	12	189
Sierra Thurston	DH	12	192
Peyton Staab	CRP	11	195
Audrey Kreiling	DH	11	195

Valley Division

<u>Golfer</u>	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Abby Marting	DS	9	170
Kenzie Roberts	CF	11	176
Alex Miller	CF	12	177
Taylor Sernett	CF	11	178
Katie Choate	CRK	11	179
Avery Kout	ICW	12	179

HONORABLE MENTION**Mississippi Division**

<u>Golfer</u>	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Isabelle Congdon	WW	10	203
Lexi Shield	ICH	10	204
Madie Baird	CRW	10	205
Grace Claassen	CRW	11	206
Devon O'Donnell	CRW	11	206

Valley Division

<u>Golfer</u>	<u>Sch</u>	<u>Gr</u>	<u>Score</u>
Mary Edwards	DW	9	181
Sara Swift	DS	9	183
Clare Rolinger	CF	10	184
Charlotte Flynn	DW	12	184
Tori Niemeyer	LM	9	185
Natalie Rapp	DW	12	186

**2016 Mississippi Valley Conference
Girls' Golf All-Division Selections**

All-Academic

Mississippi Division

<u>Golfer</u>	<u>Sch</u>
Peyton Staab	CRP
Hanna Stebral	CRP
Brett Visser	CRW
Riley DeWolf	CRW
Kayla Brady	CRX
Amy Olberding	CRX
Lindsay Benko	DH
Sierra Thurston	DH
Abby Dickson	ICH
Autumn Moen	ICH
Ashley Cary	WE
Riley Denton	WE
Anna Smith	WW
Mackenzie Buchholz	WW

Valley Division

<u>Golfer</u>	<u>Sch</u>
Alexandria Miller	CF
Hannah Bermel	CF
Taylor Sernet	CF
Emily Smith	CRJ
Regan Grekoff	CRJ
Nicole DeCoste	CRK
Abigail Krueger	CRK
Jessica Westhoff	DS
Gabrielle Leitner	DS
Charlotte Flynn	DW
Natalie Rapp	DW
Abbie Moore	ICW
Avery Kout	ICW
Danielle Gerlach	LM
--	LM

2016 Iowa HS Girls' Golf Results

Class 5A Girls' Golf Results

(Lake Panorama National Golf Course, Panora, IA)

<u>Place</u>	<u>Team Name</u>	<u>1st Rnd</u>	<u>2nd Rnd</u>	<u>Total</u>
1st	Cedar Falls	322	321	643
2nd	West Des Moines Dowling	335	319	654
3rd	Ankeny Centennial	334	335	669
4th	Waukee	339	334	673
5th	Dubuque Hempstead	368	351	719
6th	Dubuque Senior	363	359	722
7th	Cedar Rapids Kennedy	364	362	726
8th	Iowa City West	367	360	727

Class 4A Girls' Golf Results

(Coldwater Golf Links, Ames, IA)

<u>Place</u>	<u>Team Name</u>	<u>1st Rnd</u>	<u>2nd Rnd</u>	<u>Total</u>
1st	Washington	351	364	715
2nd	Fairfield	369	363	732
3rd	DBQ Wahlert	361	375	736
4th	Pella	366	389	755
5th	Creston/OM	375	407	782
6th	Mount Pleasant	394	392	786
7th	Western Dubuque	415	389	804
8th	Spencer	420	425	845

2016 Summer Sports



2016 Softball



Mississippi Valley Conference**2016 MVC Varsity Softball Standings (FINAL)****Mississippi Division**

<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Cedar Rapids Prairie	18	8	0	26	15	0
Dubuque Hempstead	15	11	0	21	15	0
Waterloo West	13	13	0	19	23	0
Waterloo East	12	14	0	15	27	0
Cedar Rapids Xavier	11	15	0	18	25	0
Cedar Rapids Washington	9	17	0	14	25	0
Iowa City High	8	18	0	12	30	0

Valley Division

<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Cedar Rapids Kennedy	24	2	0	37	5	0
Iowa City West	23	3	0	30	11	0
Cedar Rapids Jefferson	20	6	0	31	9	0
Linn-Mar	17	9	0	26	15	0
Dubuque Senior	9	17	0	17	25	0
Dubuque Wahlert	2	24	0	5	34	0
Cedar Falls	1	25	0	3	36	0

2016 Mississippi Valley Conference Softball All-Division Selections

Mississippi Division

	<u>Sch</u>	<u>Gr</u>
Jaclyn Spencer	WW	12
Joe Yegge and Staff	CRP	
Cedar Rapids Prairie		

Athlete of the Year
Athlete of the Year
Coach of the Year
Team Champion

Valley Division

	<u>Sch</u>	<u>Gr</u>
Tianna Drahn	CRK	12
Adara Opiola	ICW	12
Dan Gratz and Staff	CRK	
Cedar Rapids Kennedy		

FIRST TEAM

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
*	Natalie Halvorson	CRP	11
*	Jaclyn Spencer	WW	12
	Neila Bell	CRP	12
*	Jessi Puk	CRW	11
	Lauren Kuch	CRP	11
	Jamie Feltes	CRX	12
	Bri Netty	WE	10
	Morgan Lewis	CRP	10
	Kayla Ryan	WE	11
	Morgan Krug	DH	10
	Katie Langholz	CRX	10
	Payton Bruner	CRW	12

Position

Pitcher
Pitcher
Catcher
Infield
Infield
Infield
Infield
Outfield
Outfield
Outfield
Utility
Utility

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
*	Jessie Harder	ICW	12
	Erica Oler	CRJ	10
	Taylor Libby	ICW	12
*	Adara Opiola	ICW	12
	Megan Weber	CRK	11
	Sydney Tigges	DS	12
	Erin Kuba	CRJ	12
*	Tianna Drahn	CRK	12
*	Taleah Smith	ICW	11
	Ariana Rolle	LM	10
	Ashley Hamilton	CRK	11
	Avery Guy	CRJ	11

* Indicates Unanimous

* Indicates Unanimous

SECOND TEAM

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Malarie Huseman	DH	8
	Rylie Kane	CRP	12
	Alana Cooksley	DH	10
	Ellie Grace Dixon	ICH	11
	Kaylie Springer	DH	8
	Colleen Duffy	WW	10
	Cassie Himmelsbach	CRX	11
	Olivia Richards	CRX	9
	Grace Brown	ICH	11
	Anna Kramer	DH	12
	Abigail Doering	WW	10
	Dana Riley	CRW	11

Position

Pitcher
Pitcher
Catcher
Infield
Infield
Infield
Infield
Outfield
Outfield
Outfield
Utility
Utility

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Abby Henderson	ICW	10
	Ashley Winterowd	CRK	10
	Peyton Baskerville	CRK	12
	Kennedy Dighton	CRJ	11
	Lindsey Culver	CRJ	9
	Elison Ollinger	LM	11
	Paige Timmerman	CRK	12
	Brylee Klosterman	ICW	8
	Katie Breitbach	DW	11
	Sydney Briney	CRJ	11
	Alli Tigges	DS	10
	Jenna Schwartzhoff	CRK	11

**2016 Mississippi Valley Conference
Softball All-Division Selections**

HONORABLE MENTION

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Haley McFarlane	CRP	11
Taylor Moenk	CRP	12
Isa Truemper	CRW	8
Grace Stockmaster	CRW	9
Steph Wehr	CRX	12
Maria Steffen	CRX	10
Jenna Springer	DH	10
Amber Cooksley	DH	10
Sydney Fellows	ICH	8
Gabrielle Hiatt	ICH	11
Josie Stocks	WE	8
Kaylee Hanks	WE	11
Lauren Conrey	WW	8
Sydney McFarland	WW	11

Position

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Cara Forsblom	CF	9
Leah Forsblom	CF	11
Emily Oler	CRJ	11
Hannah Markham	CRJ	9
Sydney Kinney	CRK	11
Camryn Jeffords	CRK	10
Jess Westhoff	DS	12
Kristina Robey	DS	12
Hayley Schaefer	DW	12
Alysia Kunkel	DW	10
Skylar Ryan	ICW	11
Darby Donovan	ICW	11
Ally Johnson	LM	10
Christina Lincoln	LM	11

ALL ACADEMIC

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Neila Bell	CRP	12
Taylor Moenk	CRP	12
Anne Riley	CRW	12
Payton Bruner	CRW	12
Jamie Feltes	CRX	12
Stephanie Wehr	CRX	12
Anna Kramer	DH	12
Brooke Tauber	DH	11
Grace Brown	ICH	12
Gabrielle Hiatt	ICH	12
Jackie Henry	WE	11
Leah Frost	WE	11
Jaclyn Spencer	WW	12
Sydney McFarland	WW	11

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Leah Forsblom	CF	11
---	CF	
Erin Kuba	CRJ	12
Emily Oler	CRJ	11
Peyton Baskerville	CRK	12
Tianna Drahn	CRK	12
Jess Westhoff	DS	12
Sydney Tigges	DS	12
Annie Hingtgen	DW	12
Hayley Schaefer	DW	12
Jessie Harder	ICW	12
Edie Schwickerath	ICW	12
Megan Willey	LM	12
Michaela Kennedy	LM	12

2016 FINAL MVC Softball Batting Stats**Mississippi Division**

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>AB</u>	<u>R</u>	<u>H</u>	<u>2B</u>	<u>3B</u>	<u>HR</u>	<u>RBI</u>	<u>SAC</u>	<u>BB</u>	<u>SO</u>	<u>SB</u>	<u>SBA</u>	<u>HBP</u>	<u>OBP</u>	<u>SLG</u>	<u>AVG</u>
Prairie, Cedar Rapids	18-8-0	26	735	196	242	43	7	18	166	33	76	83	36	38	9	0.399	0.480	0.329
Dubuque, Hempstead	15-11-0	26	733	145	258	44	3	4	119	20	58	67	1	1	12	0.408	0.437	0.352
Waterloo, West	13-13-0	26	614	129	194	28	2	14	88	41	80	83	5	5	7	0.401	0.436	0.316
Waterloo, East	12-14-0	26	687	144	208	35	3	8	123	18	54	107	41	43	16	0.367	0.397	0.303
Xavier, Cedar Rapids	11-15-0	26	726	167	229	42	2	18	156	31	71	73	24	25	15	0.388	0.453	0.315
Cedar Rapids, Washington	9-17-0	26	657	103	213	29	7	4	75	14	53	100	32	32	2	0.376	0.408	0.324
Iowa City, City High	8-18-0	26	641	119	160	30	1	10	96	0	68	105	7	9	2	0.323	0.346	0.250

Valley Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>AB</u>	<u>R</u>	<u>H</u>	<u>2B</u>	<u>3B</u>	<u>HR</u>	<u>RBI</u>	<u>SAC</u>	<u>BB</u>	<u>SO</u>	<u>SB</u>	<u>SBA</u>	<u>HBP</u>	<u>OBP</u>	<u>SLG</u>	<u>AVG</u>
Cedar Rapids, Jefferson	20-6-0	26	720	224	309	45	3	31	197	25	77	38	33	36	17	0.495	0.629	0.429
Cedar Rapids, Kennedy	24-2-0	26	731	220	321	64	4	17	218	36	54	54	104	113	15	0.488	0.607	0.439
Iowa City, West	23-3-0	26	720	203	274	45	4	20	191	19	81	51	74	76	16	0.454	0.538	0.381
Linn-Mar, Marion	17-9-0	26	727	161	237	33	7	6	141	36	59	73	14	19	22	0.394	0.415	0.326
Dubuque, Senior	9-17-0	26	703	142	202	41	1	15	122	30	55	102	21	22	8	0.346	0.413	0.287
Cedar Falls	1-25-0	26	632	67	150	34	0	4	48	11	40	105	48	52	9	0.292	0.310	0.237
Wahlert, Dubuque	2-24-0	26	565	43	106	7	1	3	42	6	46	151	17	17	9	0.260	0.219	0.188

2016 FINAL MVC Softball Pitching Stats**Mississippi Division**

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>IP</u>	<u>S</u>	<u>HA</u>	<u>RA</u>	<u>ER</u>	<u>ERA</u>	<u>BB</u>	<u>HB</u>	<u>Ks</u>	<u>Opp AB</u>	<u>Opp BA</u>
Prairie, Cedar Rapids	18-8-0	26	168 1/3	2	148	87	54	2.25	53	9	146	743	0.199
Dubuque, Hempstead	15-11-0	26	157	0	165	94	65	2.90	44	16	72	620	0.266
Waterloo, East	12-14-0	26	162	1	207	130	81	3.50	59	5	66	693	0.299
Waterloo, West	13-13-0	26	163	1	168	156	92	3.95	67	9	159	767	0.219
Xavier, Cedar Rapids	11-15-0	26	163	0	212	169	137	5.88	106	16	63	859	0.247
Cedar Rapids, Washington	9-17-0	26	161 2/3	1	267	191	149	6.45	45	9	47	822	0.325
Iowa City, City High	8-18-0	26	151 1/3	0	285	238	148	6.85	71	2	66	855	0.333

Valley Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>IP</u>	<u>S</u>	<u>HA</u>	<u>RA</u>	<u>ER</u>	<u>ERA</u>	<u>BB</u>	<u>HB</u>	<u>Ks</u>	<u>Opp AB</u>	<u>Opp BA</u>
Cedar Rapids, Kennedy	24-2-0	26	170	2	132	56	26	1.07	41	5	143	715	0.185
Iowa City, West	23-3-0	26	167	2	132	64	39	1.63	52	3	107	627	0.211
Cedar Rapids, Jefferson	20-6-0	26	155	2	151	75	56	2.53	31	1	108	629	0.240
Linn-Mar, Marion	17-9-0	26	170	3	178	98	64	2.64	39	7	76	761	0.234
Dubuque, Senior	9-17-0	26	167	1	186	126	105	4.40	89	18	95	746	0.249
Cedar Falls	1-25-0	26	146 2/3	0	66	296	182	8.69	125	27	35	828	0.080
Wahlert, Dubuque	2-24-0	26	143	0	267	263	213	10.43	66	25	46	784	0.341

2016 FINAL MVC Softball Fielding Stats**Mississippi Division**

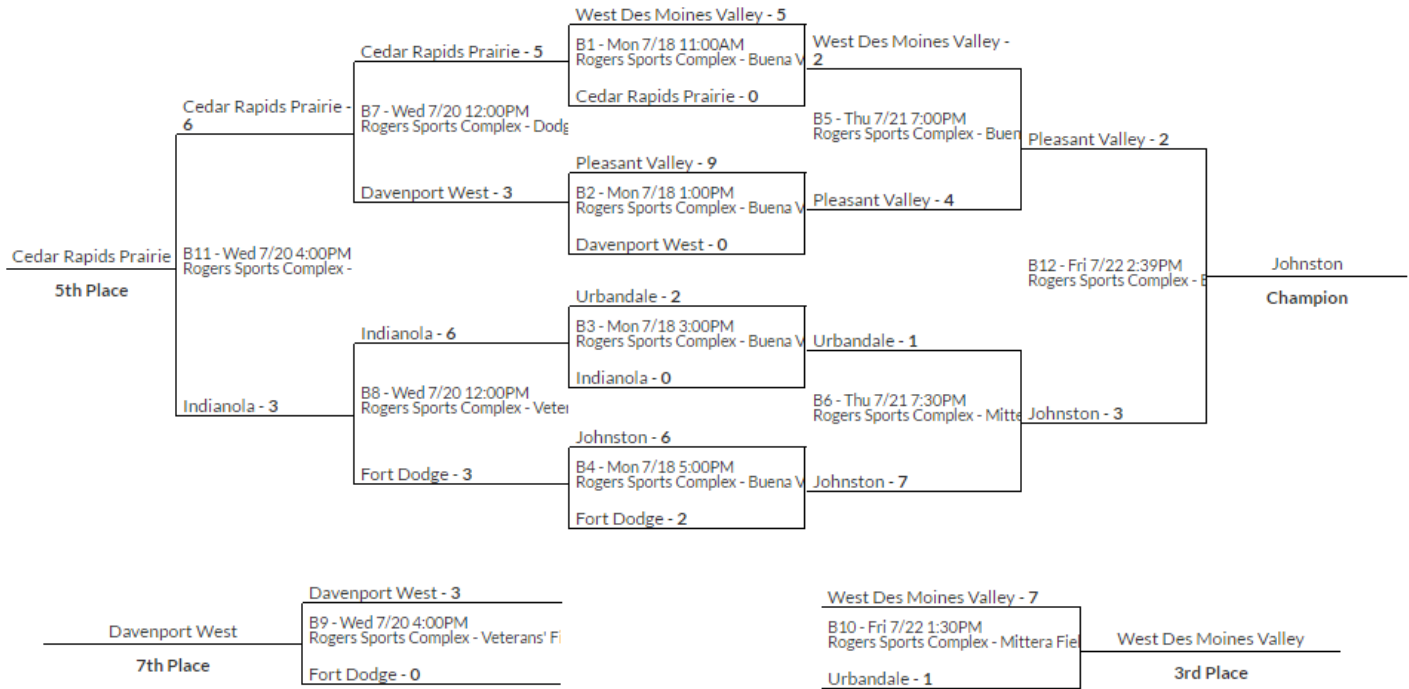
<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>A</u>	<u>PO</u>	<u>E</u>	<u>C</u>	<u>F %</u>	<u>Catcher</u>	
								<u>CS</u>	<u>SBA</u>
<u>Dubuque, Hempstead</u>	15-11-0	26	214	441	18	673	0.973	5	5
<u>Cedar Rapids, Washington</u>	9-17-0	26	286	453	48	787	0.939	1	9
<u>Xavier, Cedar Rapids</u>	11-15-0	26	188	486	44	718	0.939	0	0
<u>Prairie, Cedar Rapids</u>	18-8-0	26	171	505	48	724	0.934	0	0
<u>Waterloo, East</u>	12-14-0	26	232	486	53	771	0.931	3	18
<u>Iowa City, City High</u>	8-18-0	26	16	417	59	492	0.880	0	31
<u>Waterloo, West</u>	13-13-0	26	134	288	62	484	0.872	5	46

Valley Division

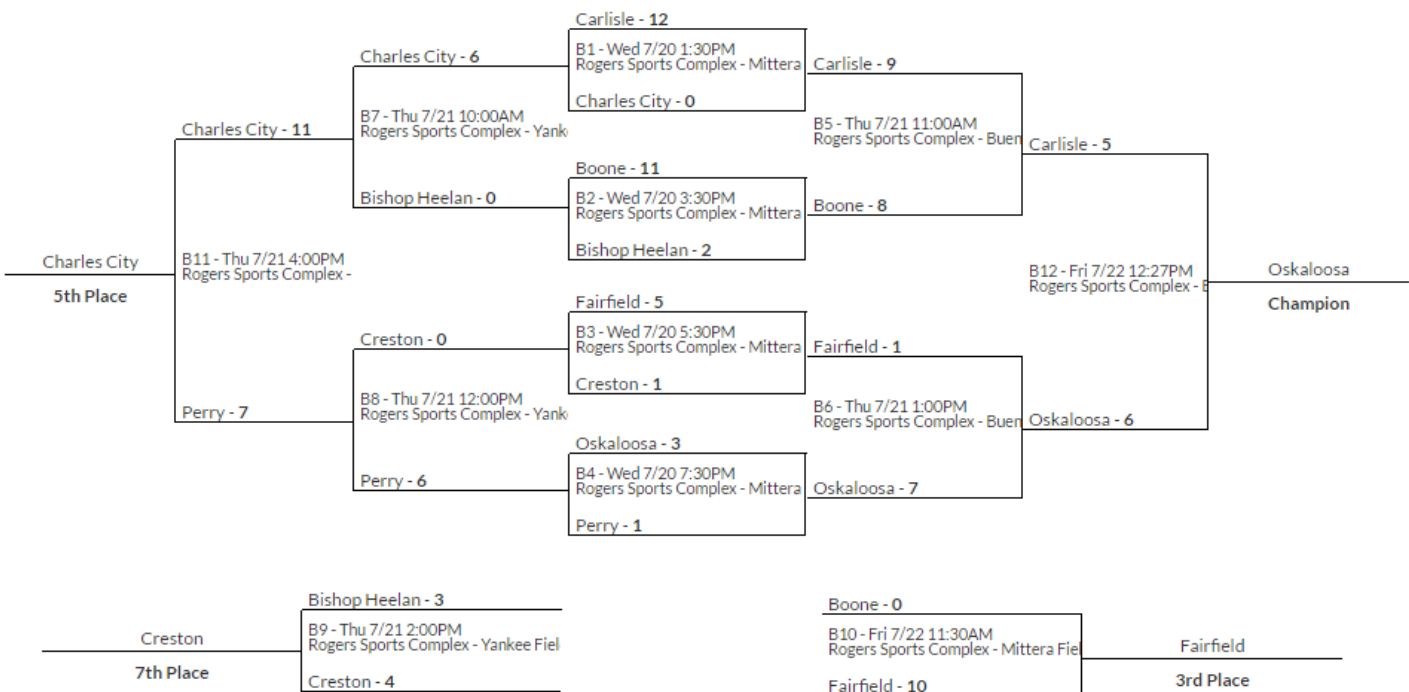
<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>A</u>	<u>PO</u>	<u>E</u>	<u>C</u>	<u>F %</u>	<u>Catcher</u>	
								<u>CS</u>	<u>SBA</u>
<u>Iowa City, West</u>	23-3-0	26	193	498	19	710	0.973	4	2
<u>Cedar Rapids, Jefferson</u>	20-6-0	26	199	448	20	667	0.970	5	2
<u>Dubuque, Senior</u>	9-17-0	26	207	504	31	742	0.958	9	5
<u>Linn-Mar, Marion</u>	17-9-0	26	270	514	40	824	0.951	5	10
<u>Cedar Rapids, Kennedy</u>	24-2-0	26	170	481	54	705	0.923	3	24
<u>Wahlert, Dubuque</u>	2-24-0	26	157	423	70	650	0.892	1	79
<u>Cedar Falls</u>	1-25-0	26	181	413	118	712	0.834	11	39

2016 Iowa State High School Softball Tournament

Class 5A



Class 4A



2016 Baseball



Mississippi Valley Conference**2016 MVC Varsity Baseball Standings (FINAL)****Mississippi Division**

<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Cedar Rapids Prairie	21	5	0	37	6	0
Iowa City High	11	15	0	18	22	0
Cedar Rapids Washington	10	16	0	17	22	0
Dubuque Hempstead	10	15	1	14	24	1
Cedar Rapids Xavier	8	17	1	12	23	1
Waterloo West	4	22	0	8	31	0
Waterloo East	0	26	0	3	37	0

Valley Division

<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Iowa City West	22	4	0	35	7	0
Cedar Rapids Jefferson	19	7	0	28	12	0
Dubuque Senior	18	8	0	25	16	0
Cedar Rapids Kennedy	16	10	0	29	14	0
Dubuque Wahlert	15	11	0	29	15	0
Linn-Mar	14	12	0	18	21	0
Cedar Falls	13	13	0	22	19	0

2016 MVC 10th Baseball Standings (FINAL)**Mississippi Division**

<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Cedar Rapids Prairie	19	6	1	22	8	1
Cedar Rapids Xavier	19	7	0	22	9	0
Iowa City High	17	9	0	27	12	0
Cedar Rapids Washington	14	8	1	26	10	1
Dubuque Hempstead	14	12	0	20	15	1
Waterloo West	1	24	1	5	30	1
Waterloo East	0	24	1	0	25	1

Valley Division

<u>Team</u>	<u>Conference</u>			<u>Overall</u>		
	<u>W</u>	<u>L</u>	<u>T</u>	<u>W</u>	<u>L</u>	<u>T</u>
Linn-Mar	21	5	0	27	9	0
Iowa City West	18	8	0	24	12	0
Cedar Rapids Jefferson	17	9	0	23	13	0
Dubuque Senior	13	13	0	19	18	1
Cedar Rapids Kennedy	12	13	0	14	17	0
Cedar Falls	6	18	0	12	22	0
Dubuque Wahlert	5	20	0	7	26	0

2016 Mississippi Valley Conference Baseball All-Division Selections

Mississippi Division

	<u>Sch</u>	<u>Gr</u>
Tyler Nunemaker	CRP	12
Todd Rima & Staff	CRP	
Cedar Rapids Prairie		

Valley Division

	<u>Sch</u>	<u>Gr</u>
Spencer VanScoyoc	CRJ	12
Charlie Stumpff & Staff	ICW	
Iowa City West		

Athlete of the Year
Coach of the Year
Team Champion

FIRST TEAM

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
*	Darren Kilpatrick	CRP	11
*	Bryce Frantz	ICH	11
*	Brett McCleary	ICH	11
*	Cole Muehring	DH	12
*	Cal Clark	CRP	12
*	Brady Bunten	CRW	10
	Dylan Leigh	ICH	12
*	Tyler Nunemaker	CRP	12
*	Luke Jonasson	CRW	11
*	Sean Murphy	CRX	12
*	Drew Dostal	CRW	11
	Bryce Schulte	CRX	11

Position

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UTL

Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
*	Austin Miller	ICW	12
*	Jakob Kirman	DS	12
*	Matt Berst	CRK	11
	Zeb Render	CRJ	12
*	Izaya Ono-Fullard	ICW	11
*	Tyler Roeder	CRJ	12
	Jared Eivins	CRJ	12
	Connor McCaffery	ICW	11
	Manny Jeffery	LM	12
	Tyler Dralle	CRK	12
*	Spencer VanScoyoc	CRJ	12
	Tucker Mai	DS	12

** Indicates Unanimous*

** Indicates Unanimous*

SECOND TEAM

Mississippi Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Keegan Sanborn	CRP	12
	Connor Duax	DH	11
	Nic Mouglin	CRP	12
	Johnny Dobbs	CRW	12
	Cooper Reittenger	CRP	12
	Tim Doering	WW	12
	Ethan Copeland	CRP	12
	Griffin Fellows	ICH	12
	Chase Pryor	WE	12
	Bryce Charipar	CRX	12
	Blake Viall	CRP	12
	Nile Ringen	ICH	12

Position

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Valley Division

	<u>Player</u>	<u>Sch</u>	<u>Gr</u>
	Austin Savary	DW	11
	Connor VanScoyoc	CRJ	10
	Caleb Stekl	CRJ	12
	Nate Disterhoft	ICW	11
	Josh Gassmann	LM	11
	Bryce Church	CRK	12
	TJ Deardorff	DS	11
	Isaac Evans	DW	12
	Manny Olutunde	CRJ	12
	Cameron Steffen	DS	11
	Nate Barnes	ICW	12
	Jacob Henry	CRK	12

**2016 Mississippi Valley Conference
Baseball All-Division Selections**

HONORABLE MENTION

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Levi Usher	CRP	10
Jared Street	CRP	12
Drew Christensen	CRW	10
Jacob Bockenstedt	CRW	10
Nick Stark	CRX	12
Adam Tvedt	CRX	12
Logan Nauman	DH	12
Zach Stevenson	DH	12
Caleb Sass	ICH	11
Joey Schnoebelen	ICH	11
Cole VanWey	WE	12
Josh Regenold	WE	12
Joel Champion	WW	12
Austin Susong	WW	12

Position

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Jace Lang	CF	12
Austin Marchesani	CF	11
Brock Hunt	CRJ	12
Brayden Frazier	CRJ	10
Anthony Alepra	CRK	11
Parker Kalb	CRK	12
Alex Vaassen	DS	12
Luke Carroll	DS	12
Judd White	DW	12
Alex Timp	DW	11
Tanner Lohaus	ICW	12
Logan Sims	ICW	11
Ben Diestler	LM	11
Kirby Kerr	LM	11

ALL ACADEMIC

Mississippi Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Cal Clark	CRP	12
Cooper Reittinger	CRP	12
Blake Mosely	CRW	12
-	CRW	
Daniel Richardson	CRX	12
KJ Giles	CRX	12
Chase Johnson	DH	12
Cole Muehring	DH	12
Nile Ringen	ICH	12
Dylan Leigh	ICH	12
Dan Snook	WE	12
Dallas Jones	WE	12
Austin Susong	WW	12
Bradley Wellner	WW	12

Valley Division

<u>Player</u>	<u>Sch</u>	<u>Gr</u>
Dakota Schiefelbein	CF	12
Austin Marchesani	CF	11
Zachariah Szabo	CRJ	12
Collin Steimer	CRJ	12
Parker Lloyd	CRK	12
Derek Girling	CRK	12
Tucker Mai	DS	12
Tyler Sippel	DS	12
Isaac Evans	DW	12
Judd White	DW	12
Nate Barnes	ICW	12
Zachary McLean	ICW	12
Manny Jeffery	LM	12
Alex Rakers	LM	12

2016 FINAL MVC Baseball Batting Stats (Conf. Games Only)**Mississippi Division**

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>AB</u>	<u>R</u>	<u>H</u>	<u>2B</u>	<u>3B</u>	<u>HR</u>	<u>RBI</u>	<u>SAC</u>	<u>BB</u>	<u>SO</u>	<u>SB</u>	<u>SBA</u>	<u>HBP</u>	<u>OBP</u>	<u>SLG</u>	<u>AVG</u>
<u>Prairie, Cedar Rapids</u>	21-5-0	26	705	213	241	42	13	6	185	20	101	88	104	118	25	0.442	0.464	0.342
<u>Iowa City, City High</u>	11-15-0	26	724	129	206	35	3	0	108	21	80	128	42	52	21	0.372	0.341	0.285
<u>Dubuque, Hempstead</u>	10-15-1	26	711	120	207	22	2	11	107	22	75	104	18	20	12	0.368	0.374	0.291
<u>Cedar Rapids, Washington</u>	10-16-0	26	724	129	225	41	4	4	123	14	68	109	37	51	28	0.391	0.395	0.311
<u>Xavier, Cedar Rapids</u>	8-17-1	26	698	176	220	52	6	5	152	12	105	123	46	51	23	0.421	0.428	0.315
<u>Waterloo, West</u>	4-22-0	26	637	78	169	21	0	0	55	2	65	127	12	20	13	0.345	0.298	0.265
<u>Waterloo, East</u>	0-26-0	26	543	41	113	16	0	0	32	13	65	145	19	22	9	0.303	0.238	0.208

Valley Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>AB</u>	<u>R</u>	<u>H</u>	<u>2B</u>	<u>3B</u>	<u>HR</u>	<u>RBI</u>	<u>SAC</u>	<u>BB</u>	<u>SO</u>	<u>SB</u>	<u>SBA</u>	<u>HBP</u>	<u>OBP</u>	<u>SLG</u>	<u>AVG</u>
<u>Iowa City, West</u>	22-4-0	26	709	202	243	39	10	11	164	19	122	106	82	96	30	0.459	0.472	0.343
<u>Cedar Rapids, Jefferson</u>	19-7-0	26	734	156	238	57	5	21	139	24	75	106	40	45	11	0.395	0.501	0.324
<u>Dubuque, Senior</u>	18-8-0	26	711	182	209	36	3	13	145	27	125	126	36	42	26	0.418	0.408	0.294
<u>Cedar Rapids, Kennedy</u>	16-10-0	26	717	182	239	38	3	7	145	12	96	89	98	111	26	0.430	0.424	0.333
<u>Wahlert, Dubuque</u>	15-11-0	26	674	115	187	18	9	1	96	25	87	122	42	50	18	0.375	0.335	0.277
<u>Linn-Mar, Marion</u>	14-12-0	26	725	154	236	41	7	0	129	30	109	90	36	43	13	0.423	0.401	0.326
<u>Cedar Falls</u>	13-13-0	26	670	114	154	20	5	1	87	29	78	156	43	54	28	0.335	0.279	0.230

2016 FINAL MVC Baseball Pitching Stats (Conf. Games Only)**Mississippi Division**

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>IP</u>	<u>S</u>	<u>HA</u>	<u>RA</u>	<u>ER</u>	<u>ERA</u>	<u>BB</u>	<u>HB</u>	<u>Ks</u>	<u>Opp AB</u>	<u>Opp BA</u>
Prairie, Cedar Rapids	21-5-0	26	171	5	166	106	89	3.64	111	21	114	787	0.211
Iowa City, City High	11-15-0	26	177	2	212	147	104	4.11	97	17	140	733	0.289
Dubuque, Hempstead	10-15-1	26	172	3	215	140	109	4.44	73	22	104	826	0.260
Cedar Rapids, Washington	10-16-0	26	168	1	202	164	118	4.92	100	28	88	839	0.241
Xavier, Cedar Rapids	8-17-1	26	163 2/3	0	188	159	121	5.18	138	14	89	803	0.234
Waterloo, West	4-22-0	26	157 2/3	1	262	229	156	6.93	111	19	105	872	0.300
Waterloo, East	0-26-0	26	142 1/3	0	273	294	181	8.90	120	20	64	898	0.304

Valley Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>IP</u>	<u>S</u>	<u>HA</u>	<u>RA</u>	<u>ER</u>	<u>ERA</u>	<u>BB</u>	<u>HB</u>	<u>Ks</u>	<u>Opp AB</u>	<u>Opp BA</u>
Cedar Rapids, Jefferson	9-7-0	26	177	4	155	75	53	2.10	59	20	150	761	0.204
Iowa City, West	22-4-0	26	174	4	141	88	63	2.53	74	17	150	658	0.214
Wahlert, Dubuque	15-11-0	26	171 2/3	4	188	105	65	2.65	58	12	70	788	0.239
Dubuque, Senior	18-8-0	26	177	7	182	116	72	2.85	81	18	159	712	0.256
Cedar Rapids, Kennedy	16-10-0	26	172	4	172	113	70	2.85	106	24	155	673	0.256
Cedar Falls	13-13-0	26	175 1/3	2	202	117	76	3.03	65	26	135	833	0.242
Linn-Mar, Marion	14-12-0	26	172	5	189	131	92	3.74	71	22	121	737	0.256

2016 FINAL MVC Baseball Fielding Stats (Conf. Games Only)**Mississippi Division**

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>A</u>	<u>PO</u>	<u>E</u>	<u>C</u>	<u>F %</u>	<u>Catcher</u>	
								<u>CS</u>	<u>SBA</u>
<u>Prairie, Cedar Rapids</u>	21-5-0	26	230	490	23	743	0.969	6	20
<u>Dubuque, Hempstead</u>	10-15-1	26	175	510	51	736	0.931	14	29
<u>Xavier, Cedar Rapids</u>	8-17-1	26	66	483	45	594	0.924	10	60
<u>Iowa City, City High</u>	11-15-0	26	215	534	63	812	0.922	6	40
<u>Cedar Rapids, Washington</u>	10-16-0	26	189	504	69	762	0.909	11	54
<u>Waterloo, West</u>	4-22-0	26	159	465	66	690	0.904	13	19
<u>Waterloo, East</u>	0-26-0	26	99	417	93	609	0.847	3	107

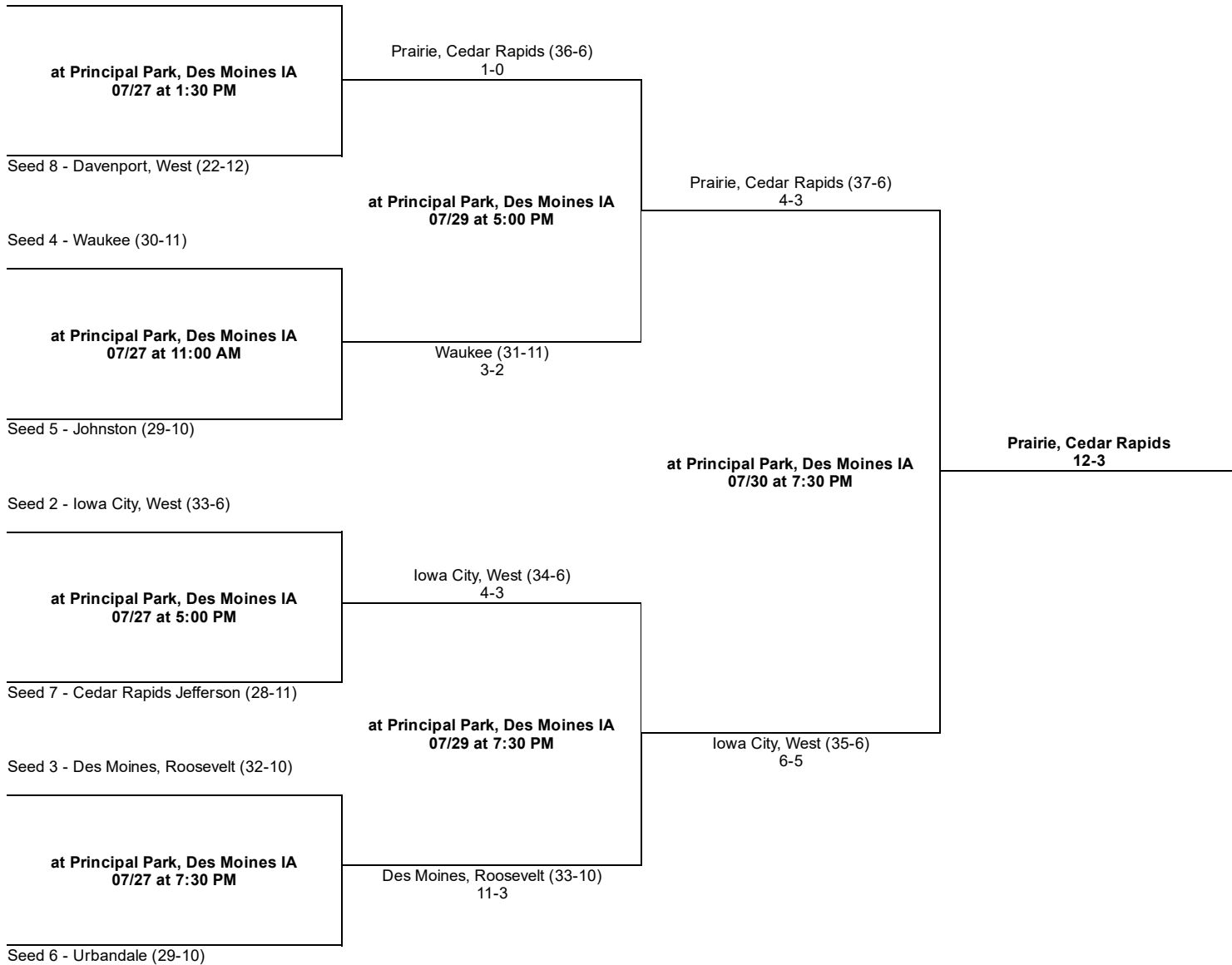
Valley Division

<u>Team</u>	<u>Record</u>	<u>GP</u>	<u>A</u>	<u>PO</u>	<u>E</u>	<u>C</u>	<u>F %</u>	<u>Catcher</u>	
								<u>CS</u>	<u>SBA</u>
<u>Cedar Rapids, Jefferson</u>	19-7-0	26	242	502	33	777	0.958	7	7
<u>Iowa City, West</u>	22-4-0	26	195	522	36	753	0.952	6	18
<u>Wahlert, Dubuque</u>	15-11-0	26	215	515	43	773	0.944	4	26
<u>Cedar Falls</u>	13-13-0	26	211	523	50	784	0.936	9	19
<u>Cedar Rapids, Kennedy</u>	16-10-0	26	153	516	49	718	0.932	17	26
<u>Linn-Mar, Marion</u>	14-12-0	26	133	506	52	691	0.925	11	40
<u>Dubuque, Senior</u>	18-8-0	26	202	531	61	794	0.923	7	22



2016 IHSAA Tournament CLASS 4A STATE BASEBALL

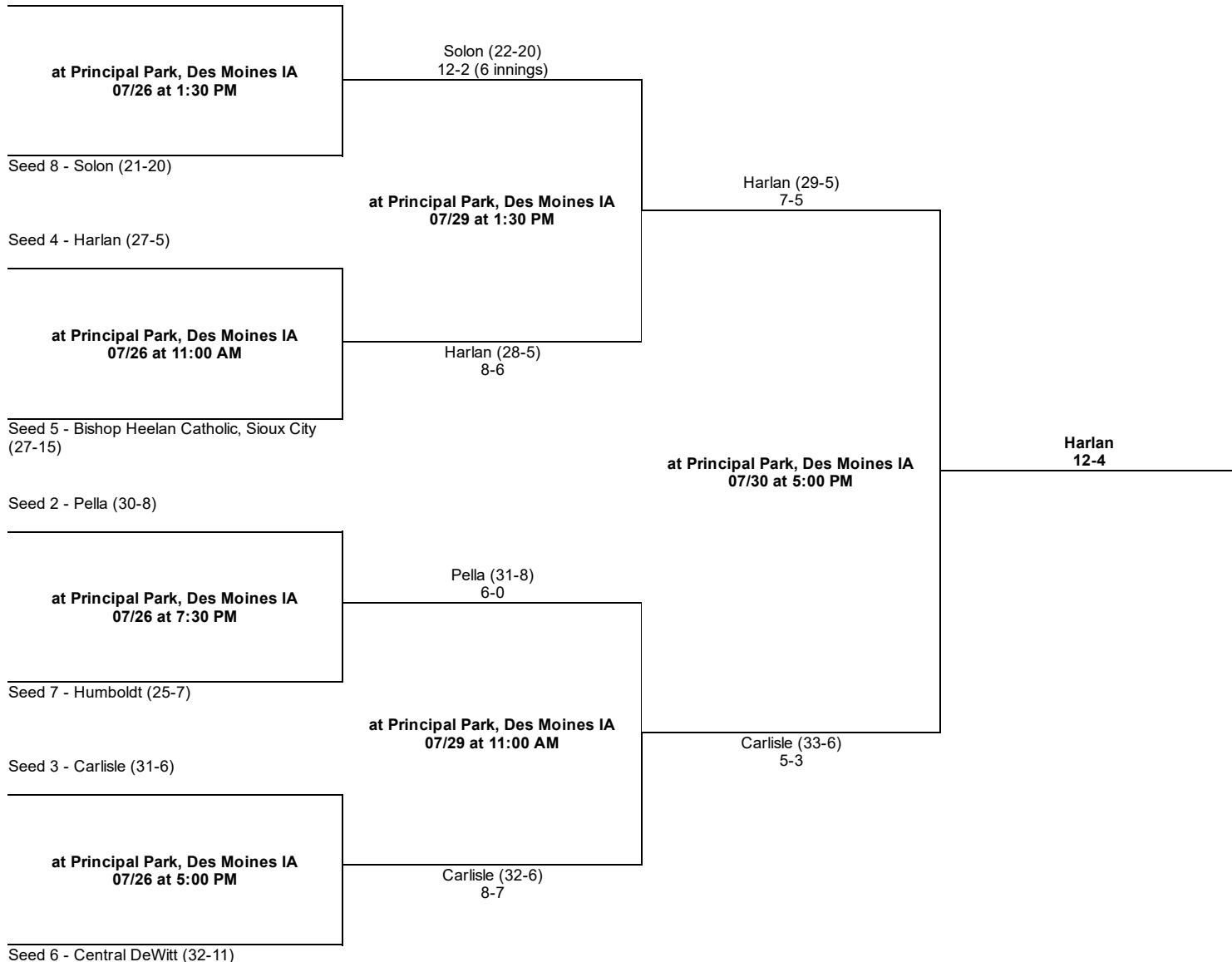
Seed 1 - Prairie, Cedar Rapids (35-6)





2016 IHSAA Tournament CLASS 3A STATE BASEBALL

Seed 1 - Wahlert, Dubuque (29-14)



2015-16 All Sports Standings



2015-16 MVC All-Sports Standings

Boys All-Sports Standings

Mississippi Division

	Fall			Winter				Spring			Summer		
SCHOOL	GOLF	CC	FB	SW	WR	BOWL	BKB	TRK	TEN	SOC	BB	TOTAL	
Iowa City High	4.0	5.0	--	4.0	5.0	3.5	6.5	5.0	6.0	--	7.0	6.0	52.0
CR Prairie	5.0	7.0	--	--	6.0	5.0	4.0	7.0	3.0	--	3.0	7.0	47.0
CR Washington	7.0	4.0	--	7.0	2.0	1.5	2.0	6.0	7.0	--	5.0	5.0	46.5
DBQ Hempstead	2.0	6.0	--	6.0	7.0	7.0	2.0	2.0	3.0	--	4.0	4.0	43.0
CR Xavier	6.0	2.0	--	--	2.0	3.5	6.5	3.0	5.0	--	6.0	3.0	37.0
Waterloo West	3.0	3.0	--	2.5	2.0	6.0	2.0	4.0	3.0	--	2.0	2.0	29.5
Waterloo East	1.0	1.0	--	2.5	4.0	1.5	5.0	1.0	--	--	1.0	1.0	18.0
	28.0	28.0	0.0	22.0	28.0	28.0	28.0	28.0	27.0	0.0	28.0	28.0	

Valley Division

	Fall			Winter				Spring			Summer		
SCHOOL	GOLF	CC	FB	SW	WR	BOWL	BKB	TRK	TEN	SOC	BB	TOTAL	
Iowa City West	3.0	5.0	--	6.0	4.0	4.0	7.0	4.0	7.0	--	7.0	7.0	54.0
Linn-Mar	7.0	6.0	--	5.0	5.0	4.0	6.0	5.0	6.0	--	6.0	2.0	52.0
Cedar Falls	5.0	7.0	--	3.0	3.0	6.0	5.0	7.0	4.0	--	2.0	1.0	43.0
CR Kennedy	2.0	1.0	--	4.0	6.0	2.0	3.0	6.0	3.0	--	4.5	4.0	35.5
DBQ Senior	4.0	4.0	--	7.0	1.0	4.0	2.0	3.0	2.0	--	1.0	5.0	33.0
CR Jefferson	1.0	2.0	--	2.0	7.0	7.0	1.0	2.0	1.0	--	3.0	6.0	32.0
DBQ Wahlert	6.0	3.0	--	--	2.0	1.0	4.0	1.0	5.0	--	4.5	3.0	29.5
	25.0	23.0	0.0	21.0	24.0	24.0	21.0	24.0	21.0	0.0	21.0	21.0	

2015-16 MVC All-Sports Standings

Girls All-Sports Standings

Mississippi Division

	<u>Fall</u>			<u>Winter</u>				<u>Spring</u>				<u>Summer</u>	
SCHOOL	CC	VB	SW	BOWL		BKB		TRK	TEN	GOLF	SOC	SB	TOTAL
Iowa City High	7.0	6.0	6.0	--	--	3.0	7.0	7.0	6.0	6.0	6.0	1.0	55.0
DBQ Hempstead	6.0	6.0	5.0	--	--	5.0	2.5	2.0	5.0	7.0	7.0	6.0	51.5
CR Prairie	4.0	6.0	--	--	--	7.0	2.5	6.0	7.0	2.5	3.0	7.0	45.0
CR Washington	5.0	1.0	7.0	--	--	1.5	6.0	4.0	4.0	5.0	5.0	2.0	40.5
CR Xavier	3.0	4.0	--	--	--	1.5	4.5	5.0	3.0	4.0	4.0	3.0	32.0
Waterloo West	2.0	2.0	2.0	--	--	4.0	4.5	3.0	2.0	2.5	2.0	5.0	29.0
Waterloo East	--	3.0	2.0	--	--	6.0	1.0	1.0	1.0	1.0	1.0	4.0	20.0
	27.0	28.0	22.0	0.0	0.0	28.0	28.0	28.0	28.0	28.0	28.0	28.0	

Valley Division

	<u>Fall</u>			<u>Winter</u>				<u>Spring</u>				<u>Summer</u>	
SCHOOL	CC	VB	SW	BOWL		BKB		TRK	TEN	GOLF	SOC	SB	TOTAL
Cedar Falls	5.0	6.0	7.0	--	--	6.5	7.0	5.0	4.0	7.0	4.0	1.0	52.5
Iowa City West	7.0	4.0	5.0	--	--	2.0	4.0	7.0	6.0	5.0	6.0	6.0	52.0
Linn-Mar	6.0	5.0	3.0	--	--	6.5	6.0	6.0	7.0	2.0	5.0	4.0	50.5
CR Kennedy	1.0	7.0	6.0	--	--	4.0	5.0	2.0	2.5	4.0	7.0	7.0	45.5
DBQ Wahlert	2.0	3.0	2.0	--	--	4.0	2.0	4.0	5.0	3.0	1.0	2.0	28.0
DBQ Senior	3.0	1.0	4.0	--	--	4.0	1.0	1.0	2.5	6.0	2.0	3.0	27.5
CR Jefferson	4.0	2.0	1.0	--	--	1.0	3.0	3.0	1.0	1.0	3.0	5.0	24.0

2015-16 State Team Recognition



**MISSISSIPPI VALLEY CONFERENCE
STATE TEAM RECOGNITION
2015-2016 School Year**

----- ***Fall Sports*** -----

Men's Golf

NONE

Women's Cross Country

Class 4A – Fourth Place – Iowa City High
Class 3A – Third Place – Dubuque Wahlert

Men's Cross Country

Class 4A – Second Place – Cedar Falls
Class 4A – Third Place – Cedar Rapids Prairie

Women's Swimming

NONE

Volleyball

Class 4A – Semifinalist – Cedar Falls
Class 4A – Semifinalist – Dubuque Hempstead

Football

Class 4A – Second Place – Cedar Rapids Kennedy

----- ***Winter Sports*** -----

Men's Swimming

One Class – Second Place – Iowa City West
One Class – Fourth Place – Cedar Rapids Washington

Men's Wrestling – Individual Tournament

Class 3A – Fourth Place – Cedar Rapids Kennedy

Men's Wrestling-Dual Team Tournament

Class 3A – Fourth Place – Dubuque Hempstead

**MISSISSIPPI VALLEY CONFERENCE
STATE TEAM RECOGNITION
2015-2016 School Year**

Women's Bowling

Class 3A – Second Place – Cedar Rapids Prairie

Class 3A – Fourth Place – Dubuque Hempstead

CLASS 2A – STATE CHAMPIONS – WATERLOO EAST

Men's Bowling

(Three class system instituted this season for bowling)

Class 3A – STATE CHAMPIONS – CEDAR FALLS

Class 3A – Second Place – Dubuque Hempstead

Women's Basketball

Class 4A – Semifinalist – Cedar Falls

Class 4A – Semifinalist – Linn-Mar

Men's Basketball

CLASS 3A – STATE CHAMPIONS – CEDAR RAPIDS XAVIER

Class 3A – Second Place – Dubuque Wahlert

Class 4A – Second Place – Iowa City West

Class 4A – Fourth Place – Cedar Falls

----- **Spring Sports** -----

Women's Track

Class 4A – Fourth Place – Iowa City West

Class 3A – Third Place – Dubuque Wahlert

Men's Track

CLASS 4A – STATE CHAMPIONS – CEDAR RAPIDS PRAIRIE

Class 4A – Second Place – Cedar Falls

Class 4A – Third Place – Cedar Rapids Kennedy

Men's Team Tennis

CLASS 1A – STATE CHAMPIONS – DUBUQUE WAHLERT

CLASS 2A – STATE CHAMPIONS – IOWA CITY WEST

Class 2A – Third Place – Cedar Rapids Washington

**MISSISSIPPI VALLEY CONFERENCE
STATE TEAM RECOGNITION
2015-2016 School Year**

Women's Team Tennis

CLASS 2A – STATE CHAMPIONS – CEDAR RAPIDS PRAIRIE

Women's Golf

CLASS 5A – STATE CHAMPIONS – CEDAR FALLS

Class 4A – Third Place – Dubuque Wahlert

Men's Soccer

Class 3A – Second Place – Iowa City High

Class 3A – Fourth Place – Cedar Rapids Washington

Class 2A – Third Place – Dubuque Wahlert

Women's Soccer

Class 3A -- Second Place – Iowa City West

Class 3A – Semifinalist – Cedar Rapids Kennedy

----- Summer Sports -----

Women's Softball

NONE

Men's Baseball

CLASS 4A – STATE CHAMPIONS – CEDAR RAPIDS PRAIRIE

Class 4A– Second Place – Iowa City West

